THANK YOU FROM THE YOVAS

Christ is in our midst! We are sincerely humbled and overjoyed by your incredibly generous donation! We never imagined being in this situation, so when we were approached about the campaign to pay off our mortgage, it took a while to accept the idea. In the end, we realized that God has blessed us to be able to "wash other people's feet" (John 13:3-9) over the years, and now it's time to be the receivers. Like Peter, we're not very comfortable with that, but we're trying to learn the valuable spiritual lessons that are only taught in this place.

Our health battles plus the stress of losing our pensions – all while we and the rest of the world adapted to the pandemic – brought us to our absolute limits. Even after working non-stop for several decades in a difficult Third World setting, this is the first time we've been truly overwhelmed. Needing help is humbling and frustrating, but generous responses like yours have also brought great joy.

CELEBRATIONS

Birthdays This Week:

- 4 Michelle Diaz-Nanasca
- 6 Christopher Papatheofanis
- 6 Elsa Woldu
- 7 Justan Haddox
- 7 Rdr. Peter Elias
- 8 Robert Fortuin
- 8 Cadence Issa
- 9 Victor Farah
- 9 Rebekah Jones
- 9 Reagan Lodge
- 10 Andrew Nassir
- 10 Nicholas Stenman

Anniversaries This Week:

- 4 Michael & Shu Azar
- 4 Henry & Corazon Schrik
- 5 Rdr. Peter & Rebecca Elias
- 9 William Satnick & Claudette Nassoor-Satnick

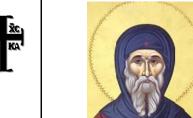
Many people are struggling right now but you chose to bless <u>us</u>, and we couldn't be more appreciative. We obviously didn't start Project Mexico & St. Innocent Orphanage in order to become wealthy! At the same time, learning lessons from people like St. Innocent himself, we created a plan long ago to help us have some financial stability in our old age. By God's grace, we've been able to take steps toward that end but didn't factor in the multiple chronic illnesses that would thwart our best plans. Some efforts could still pay off, but the loss of our pensions was a major blow. In practical terms, your assistance to secure our home is a gamechanger that will help us avoid a potential financial house of cards. Your support lifts our spirits and gives us a boost when we truly need it most. It will also improve our financial stability so that we can put the maximum amount of emotional energy into healing and to ministering, albeit on a much smaller scale than before, to those whom God places in our lives.

We ask your continued prayers for our overall situation. The general difficulties and unpredictability of chronic illness create an ongoing spiritual and emotional battle to stay positive, be thankful for all the good things in our lives, and keep our hope in God. Please pray that our Lord will clearly guide us as we do research and work with multiple doctors to try to conquer at least a few of our multiple health issues.

Thank you again for your prayers and the huge blessing of your financial gift. May God richly bless you in return for your generosity. —In Christ, Greg & Margaret Yova









A parish of the Antiochian Orthodox Christian Archdiocese of North America

His Eminence Metropolitan JOSEPH, Archbishop of New York and Metropolitan of all North America

V. Rev. Fr. John Kent Reimann, Pastor

Rev. Fr. Nathan Thompson, Assistant

Rev. Dns. Thomas Nassif & Rico Paul Monge Subdeacons Charles George, Nicholas Ferszt, Hallvard Blomgren, Jacob Howell, & Anthony Al-Turiman

Anastasia Reimann, Choir Director Readers Peter Elias, John Zuelsdorf, John deGrassie, & Christian Farradi

Neokoros: Carmine Latrecchia

Subdn. Charles George, Parish Council President

Parish Council Members: Dn. Thomas Nassif. Subdn. Nicholas Ferszt, Paul Diaz, Catherine George, Kelly deGrassie, & Ann Beavers Administrative Assistants: Ariel&Michelle Diaz-Nanasca, stanthonysecretary@gmail.com

Our Address: 2825 Merton Ave.

San Diego, CA 92111

Mailing Address: P.O. Box 712228

San Diego, CA 92171

Church Phone: 858-268-4100 Fr. John (cell): 760-845-3989

> frjohnkent@gmail.com Email:

Saint Anthony website: www.st-anthony.org Archdiocese website: www.antiochian.org



The Royal Martyrs Nicholas, Alexandra, Olga, Tatiana, Maria, Anastasia, & Alexei Romanov; Sunday, July 4, 2021

Weekly Calendar

Sunday, July 4

9:00am Matins/Orthros 10:15am Divine Liturgy 12:30pm Agape Meal

Wednesday, July 7

7:00pm Bible Study w/ Fr. John at the

Mai Family's Home

Thursday, July 8

6:30pm Bible Study @ Church w/ Peter

Gammo

8:00pm Ladies' Online Akathist

Saturday, July 10

5:30pm Great Vespers 6:30pm Confessions

Sunday, July 11

9:00am Matins/Orthros 10:15am Divine Liturgy 12:30pm Agape Meal

LEAD ALTAR SERVERS

07/04/21 Subdns. Charles, Nicholas,

Hallvard, & Jacob, and Subdn.

Anthony for sound &

streaming

EPISTLE READERS

07/04/21 Michelle Diaz-Nanasca

POST-COMMUNION PRAYER READERS

07/04/21 Rdr. Christian Farradi

WISDOM FROM THE FATHERS

"Just as it is easy for us to be immersed and to lift up our heads again, so it is easy for God to bury the old man and show forth the new. This takes place three times [in baptism], that you may know that the power of the Father and the Son and the Holy Spirit brings all these things to fulfillment." — St. John Chrysostom

"Divine symbols are perfected [in baptism]: burial and death, resurrection and life and all these happen at the same time. As we submerge our heads in the water as in a tomb, the old man is buried, and as he goes down he is once and for all and entirely hidden; then, as we lift up our heads, the new man comes forth." — St. John Chrysostom

"And we in receiving baptism, in imitation of our Lord and teacher and guide, are not indeed buried in the earth (for this is the shelter of the body that is entirely dead, covering the infirmity and decay of our nature), but coming to the element akin to earth, to water, we conceal ourselves in that as the Savior did in the earth: and by doing this thrice we represent for ourselves that grace of the resurrection which was wrought in three days." — St. Gregory of Nyssa

DONATIONS: Here at St. Anthony's, we do not pass a collection basket. Every member of our parish is encouraged to tithe of their time, talents, and treasure, and we have a donation box in the narthex for monetary contributions. Please remember that it is your faithful giving that supports the work of the ministries and employees of our parish.

Prayer Request for the Living

- Metropolitan Paul and Archbishop John, for safe release from captivity
- Archimandrite Duane
 Pederson—health
- Archpriest John Reimann left eye vitreous detachment
- Kh. Patricia
- **Sh. Zinetta** Nassif—Chronic Lymphocytic Leukemia
- All catechumens, especially
 Luke, Arthur, Awilda,
 Arthur Joseph, Verity,
 Hugo, Juan, & Spencer
- All our pregnant mothers, especially Christine (Grkovich) & Ella (Zuelsdorf) •
- Gregory (surgery recovery),
 Margaret, Tamalyn
 Katherine—health
- Nathan & the Hoppe

family, Josef & Adrienne Euphrosini—missionaries

- Dmitry, Alexo
- Tatyana M. Jamora approval of adjustment of status
- **Ariel&Michelle**—health
- Elena, Debbie (Salim), Lori (Morgan), Stephen, Susan (McClure), Tamara (Northway)—cancer
- Dr. Matthew—recovering from corona virus
- Aaron Patrick Zuelsdorf
- **Daniel** Jimenez—health
- Susan Trolla—Jennifer Shaghoury's mother; grieving
- The Wade family—grieving
- All those afflicted with the corona virus & those ministering to them

Prayers for the Departed

- Shirley Saba (until 7/13; Shanna Wade's mother)
- **John** Trolla (until 7/19; Jennifer Shaghoury's grandfather)
- **Richard** Zuelsdorf (until 8/7; father of Rdr. John Zuelsdorf)

There is a new prayer list each month. Please contact stanthonysecretary@gmail.
com with your prayer requests.

Holy Oblations are those gifts of items (or a donation for those items) that are used weekly in our Church's Holy Services. These can be offered at any time for a special interest or on behalf of a specified loved one. Donations for these liturgical consumables will be placed in the General Fund unless otherwise designated. Please contact Fr. John by Thursday of each week if you want to offer a Holy Oblation for that weekend.

This Week's Holy Oblations

Holy Bread for the Eucharist is offered by the Kashou, Corbin, Nassir, & Spyrou families.

Beeswax Candles are offered by the Nassoor-Satnick family.

Wine for the Eucharist is offered anonymously.

Olive Oil for the Altar and Iconostasis lamps is offered by the deGrassie family.

Altar/Vigil Candles are offered by Fr. John & Kh. Christina Reimann on behalf of Anastasia & Elizabeth. **Incense, Charcoal, & Lighters** are offered anonymously, by the Nercessian family, by the Nassoor-Satnick family, and by the Wagner family.

Altar Flowers are offered by .

Calendars are offered anonymously.

LIFE OF SAINTS OF THE DAY

Saint Nicholas, the last Russian Tsar, was born in 1868. As a child, he was very religious, guileless, and free from malice.

Nicholas II was crowned as Tsar in 1894, following the death of his father Tsar Alexander III. He began his reign with lofty hopes for peace, urging other nations to reduce the size of their armies, and to seek the peaceful settlement of international disputes. The Peace Conference at the Hague in 1899 laid the groundwork for the League of Nations and the United Nations.

Nicholas married Princess Alix of Hesse, who converted to Orthodoxy and took the name Alexandra. Their children were Olga (1895), Tatiana (1897), Maria (1899), Anastasia (1901), and Alexis (1904).

The glorification of Saint Seraphim of Sarov took place on July 19, 1903, and Tsar Nicholas attended the ceremonies at Sarov with his family. At that time, he was given a letter written by Saint Seraphim more than seventy years before that greatly disturbed him. Although the Sovereign never revealed the letter's contents, it is believed that it was a prophecy of the bloodshed that would engulf Russia in less than fifteen years.

Saint Nicholas was executed by the Bolsheviks at Ekaterinburg on July 4, 1918, along with his family and servants. The prisoners were awakened late at night and ordered to get dressed for travel. They went down to the cellar of the home in which they were being held, waiting for the word to leave.

The executioners entered the room and read out the order for their execution. Saints Nicholas and Alexandra died under the hail of bullets, but the children did not die right away. They were stabbed and clubbed with the butts of rifles. When the family and their attendants had all been killed, their bodies were taken to an abandoned mine. With great difficulty and many mishaps, the Bolshevik executioners did their best to bury and conceal the bodies.

—https://www.oca.org/saints/lives

In 1917, after her husband was forced to abdicate and her family was placed under house arrest, Tsarina Alexandra wrote to her friend:

"It is necessary to look more calmly on everything. What is to be done? Once He sent us such trials, evidently He thinks we are sufficiently prepared for it. It is a sort of examination--it is necessary to prove that we did not go through it in vain. One can find in everything something good and useful--whatever sufferings we go through--let it be. He will give us force and patience and will not leave us. He is merciful. It is only necessary to bow to His wish without murmur and await--there on the other side He is preparing to all who love Him indescribable joy....

"I believe strongly the bad will pass and there will be clear and cloudless sky. But the thunderstorm has not passed yet and therefore it is stifling--but I know it will be better afterwards. One must have only a little patience--and is it really so difficult? For every day that passes quietly I thank God" (*The Romanov Royal Martyrs: What Silence Could Not Conceal*, pg. 279).

Divine Liturgy Variables on Sunday, July 04, 2021 Tone 1 / Eothinon 2; Second Sunday after Pentecost & Second Sunday of Matthew

Andrew, archbishop of Crete, author of the Great Canon; Martyrs Theodore of Cyrene and Lucia; Venerable Andrei Rublev; The Romanov Royal Passion-Bearers

First Antiphon

Chanter, Verse 1: It is good to give praise unto the Lord, and to sing praises to Thy name, O Most High.

All, <u>Refrain</u>: Through the intercessions of the Theotokos*, O, Savior, save us! (*Theotokos means "Bearer of God" from the Greek, indicating the Virgin Mary.)

Chanter, Verse 2: To proclaim Thy mercy in the morning and Thy truth by night. (Refrain)

Chanter, Verse 3: The Lord our God is upright, and there is no unrighteousness in Him. (Refrain)

Verse 4: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen. (Refrain)

Second Antiphon

Chanter, Verse 1: The Lord is King, He is clothed with majesty; the Lord is clothed with strength and He hath girded Himself.

All, <u>Refrain</u>: O Son of God who arose from the dead, save us who sing to Thee, Alleluia! Chanter, Verse 2: For He established the world, which shall not be shaken. (<u>Refrain</u>) Chanter, Verse 3: Holiness becometh Thy house, O Lord, unto length of days. (<u>Refrain</u>) Verse 4: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen. (Only Begotten Son and Immortal Word of God, / who for our salvation didst will to be incarnate / of the Holy Theotokos and ever virgin Mary, / who without change didst become man, and wast crucified / O Christ our God, / trampling down Death by death./ Who art one of the Holy Trinity / glorified with the Father and the Holy Spirit, / save us!)

Third Antiphon – The Beatitudes—From the Sermon on the Mount All, <u>Refrain</u>: Remember us, O Lord, when Thou comest in Thy kingdom.

Troparion (for the Resurrection)

Tone 1

While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world,

familia inc to the world,

for which cause the heavenly powers cried aloud unto Thee:

"O Giver of life,

Glory to Thy Resurrection! O Christ,

Glory to Thy Kingdom!

Glory to Thy Providence,

O Thou who alone art the Lover of mankind!"

Troparion (for St. Anthony the Great) Tone 4
By your zeal you equaled Elijah, Father Anthony.
You imitated the life of John the Baptist;
you founded a city in the wilderness;
you established the church on the firm foundation of your prayers.//

Pray to Christ our God that our souls may be saved.

Kontakion Tone 2

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant,
O despise not / the suppliant voices of those who have sinned;
but be thou quick, O good one, / to come unto our aid, / who in faith cry unto thee:
Hasten to intercession, / and speed thou to make supplication,
thou who dost ever protect, / O Theotokos, them that honor thee.

Prokeimenon Before The Epistle

Let Your mercy, O Lord, be upon us as we have set our hope on You. (Ps. 32/33:22) *Chanter, Verse 1:* Rejoice in the Lord, O you righteous! Praise is becoming to the upright! (Ps. 32/33:1)

The Reading from the Epistle of St. Paul to the Romans. (2:10-16)

Tone 1

Brethren, glory and honor and peace for everyone who does good, the Jew first and also the Greek. For God shows no partiality. All who have sinned without the Law will also perish without the Law, and all who have sinned under the Law will be judged by the Law. For it is not the hearers of the Law who are righteous before God, but the doers of the Law who will be justified. When Gentiles who have not the Law do by nature what the Law requires, they are a law to themselves, even though they do not have the Law. They show that what the Law requires is written on their hearts, while their conscience also bears witness and their conflicting thoughts accuse or perhaps excuse them on that day when, according to my gospel, God judges the secrets of men by Christ Jesus.

Alleluia before the Gospel

Tone 1

Chanter, Verse 1: It is God who avenges me, and subdues people under me! (Ps 17/18:47) Chanter, Verse 2: He gives great deliverance to His king, and shows mercy to His anointed, to David and his seed forever! (Ps 17/18:50)

The Reading from the Holy Gospel according to St. Matthew. (4:18-23)

At that time, as Jesus was walking by the Sea of Galilee, He saw two brothers, Simon who is called Peter and Andrew his brother, casting a net into the sea; for they were fishermen. And He said to them, "Follow Me, and I will make you fishers of men." Immediately they left their nets and followed Him. And going on from there He saw two other brothers, James the son of Zebedee and John his brother, in the boat with Zebedee their father, mending their nets, and He called them. Immediately they left the boat and their father, and followed Him. And He went about all Galilee, teaching in their synagogues and preaching the gospel of the Kingdom and healing every disease and every infirmity among the people.

Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! (Ps 148:1) Alleluia, Alleluia, Alleluia!

LITURGICAL ANNOUNCEMENTS

THANK YOU to all of those who donated toward the camp fundraisers over the past two years! Your donations have covered all of our families who needed scholarships in order to send their children to camp this year! We couldn't have done this without your support and help. Thank you especially to those who organized the fundraisers!

MANY THANKS to all those who donated toward the fundraiser to help Project Mexico founders Greg & Margaret Yova pay off their mortgage! Our parish alone raised \$16,016.38! In total, the fundraiser has reached \$154,377, out of a goal of \$173,883. Please see page 8 of this bulletin for a thank-you letter from Greg & Margaret.

INQUIRERS'/CATECHISM CLASS: The next Inquirers'/Catechism Class will be on Saturday, July 17th, at 3:00 p.m. at the church. All are welcome to attend.

DESIGNATED SPACE: We currently have a special section in the front of the church, on the South side of the central aisle, marked off with reserved markers on the pews, for those people who need to still wear masks and distance from others. We also ask all to respect the people in those spaces, as well as anyone who is wearing a mask. Please ask permission first before coming any closer to greet them. We want everyone to feel welcome and safe coming back to church as much as possible. Let us do everything toward one another out of love for the other first and foremost. We will also have one station at the Communion chalices at which both Dn. Tom and the servers holding the Communion cloth will be masked, for the near future.

WISDOM FROM THE FATHERS

"Thou didst make the Myrrh-Bearing Women the bearers of the tidings of the Thy Resurrection and Thy glory! They did not anoint Thy dead body, but Thou didst anoint their living souls with the oil of gladness. The mourners of the dead became the swallows of a new spring. Those who wept at Thy tomb became saints in Thy heavenly kingdom." St. Nikolai of Zica

"With you, Lord, I will flee, that I may gain in You life in every place. The prison with You is no prison, for in You man goes up into Heaven: the grave with you is no grave, for You are the Resurrection!" – St. Ephraim the Syrian

"But when the goodness and kindness of God our Savior appeared, not by the works of justice, which we have done, but according to his mercy, he saved us, by the laver of regeneration, and renovation of the Holy Ghost, whom he hath poured forth upon us abundantly, through Jesus Christ our Savior that, being justified by his grace, we may be heirs, according to hope of life everlasting." - St. Paul the Apostle (Titus 3:4-7)

"This Diocese IS a family, more than anything else. We are a family born of the water and the Spirit. Through Baptism and Chrismation, we receive the Gift of the Holy Spirit that unites us all beyond the power of human blood." + His Eminence, Metropolitan JOSEPH