



## Newsletter



As we embrace the warm and sunny days of July, we are reminded of the light and warmth that caregivers bring into the lives of those they care for. This month, we dedicate our newsletter to expressing our heartfelt gratitude to all the caregivers who give their time, energy, and love. Caregiving is a profound act of compassion and dedication. Your efforts make a world of difference. We recognize the challenges you face and the resilience you demonstrate daily.

### Here are some "Tips for Summer Caregiving"

1. **Stay Hydrated:** Ensure your loved ones drink plenty of water. Dehydration can be a serious concern, especially for seniors.
2. **Protect from the Sun:** Use sunscreen, hats, and sunglasses to protect from harmful UV rays.
3. **Plan Indoor Activities:** On extremely hot days, plan fun indoor activities to keep your loved ones engaged and safe.
4. **Regular Check-ins:** regular check-ins with others are crucial during the hot summer months.

Thank you for being a part of our caregiving community. We appreciate all that you do and are here to support you every step of the way.

PPRS



**July Social Media Holidays 2024 | National Ice Cream Month & Social Wellness Month**

**July 1st:** Canada Day <sup>CA</sup>

**July 2nd:** World UFO Day 🛸

**July 4th:** Independence Day - 4th of July (USA) us #July4th

**July 5th:** National Bikini Day 👙

**July 7th:** World Chocolate Day 🍫 #WorldChocolateDay

**July 10th:** Piña Colada Day 🍹

**July 12th:** Malala Day

**July 12th:** National French Fries Day 🍟

**July 14th:** Bastille Day (FR) <sup>FR</sup> #BastilleDay

**July 15th:** Give Something Away Day 🤝 #GiveSomethingAwayDay

**July 15th:** World Youth Skills Day

**July 17th:** World Emoji Day #WorldEmojiDay

**July 17th:** National Hot Dog Day 🌭

**July 18th:** Nelson Mandela International Day #MandelaDay

**July 18th:** Get to Know Your Customers Day 🤝 #KnowYourCustomer

**July 21st:** National Ice Cream Day 🍦 #NationalIceCreamDay

**July 25th:** National Wine and Cheese Day 🍷 🧀

**July 27th:** National Creme Brulee Day

**July 29th:** International Tiger Day 🐅

**July 30th:** International Day of Friendship #FriendshipDay

**July 31st:** National Avocado Day 🥑 #AvocadoDay

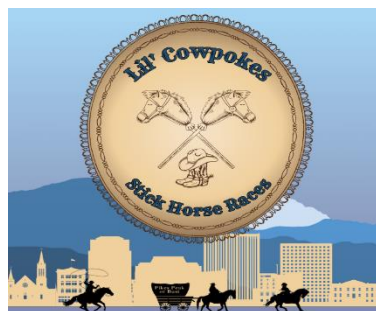
# UPCOMING PPRS SPONSORED EVENTS



Challenger Baseball: "To provide an opportunity for individuals with intellectual and physical challenges to enjoy the benefits of Little League participation in an environment structured to their abilities."

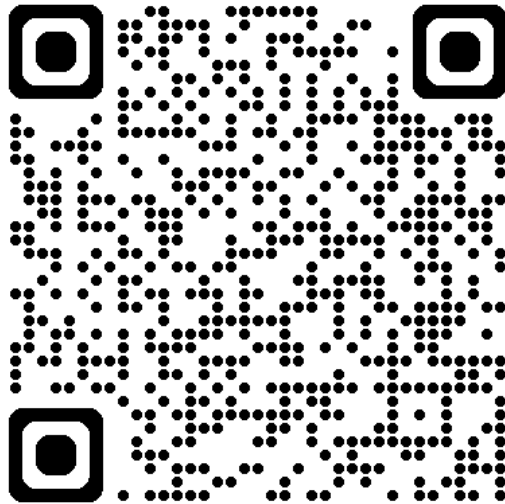






<https://pikespeakorbustparade.com>






# Dot Activities



# Celebrate a SAFE & HAPPY JULY 4TH!



# Word Search



See how many of these newspaper related words you can find in the puzzle. The words can be forward, backward or diagonal.

Created by Sue Lindhout  
Grand Forks Herald 2012

- |            |              |                 |                  |
|------------|--------------|-----------------|------------------|
| 1. FOURTH  | 5. DAY       | 9. CELEBRATION  | 13. INDEPENDENCE |
| 2. JULY    | 6. PICNICS   | 10. PARADES     | 14. AMERICA      |
| 3. HOLIDAY | 7. FIREWORKS | 11. FAMILY      | 15. PATRIOTIC    |
| 4. FLAG    | 8. SAFETY    | 12. DECLARATION | 16. FREEDOM      |





# Fireworks Crafts







# SUMMER BUCKET LIST

- Go on a bike ride
- Make popsicles
- Build a fort
- Do a cartwheel
- Roll down a hill
- Wring your toes in the sand
- fly a kite
- Jump over the waves
- Build a sandcastle
- Go to a drive-in movie theater
- Eat a hot dog straight from the grill
- Go on a picnic
- have a water fight
- Play outdoor water games
- have a watermelon seed spitting contest
- have a family board game tournament
- Go to a carnival
- listen to an outdoor concert
- Go to a waterpark
- do a cannonball
- Play in the sprinklers
- Watch fireworks
- Sit in a hammock
- Buy something at a garage sale
- Create your own lemonade stand
- Eat a snow cone
- Go to some sort of festival
- Bake cookies
- Make root beer floats
- Watch a movie on the big screen
- Go to a farmer's market
- Get a temporary tattoo
- Watch early morning cartoons
- Go on a staycation
- Collect seashells
- Go ice blocking
- Stay up past midnight
- Pick berries
- Eat ice cream before it melts
- Make smores
- have a water balloon fight
- Play beach ball volleyball
- Plant flowers
- Get a mosquito bite
- Eat corn on the cob
- travel somewhere you've never been
- Go to a museum
- find a dinosaur
- Spend a day barefoot
- lay on grass and look at the stars
- drink ice cold lemonade
- have a family slumber party
- Swing on the swings
- Go to a baseball game
- Send a postcard
- Go to a fair
- Go to camp
- hike a mountain
- Run a race
- take a picture by a colored wall
- Make homemade ice cream
- Relax in a lazy river
- Ride a roller coaster
- Order pizza at the pool
- Buy a new pair of sandals
- Play frisbee
- GO CAMPING
- Get books to read at the library
- Play kickball
- Swim in a lake
- Make homemade pizza
- Catch fireflies
- Watch a sunset
- Go on a roadtrip
- Build a sand castle
- Learn something new
- Make something explode
- Go to an amusement park
- dance it out
- Eat a funnel cake
- Volunteer somewhere
- Paint something
- drink a tropical drink
- Go to a splash pad
- Sleep in
- find a sunflower
- float in a pool
- Wave a flag
- try 12 flavors of ice cream
- have a backyard BBQ
- Go see a show
- find a double rainbow
- Play until the daylight is gone
- eat breakfast for dinner
- make & play a backyard game
- jump in puddles
- make an easy summer craft
- GO ON AN IMAGINARY ADVENTURE
- GO FISHING

**BACK  
FOR  
2024**

# Unified Basketball

Summer League Series



Throughout the six-week program, we'll emphasize teamwork, communication, work ethic, confidence, perseverance, and good judgment. These qualities, essential on the basketball court, also translate directly to valuable skills in the workplace. Our goal is to provide each participant with a comprehensive understanding of these transferable skills, showcasing their practical application on the court and highlighting their pivotal role in pursuing future employment opportunities. Join us as we not only play basketball but also prepare for success both on and off the court.



### Schedule for 2024



**Dates:**

- Week 1: 6/2 | 6/5
- Week 2: 6/9 | 6/12
- Week 3: 6/16 | 6/19
- Week 4: 6/23 | 6/26
- Week 5: 6/30 | 7/10
- Week 6: 7/14 | 7/17



**Middle School:**

- Sundays: 4 – 5 pm
- Wednesday: 6:30 pm - 7:30 pm

**High School & Adults:**

- Sundays: 5 – 6 pm
- Wednesdays: 7:30 – 8:30 pm



Scan to Register







# Autism

## Vision of Colorado

### Summer Fun with Autism Vision

For more information and to RSVP please contact [srstarkey1@juno.com](mailto:srstarkey1@juno.com) or 719-210-5895, or check out our Facebook page!

**June 4: Palmer Park Play-ground, 10 am**

**June 15: Picnic at Nancy Lewis Park, 10 am - 1pm**

**June 19: Laser Tag at Main Event, 11 am**

**June 22: Mini Golf at Gold Mine Mini Golf, 10 am**

**June 27: Pizza Party at Slice 420, 1pm**

**July 2: Bear Creek Nature Center walk, 10am**

**July 10: Focus on the Family at 10am**

**July 17: Trampoline Park at Springs Adventure Park**

**July 22: Roller Skating at Skate City @ Academy, 6pm**

**July 26: Splash Pad/Play-ground at John Venezia, 10am**





These delicious “Donuts” can be made any way you want. Get creative and use your imagination with the ingredients! Spreads can be peanut butter, Nutella, cream cheese, marshmallow cream, frosting. Try fruit toppings, nut toppings, or sprinkles. ENJOY!!



# FARMERS MARKETS IN COLORADO SPRINGS



## WEDNESDAY

**BRIARGATE FARMERS MARKET**  
Dates: TBD for 2024  
Time: 9 am - 2 pm  
Where: 7610 N. Union Blvd.

**COLORADO FARM AND ART MARKET**  
Dates: June 12th-Oct 9th  
Time: 3-7 p.m.  
Where: Pioneers Museum, 215 S. Tejon St.

**WESTERN MUSEUM OF MINING AND INDUSTRY**  
Dates: TBD for 2024  
Time: 9 am - 6 pm  
Where: 225 North Gate Blvd.

## THURSDAY

**BACKYARD MARKET AT PARK UNION**  
Dates: Every Thursday; June 20 - August 29, 2024  
Time: 4:30 pm - 8 pm  
Where: The Meanwhile Block, 108 West Cimarron, Park Union

**BANNING LEWIS RANCH AT VISTA PARK**  
Dates: June 6-August 1  
Time: 4 pm - 7 pm  
Where: 8833 Vista Del Pico Blvd.

**URBAN MARKET AT THE BUFFALO LODGE BICYCLE RESORT**  
Dates: Every Thursday May-September  
Times: 5:30-8:30 pm  
Where: 2 El Paso Blvd.

## FRIDAY

**WOODLAND PARK**  
Dates: Every Friday; June 7 - September 27, 2024  
Time: 8 am - 1 pm  
Where: 117 Center Ave.

## SATURDAY

**OLD COLORADO CITY FARMERS MARKET**  
Dates: Every Saturday; June 8 - October 12, 2024  
Time: 8 am - 1 pm  
Where: W. Colorado Ave. & 24th St.

**MONUMENT HILL FARMERS MARKET**  
Dates: May 25 – October 5, 2024  
Time: 8 am - 2 pm  
Where: 66 S. Jefferson St.

**COLORADO FARM & ART MARKET**  
Dates: June 15th-Oct 12th 2024  
Time: 10 am - 2 pm  
Where: Margarita at Pine Creek; 7350 Pine Creek Rd.

**FOUNTAIN COMMUNITY MARKET**  
Dates: May 25 - September 28, 2024  
Time: 8 am - 2 pm  
Where: Metcalfe Park

**BACKYARD MARKET IN BLACK FOREST**  
Dates: May 25 - October 5, 2024  
Time: 9 am - 1 pm  
Where: 12530 Black Forest Rd.

## SUNDAY

**CORDERA**  
Dates: June 2 - September 1, 2024  
Time: 10 am - 2 pm  
Where: 11894 Grand Lawn Cir

**KINSHIP LANDING PATIO MARKETS**  
Dates: TBD for 2024  
Time: 10 am - 2 pm  
Where: Kinship Landing Greenhaus/Patio, 415 S Nevada Ave







# 2024 COLORADO FREE DAYS

**Denver Zoo**  
2300 Steele St. Denver  
denverzoo.org

**1/5 & 1/21**  
**2/11**  
**4/7**  
**11/1, 11/9, 11/17**

Must reserve free tickets 7 days prior to free day. First come, first serve lottery system.

**Clyfford Still Museum**  
1250 Bannock St. Denver  
clyffordstillmuseum.org

**2/29**  
**4/28**  
**7/28**  
**11/2 (10am-10pm)**

Must reserve free tickets 7 days prior to free day. There are also pay as you wish days offered.

**Denver Botanic Gardens**  
1007 York St. Denver  
8500 W Deer Creek Canyon Rd. Littleton  
denverbotanicgardens.org

**1/15**      **6/5**  
**2/15**      **7/3**  
**3/9**        **8/28**  
**4/22**      **11/29**

Must reserve free tickets the 1st of the month. No onsite tickets available.

**Plains Conservation Center**  
21901 E Hampden Ave. Aurora  
303-693-3621

**1/18 10am-3pm**      **7/13 9am-2pm**  
**2/22 10am-3pm**      **8/15 9am-2pm**  
**3/16 10am-3pm**      **11/16 10am-3pm**  
**6/13 9am-2pm**      **12/12 10am-3pm**

**Denver Museum of Nature & Science**  
2001 Colorado Blvd. Denver  
dmns.org

**1/8 & 1/28**      **9/10 (5pm-9pm)**  
**2/25**            **9/30**  
**4/28**            **10/20**  
**6/4 (5pm-9pm)**      **11/2 (5pm-9pm)**  
**6/19**            **11/18**  
**8/21 (5pm-9pm)**      **12/8**

Onsite free tickets available. A separate ticket is required for the planetarium or infinity theatre.

**Four Mile Historic Park**  
715 S Forest St. Denver  
fourmilepark.org

**1/26**      **5/24**      **9/27**  
**2/23**      **6/28**      **10/25**  
**2/22**      **7/26**      **11/22**  
**4/26**      **8/23**      **DEC TBD**

Only free 10am-4pm and does not include admission to signature events or programs

**Museum of Contemporary Art**  
1485 Delgany St. Denver  
mcdenver.org

**1/6**      **5/4**      **9/7**  
**2/3**      **6/1**      **10/5**  
**3/2**      **7/6**      **11/2**  
**4/6**      **8/3**      **12/7**

Admission is \$0.01 for Colorado residents on the first Saturday of each month. Under 18 is always free.

**Children's Museum**  
2121 Children's Museum Dr. Denver  
mychildrensmuseum.org

**5/17**      **8/16**  
**6/21**      **9/20**  
**7/19**

Joy Park Free Nights 4-30pm-8pm Outdoors Only.

**National Parks**  
nps.gov

**1/15**      **8/4**  
**4/20**      **9/28**  
**6/19**      **11/11**

Free admission for everyone to all national parks.







<b>Skylar D.</b>	<b>1st</b>	<b>Josh C.</b>	<b>17th</b>
<b>Kimberly T.</b>	<b>1st</b>	<b>Kristina B.</b>	<b>18th</b>
<b>Sarah S.</b>	<b>2nd</b>	<b>Kiefer B.</b>	<b>19th</b>
<b>Yee Chuan A.</b>	<b>8th</b>	<b>Layla D.</b>	<b>19th</b>
<b>Brittany C.</b>	<b>8th</b>	<b>Collette G.</b>	<b>22nd</b>
<b>Karen M.</b>	<b>12th</b>	<b>Stephanie L.</b>	<b>22nd</b>
<b>Rachael R.</b>	<b>17th</b>	<b>Christine V.</b>	<b>24th</b>
<b>Mya J.</b>	<b>17th</b>		



**1 Years**

**Kiefer B.  
Katherine G.  
Myriam H.**

**Loresa S.  
Danny W.  
Debra E.**

**2 Years**

**Priscilla L.**

**3 Years**

**Yvonne D.  
Alicia P.  
Emiliano C.**

## From The Admin Team

Providers should be using the Daily Behavior section in the visit notes for both positive and negative behaviors, so that we can have data to adjust goals and interventions as needed. It is important to fill out both the daily behaviors and visit notes sections when filing your shift.

Many schools are offering free breakfast and/or lunch for 0-18 years old. Please look into the district in your community to see what may be offered. This is a great resource for families while summer is out.

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**PRESS RELEASE** **May 29, 2024**

Just as learning does not end when school lets out, neither does the need for good nutrition. Children who aren't hungry learn better, act better, and feel better. During the school year, more than 18 million children receive free and reduced-price meals at school. During the summer, that number drops to about 3 million. Summer food programs provide nutritious meals to children.

School District 11 will again offer an open summer food service program for children 1-18 years of age. The program will provide free breakfast and lunch during the summer at the locations, dates, and times shown below.

**Please note: All sites will be closed on Thursday, July 4th in observance of Federal holidays.**

**Colorado Springs School District 11 Summer Food Service Program**

Meal Service Location	Address	Dates of Program	Breakfast service	Lunch service
<b>A-1 Mobile Home Park</b>	1025 Gamer St. Colorado Springs, CO 80905	May 29 - August 2	Not available	11:00 - 11:45
<b>Bristol Elementary School</b>	890 Walnut Colorado Springs, CO 80910	June 3 - June 28	7:45-8:00	11:50 - 12:30
<b>Canterbury Mobile Home Park</b>	3020 S. Powers Colorado Springs, CO 80916	May 29 - August 2	Not available	11:40 - 12:10
<b>Carmel Community Center</b>	1700 South Chelton Rd. Colorado Springs, CO 80910	June 3 - July 25 Monday-Thursday *Closed June 19 <sup>th</sup>	Not available	11:35 - 12:00
<b>Carver Elementary School</b>	4740 Artistic Circle Colorado Springs CO 80917	June 3 - June 28	7:50 - 8:00	11:00 - 11:30
<b>Centennial Elementary School</b>	1860 South Chelton Rd. Colorado Springs, CO 80910	June 3 - July 25 Monday-Thursday *Closed June 19 <sup>th</sup>	Not available	11:00 - 11:25
<b>Coronado High School</b>	1590 W. Filmore Colorado Springs, CO 80904	June 3 - June 28	7:15 - 7:45	1:00 - 1:30
<b>Deerfield Hills Community Center</b>	4290 Deerfield Hills Rd. Colorado Springs, CO 80916	June 3- August 2	Not available	12:15 - 12:45
<b>Doherty High School</b>	4515 Barnes Rd Colorado Springs, CO 80917	June 3 - June 28	8:05 - 8:25	11:40-12:10
<b>East Branch Library (Outside)</b>	5550 N. Union Colorado Springs, CO 80918	May 29 - August 2	Not available	11:00 - 12:00
<b>Grant Elementary School</b>	3215 Westwood Blvd Colorado Springs, CO 80918	June 3 - July 12	7:35 - 8:00	11:20 - 11:45
<b>Henry Elementary School</b>	1310 Lehmborg Dr. Colorado Springs, CO 80915	June 3 - June 28	7:50 - 8:10	12:00 - 12:45
<b>Hillside Community Center</b>	925 S. Institute. Colorado Springs, CO 80903	June 3 - July 25 Monday-Thursday	Not available	11:35 - 12:00

		*Closed June 19 <sup>th</sup>		
<b>Holy Cross Lutheran Church</b>	4125 Constitution Ave Colorado Springs, CO 80909	June 10- June 14	Not available	12:00 – 12:30
<b>Jackson Elementary School</b>	4340 Edwinstowe Ave. Colorado Springs CO, 80907	June 3- July 12	7:45 - 8:00	12:50 - 1:10
<b>Jr. Academy</b>	1311 N. Nevada Colorado Springs, CO 80903	May 29 - August 2	Not available	11:00 – 11:20
<b>Keller Elementary School</b>	3730 East Montebello	June 3 – July 12	7:35 – 7:55	12:20 – 1:00
<b>McCoy Little John</b>	6805 Bismark Rd, Colorado Springs, CO 80922	May 29 - August 2	Not available	10:30- 10:50
<b>Meadows Mobile Home Park</b>	4825 Astrozon Colorado Springs, CO 80916	May 29 - August 2	Not available	11:00 – 11:30
<b>Memorial Park Beachside playground</b>	1605 E. Pikes Peak Colorado Springs, CO 80909	May 29 - August 2	Not available	11:45 – 12:15
<b>Memorial Park #2 Memorial side of Park</b>	1605 E. Pikes Peak Colorado Springs, CO 80909	May 29 - August 2	Not available	11:00 – 11:30
<b>Mitchell High School</b> Outside on San Miguel	1205 Potter Dr. Colorado Springs, CO 80915	May 29 - August 2	Cafeteria 8:05 – 8:30 Ends June 28	Outside 11:00-11:30 Cafeteria 11:53 -12:23
<b>Palmer High School</b>	301 N. Nevada Colorado Springs, CO 80903	June 3 – June 28	8:05 – 8:15	11:45 – 12:15
<b>Palmer Park</b>	3650 Maizeland Rd Colorado Springs, CO 80909	May 29 - August 2	Not available	11:45 – 12:15
<b>Panorama Splash Park</b>	4550 Fenton Rd. Colorado Springs, CO 80916	May 29 - August 2	Not available	11:30-12:00
<b>Rogers Elementary School</b>	110 S. Circle Colorado Springs, CO 80910	June 3 – June 28	7:50 – 8:00	11:45 – 12:05
<b>Roosevelt Charter School</b>	205 S. Byron Dr. Colorado Springs, CO 80910	June 10 - 21 & July 10-21	7:25 – 7:40	11:45 – 12:30
<b>Round Up</b>	2121 E. La Salle Colorado Springs, CO 80909	June 3-July 18 Mon - Thursday	Not available	11:15 – 11:40
<b>Small Wonders</b>	4750 El Camino Dr. Colorado Springs, CO 80917	May 29 - August 2	Not available	10:30 – 11:00
<b>Taylor Elementary School</b>	900 E. Buena Ventura Colorado Springs, CO 80907	June 3 – July 12	7:35 – 7:55	12:00 – 12:35
<b>Tesla EOS School</b>	3302 Alpine Place Colorado Springs, CO 80909	June 3 – June 21	7:30 – 7:55	11:30-12:00

**PPRS Facebook Page**

For the most up to date news and Events  
like our Facebook Page

**<https://www.facebook.com/PikesPeakRespiteServices>**

**PPRS NEWSFLASH GROUP**

Join our Facebook News flash Group to fill  
your schedule!

<https://www.facebook.com/groups/156823936506856>

**If you know of any events that would be of interest to our Providers and Families  
Let us know!!!**

PPRS is always on the lookout for things for our Providers and Families to do.

We keep a close eye on upcoming events in the areas we serve.

Many times we find out about events a few days or a week before they happen, and  
always post them to our Facebook Page!

Please like and share our Facebook Page to receive up to the minute news!

Here is a list of a few great places to look for events!

<https://www.coloradosprings.com/events/#/>

<https://www.pueblo.us/2801/Events>

<https://www.denver.org/events/>

<https://www.fcgov.com/events/>

<https://www.peakradar.com/categories/free-events/>

<https://www.visitcos.com/events/>

<https://ppld.librarymarket.com/>

<http://pueblolibrary.libnet.info/events?et=Kits2Go>

<https://www.denver.org/events/free-events/>

<https://www.larimer.gov/events>

<https://poudrelibraries.evanced.info/signup/>



El Paso

<p><b>Paws to Read</b></p>	<p><b>Where:</b> 832 Village Center Drive  <b>When:</b> Every Wednesday 3:30 PM – 4:30 PM  <b>What:</b> Children may practice reading skills by reading to a Canine Good Citizen dog.  <b>Cost:</b> Free Admission</p>
<p><b>Concert in the Park</b></p>	<p><b>Where:</b> <i>First &amp; Main Town Center, 3650 New Center Point, 955-6060, <a href="http://firstandmaintowncenter.com">firstandmaintowncenter.com</a></i>  <b>When:</b> <i>5-7 p.m. Fridays June</i>          June 7: SofaKillers (rock)          June 14: The Runners Band (rock, pop, alternative)          June 21: Zeppelin Alive (Led Zeppelin tribute)          June 28: The Martini Shot (pop, rock, variety)          July 5: Jason Wulf Band (country)          July 12: WireWood Station (Americana)          July 19: Playing With Smoke (rock, pop, blues, country)          July 26: Black Rose Band (country, rock)          Aug. 7: Cari Dell Trio (variety), Sturtz (Americana), John Wise and the Tribe (New Orleans R&amp;B, blues, jazz)          Aug. 14: Secret Six Jazz Band, Brandon Henderson and Taylor Biskup (alternative singer songwriter), John Wise and the Tribe (New Orleans R&amp;B, blues, jazz)          Aug. 21: WireWood Station (Americana), John Emerson (indie pop), John Wise and the Tribe (New Orleans R&amp;B, blues, jazz)          Aug. 28: Collective Groove (funk, soul, rock), Roma Ransom (bohemian psych-folk), Playing With Smoke (classic rock)          Sept. 4: Zeppelin Alive (Led Zeppelin tribute), Mitguards (folk), John Wise and the Tribe (New Orleans R&amp;B, blues, jazz)          Sept. 11: WireWood Station (Americana), Jeremy Facknitz (jazz-infused folk-rock), John Wise and the Tribe (New Orleans R&amp;B, blues, jazz)          Sept. 18: Cari Dell Trio (variety), Westrock (country rock), John Wise and the Tribe (New Orleans R&amp;B, blues, jazz)          Sept. 25: SofaKillers (rock), Roma Ransom (bohemian psych-folk), The Dave and Jerry Show (rock)          Oct. 2: Polka Folka (polka), Brandon Henderson and Taylor Biskup (singer songwriter), John Wise and the Tribe (New Orleans R&amp;B, blues, jazz)</p> <p><b>What:</b> Concerts in the park</p> <p><b>Cost:</b> Free Admission</p>
<p><b>Pikes Peak or Bust Parade</b></p>	<p><b>Where:</b> Downtown Colorado Springs  <b>When:</b> July 6<sup>th</sup>, 10am  <b>What:</b>          8:00 AM – Roads Close          8:45 AM – Reviewing Stands Open – Sponsored by Intero          9:00 AM – Lil' Cowpokes Stick Horse Races Begin</p>

	<p>9:30 AM – “City Stickers Cup” Stick Horse Race Between City/County Officials</p> <p>9:45 AM – “Headline Herders Cup” Stick Horse Race Between Media Outlets</p> <p>10:00 AM – 81st Annual Parade Starts</p> <p><b>Cost:</b> Free Admission</p>
<p><b>Teen Game Night</b></p>	<p><b>Where:</b> 685 N Murray Boulevard, Colorado Springs 80915 – Ruth Holley Library</p> <p><b>When:</b> Join us every 1st and 3rd Tuesday in the Ruth Holley Library Teen Space for Teen Game Night!</p> <p><b>What:</b> Hang out with your friends for an evening of Nintendo Switch and Xbox games! Teens are welcome to bring their own games from home as well. Come ready to have some fun! Snacks will be provided.</p> <p><b>Cost:</b> Free Admission</p>
<p><b>Home Depot Kids Workshop</b></p>	<p><b>Where:</b> All Home Depot Locations – see local store for most accurate information</p> <p><b>When:</b> 1<sup>st</sup> Saturday of every month 9am-12 noon</p> <p><b>What:</b> Join us on the first Saturday of each month between 9 am – 12 pm for free in-person Kids Workshops. While supplies last.</p> <p><b>Cost:</b> Free Admission</p>

Pueblo

<p><b>Free Day at Mitchell Park Pool</b></p>	<p><b>Where:</b> Michelle Park Pool 1040 N. LaCrosse Ave Pueblo, CO 81003</p> <p><b>When:</b> July 10, 2024, 12:00 PM - 5:00 PM July 17, 2024, 12:00 PM - 5:00 PM July 31, 2024, 12:00 PM - 5:00 PM</p> <p><b>What:</b> Come swim for free</p> <p><b>Cost:</b> Free Admission</p>
<p><b>Home Depot Kids Workshop</b></p>	<p><b>Where:</b> All Home Depot Locations – see local store for most accurate information</p> <p><b>When:</b> 1<sup>st</sup> Saturday of every month 9am-12 noon</p> <p><b>What:</b> Join us the first Saturday of each month between 9 am – 12 pm for free in-person Kids Workshops. While supplies last.</p> <p><b>Cost:</b> Free Admission</p>

<p><b>Scavenger Hunt</b></p>	<p><b>Where:</b> Greenhorn Valley  <b>When:</b> Mondays, Wednesday’s  <b>What:</b> Find all the pictures and receive a prize  <b>Cost:</b> Free Admission</p>
<p><b>Movies in the Park at City Park</b></p>	<p><b>Where:</b> City Park  <b>When:</b> July 20, 2024, 6:30 PM  <b>What:</b> The Little Mermaid (2023)</p> <p>Bring the whole family, and a blanket or chair to sit on for this FREE movie showing. Pre-movie activities will start at 6:30pm and the movie will start around dusk. The big screen will be set up in City Park in the grassy area near The Rides at City Park and playground. Bring food from home or visit our concession stand to purchase something to eat.</p> <p><b>Cost:</b> Free Admission</p>

**Denver Metro**

<p><b>Botanic Gardens</b></p>	<p><b>Where:</b> Botanic Gardens</p> <ul style="list-style-type: none"> <li>○ <b>York Street</b>              1007 York Street              Denver, CO 80206              720-865-3500</li> <li>○ <b>Chatfield Farms</b>              8500 West Deer Creek Canyon Road              Littleton, CO 80128              720-865-3500</li> </ul> <p><b>When:</b> 2024 Free Days for York Street and Chatfield Farms</p> <p>Monday, Jan. 15 (Martin Luther King Jr. Day)              Thursday, Feb. 15              Saturday, March 9              Monday, April 22 (Earth Day)              Wednesday, June 5              Wednesday, July 3              Wednesday, Aug. 28              Friday, Nov. 29 (Thanksgiving Friday)</p> <p>2024 Free Days at <a href="#">Plains Conservation Center</a>              Thursday, Jan. 18, 10 a.m. – 3 p.m.              Thursday, Feb. 22, 10 a.m. – 3 p.m.</p>
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	<p>Saturday, March 16, 10 a.m. – 3 p.m.          Thursday, June 13, 9 a.m. – 2 p.m.          Saturday, July 13, 9 a.m. – 2 p.m.          Thursday, Aug. 15, 9 a.m. – 2 p.m.          Saturday, Nov. 16, 10 a.m. – 3 p.m.          Thursday, Dec. 12, 10 a.m. – 3 p.m.</p> <p><b>What:</b> Free Days occur throughout the year, thanks to funding from the <a href="#">Scientific and Cultural Facilities District (SCFD)</a>.  <b>Cost:</b> Free Days – Please visit website for details and free tickets.  <a href="http://www.botanicgardens.org/events/free-days">www.botanicgardens.org/events/free-days</a></p>
<p><b>Free Day at the Denver Art Museum</b></p>	<p><b>Where:</b> Denver Art Museum: 100 W. 14<sup>th</sup> Ave. Pkwy. Denver, CO 80204</p> <p><b>When:</b></p> <ul style="list-style-type: none"> <li>• Tuesday, January 9</li> <li>• Saturday, January 27</li> <li>• Tuesday, February 13</li> <li>• Tuesday, March 12</li> <li>• Sunday, March 24</li> <li>• Tuesday, April 9</li> <li>• Sunday, April 28</li> <li>• Tuesday, May 14</li> <li>• Tuesday, June 11</li> <li>• Tuesday, July 9</li> <li>• Sunday, July 21</li> <li>• Tuesday, August 13</li> <li>• Saturday, September 7</li> <li>• Tuesday, September 10</li> <li>• Tuesday, October 8</li> <li>• Saturday, November 2</li> <li>• Tuesday, November 12</li> <li>• Tuesday, December 10</li> </ul> <p><b>What:</b> Engage with art, explore onsite activities, and experience exhibitions on view all while enjoying free admission! Advance ticket reservations are encouraged.  <b>Cost:</b> Free</p>
<p><b>Hammonds Factory Candy Tour</b></p>	<p><b>Where:</b> Hammond’s Candies          5735 Washington St, Denver CO 80216  <b>When:</b> Recurring weekly on Monday, Tuesday, Wednesday, Thursday, Friday, Saturday  <b>What:</b> Bring your curiosity and your sweet tooth for a complimentary tour of our factory. Thousands of kids and kids at heart visit us every year to watch as their favorite treats are pulled, twisted, shaped and packaged by hand</p>



<p><b>Mining Museum of Earth Science</b></p>	<p><b>Where:</b> Mines Museum of Earth Science 1310 Maple St., Golden, 303-273-3815 <b>When:</b> Open Monday to Saturday, 9 a.m. to 4 p.m. Sunday, 1 p.m. to 4 p.m. <b>What:</b> It has two floors displaying fossils, gemstones, meteorites, minerals and mining artifacts. <b>Cost:</b> Free Admission</p>
<p><b>U.S. Mint of Denver</b></p>	<p><b>Where:</b> 320 W. Colfax Ave., Denver <b>When:</b> Guided tours are offered at 8 a.m., 9:30 a.m., 12:30 p.m., 2 p.m. and 3:30 p.m. Monday through Thursday <b>What :</b> FREE tours show every step in the process of turning dull, blank metal slugs into shiny pocket change. <b>Cost:</b> Free Admission</p>
<p><b>Home Depot Kids Workshop</b></p>	<p><b>Where:</b> All Home Depot Locations – see local store for most accurate information <b>When:</b> 1<sup>st</sup> Saturday of every month 9am-12 noon  <b>What:</b> Join us the first Saturday of each month between 9 am – 12 pm for free in-person Kids Workshops. While supplies last. <b>Cost:</b> Free Admission</p>

Larimer County

<p><b>Fort Collins Farmers Market</b></p>	<p><b>Where:</b> 1001 E Harmony Rd. <b>When:</b> Sundays and Wednesdays, 10am – 2pm  <a href="#"><u>Saturday, Apr 6, 2024 from 10:00am to 2:00pm</u></a>  <b>What:</b> Farmers Market <b>Cost:</b> Free Admission</p>
<p><b>Tiny Trekkers</b></p>	<p><b>Where:</b> Lions Open Space 2425 N. Overland Trail Laporte, CO 80535  <b>When:</b> <b>What:</b> Bring your 2–5-year-old for a morning filled with nature exploration, stories, and connection with our amazing natural world. A parent or guardian must accompany the child for this program. Registration is required but the program is free. Please call Natural Resources main desk at (970) 619-4564 or 4570 the night before or day of program to cancel or inquire about availability. <b>Cost:</b> Free Admission</p>