



How can we not love a month that starts out with **National Dadgum That's Good Day** (Mar. 1st), includes the **First Day of Spring** (Mar. 20th), and finishes up with **National Crayon Day** (Mar. 31st)?

Let's not forget March brings us Daylight Savings on Sunday, March 12<sup>th</sup>. We will be Springing forward!! It's about time we get to start saying goodbye to those dark and gloomy winter evenings! Longer days, warmer evenings, and cheery moods are some of the things we can look forward to as the month progresses. It's a great time to start thinking of planting the spring seeds for our flowers and gardens.

Happy Spring!!

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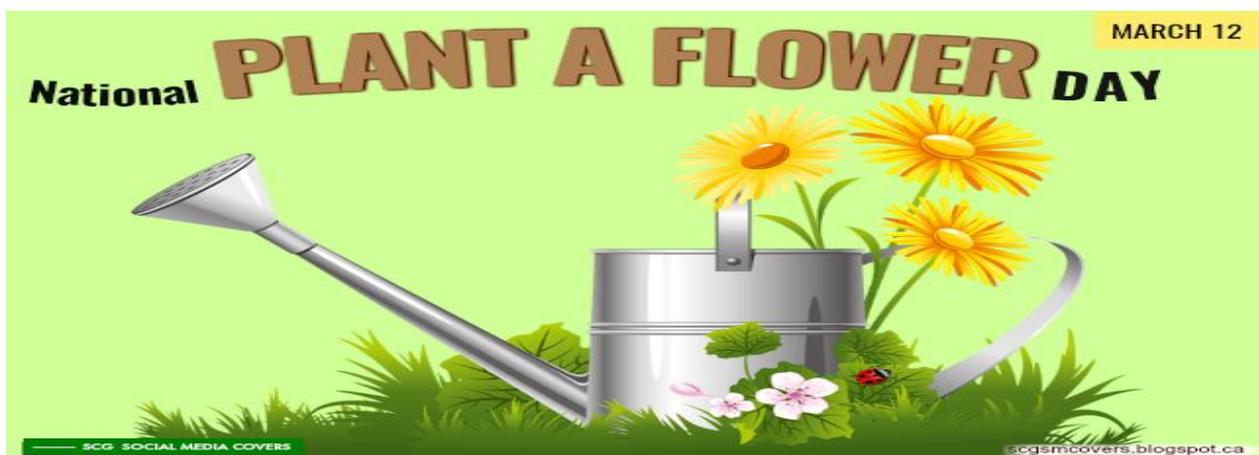
## March holidays — 2023

- **March 1st** — [National Dadgum That's Good Day](#).
- **March 3rd** — [National Anthem Day](#).
- **March 4th** — [World Day of Prayer](#).
- **March 8th** — [Holi](#). The Hindu festival of colors is not only celebrated in India.
- **March 12th** — [National Plant a Flower Day](#). plant some flowers to brighten your space
- **March 13th** — [National Good Samaritan Day](#).
- **March 14th** — [National Organize Your Home Office Day](#). Yes, I'm still working on this. It's a work in progress.
- **March 17th** — [St. Patrick's Day](#). There's more to it than corned beef and cabbage.
- **March 18th** — [National Corn Dog Day](#). Did you really think you'd get through this without a single [recipe](#)?
- **March 20th** — [March Equinox](#). Also called the [spring equinox](#) and [vernal equinox](#), no matter what you call it, for the Northern Hemisphere, it's the First Day of Spring.
- **March 21st** — [National Flower Day](#). This is a great day to celebrate all things floral by sharing coloring pages bursting with flowers, adding a bit of floral decoration to your brick-and-mortar, or sharing tips and tricks for using edible flowers.
- **March 25th** — [Earth Hour](#). The hour is just the beginning.
- **March 28th** — [National Weed Appreciation Day](#). Because some weeds are awesome! Like Dandelions!
- **March 29th** — [Vietnam Veterans Day](#). It's been 50 years since we left Vietnam. Let's thank those who made it home and remember those who didn't.
- **March 30th** — [National Farm Worker's Day](#). If you're not hungry, thank a farmer.
- **March 31<sup>st</sup>** – **National Crayon Day**





30+ Easy St. Patrick's Day Crafts for Kids - Happiness is Homemade



Flowers have a way of helping us be a nicer and happier bunch! They are meant to bloom — no questions asked. The flower’s approach to life is worth emulating! Not only do they bring us joy, but there’s a flower for virtually every mood. Whether expressing grief, love, gratitude, or appreciation, flowers say it best when words fail us. So let’s spread the love and [plant more flowers](#) this National Plant a Flower Day.



# BIRTHDAYS THIS MONTH

Phyllis S.	2 <sup>nd</sup>	Michelle P.	14 <sup>th</sup>
Alicia P.	2 <sup>nd</sup>	Nidra B.	15 <sup>th</sup>
Malcom M.	3 <sup>rd</sup>	Talor D.	18 <sup>th</sup>
Nathan P.	3 <sup>rd</sup>	Amber A.	18 <sup>th</sup>
Emiliano C.	4 <sup>th</sup>	Carrie H.	19 <sup>th</sup>
Tina W.	5 <sup>th</sup>	Ashley H.	20 <sup>th</sup>
Sekasia S.	8 <sup>th</sup>	Kylee W.	23 <sup>rd</sup>
Leah F.	10 <sup>th</sup>	Ciara M.	27 <sup>th</sup>
Ainsley F.	10 <sup>th</sup>	Maxine W.	28 <sup>th</sup>
Laticia L.	10 <sup>th</sup>	Cherlyn H.	30 <sup>th</sup>



**1 YEAR!!**

Casey A.  
Valerie D.  
Christen F.  
Katie G.

Courtney N.  
Andrew S.  
Calley T.  
Kacey W.

**2 YEARS!!**

Kathleen R.

Daniel S.

**3 YEARS!!**

Tyler H.  
Janell L.

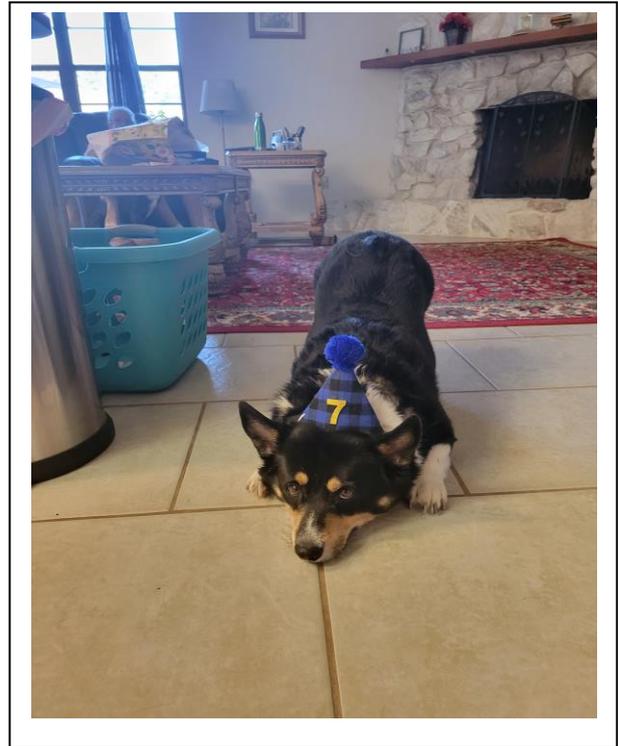
Ingrid M.  
Lisa R.

## Jessica's Corgi Corner

Danny turned 7 and he had a wonderful birthday party!!

Reminder: Providers, please make sure you are entering shifts into the EVV for respite homemaker and personal care. I'm having to manually enter the shifts more frequently. If you need assistance, please let me know.

~Jessica



# CYM of the Month

**Congratulations  
to  
Manuel Delrosario**



### Alicia Welch

You are an outstanding provider. Thank you for always being professional, going above and beyond for the kiddos, and ALWAYS being ready for monitoring on time and with a smile!



Josh and Noah at the Douglas County School District Transition Fair.

## Notes From the Admin Team

Prior to any provider having a client in your home, you must go through a home inspection.

Please remember if you are not a Parent or Live-In Provider you are not allowed to sign your shifts in Dory.



### Welcome Noah

Noah is a high-fidelity wraparound facilitator at Pikes Peak Respite Services. He addresses clients' prioritized needs, coordinates services, and transitions them into success. Before his time at PPRS, Noah worked in the mental healthcare field for over three years. These experiences honed his interpersonal skills with youth. He can address any need or crisis that may come up. Contributing to a therapeutic space for clients through playful activities and active listening are also skills he has honed. Through the wraparound process, he is eager and energetic to get clients and families what they seek. Meeting clients where they are at, listening to what is important to them, and supporting that throughout their journey is what he plans to continue to excel at PPRS.

Noah received his bachelor's in psychology from The University of Colorado, Colorado Springs. He plans to attend a master's program for clinical mental health counseling to get licensure as a professional counselor in the state of Colorado in the future. Outside of this, he stays up to date through self-education on current treatments and strategies to best serve those who receive services from PPRS.

Noah loves to spend quality time with family and friends, snowboard, hike, read, cook, and stay active in his free time. He was born and raised in Lake Carmel, New York. He moved to Colorado Springs four years ago to further his academic, professional, and personal life. He appreciates the community, values, and beautiful Colorado Springs weather. He plans to add value in any way he can through the services he provides at PPRS to this fantastic community.

**PPRS Facebook Page**

For the most up to date news and Events  
like our Facebook Page

**<https://www.facebook.com/PikesPeakRespiteServices>**

**PPRS NEWSFLASH GROUP**

Join our Facebook News flash Group to fill  
your schedule!

<https://www.facebook.com/groups/156823936506856>

We love to see you!  
Stop by our office and say hi!

If you know of any events that would be of interest to our Providers and Families  
Let us know!!!

PPRS is always on the lookout for things for our Providers and Families to do.  
We keep a close eye on upcoming events in the areas we serve.  
Many times we find out about events a few days or a week before they happen,  
and always post them to our Facebook Page!  
Please like and share our Facebook Page to receive up to the minute news!

Here is a list of a few great places to look for events!

<https://www.coloradosprings.com/events/#!/>

<https://www.pueblo.us/2801/Events>

<https://www.denver.org/events/>

<https://www.fcgov.com/events/>

<https://www.peakradar.com/categories/free-events/>

<https://www.visitcos.com/events/>

<https://ppld.librarymarket.com/>

<http://pueblolibrary.libnet.info/events?et=Kits2Go>

<https://www.denver.org/events/free-events/>

<https://www.larimer.gov/events>

<https://poudrelibraries.evanced.info/signup/> El Paso

<p><b>Paws to Read</b></p>	<p><b>Where:</b> 832 Village Center Drive  <b>When:</b> Every Wednesday 4pm-5pm (March 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>)  <b>What:</b> Children may practice reading skills by reading to a Canine Good Citizen dog.  <b>Cost:</b> Free Admission</p>
<p><b>Colorado Springs St. Patrick’s Day Parade</b></p>	<p><b>Where:</b> Downtown Colorado Springs  <b>When:</b> March 11<sup>th</sup> at Noon  <b>What:</b> Wear your green and join thousands as the Parade marches down Tejon street, from St. Vrain to Vermijo! This is a free event, open to all ages who wish to attend.  <b>Cost:</b> Free</p>
<p><b>Little Learners</b></p>	<p><b>Where:</b> COS Pioneer Museum 215 South Tejon Street, Colorado Springs, CO 80903  <b>When:</b> March 16<sup>th</sup>  <b>What:</b>                  We invite Little Learners (preschool) and their favorite grownup to celebrate local history with fun and educational experiences. We’ll learn and play through games, crafts, songs and history challenges. These programs are designed to help young learners explore the ins and outs of history. History is...family, food, traditions, art and so much more!  <b>Cost:</b> Free Admission</p>
<p><b>PPLD Rockrimmon</b></p>	<p><b>Where:</b> 832 Village Center Drive  <b>When:</b> Mar 16, 2023 at 04:00 pm - 04:45 pm (Thu)  <b>What:</b> Create your own Chia Pet and get ready to watch it grow. Prepare seeds in a bag where you watch the roots grow and the seeds germinate.  <b>Cost:</b> Free                  Ages 5 - 12. Registration required for this <b>free</b> program (opens Mar. 2).</p>
<p><b>PPLD Rockrimmon</b></p>	<p><b>Where:</b> 832 Village Center Drive  <b>When:</b> Mar 21, 2023 at 04:00 pm - 05:00 pm (Tue)  <b>What:</b> Teens can join the Pikes Peak Library District to make their own reusable bags!                  Use stencils, stickers, and paint to customize a reusable bag!  <b>Cost:</b> Free</p>
<p><b>Space Foundation Discovery Center</b></p>	<p><b>Where:</b> <b><u>Space Foundation Discovery Center</u></b>                  4425 Arrowswest Drive, Colorado Springs, CO 80907  <b>When:</b> Mar 24, 2023 at 07:30 pm - 09:30 pm (Fri)  <b>What:</b> Family Star Party: provides a safe, outdoor learning environment for the whole family connecting attendees to the wonders of the universe. Through Discovery Center’s partnership with Mobile</p>

	<p>Earth + Space Observatory, a “science center on wheels” equipped with telescopes, another dimension of fun is added to the experience.</p> <p>This month, we discuss how looking further into space allows us to look further back into time!</p> <p>Activities: Look through multiple telescopes and learn about the object</p> <p><b>Cost:</b> Free</p>
<p>Free Museum Days</p>	<p><b>Where:</b> Colorado Springs Fine Art Center at Colorado College 30 W. Dale St.</p> <p><b>When:</b> March 11<sup>th</sup> and 17<sup>th</sup> 10am-4pm</p> <p><b>What:</b> The goal of Museum Free Days is to provide access to the FAC’s general admission offerings to the widest possible audiences in the Pikes Peak region.</p> <p><b>Cost:</b> Free Admission</p>

Pueblo

<p><b>Teen/Teen Hangout</b></p>	<p><b>Where:</b> Pueblo West Library</p> <p><b>When:</b> March, M-Th starting at 3pm</p> <p><b>What:</b> Fun activities and snacks</p> <p><b>Cost:</b> Free</p>
<p><b>Tissue Paper Rainbow</b></p>	<p><b>Where:</b> <a href="#">Giodone Library</a></p> <p><b>When:</b> Saturday, March 8<sup>th</sup>, 11<sup>th</sup> All day</p> <p><b>What:</b> Kits2Go available, while supplies last.</p> <p><b>Cost:</b> Free</p>
<p><b>Studio 1315 – Mini Canvas Art</b></p>	<p><b>Where:</b> Barkman – Large meeting room <a href="http://maps.google.com/?q=Barkman,1300%20Jerry%20Murphy%20Road,.CO,81001">http://maps.google.com/?q=Barkman,1300%20Jerry%20Murphy%20Road,.CO,81001</a></p> <p><b>When:</b> Saturday, March 11 4:00pm - 6:00pm</p> <p><b>What:</b> Come bring the family to Barkman for a weekend family movie!</p> <p><b>Cost:</b> Free Admission</p>
<p><b>Family Movie</b></p>	<p><b>Where:</b> 4801 Cibola Drive, Colorado City, CO 81019 (Greenhorn Valley)</p> <p><b>When:</b> Friday, February 10<sup>th</sup></p> <p><b>What:</b> Make Peanut butter. All supplies provided.</p> <p><b>Cost:</b> Free Admission</p>
<p><b>Senior Movement &amp; Stretch</b></p>	<p><b>Where:</b> Pueblo West</p> <p><b>When:</b> Monday, March 06 10:00am - 11:00am</p> <p><b>What:</b> Senior Movement &amp; Stretch</p>

	<b>Cost:</b> Free Admission
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**Denver Metro**

<b>Denver Zoo Free Day</b>	<p><b>Where:</b> Denver Zoo: 2300 Steele St, Denver, Co 80205</p> <p><b>When:</b> 2/5/2023, 4/9/2023, 10/7/2023, 11/7/2023, 11/12/2023</p> <p><b>What:</b> limited number of tickets for each Free Day, using an online lottery system. Follow steps at the website to enter the lottery for 5 free tickets.</p> <p><u>Denver Zoo Free Days</u></p> <p><b>Cost:</b> Free Admission</p>
<b>Free Day at the Denver Art Museum</b>	<p><b>Where:</b> Denver Art Museum: 100 W. 14<sup>th</sup> Ave. Pkwy. Denver, CO 80204</p> <p><b>When:</b> 1/28/2023, 2/14/2023, 3/14/2023, 4/11/2023, 4/30/2023, 5/9/2023, 5/14/2023, 6/13/2023, 7/11/2023, 7/30/2023, 8/8/2023, 9/9/2023, 9/12/2023, 10/10/2023, 11/4/2023, 11/14/2023, 12/12/2023</p> <p><b>What:</b> Engage with art, explore onsite activities, and experience exhibitions on view all while enjoying free admission! Advance ticket reservations are encouraged.</p> <p><b>Cost:</b> Free</p>
<b>60 Minutes in Space</b>	<p><b>Where:</b> Denver Museum of Nature &amp; Science</p> <p><b>When:</b> March 29<sup>th</sup> 7pm</p> <p><b>What:</b> No reservations required. Seating is on a first-come, first-served basis. Explore breaking space news with space scientists and hear the latest updates on missions exploring the solar system, rocket launches, cutting edge astronomy, and more. Please use the West Evening Entrance of the Museum.</p> <p><b>Cost:</b> Free</p>
<b>Denver Botanic Gardens at Chatfield Free Day</b>	<p><b>Where:</b> 8500 Deer Creek Canyon Road, Littleton, CO</p> <p><b>When:</b> 2/16/2023, 3/15/2023, 4/22/2023, 6/6/2023, 7/5/2023, 8/15/2023, 11/24/2023</p> <p><b>What:</b> Free Days occur throughout the year, thanks to funding from the Scientific and Cultural Facilities District (SCFD). Advanced online registration is required to ensure that we can accommodate people safely given ongoing COVID-19 concerns. Free Days are for regular Gardens hours only and do not include ticketed events</p> <p><u>Denver Botanic Gardens at Chatfield Free Day</u></p> <p><b>Cost:</b> Free</p>
<b>Denver Botanic Gardens</b>	<p><b>Where:</b> 1007 York St. Denver, Colorado 80206</p> <p><b>When:</b> 2/16/2023, 3/15/2023, 4/22/2023, 6/6/2023, 7/5/2023, 8/15/2023, 11/24/2023</p> <p><b>What:</b> Free Days occur throughout the year, thanks to funding from the Scientific and Cultural Facilities District (SCFD). Advanced online registration is required to ensure that we can accommodate people safely given ongoing COVID-19 concerns. Free</p>

	<p>Days are for regular Gardens hours only and do not include ticketed events</p> <p><u>Denver Botanic Gardens Free Day</u></p> <p><b>Cost:</b> Free Admission</p>
<b>Bonita Art Show</b>	<p><b>Where:</b> 6507 W. Colfax Ave. Lakewood, CO</p> <p><b>When:</b> February 17, 2023 - March 4, 2023, Recurring weekly on Sunday, Friday, Saturday</p> <p><b>What:</b></p> <p><b>Cost:</b> Free Admission</p>
<b>DGMG Jewelry, Gem &amp; Mineral Show</b>	<p><b>Where:</b> Denver Gem &amp; Mineral Guild: 15200 West 6<sup>th</sup> Ave. Golden, CO 80401</p> <p><b>When:</b> February 24, 2023 - February 26, 2023</p> <p><b>What:</b> Fun for the whole family, with geode cracking, beautiful minerals from around the world, (and meteorites from around the solar system) ancient fossils, fluorescent room with rocks that glow in the dark, gems, opals, custom made stone tables, magnificent hand-crafted custom jewelry and more.</p> <p>Watch skilled lapidary artists cut gems and create beautiful polished stones. Talk with area rockhounds to learn about local field trips and collecting opportunities. Over 20 educational displays from; The Sherman-Dugan Geological Museum, the Phoenix Gold Mine, Dinosaur Ridge, and more. Vote for your favorite display and enter to win prizes. Show Special - \$1.00 Grab Bags – kids, jump start your collection with 8 minerals plus a chance to win special prizes.</p> <p>Free parking and free admission! Friday-Saturday 10am – 6pm Sun, Sunday 10am – 5pm</p> <p><b>Cost:</b> Free Admission</p>

[Larimer County](#)

<b>Bald Eagle Viewing</b>	<p><b>Where:</b> River Bluffs Open Space 6101 East County Rd. 32E Fort Collins, CO 80528</p> <p><b>When:</b> Saturday, February 4<sup>th</sup> and 11<sup>th</sup> from 10:00am to 12:00pm</p> <p><b>What:</b> Enjoy watching the Bald Eagles that nest north of River Bluffs Open Space. Larimer County volunteer naturalist Carl Sorrentino, who has been viewing the bald eagles at River Bluffs Open Space for 20 years, will share eagle facts, history and sounds as well as information about the nest, the eagles “favorite hunting tree,” and more.</p> <p>Spotting scopes will be available for viewing but please bring binoculars or a spotting scope if you have them. There will be good and safe viewing right from the trail head area. All ages and abilities are welcome.</p> <p><u><a href="#">Bald Eagle Viewing   Larimer County</a></u></p> <p><b>What:</b> <b>Cost:</b> Free</p>
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<p><b>4-H Foundation Carnival</b></p>	<p><b>Where:</b> The Ranch 5280 Arena Circle Loveland, CO 80538 <b>When:</b> Saturday, March 4, 2023 - 4:00pm to 8:00pm <b>What:</b> Games, prizes, auctions, food and bake sales <b>Cost:</b> Free</p>
<p><b>Tiny Trekkers</b></p>	<p><b>Where:</b> River Bluffs Open Space 6101 E. County Road 32E Fort Collin, CO 80528 <b>When:</b> March 14th, 2023 - 10:00am to 11:00am <b>What:</b> Bring your 2-5 year old for a morning filled with nature exploration, stories, and connection with our amazing natural world. A parent or guardian must accompany the child for this program. Registration is required but program is free. Please call Natural</p>
	<p>Resources main desk at (970) 619-4564 or 4570 the night before or day of program to cancel or inquire about availability.  <b>Cost:</b> Free</p>

**Teller**

	<p><b>Where:</b> <b>When:</b> <b>What:</b> <b>Cost:</b> Free</p>