# Pikes Peak Respite Services



# Newsletter

ISSUE NO.



November 2024



As we step into November, a month often dedicated to gratitude and reflection, we want to take a moment to acknowledge the incredible work each of you does every day. Your commitment to our clients and their families is truly inspiring, and it does not go unnoticed.

This month, we celebrate not only the changing seasons but also the profound impact you have on the lives of those you care for. Each interaction you have, each moment of kindness you share, contributes to a brighter, more hopeful future for our community.

Let's take this opportunity to celebrate our successes and continue supporting one another as we navigate the challenges and joys of caregiving together

Wishing you all a wonderful November filled with warmth and gratitude!

Thank you,
PPRS Admin Team



SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
5	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

# November Social Media Holidays 2024 World Vegan Month & Native American Heritage Month

November 1st: World Vegan Day 🍧 #WorldVeganDay

November 2nd: Día de Muertos (MX) • #DiaDeLosMuertos

November 3rd: National Sandwich Day 🥪

November 4th: National Candy Day 🍖

November 5th: Election Day, Guy Fawkes Night (UK) 🍐

November 6th: National Nachos Day

November 8th: S.T.E.M/S.T.E.A.M Day #STEM/STEAMDay

November 9th: World Freedom Day

November 11th: Single's Day (CHIN) / Veterans Day (US) 

■
November 13th: World Kindness Day #WorldKindnessDay

November 14th: World Diabetes Day 🎺

November 16th: International Day for Tolerance

November 17th: National Hiking Day 🤽

November 19th: International Men's Day 👬 #IMD

November 19th: National Entrepreneurs Day

November 20th: Transgender Day of Remembrance = #TDOR

November 26th: National Cake Day *\( \infty\)* 

November 28th: Thanksgiving ... #Thanksgiving

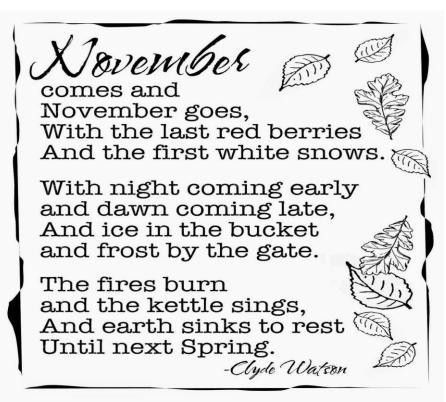
November 29th: Black Friday 
#BlackFriday

November 29th: National Lemon Cream Pie Day

November 30th: Small Business Saturday









# **Coloring Pages**







THARK		N 2003
DRAW A PICTURE OF YOUR THANKSGIVING.		
	Eig	
Name:	Year:	





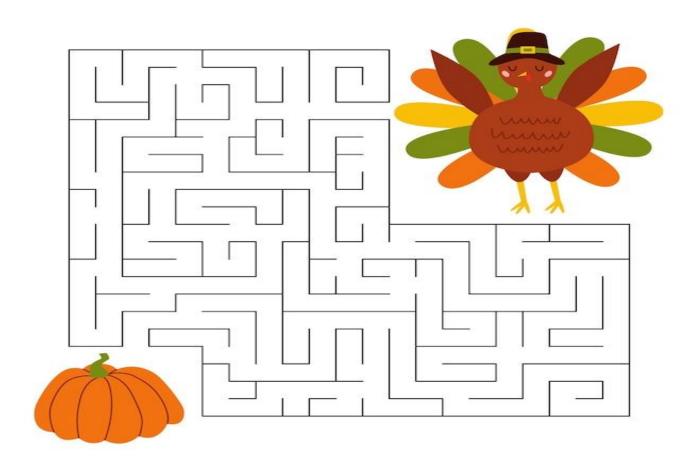
















# 2024 COLORADO FREE DAYS

### Denver Zoo

2300 Steele St. Denver denverzoo.org

1/5 & 1/21 2/11 4/7 11/1, 11/9, 11/17

Must reserve free tickets 7 days prior to free day. First come, first serve lottery system.

### **Clyfford Still Museum**

1250 Bannock St. Denver clyffordstillmuseum.org

2/29 4/28 7/28 11/2 (10am-10pm)

Must reserve free tickets 7 days prior to free day. There are also pay as you wish days offered.

## **Denver Botanic Gardens**

1007 York St. Denv 8500 W Deer Creek Canyon Rd. Littleton denverbotaniogardens.org

> 1/15 6/5 2/15 7/3 3/9 8/28 4/22 11/29

Must reserve free tickets the 1st of the month. No onsite tickets available

# Plains Conservation Center

21901 E Hampden Ave. Aurora 303-693-3621

1/18 10am-3pm 7/13 9am-2pm 2/22 10am-3pm 8/15 9am-2pm 3/16 10am-3pm 11/16 10am-3pm 6/13 9am-2pm 12/12 10am-3pm

# **Denver Museum of Nature & Science**

2001 Colorado Blvd, Denver

dmus.org

1/8 & 1/28 9/10 (5pm-9pm) 2/25 9/30 4/28 10/20 6/4 (5pm-9pm) 11/2 (5pm-9pm) 11/18 6/19 8/21 (5pm-9pm) 12/8

Onsite free tickets available. A separate ticket is uired for the planets m or infinity theatre

# Four Mile Historic Park

715 S Forest St. Denver fourmilepark.org

1/26 5/24 9/27 2/23 6/28 10/25 2/22 7/26 11/22 4/26 8/23 DEC TBD

Only free 10am-4pm and does not include

### Museum of Contemporary Art

1485 Delgany St. Denve

mcadenver.org 5/4 9/7 1/6 10/5 6/1 2/3 7/6 11/2 3/2 8/3 12/7 4/6

dmission is \$0.01 for Colorado residents on the first Saturday of each month, Under 18 is always free

### Children's Museum

2121 Childen's Museum Dr. Denver mychildrensmuseum.org

5/17 8/16 6/21 9/20 7/19

Joy Park Free Nights 4:30pm-8pm Outdoors Only.

### **National Parks**

nps.gov

1/15 8/4 4/20 9/28 6/19 11/11

Free admission for everyone to all national parks.

www.hienkimrealestate.com



HienKim.RealEstate@gmail.com



(720) 691-8863



MienKim.RealEstate

# TO ALL THOSE BORN IN NOVEMBER 7-tappy Birthday

Jovanni M.	1st	Kayla B.	16th
Kierstin H.	2nd	Ariel S.	16th
Violet O.	4th	Debra M.	17th
Alissa P.	4th	Deborah G.	18th
Esther V.	4th	Madison W.	18th
Katie G.	7th	Mindi M.	19th
Daniel S.	7th	Loresa S.	20th
Doris S.	7th	Faith M.	23rd
Julie K.	9th	Tammy N.	23rd
Shari C.	9th	Heather R.	24th
Ingrid M.	10th	Haylee F.	25th
Alisa T.	12th	Shelia H.	25th
Nicci J.	14th	Elise H.	30th
Ella O.	14th		



# 1 Year

Brittany C.
Alissa P.
Avery B.
Bethany D.
Susan K.
Ada V.

Faith M.
Kate W.
Joshua D.
Riley G.
Kimberly N.

# 2 Years

Leena F. Jerica H. Karen M.

3 Years
Collette G.

5 Years
lan H.

# From The Admin Team

- Parents please make sure to fill out the questionnaire that was sent to you via email. Thank you.
- All shifts should be submitted at time of service. New software to ensure EVV compliance is on deck in the coming weeks. All shifts will be required to be submitted in real-time. There will no longer be a grace period for submitting shifts.
- In the coming days parents/guardians will begin receiving emails when a shift is submitted by a provider. Be on the lookout!





# COLORADO

# **Department of Local Affairs**

Division of Housing

# Emergency rental assistance

https://doh.colorado.gov/emergency-rental-assistance

The Department of Local Affairs has emergency rental assistance funding for Coloradans who have fallen behind on their rent, meet income limits and other qualifying factors, and are at risk of eviction or displacement. The random selection will be open to Coloradans and those facing eviction will continue to be prioritized.

Please note that funds are only available temporarily and will be disbursed until fully exhausted. We understand that there is more demand than funds available and our top priority is to ensure that we can meet as many Coloradans' needs as possible in an equitable, clear and efficient manner.

# **PPRS Facebook Page**

For the most up to date news and Events like our Facebook Page

# https://www.facebook.com/PikesPeak RespiteServices

# If you know of any events that would be of interest to our Providers and Families Let us know!!!

PPRS is always on the lookout for things for our Providers and Families to do.

We keep a close eye on upcoming events in the areas we serve.

Many times we find out about events a few days or a week before they happen, and always post them to our Facebook Page!

Please like and share our Facebook Page to receive up to the minute news!

Here is a list of a few great places to look for events!

https://www.coloradosprings.com/events/#!/

https://www.pueblo.us/2801/Events

https://www.denver.org/events/

https://www.fcgov.com/events/

https://www.peakradar.com/categories/free-events/

https://www.visitcos.com/events/
https://ppld.librarymarket.com/

http://pueblolibrary.libnet.info/events?et=Kits2Go

https://www.denver.org/events/free-events/

https://www.larimer.gov/events

https://poudrelibraries.evanced.info/signup/

# **Activities and Events November 2024**

### Arvada Events



**Holiday Lego Event** 



**Where:** Westminster Public Library | 3705 W 112th Ave Westminster, CO 80031

**When:** Saturday, November 2<sup>nd</sup> and 7<sup>th</sup> 3-4pm

**What:** Toddlers and preschoolers are natural scientists! Together we will explore with all of our senses to inspire wonder and curiosity with hands-on, nature-based activities. AGES: 2-5

**Where:** 9370 Sheridan Blvd Westminster, CO 80030 | Barnes & Noble Bookstore

**When:** Friday November 8<sup>th</sup> 7pm

**What:** Join us in store for a Holiday themed LEGO build event. Each participant will receive a train snow globe mini-Lego kit to build in store or take home with them.

Note: Date and Time are subject to change. Please call the store to reserve your spot as kits are limited.

Barnes and Noble also hosts a Free story time Weekly (Saturdays starting at 2pm)

**Digging For Dinosaurs** 



Where: College Hill library | 3705 W 112<sup>th</sup> Ave

When: Saturday November 9th 2pm-3pm

What:

Calling all young paleontologists! Dig up dinosaur bones and test your knowledge of the prehistoric past.

We always recommend confirming details before attending.

Recommended for ages: 9-12

More information:

https://www.westminsterco.gov/Libraries/About/LocationsHours

Holiday Countdown Workshop



**Where:** Lowe's locations in Arvada | 5405 Wadsworth bypass Arvada, CO 80002

When: Saturday November 16th 10am-1pm

What: Kick-off the festive spirit with DIY-U kids' Holiday Countdown Chalkboard workshop! Mini builders will use their creativity and building skills designing a personalized chalkboard adorned with seasonal motifs, perfect for marking the days until your favorite winter celebrations. Not only will mini builders enjoy the process of creating their own festive decor, but they'll also learn about timekeeping in a fun, interactive way. Join us for a day of crafting, creativity, and making memories that sparkle with holiday cheer!

All ages welcomed!

Register here- <a href="https://www.lowes.com/events/register/holiday-countdown">https://www.lowes.com/events/register/holiday-countdown</a>

### **El Paso Events**

# Colorado Springs Veterans Day Parade!



Where: from Boulder Street to Vermijo Street

Colorado Springs, CO 80903

**When:** Saturday November 9<sup>th</sup> starting at 11am

What: The In Their Honor Veterans Day Parade will celebrate and recognize the sacrifices of veterans and active-duty members of the military stationed at Colorado Springs' five local installations. This event will provid the community with an opportunity to pay tribute to those who have served and continue to serve our nation. Enjoy marching bands, floats, and car clubs

Teen Social Group



Where: Colorado Springs, 2328 E Platte Ave, Colorado Springs, CO 80909 USA | Autism Vision Of Colorado

**When:** Tuesday November 12<sup>th</sup> 6:30pm-7:30pm

**What:** The Teen Social is a social group designed for teens age 13-19 to meet other teens on the autism spectrum and have fun! We play board games and enjoy snacks. Please feel free to bring your favorite game with you. However, we have a good selection to choose from!

Simple Gifts Playgroup



Where: 1 S. Nevada Ave. Colorado Springs, CO 80903

When: Wednesday November 13th 9:30-11am

What: Playgroups are every other Wednesday that includes music, movement, art, special guests, and snacks. Groups are for children (ages birth–5) and their parents, caregivers, grandparents, and/or favorite adults are invited for a playful morning of music, movement, art, and fun together! This playgroup embraces children of all abilities. Older siblings are welcome but the focus of the group will be on children five and under. Adults must supervise their children. Stay for lunch at Opus Creative Kitchen after Playgroup!

**Tiny Turkey Trot** 



Where: Briargate YMCA 4025 Family Place Colorado Springs, CO 80920

When: Thursday, November 28th 8:15-9am

**What:** The Turkey Trot 5K and Kids' Tiny Trot are the eagerly anticipated holiday event of the season and are a fundraiser for the YMCA. This fundraiser enables us to provide scholarships to local families in need, which, in turn, allows them access to the YMCA and its many programs.

The Tiny Tot Trot Is a Free race recommended for children 12-years old and younger!

For additional information on race day:

https://ppymca.org/programs/health-fitness/races/turkey-trot-5k

### **Denver Events**

# Dia de los Muertos Family Friendly Celebration



**Where:** 10155 E 29<sup>th</sup> Dr Denver, CO 80238

When: Friday November 1 from 3:00 PM to 9:00 PM.

**What:** Día de los Muertos is a time for families, and the Central Park location is hosting a family-friendly celebration for all ages!! Guests can enjoy pumpkin-themed activities, a sugar skull coloring contest, and a festive costume contest. This event is the perfect opportunity to come together, have some fun, and enjoy great food in a lively atmosphere.

Youth On Record Open Mic Night



**Where:** 1301 W 10<sup>th</sup> Ave Denver, CO 80204

When: Friday November 1<sup>st</sup> 4-8pm

**What:** Youth on Record's Open Mic is a free community event that provides performance opportunities for emerging artists.

If you're wanting to explore live performance, this event is a perfect opportunity for both first timers and experienced performers, alike! The environment is friendly, encouraging, and non-judgmental.

Event happens Every First Friday, Sign Up at 4pm, Performances

5-8pm

Age Range: All ages to perform or to attend

Cost: FREE!

Rules: No profanity or explicit content please (this is a family friendly show), artist have maximum of 8 minutes to perform.

Free food and drinks will be provided. Friends and family members are encouraged to attend!

Veterans Day 5K & 10K Parade & Festival!



Where: 3201 17th St Denver, CO 80206 | City Park

**When:** Saturday November 9<sup>th</sup> 8am-2pm

What: Every year, on Veterans Day weekend, Denver comes together to celebrate its local and national heroes with the Denver Veterans Day Parade & Festival, which will once again be held at City Park. Hosted in partnership with the City of Denver. The Parade & Festival will begin at the conclusion of the Denver

Veterans Day Run, around 10:35 a.m. The festivities are free to attend and will include marching bands, floats, car clubs, activities for kids, local vendors and more.

### **Schedule:**

Veterans Day 5K/10K Run Walk and 10K Rippetoe Rucksack

Challenge

Starts: 0830 (8:30am) Ends: 1030 (10:30am)

Denver Veterans Day Parade

Starts: 1030 (10:30am) - Runs through approximately 1230

(12:30pm)

Veterans Day Festival

Starts: 0930 (9:30am) Ends: 1400 (2:00pm)



Where: 4777 National Western Drive

Denver 80206

**When:** November 9<sup>th</sup> 10am-2pm

**What:** 2nd Saturdays at CSU Spur, presented by <u>Canvas Credit Union</u>, are free and open to the public for lots of family-friendly programming, including:

• Cooking activities in the CSU Spur kitchen.

- Watching veterinarians perform surgery on dogs and cats.
- Observing horses assisting with human therapies.
- Engaging with scientists at work.
- Playing in the mock kitchen, mock vet clinic, and mock lab.
- Getting your hands dirty in the stream table.
- Exploring the world of virtual reality (ages 9+).
- Strolling through the rooftop greenhouse.
- And more!
- Come make music and perform your own music at the CSU Spur Music Lab every 2nd Saturday in the Hydro building.

### **Pueblo Events**

# 1<sup>st</sup> Annual Día de Los Muertos Costume Parade!



**Where:** Pueblo Riverwalk | 125 E Riverwalk, Pueblo CO 81003

**When:** Saturday November 2<sup>nd</sup> 10am-1pm

What: This event will honor Latino culture and heritage, our ancestors, and allow the community to dress up and celebrate Día de Los Muertos "Day of the Dead."

The festivities will begin at 10:00am and conclude at 1:00pm where you may bring the whole family to celebrate the lives of those past and enjoy the company of others. We encourage you to spend time at the Pueblo Riverwalk after the parade as we have a variety of great restaurants, antique shops, and businesses ready to serve you.

# Spectators Free to attend:

Parade spectators will be able to stand, sit, and set up chairs in the designated areas that include all grass, upper sidewalks and parking lots on the Riverwalk, business patios, and parts of the Riverwalk sidewalk that will be open.

The parade's starting point will be at the Riverwalk Welcome Center. (Union Avenue & Pueblo Riverwalk)

Pueblo County Courthouse Lighting Ceremony



Where: 215 W 10<sup>th</sup> St Pueblo, CO 81003

**When:** November 26<sup>th</sup> 5pm-8pm

**What:** Step back in time with an old-fashioned Christmas! For over 20 years, the Pueblo County Courthouse Lighting Ceremony has been a beloved holiday tradition that kicks off the holiday season in Pueblo County.

Join thousands on Tuesday, November 26, 2024 — as we light up the season with fireworks, food trucks, and festive fun!

Come early and enjoy food trucks and more before the lighting ceremony starting at 7:00 pm.

Holiday Lighting Extravaganza



**Where:** The Historic Arkansas Riverwalk of | <u>125</u> Riverwalk Pl. Pueblo ,CO 81003

When: November 29, 2024, from 5:00 PM to 8:00 PM What: Join Us for the 23rd Annual Holiday Lighting Extravaganza!

Presented by Pueblo Dodge and Pueblo Toyota, this beloved tradition will light up the night on. We invite the entire community to gather at the Pueblo Riverwalk for an enchanting evening that kicks off the holiday season in style. Watch as the Riverwalk comes alive with dazzling lights, brought to you by Don's Landscaping.

But the magic doesn't stop there! Enjoy photos with Santa and his festive friends, captured by Dream Catcher Photography, take a scenic boat ride, and warm up with delicious hot drinks from local vendors. As the evening draws to a close, marvel at a spectacular fireworks show over Lake Elizabeth.

Celebrate the season with us—it's a night you won't want to miss!

The Pueblo Parade Of Lights



**Where:** Starting at Abriendo and Union Ave, down Union Ave., to City Center Drive to Main Street ending on 6<sup>th</sup>

When: Saturday November 30<sup>th</sup> Starting at 5:30pm What: For over 30 years, Pueblo's Parade of Lights has been a tradition and one of the largest Christmas parades in Colorado. On the Saturday after Thanksgiving, festive, colorful and clever floats, school marching bands, drill teams, decorated saddle club horses and car club vehicles festooned with lights thrill many thousands of spectators as the parade passes from the Mesa Junction down Union Avenue to Main Street then west to disband at 6th and Court.

### **Teller Events**

# Preschool Story Time



Where: Florissant Public Library | 334 Circle Dr. Florissant CO

80816

When: Fridays 10am-10:20am

What: Join the Youth Services Staff in the large meeting room

for stories, songs, rhymes, and fingerplays!

Family Café



**Where:** Community Partnership Family resource center | 701 Gold Hill Place Woodland Park, CO 80863

**When:** Mondays November 4<sup>th</sup>,11<sup>th</sup>, 18<sup>th</sup>, and 25<sup>th</sup> 9am-12pm **What:** Enjoy coffee, Wi-Fi, kids corner and a space form parents and caregivers to connect. Our Family Café has a Kid's Corner designed to be a safe comfortable place for your child to immerse themselves in a book or play a game. Parents can unwind nearby, knowing your child is happily

occupied in this special nook of the café.

Tea- Rex Party!





**Where:** Woodland Park Public Library | 218 E Midland Avenue Woodland Park

When: November 9<sup>th</sup> 1pm-3pm

What: Stomp, sip and roar! Get ready to party like a dinosaur

at the Tea-Rex party.

We encourage all who attend to come in tea party attire, dinosaur attire, or both!

Snacks, crafts, and of course tea will be provided

Fireside Fairytales



**Where:** Woodland Park Public Library | 218 E Midland Avenue Woodland Park

When: Thursday November 14<sup>th</sup> 5:45pm-6:30pm

**What:** Join us for an evening fireside Storytime, complete with hot chocolate and light refreshments. Wear PJs, bring a

stuffed friend, and get cozy for a story reading!

# **Fort Collins Events**

**Holiday Lighting Ceremony!** 



4th Annual Dia de Muertos Community Celebration



Where: Old town Square | 199 Trimble Ct, Fort

Collins, CO 80524

When: Friday, November 1st 5:30pm-7pm

What: Kick off the holiday season in Old Town Square with the illumination of the annual lights! Trees throughout Old Town will be illuminated with thousands of LED bulbs through February. Lights turn on at approximately 6:30 p.m. Grab a hot chocolate and enjoy walking around Old town viewing the holiday light with your family.

**Where:** Old Town Square | 199 Trimble Ct, Fort Collins, CO 80524

**When:** Sat Nov 02, 2024, at 10:00 am to 06:00 pm

What: Come join us at Old Town Square for a day filled with vibrant colors, lively music, youth crafts, face painting, traditional dances, and more. This event is a wonderful opportunity to honor and remember our loved ones who have passed away.

Bring your family and friends to enjoy this festive and meaningful celebration together.

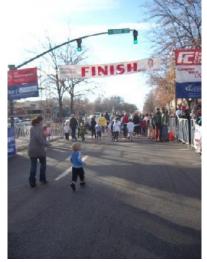
- 10 a.m. Altar open for viewing in Old Town Square. Crafts for kids & Coffee
- 2 p.m. Face painting and warm drinks available.
- 3 p.m. The program begins! enjoy music and dance from local performers
- 5:15 p.m. Community procession around the Square
- 5:30 p.m. Closing & thank you

**Craft and Movie Night!** 



The Gobble Gobble Kids' Run.





Where: The Lyric | 1209 N College Ave Fort

Collins, CO 80524

When: Thursday November 14<sup>th</sup> starting at 7pm What: Come and bring your current craft project and watch a cute cozy movie with us at The Lyric! This event is free and welcomes all ages. In the Tiki Louge if possible, donations are welcomed but not necessary to attend.

Where: Race starts at the intersection of W Mountain Ave and S College Ave in downtown Fort Collins, Colorado.

**When:** Thursday, November 28<sup>th</sup> 8:30am-10:30am

What:

Welcome to the 31st Annual Fort Collins
Thanksgiving Day Run presented by Christina
Abbey of Raymond James in memory of Michael
Trinen! The Fort Collins Thanksgiving Day Run has
become the most popular family 4 mile run/walk
event in Northern Colorado!

We invite your little pilgrims to race down College Avenue in our kids' fun run, There is no entry fee and all participants will receive a finisher's ribbon and prize. The Gobble Gobble starts at approximately 8:45 a.m., prior to the main event in. Please have your Gobble Gobble participants meet by the Silver Grill banner hanging in Oak Street Plaza at 8:45 a.m. The distance of the Gobble Gobble is approximately 1/3 mile, or four city blocks. Adult race does have a fee.

### Register Early and Save! To register NOW click <u>HERE</u>

- Multi day packet pick up will be held at: Alive Health Club 932 W. Drake Rd, Fort Collins, Co. 80526, Monday & Tuesday November 2/5th & 26th from 4-8pm.
- YOU MUST REGISTER BY 11-24-2024 TO PICK UP YOUR RACE PACKET on Monday and Tuesday.
- On Wednesday November 27th, new registration and packet pick up will be in person from 11-5pm at Alive. T-shirts MAY be limited.
- You can also register race day and pick up your packet at Brothers Restaurant 147 S College Ave, Fort Collins, CO. in downtown Fort Collins from 7-8:30 am.
- Race day registration t-shirts WILL be limited. Please note increased entry fees on race day!

All Racers must be registered (including free Gobble Gobble racers)

Strollers & Dogs on a leash are welcome, you must start in the strollers/dog start section.