

Pikes Peak Respite Services



Newsletter

ISSUE NO.

2

February 2024



HAPPY February!

As we embark on a new year filled with resolutions, the allure of that tempting box of chocolates becomes all too real by February. The brisk winter weather might make the idea of a run seem less appealing. Let's navigate these tempting distractions together, finding renewed motivation to stick to our goals and make February a month of resilience and commitment.

In the spirit of a vibrant February, our newsletter is ready to celebrate the lively festivities of Mardi Gras! Get ready to don your purple, green, and gold as we delve into the energy and excitement that this colorful celebration brings. Alongside Chinese Lunar New Year, Random Acts of Kindness Week, Black History Month, and Valentine's Day, Mardi Gras adds an extra touch of revelry to our community tapestry. Join us in embracing the festive spirit and exploring the richness of diverse cultures that make Pikes Peak Respite Services truly exceptional. Let the good times roll!

February

Fun excuses to celebrate this month:

- | | |
|----------------------------------|----------------------------------|
| American Heart Month | 13th Get a Different Name Day |
| Black History Month | 14th Saint Valentine's Day |
| Children's Dental Health Month | 15th National Flag Day in Canada |
| International Friendship Month | 16th Do a Grouch a Favor Day |
| 1st National Freedom Day | 17th Random Acts of Kindness Day |
| 2nd Groundhog Day | 18th President's Day |
| 3rd National Carrot Day | 19th Mr. Roger's Day |
| 4th Create a Vacuum Day | 20th Toothpick Day |
| 5th National Weatherperson's Day | 21st Love your Pet Day |
| 6th Monopoly Game Day | 22nd World Thinking Day |
| 7th Send a Card to a Friend Day | 23rd Pinocchio Day |
| 8th Boy Scouts' Day | 24th National Trading Card Day |
| 9th Toothache Day | 25th Quiet Day |
| 10th Umbrella Day | 26th Carnival Day |
| 11th National Inventor's Day | 27th Polar Bear Day |
| 12th National Lost Penny Day | 28th Public Sleeping Day |

Find even more reasons to celebrate: <http://familycrafts.about.com>





February

The sun rides higher
Every trip.
The sidewalk shows.
Icicles drip.

A snowstorm comes,
And cars are stuck,
Though road salt flies
From the old town truck.

The chickadees
Grow plump on seed
That Mother pours
Where they can feed,

And snipping, snipping
Scissors run
To cut out hearts
For everyone.



From Tiffany's Desk:

January brought about several changes and challenges in our services. While many have been successfully addressed, several are still in progress. I want to express my sincere gratitude for your patience and understanding during these times of transition. Your support has been invaluable, and we all appreciate your flexibility as we work through these changes together.

Heads Up!!! Non-Medical transportation will be changing March 1, 2024

Personal Care-Transport reimbursement for client appointments set at \$5.00 per shift, must be claimed in Dory. Limited to 12 miles round trip. Effective 1 March 2024.

SCC- Transport reimbursement for client outings set at \$8.00 per shift claimed must be claimed in Dory. Limited to 15 miles round trip. Effective 1 March 2024.

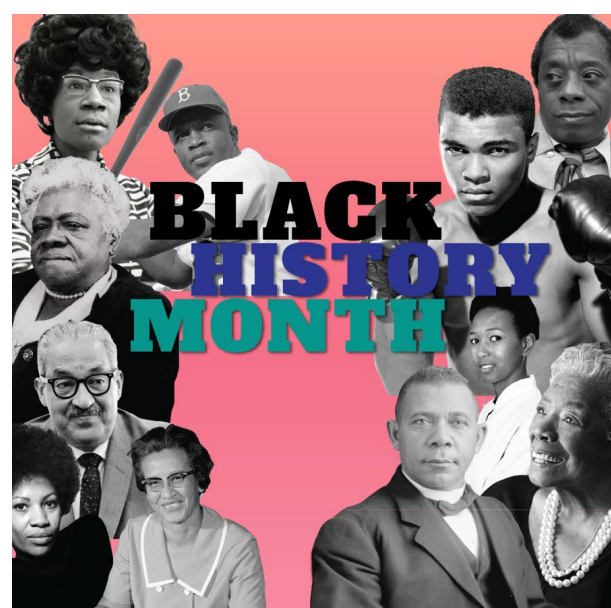
As always please reach out with any questions or concerns!

Tiffany Hutson, COO



Knock Knock! Who's There? Cows go Cows go who? No, cows go moo, owls go who!	Knock Knock! Who's there? Tank! Tank who? You're welcome!	Knock Knock! Who's There? Pasture Pasture who? Pasture bedtime, isn't it?
Knock Knock! Who's There? Justin Justin who? Just in time for dinner!	Knock Knock! Who's There? Cargo Cargo who? Cargo Beep Beep!	Knock Knock! Who's There? Beets Beets who? Beets me!
Knock Knock! Who's there? Howard Howard who? Howard you like a big kiss?	Knock Knock Who's there? Little old lady Little old lady who? I didn't know you could yodel!	Knock Knock! Who's there? Radio. Radio who? Radi-o not, here I come!

<https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.redtedart.com%2Fgroundhog-day-crafts-kids%2F&psig=A0vVaw3ueoZdpXZpDeqs3TqZun6b&ust=1706734728711000&source=images&cd=vfe&opi=89978449&ved=0CBMQjRxqFwoTCOir3byAhoQDFQAAAAAdAAAAABAE>





Jeffrey P. 2-1

Perla V. 2-1

Drey S. 2-2

Leena F. 2-3

Chelsea A. 2-4

Crystal D. 2-5

John E. 2-5

Myriam H. 2-5

Moesha H. 2-9

Brayden A. 2-10

Theresa S. 2-12

Tiffany M. 2-14

Dolores D. 2-15

Keilynn E. 2-15

Andreia H. 2-16

Cassandra H. 2-18

Andrea V. 2-19

Cynthia C. 2-20

Angelo S. 2-20

Cleide B. 2-22

Angela M. 2-23

Halyna B. 2-24

Amanda R. 2-25

Debra E. 2-26

Frank W. 2-26

Rebecca C. 2-27

Niko S. 2-27

Davery J. 2-28



1 Year

Skyler H.
Angelo S.
Ryan T.

Devon T.
Kristen V.

2 Years

Chris C.
Carson J.

Lena Maria K.

3 Years

Sheila H.

4 Years

Kelly H.
Jacqueline M.

Doris S.
Karen T.

5 Years

Angela M.

Mariah R.

6 Years

Robyn S.

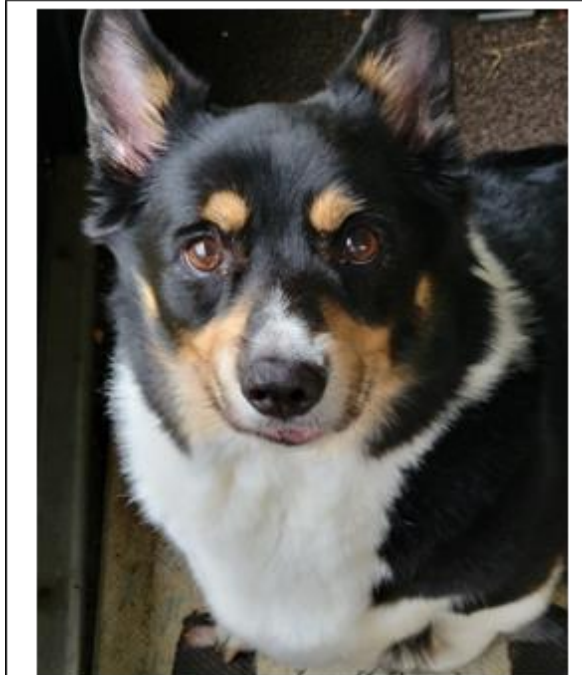
Jessica's Corgi Corner

Danny has had some medical issues, but we are working through it! He's such a trooper my man dog.

Huge shout out to all the providers and the hard work they give each and every day!

Thank you,

~Jessica



From The Admin Team



PPRS Facebook Page

For the most up to date news and Events
like our Facebook Page

**[https://www.facebook.com/PikesPeak
RespiteServices](https://www.facebook.com/PikesPeakRespiteServices)**

PPRS NEWSFLASH GROUP

Join our Facebook News flash Group to fill
your schedule!

[https://www.facebook.com/groups/1568239
36506856](https://www.facebook.com/groups/156823936506856)

We love to see you!
Stop by our office and say hi!

**If you know of any events that would be of interest to our Providers and Families
Let us know!!!**

PPRS is always on the lookout for things for our Providers and Families to do.

We keep a close eye on upcoming events in the areas we serve.

Many times, we find out about events a few days or a week before they happen,
and always post them to our Facebook Page!

Please like and share our Facebook Page to receive up to the minute news!

Here is a list of a few great places to look for events!

<https://www.coloradosprings.com/events/#/>

<https://www.pueblo.us/2801/Events>

<https://www.denver.org/events/>

<https://www.fcgov.com/events/>

<https://www.peakradar.com/categories/free-events/>

<https://www.visitcos.com/events/>

<https://ppld.librarymarket.com/>

<http://pueblolibrary.libnet.info/events?et=Kits2Go>

<https://www.denver.org/events/free-events/>

<https://www.larimer.gov/events>

<https://poudrelibraries.evanced.info/signup/>

El Paso

<p>Paws to Read</p>	<p>Where: 832 Village Center Drive When: Every Wednesday 3:30 PM – 4:30 PM What: Children may practice reading skills by reading to a Canine Good Citizen dog. Cost: Free Admission</p>
<p>Family Adventure Day</p>	<p>Where: Fine Arts Center, 30 West Dale St., Colorado Spring, CO 80903 When: Jan 13th, 10am-1pm What: Hands on art activities and free museum admission</p> <p>Pop in between to check out what the Fine Arts Center has to offer and explore your creativity in drawing, painting, and sculpture!</p> <p>Family Adventure Day will offer a variety of hands-on art projects in the Bemis School of Art studio classrooms, along with artist demonstrations and interactive, self-guided activities.</p> <p>Bemis instructors will help guide you to awaken your art-making skills or show you new possibilities in art making.</p> <p>And while you are at the Fine Arts Center, make sure to check out Museum Free Day.</p> <p>Museum Free Days are just that, an opportunity for the public to enjoy our galleries free of charge.</p> <p>This is event is free and all ages and skill levels are welcome! Donations are welcome.</p> <p>Cost: Free Admission</p>
<p>STEM Adventures for little Space Explorers</p>	<p>Where: Hillside Community Center, 925 S. Institution St When: January 9th, 9:30am-10:30am What: Small Steps, Giant Leap engages little space explorers with interactive and creative storytelling.</p> <p>The program strives to celebrate creative engagement and the job of reading.</p>

	<p>This event will take place at the Hillside Community Center, Program B Room.</p> <p>Activities: Hear an interactive story-time of the book “Rosie Revere, Engineer” Following story-time, join us for an engineering craft for your little one This event is free and held at Hillside Community Center.</p> <p>Cost: Free Admission</p>
<p>Fruitcake Toss</p>	<p>Where: Downtown Manitou Springs Park When: January 27th. 1p,-3pm What: Manitou Springs Fruitcake Toss 2024 - Visit Colorado Springs (visitcos.com) FRUITCAKE TOSSES These fruitcake tossing competitions offer family-friendly fun for all ages:</p> <ul style="list-style-type: none"> • Distance - Measure the length from the origin of the toss to the landing location. • Accuracy - Hurl the cake through three hoops. • Balance - Run through a race course and hold the cake on a spatula. • Basketcase - Aim to throw the cake in various baskets. <p>THE GREAT FRUITCAKE BAKE-OFF Although participants will be tossing the traditional cakes, there will also be a fruitcake bake-off. Local bakers will compete for the title of Fruitcake King or Queen as determined by the community. Winners will be based off who makes the best organic, non-GMO, natural fruitcakes. For more information, email Fruitcaketoss@gmail.com.</p> <p>Cost: Admission - General admission for the Fruitcake Toss is \$1 per event ticket. One non-perishable food item is suggested for attendance. All food items will be donated to a Manitou Springs food bank.</p>
<p>Home Depot Kids Workshop</p>	<p>Where: All Home Depot Locations – see local store for most accurate information When: 1st Saturday of every month 9am-12 noon What: Join us the first Saturday of each month between 9 am – 12 pm for free in-person Kids Workshops. While supplies last. Cost: Free Admission</p>

Pueblo

<p>Winter Movie</p>	<p>Where: Greenhorn Valley When: January 6th 2pm-5pm What: Afternoon winter themed movie. Snacks provided. All ages Cost: Free Admission</p>
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<p>Home Depot Kids Workshop</p>	<p>Where: All Home Depot Locations – see local store for most accurate information</p> <p>When: 1st Saturday of every month 9am-12 noon</p> <p>What: Join us the first Saturday of each month between 9 am – 12 pm for free in-person Kids Workshops. While supplies last.</p> <p>Cost: Free Admission</p>
<p>Scavenger Hunt</p>	<p>Where: Greenhorn Valley</p> <p>When: Wednesday’s</p> <p>What: Find all the pictures and receive a prize</p> <p>Cost: Free Admission</p>

Denver Metro

<p>Botanic Gardens</p>	<p>Where: Botanic Gardens</p> <ul style="list-style-type: none"> ○ <u>York Street</u> 1007 York Street Denver, CO 80206 720-865-3500 ○ <u>Chatfield Farms</u> 8500 West Deer Creek Canyon Road Littleton, CO 80128 720-865-3500 <p>When: 2024 Free Days for York Street and Chatfield Farms</p> <p>Monday, Jan. 15 (Martin Luther King Jr. Day) Thursday, Feb. 15 Saturday, March 9 Monday, April 22 (Earth Day) Wednesday, June 5 Wednesday, July 3 Wednesday, Aug. 28 Friday, Nov. 29 (Thanksgiving Friday)</p> <p>2024 Free Days at Plains Conservation Center Thursday, Jan. 18, 10 a.m. – 3 p.m. Thursday, Feb. 22, 10 a.m. – 3 p.m. Saturday, March 16, 10 a.m. – 3 p.m. Thursday, June 13, 9 a.m. – 2 p.m. Saturday, July 13, 9 a.m. – 2 p.m. Thursday, Aug. 15, 9 a.m. – 2 p.m. Saturday, Nov. 16, 10 a.m. – 3 p.m. Thursday, Dec. 12, 10 a.m. – 3 p.m.</p>
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	<p>What: Free Days occur throughout the year, thanks to funding from the Scientific and Cultural Facilities District (SCFD). Cost: Free Days – Please visit website for details and free tickets. www.botanicgardens.org/events/free-days</p>
<p>Free Day at the Denver Art Museum</p>	<p>Where: Denver Art Museum: 100 W. 14th Ave. Pkwy. Denver, CO 80204</p> <ul style="list-style-type: none"> • When: Tuesday, January 9 • Saturday, January 27 • Tuesday, February 13 • Tuesday, March 12 • Sunday, March 24 • Tuesday, April 9 • Sunday, April 28 • Tuesday, May 14 • Tuesday, June 11 • Tuesday, July 9 • Sunday, July 21 • Tuesday, August 13 • Saturday, September 7 • Tuesday, September 10 • Tuesday, October 8 • Saturday, November 2 • Tuesday, November 12 • Tuesday, December 10 <p>What: Engage with art, explore onsite activities, and experience exhibitions on view all while enjoying free admission! Advance ticket reservations are encouraged. Cost: Free</p>
<p>Hammonds Factory Candy Tour</p>	<p>Where: Hammond’s Candies 5735 Washington St, Denver CO 80216 When: Recurring weekly on Monday, Tuesday, Wednesday, Thursday, Friday, Saturday What: Bring your curiosity and your sweet tooth for a complimentary tour of our factory. Thousands of kids and kids at heart visit us every year to watch as their favorite treats are pulled, twisted, shaped and packaged by hand</p>
<p>Mining Museum of</p>	<p>Where: Mines Museum of Earth Science 1310 Maple St., Golden, 303-273-3815</p>

<p>Earth Science</p>	<p>When: Open Monday to Saturday, 9 a.m. to 4 p.m. Sunday, 1 p.m. to 4 p.m. What: It has two floors displaying fossils, gemstones, meteorites, minerals and mining artifacts. Cost: Free Admission</p>
<p>U.S. Mint of Denver</p>	<p>Where: 320 W. Colfax Ave., Denver When: Guided tours are offered at 8 a.m., 9:30 a.m., 12:30 p.m., 2 p.m. and 3:30 p.m. Monday through Thursday What : FREE tours show every step in the process of turning dull, blank metal slugs into shiny pocket change. Cost: Free Admission</p>
<p>Home Depot Kids Workshop</p>	<p>Where: All Home Depot Locations – see local store for most accurate information When: 1st Saturday of every month 9am-12 noon What: Join us the first Saturday of each month between 9 am – 12 pm for free in-person Kids Workshops. While supplies last. Cost: Free Admission</p>

[Larimer County](#)

<p>Fort Collins Winter Farmers Market</p>	<p>Where: 215 East Foothills Parkway When: Saturday, Jan 27, 2024 from 10:00am to 2:00pm Saturday, Feb 10, 2024 from 10:00am to 2:00pm Saturday, Feb 24, 2024 from 10:00am to 2:00pm Saturday, Mar 9, 2024 from 10:00am to 2:00pm Saturday, Mar 23, 2024 from 10:00am to 2:00pm Saturday, Apr 6, 2024 from 10:00am to 2:00pm What: Farmers Market Cost: Free Admission</p>
<p>Tiny Trekkers</p>	<p>Where: Lions Open Space 2425 N. Overland Trail Laporte, CO 80535 When: What: Bring your 2–5-year-old for a morning filled with nature exploration, stories, and connection with our amazing natural world. A parent or guardian must accompany the child for this program.</p>

	<p>Registration is required but the program is free. Please call Natural Resources main desk at (970) 619-4564 or 4570 the night before or day of program to cancel or inquire about availability. Cost: Free Admission</p>
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