### Pikes Peak Respite Services





## Newsletter

March 2024



As we bid farewell to winter and eagerly anticipate the arrival of Spring, March brings with it a sense of transition and renewal. At PPRS, we see change as an opportunity for growth and innovation. Join us as we embrace the possibilities that lie ahead and work together to create positive change in our lives and communities.

This month, we can expect to see gradual shifts in the weather as we transition from the chill of winter to the warmth of spring. While temperatures may still fluctuate, longer days and the promise of blooming flowers remind us that brighter days are ahead. Be sure to stay updated on local weather forecasts to make the most of outdoor activities and events. Don't forget to "spring forward" on March 10th as Daylight Saving Time begins. Remember to set your clocks forward one hour before going to bed on the evening of March 9th. While losing an hour of sleep can be an adjustment, the longer daylight hours offer more opportunities to enjoy the outdoors and soak up the sunshine.

Wishing you a March filled with warmth, joy, and new beginnings!

Your PPRS Admin Staff

# MARCH

### HOLIDAYS

- 1-Peanut Butter Lover's Day
- 3-National Anthem Day
- 6-National Frozen Food Day
- 8-Popcorn Lover's Day
- 10-Middle Name Pride Day
- 11-Johnny Appleseed Day
- 12-Girl Scouts Day
- 14-National Pi(e) Day
- 14-Potato Chip Day
- 15-Ides of March
- 16-No Selfies Day
- 17-St. Patrick's Day
- 21-World Down Syndrome Day
- 22-National Goof Off Day
- 23-National Chips and Dip Day
- 23-National Puppy Day
- 24-National Chocolate Covered Raisin Day
- 25-Palm Sunday (varies each year)
- 25-Waffle Day
- 26-National Spinach Day
- 28-Something on a Stick Day
- 30-Good Friday (varies each year)
- 30-Take a Walk in the Park Day

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## MARCH CRAFT IDEAS

















### **UPCOMING PPRS SPONSORED EVENTS**





Challenger Baseball: "To provide an opportunity for individuals with intellectual and physical challenges to enjoy the benefits of Little League participation in an environment structured to their abilities."



Alpine Autism Center 17th Annual "Run for the One" 5k Walk/Run

Saturday April 27th, 2024 Colorado Springs, CO Official Website

### SUPPORTING LGBTQ+ IN THE PIKES PEAK REGION!



PIKES PEAK PRIDE FESTIVAL & PARADE
JUNE 8TH & 9TH, 2024
ALAMO SQUARE PARK
FESTIVAL: 10AM-7PM - SAT & SUN

### PARADE: 11AM ON SUNDAY



Vanessa M.

Alicia P.

1st

2nd





Phyllia S. 2nd

Malcom M. 3rd

Emiliano C. 4th

Joseph C. 5th Gabriel Y. 17th

Shannah O. 5th Amber A. 18th

Tina W. 5th Carrie H. 19th

Mackenzie Y. 5th Dara J. 19th

Leah F. 10th Linda B. 20th

Laticia L. 10th Haley T. 20th

Justin R. 11th Kylee W. 23rd

Aleida T. 24th

Tanea Z. 25th

Ciara M. 27th

David F. 16th

Luis L. 16th



### 1 Year

Chelsea A. Ashyrion C. Sheena A. Renee F.

Alycia J. Debra M.

Vicky J. Ryan M.

Mindi M. Ella O. Benjamin P. Star S.

Mindy P.

Valerie D. Satie G.

Yathlaan P. Daniel S.

Kathleen R. Daniel S.

4 Years

Janell J. Ingrid M. Lisa R.

### From The Admin Team

Submitting shifts before the time of completion is not allowed. You cannot have a parent/guardian/client sign for a shift before the shift is over, no matter what the parent/guardian/client/provider tells you.

Virtual monitoring's will happen with a member of admin via Microsoft Teams. We will send paperwork, including shift verification to the parent/guardian/client to make sure shifts are correct.

ISSP, Protocols, and IBSSP will be sent via Adobe with the name under Lucas Inc, Pikes Peak Respite Services, or compliance team. The parent/guardian/client and providers will need sign and initial in the appropriate places. It is important that each person reads those documents for accuracy or for any changes needed.

#### **PPRS Facebook Page**

For the most up to date news and Events like our Facebook Page

https://www.facebook.com/PikesPeak RespiteServices

#### PPRS NEWSFLASH GROUP

Join our Facebook News flash Group to fill your schedule! https://www.facebook.com/groups/1568239 36506856

We love to see you! Stop by our office and say hi!

## If you know of any events that would be of interest to our Providers and Families Let us know!!!

PPRS is always on the lookout for things for our Providers and Families to do.

We keep a close eye on upcoming events in the areas we serve.

Many times we find out about events a few days or a week before they happen, and always post them to ourFacebook Page!

Please like and share our Facebook Page to receive up to the minute news!

Here is a list of a few great places to look for events!

https://www.coloradosprings.com/events/#!/

https://www.pueblo.us/2801/Events

https://www.denver.org/events/

https://www.fcgov.com/events/

https://www.peakradar.com/categories/free-events/

https://www.visitcos.com/events/

https://ppld.librarymarket.com/

http://pueblolibrary.libnet.info/events?et=Kits2Go

https://www.denver.org/events/free-events/

https://www.larimer.gov/events

https://poudrelibraries.evanced.info/signup/

### El Paso

LIFASU	,
Paws to Read	Where: 832 Village Center Drive
	When: Every Wednesday 3:30 PM – 4:30 PM
	What: Children may practice reading skills by reading to a Canine Good
	Citizen dog.
	Cost: Free Admission
Sensory-	Where: 1930 Frequent Flyer Point, Colorado Springs
Friendly Egg	When: Sat, March 23 <sup>rd</sup> 10am-12pm
Hunt	What: Come and look for a dozen filled eggs at the annual egg hunt. All
	ages welcome!
	Cost: Free Admission
Manitou	Where: 502 Manitou Avenue, Manitou Springs 80829
Springs	When: March 2nd; 1:00pm-3:00pm
Carnivale	What: It's tradition in Manitou Springs to march down Manitou Avenue and
Parade	celebrate Mardi Gras in true fun and funky color that Manitou is known for!
	So grab your beads and costume-up with us! The more the merrier, so bring
	your family, your neighbors, your co-workers, your friends, everyone!
	Cost: Free Admission
Teen Game	Where: 685 N Murray Boulevard, Colorado Springs 80915 – Ruth Holley
Night	Library  Whon: Join us every 1st and 3rd Tuesday in the Buth Helley Library Teen
	When: Join us every 1st and 3rd Tuesday in the Ruth Holley Library Teen Space for Teen Game Night!
	What: Hang out with your friends for an evening of Nintendo Switch and
	XBox games! Teens are welcome to bring their own games from home as
	well. Come ready to have some fun! Snacks will be provided.
	well. Come ready to have some full: Shacks will be provided.
	Cost: Free Admission
Hama Danat	
Home Depot Kids	Where: All Home Depot Locations – see local store for most accurate
	information
Workshop	When: 1st Saturday of every month 9am-12 noon
	<b>What:</b> Join us the first Saturday of each month between 9 am – 12 pm for
	free in-person Kids Workshops. While supplies last.
	Cost: Free Admission

### Pueblo

Easter Celebration at El Centro del Quinto Sol	Where: El Centro del Quinto Sol 609 E. 6th Street Pueblo, CO 81001 When: Saturday, March 30 from 12-2pm! What: FREE Event full of games, crafts and outdoor activities for children of all ages! If you have any questions about the Easter Celebration at El Centro del Quinto Sol please call 719-553-2950 or email jplascencia@pueblo.us Cost: Free Admission
Home Depot Kids Workshop	<ul> <li>Where: All Home Depot Locations – see local store for most accurate information</li> <li>When: 1st Saturday of every month 9am-12 noon</li> <li>What: Join us the first Saturday of each month between 9 am – 12 pm for free in-person Kids Workshops. While supplies last.</li> <li>Cost: Free Admission</li> </ul>
Scavenger Hunt	Where: Greenhorn Valley When: Wednesday's What: Find all the pictures and receive a prize Cost: Free Admission

#### **Denver Metro**

Deliver Metro	_
Botanic	Where: Botanic Gardens
Gardens	<ul> <li>York Street</li> </ul>
	1007 York Street
	Denver, CO 80206
	· ·
	720-865-3500
	<ul> <li>Chatfield Farms</li> </ul>
	8500 West Deer Creek Canyon Road
	Littleton, CO 80128
	720-865-3500
	720-003-3300
	When: 2024 Free Days for York Street and Chatfield Farms
	Monday, Jan. 15 (Martin Luther King Jr. Day)
	Thursday, Feb. 15
	Saturday, March 9
	Monday, April 22 (Earth Day)
	• • • • • • • • • • • • • • • • • • • •
	Wednesday, June 5
	Wednesday, July 3
	Wednesday, Aug. 28
	Friday, Nov. 29 (Thanksgiving Friday)
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2024 Free Days at Plains Conservation Center

Thursday, Jan. 18, 10 a.m. – 3 p.m.

Thursday, Feb. 22, 10 a.m. – 3 p.m.

Saturday, March 16, 10 a.m. – 3 p.m.

Thursday, June 13, 9 a.m. - 2 p.m.

Saturday, July 13, 9 a.m. – 2 p.m.

Thursday, Aug. 15, 9 a.m. – 2 p.m.

Saturday, Nov. 16, 10 a.m. - 3 p.m.

Thursday, Dec. 12, 10 a.m. - 3 p.m.

What: Free Days occur throughout the year, thanks to funding from

the Scientific and Cultural Facilities District (SCFD).

**Cost:** Free Days – Please visit website for details and free tickets. www.botanicgardens.org/events/free-days

Free Day at the Denver Art

Museum

Where: Denver Art Museum: 100 W. 14<sup>th</sup> Ave. Pkwy. Denver, CO

80204

#### When:

- Tuesday, January 9
- Saturday, January 27
- Tuesday, February 13
- Tuesday, March 12
- Sunday, March 24
- Tuesday, April 9
- Sunday, April 28
- Tuesday, May 14
- Tuesday, June 11
- Tuesday, July 9
- Sunday, July 21
- Tuesday, August 13
- Saturday, September 7
- Tuesday, September 10
- Tuesday, October 8
- Saturday, November 2
- Tuesday, November 12
- Tuesday, December 10

**What:** Engage with art, explore onsite activities, and experience exhibitions on view all while enjoying free admission! Advance ticket reservations are encouraged.

Cost: Free

Hammonds	Where: Hammond's Candies
Factory	5735 Washington St, Denver CO 80216
Candy	When: Recurring weekly on Monday, Tuesday, Wednesday, Thursday,
Tour	Friday, Saturday
	What: Bring your curiosity and your sweet tooth for a complimentary
	tour of our factory. Thousands of kids and kids at heart visit us every
	year to watch as their favorite treats are pulled, twisted, shaped and
	packaged by hand
Mining	Where: Mines Museum of Earth Science
Museum of	1310 Maple St., Golden, 303-273-3815
Earth	When: Open Monday to Saturday, 9 a.m. to 4 p.m. Sunday, 1 p.m. to 4
Science	p.m.
	What: It has two floors displaying fossils, gemstones, meteorites,
	minerals and mining artifacts.
	Cost: Free Admission
U.S. Mint	Where: 320 W. Colfax Ave., Denver
of Denver	When: Guided tours are offered at 8 a.m., 9:30 a.m., 12:30 p.m., 2 p.m.
	and 3:30 p.m. Monday through Thursday
	What: FREE tours show every step in the process of turning dull, blank
	metal slugs into shiny pocket change.
	Cost: Free Admission
	COST 1 100 / MITHOGOTT
Home	Where: All Home Depot Locations – see local store for most accurate
Depot Kids	information
Workshop	When: 1st Saturday of every month 9am-12 noon
Morkshop	Tribin.   Datarday of Every month Family 12 moon
	<b>What:</b> Join us the first Saturday of each month between 9 am – 12 pm
	for free in-person Kids Workshops. While supplies last.
	Cost: Free Admission
	COST. LIGE VAILII921011

#### **Larimer County**

Fort	Where: 215 East Foothills Parkway
Collins	When:
Winter	Saturday, Jan 27, 2024 from 10:00am to 2:00pm
Farmers	
Market	Saturday, Feb 10, 2024 from 10:00am to 2:00pm
	Saturday, Feb 24, 2024 from 10:00am to 2:00pm
	Saturday, Mar 9, 2024 from 10:00am to 2:00pm
	Saturday, Mar 23, 2024 from 10:00am to 2:00pm
	Saturday, Apr 6, 2024 from 10:00am to 2:00pm
	What: Farmers Market
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	Cost: Free Admission

Tiny
Trekkers

Where: Lions Open Space
2425 N. Overland Trail
Laporte, CO 80535
When:
What: Bring your 2–5-year-old for a morning filled with nature
exploration, stories, and connection with our amazing natural world. A
parent or guardian must accompany the child for this program.
Registration is required but the program is free. Please call Natural
Resources main desk at (970) 619-4564 or 4570 the night before or
day of program to cancel or inquire about availability.
Cost: Free Admission