



# Insights<sup>TM</sup>

SUMMER 2020



# Class of 2020

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The Official Magazine of the Argyle Independent School District

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# PAY IT FORWARD

by Lory Barnett

The teachers and staff at Argyle West Elementary were overwhelmed with gifts from our Teacher “wish lists” from parents, friends, and businesses in Argyle at the start of this school year. When Distance Learning started, many of us felt so thankful for those on the front lines and thought this was a great time to “pay it forward!”

Argyle West made a Pay It Forward delivery to the Texas Health Alliance Hospital employees a few weeks ago. The teachers and staff at Argyle West donated a total of \$1,400 that helped fill the hospital lounge with snacks, lotions, chapstick, mints, gum, and 175 personal pan pizzas from Marcos for lunch! They also helped make 85 head wraps to help ease ear pain from wearing masks all day! Thanks to Riley Barnett (Argyle High School graduate 2019) for sewing buttons on the majority of the head wraps and to Wendy Crow who printed the large signs to be displayed with all the goodies, Karen Cox and Lory Barnett for taking charge of this initiative, and Jennifer Black for helping with connections to the hospital.



# ARGYLE BOARD OF TRUSTEES

The Argyle Board meetings are scheduled for the third Monday of each month at 7:00 p.m. in the Board Room of the AISD Administration Building, 800 Eagle Drive, Argyle, Texas 76226.

Time is allotted each month for public comments. For additional information and the next scheduled meeting, contact the Superintendent's office at 940.464.7241.



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Photo Courtesy of Mrs. Amy Williams

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**Cover:** From Left to Right - Zoe Zablosky, Kamryn Doggett, Grace Rash, Cortlynn Boone, Jordyn Tarrant, Lanie Rodgers, Gracie Williams, Jaylen Reed, Victoria Locastro. Photo submitted by - Theresa Locastro

Cover Photo Courtesy of Tara Tarrant

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# A MESSAGE

from Dr. Telena Wright,  
Argyle ISD Superintendent

The world of public education in Argyle ISD changed dramatically in March 2020. Spring break was coming and we expected to be back in school on March 16. But with COVID-19 the plan would change dramatically. A school closure and then extending that closure would become necessary. As I write this on April 27, school has been closed for the remainder of the 2019-2020 school year but instruction online continues through May 21.

Beginning on March 16 which was to be the first day back from spring break, we changed our operations to become a closed and delivering instruction school. We developed a plan and have been executing the plan for seven weeks now.

What have students lost? Seniors 2020 feel this loss in the midst of trying hard to be positive and live within the boundaries of social distancing and distance learning. Several events and activities which ordinarily become memories for seniors in their last semester of high school have been postponed or canceled. These include seasons of athletics and competitions, time with friends, many last time events, prom, and the culmination of the year with graduation.

Graduation will be held live at Texas Motor Speedway on May 18 at 5 p.m. Attendees will watch the ceremony from vehicles.

On March 12 the effects and impact of COVID-19 became very real for the AHS boys' basketball team. Coach Russell Perkins and his team were already in San Antonio for the tournament after being sent off from AHS in grand style on March 11. They were ready to play in the semi-final game against Stafford on March 13 at 1:30 p.m. in the afternoon. But, before any of that could occur, the State Boys Basketball Tournament in San Antonio was suspended. The team was left with no choice but to come back to Argyle.

UIL events such as OAP and the District UIL meet were first postponed and rescheduled and then as time continued, the postponement had to become an indefinite postponement. AHS was hosting bi-district OAP at the auditorium; also AHS was to be the site of the UIL academic meet which includes 5 different school districts.'

Prom was originally set for April 4 and is now postponed until June. For the seniors this would be a final high school prom. Right now the plan is to still have the prom whenever the time becomes possible, hopefully June.

Graduation is so important to the students but also to the grandparents, parents, uncles, aunts, and friends that make up the family. Graduation is an event marking a very special and unique achievement. Whether the student

receives more advanced schooling and degrees or not, the time is still a final gathering together of the graduating class. That particular group of students won't be together again in exactly the same way even with reunions. We will all remember this uncharted, unprecedented time and recognize the importance of forming parent and school partnerships and all working together to ensure the best for each student. I appreciate all of you have done in this time. Together We Are Argyle!

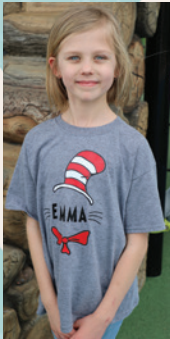
**Dr. Telena Wright**  
Argyle ISD  
Superintendent



# DR. SEUSS

Hilltop and Argyle West

## READ ACROSS AMERICA



# AI S D

# LIBRARY

The Argyle ISD libraries may be empty right now, but our librarians are working hard behind the scenes for our students and teachers. In an effort to celebrate School Library Month in April, each campus created a month of activities for families to enjoy at home during the month of April. These calendars have been shared through social media and websites to encourage students to stay involved with reading and library activities. Please follow us!

Here are some of the unique ways that Argyle Libraries have been serving our teachers, kids, and their families during this time of school closures and distance learning.

Argyle West Elementary Library is continuing to serve families by offering Porch Pickup and Delivery of Library books. Families may request that books be picked up and returned and new books delivered once a week by submitting a Google Form, located on the Argyle West Library webpage and on Facebook. Books are sanitized, placed in brand new ziplock bags, and placed with gloved hands on the porch of each family. This service is offered on Mondays, Wednesdays, and Fridays, filling requests for one book per child once a week. At this time of this article, over 100 kids have received new library books to read through this unique delivery service. In addition to book deliveries, approximately 20 digital databases have been provided for teachers, students, and parents to access

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“That’s the thing about books. They let you travel without moving your feet.”

- Jhumpa Lahiri

# UPDATE

*Info submitted by Mrs. Alicia Montgomery*

remotely for distance learning. BrainPop, PebbleGo, Tumblebooks, Epic! eBooks, Capstone and ABDO eBooks are some of our most popular digital tools being utilized for learning at home.

Hilltop Elementary Library is providing students and teachers with numerous resources to ensure they can continue learning online. In response to this new way of teaching and learning, a Distance Learning page was created for the Hilltop Library website. On the Distance Learning page, parents and students can find resources and activities such as PebbleGo Questions of the Day, Reading BINGO, and Shel Silverstein Poetry Resources. You can also find a link on the Distance Learning page to teachers and staff reading picture books out loud. Keep checking back as more books will be added! An April Activity Calendar has also been shared with teachers and students, as well as added to the Distance Learning page, for a daily “bookish” activity. These activities are quick, fun, and informational!

Ensuring teachers and students have access to resources is the predominant focus of the Argyle Intermediate Library. Our online databases hosted by MackinVia combined with many new free services have strengthened student research capabilities and provided support for teacher instruction. Our students are participating in the Six Flags Read to Succeed program, which ends April 17. Students have electronic access to over 5,000 e-books through MackinVia, and our favorite is EPIC for providing access to 40,000 digital books. EPIC has always been free for students to use while at school. During the COVID crisis, EPIC extended the offer to families so students would be able to read at home through June 30 for free. We reached out to each parent individually by email to set up these accounts. Parents of students who are not set up can contact the librarian for assistance.

Looking for some great reads for the summer? Visit our online Scholastic

Book Fair to purchase new favorites for summertime reading!

Argyle Middle School Library is encouraging students to keep reading and exploring during this school closure. Many different ebook platforms are offering free access to books during this time, and these were shared with students in an online choice board. A digital learning resource site was also shared, highlighting our databases where students can find information to help complete their work during this time.

Argyle High School Library continues to hold book club meetings virtually. It has been a great way to stay connected and share books. The ebook, audiobook, e-magazine, and database collections are getting extra use as students access those materials from home. During April, the AHS library is helping to host a virtual Poetry bracket to help celebrate poetry month in some English classes as well as collaborating to provide resources to other content areas.

# Greetings From The Hilltop Elementary Principal

*"No problem can be solved by the same consciousness that created it. We need to see the world anew."*

- Albert Einstein

Children (especially teenagers) demand to know why they must learn information, especially when they do not understand how and why they will ever use it. Adults are no different. I recall a teacher explaining to me that technology gets in the way of student learning, and the outcome is not improved by what children see on a device. Rather, the teacher and student relationship is more important. She is right. Who would have ever considered that we would be shut down, and the only opportunity for a teacher to have a face-to-face meeting would be through technology? A teacher's extreme need to have learning conversations with children overrides their fear of technology. They are now thriving in WebEx meetings, Youtube read alouds, flip grids, and digital show and tell.

In September, after a long tearful conference in which a dad shared the turbulence of their family life, I wrote myself a note, "Sometimes NOT changing a person's life should be the goal." Since then, I have looked at this note many times. How can we make sure a first-grader feels like a first-grader? What aspects of Kinder life must be done at home to prepare them for next year? How do we protect a third-grader's innocence from the fear of a pandemic?

## HERE ARE THE ANSWERS THAT HAVE COME TO ME:

- **WAIT TIME IS IMPORTANT:**

Teachers should ask a question, then wait to allow all children time to think. Fast thinkers will blurt without really contemplating possibilities or deep thinking. Processors, they want to think it through and won't answer because it moves too fast. Ask a question.... Then wait. Teachers say, "Don't steal brain power by blurting."

- **STUDENTS NEED STUDENTS:** I love watching children move their faces so close to the camera as if they could get close enough to touch their classmates during a virtual class meeting. They have shared secrets, have pretended play, and received encouragement when they didn't do well on an assignment. Yet, now they are confined to their homes and they want the personal relationship of their friends.
- **VULNERABILITY:** Walking into the unknown is so hard. Educators are doing great with this online learning, but at first, it was scary for 90% of them. Even the teachers that use technology on a regular basis, the lockdown changed their plans for the rest of the school year. Being vulnerable is a time to reach out to someone that can identify AND walk in positivity.
- No one is judging you or your child. Students and teachers develop a classroom culture that allows them

to make mistakes, try new things, ask questions, and even socially be awkward. This is their safe classroom, and YOU parents are the new ones to this place.

This is an opportunity to walk hand in hand. Children will reflect and recognize the opportunity to improve what is important: family time, intrigue in learning, and adaptation to new circumstances. I am telling the teenagers in my life, "You are LIVING history, and you determine the narrative."

**Thank you to our teams of teachers and parents continually making education a priority. You are encouragers and a brave team for students.**

**Mandi Murphy**  
Hilltop Principal



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# GO RED

## AMERICAN HEART ASSOCIATION



In February, Argyle ISD held a “Go Red” Day to bring awareness to heart health. The district partnered with the American Heart Association and together raised over \$1,700 for the American Heart Association through the “Go Red” campaign. AISD would like to thank everyone who participated in the event.



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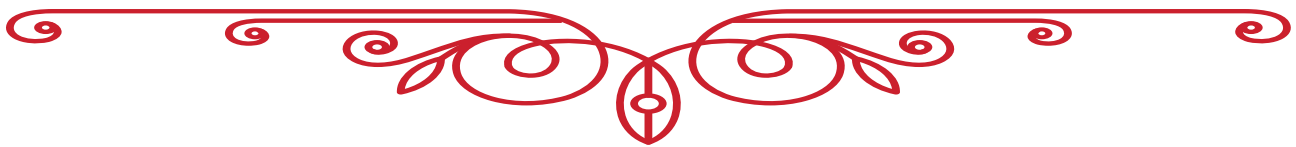
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# AHS

# Welcome

## NEW ASSISTANT PRINCIPAL



Mrs. Dona Lumsden will be joining the admin team at Argyle High School as an assistant principal.

Mrs. Lumsden has a bachelor's degree in mathematics and a master's degree in education administration. Mrs. Lumsden has held many roles in the field of education. She has taught math and served as the math department head at both the middle school and high school level. She has also coached track, volleyball, and basketball. Mrs. Lumsden has been an academic advisor and the advisor counseling office lead at the high school level. She served three years as an assistant principal at the high school level and two years at Argyle Middle School. Next year will be Mrs. Lumsden's sixth year as an assistant principal and second year with Argyle ISD.

Mrs. Lumsden loves working with students, talking to them about choices, and she really likes to try to figure out what motivates them. "I want them to know that I may have to discipline them, but I'm also someone they can come to." Mrs. Lumsden also likes to look for more efficient ways to work and the puzzle of processes and processes evolving to be

the best they can be.

What projects or programs are you most proud of that you helped implement while at AMS?

"Most things we did at the middle school were not done by just one person but a team. Mr. Baker and I had the idea of moving away from a 'flex time' and into an advisory period. We got Mr. Gibson's blessing, then we took off running from there. We brainstormed with our counselors, and Mrs. Wade came up with a bell schedule that gave us a full 30-minute advisory period away from the lunches. Prior to that, our flex time was more like an extended lunch that just tacked on about 20 minutes. The improvements were many. It gave us a full 30 minutes of class time with passing on both sides to give time for meaningful tutorials. It happened at the same time for all grade levels, making meetings for any group possible. It also gave students an opportunity several times a week to go play. To put it mildly, there is a lot going on in those 30 minutes. To make that work, it needed some structure and some scheduling. That is the part of the project I owned. I came up with an advisory

calendar that anchored certain days for certain things such as advisory lessons, outdoor flex, or for teachers to be able to PLC. The schedule also took our student body and gave each grade level a home place that rotated daily so that the campus wasn't just chaos with students all over. I can't talk about the advisory calendar without thanking our instructional aides for making it work by rotating through locations to supervise grade levels. The whole system would not have worked without them. I'm proud of figuring out the nuts and bolts to make that 30 minutes so productive for our campus."



**Dona Lumsden**  
Assistant Principal  
Argyle High School

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# MRS. ERIN TUREK & MR. TRAVIS TUREK

## ARGYLE MIDDLE SCHOOL THEATRE'S DYNAMIC DUO

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The AMS Theatre Department has a dynamic duo behind their creative, theatrical productions. Travis and Erin Turek both started their first year in Argyle ISD in the fall of 2019. Travis attended Baylor for two years and graduated from Sam Houston State University with a Bachelor's Degree in History. Erin attended Baylor University and has a Bachelor of Fine Arts in Performance.

Mrs. Erin Turek has always loved performing, starting very young, and has

been associated with the theatre in some form or fashion, whether as an actor/ technician/producer/director, etc. most of her life. "Having my degree in performance, I spent more time focusing specifically on acting. However, I fell deeply in love with directing during my junior year of college. Shortly after, I realized my desire to teach and the rest is history!"

Travis was in the choir at church from a very young age and took part in musicals there as well as acting in some promotional work. At school, he was in choir and continued with musicals and show choir in middle and high school. After graduating college, he began working behind the scenes with shows that Erin was directing and participated both backstage and on-stage in several shows at local community theatres.

Erin and Travis Turek have been teaching for 15 years. When asked why she loves teaching Theatre, Erin Turek responded by saying "hands down - the kids! Having taught core subjects for over a decade, Mr. Turek loves the relationships that you get to have when you work with the same students for two or three years in a row. "Especially in middle school, they come in still like these little kids, and you get to see them grow in skill and self-confidence," said Mr. Turek.

The Tureks' kids have grown up around

the theatre, and it's really an "all hands on deck" when they are working on a production. They are always assisting at home and/or behind the scenes. In addition, Mrs. Erin Turek's mother is a seamstress and either makes and/or alters a lot of the costumes and pieces, and Travis' mom is a graphic designer who helps them create their artwork for t-shirts/posters/, etc. "We are so blessed to not only have a family that understands what it takes to do this for a living but can create this magic with us!"

The theatre classes at Argyle Middle School are vertically aligned with grade-level classes. Courses offered include 6th-grade Theatre (one semester, paired with Art), 7th-grade Theatre, and 8th-grade Theatre. In addition, we are offering a Musical Theatre class this next year, which is a supplemental course offered only to 8th graders.

In regard to the AMS One Act Play, this year, they did a show called Lafayette No. 1 by Mandy Conner. It's a historical fictional drama that takes place during a Yellow Fever outbreak in New Orleans. "We've always enjoyed historical dramas because they give the actors something tangible to research and connect with, and our company did a phenomenal job of tackling this show right out of the gate, resulting in numerous individual awards and 1st place."

# SEUSSICAL JR

Seussical Jr. was a colorful, musically entertaining and professionally thought out show. The AMS Theatre Department held four performances of this show in February. The Turek's stated that their company (cast and crew) was just stellar, and that they made it such an enjoyable process from beginning to end. They said that one of their favorite moments was watching the top of the show on opening night, and just being blown away by the kids and their professionalism as they ran the show on their own having just moved into the high school space the week before. They were rockstars and we miss seeing that group of kiddos every day!"

The Tech Theatre classes at AMS helped build and paint all of the set pieces, so they got to talk through a lot of the process and troubleshoot issues to find solutions. In regard to the set design, they work collaboratively on set designs. For this production, they really liked the idea of oversized books, like the characters were coming out and greeting the Boy character, who later enters the story as Jojo.

When asked what their goals are for the AMS Theatre Department for next year.


Well, year one went about as well as we could have hoped for! We're not exactly sure what shows we'll be doing next year yet (although we have some ideas), but we're really pumped to keep building with the amazing kids that we have here in Argyle ISD.









  
EMILY DAVIS  
EST. | PHOTOGRAPHY | 2011  
Photo by Emily Davis

# A MESSAGE FROM AMS PRINCIPAL **Mr. Gibson**

The year 2020 will forever be remembered by our middle school students. During this time, we have come to face an invisible enemy that has now invaded every aspect of our life. And our student's education is certainly no different. During spring break, I had taken the family to Washington D.C. to see all of the historic sites. On Tuesday of that week, we attended a Meet and Greet with Dr. Michael Burgess, our congressman. He was asked a couple of questions regarding the coronavirus. No one seemed overly concerned on that Tuesday afternoon. On the packed elevator ride up to see the Senate, a man made a coronavirus joke, and there was collective laughter. Little did we know. By Thursday, we learned that the Smithsonian Museums would be closing up on Saturday. Our plans were altered on Friday (our last day), and we did not see the Supreme Court or go back to the Capitol. The National Mall was normally a very crowded place. By Friday, there were

**WE  
CAN  
PERSEVERE**

thousands of fewer people. It was on this Friday we learned we would not be in school that following week. We got on our half-full flight and headed home to what has now become our "new normal".

In a typical year, we would have returned to school on March 16th and gone about our business preparing for the upcoming STAAR tests. However, those accountability measures seem much less important as we all stay at home.

By the time this is over, my hope is to have several great takeaways from this experience. One such takeaway I've already learned is that as students and parents, we can persevere. The communication I have received has been overwhelmingly positive with parents working with their children at home. Difficult times like this really do make us look at ourselves and find out if we have the fortitude to keep pushing on. I'm so proud of our students during this time. Perseverance is a great quality to have as these students move into adulthood. While no one likes the hand we have been dealt, we can agree

that this life lesson will be helpful for our students as they move into adulthood.

Another aspect of this stay at home time is the flexibility that can be shown by students, parents, and teachers. We've had to completely change how kids are educated and positivity in which this flexibility has been shown is fantastic to see. We have teachers remotely working with students and turning in work digitally. I know our teachers will be better educators moving forward because of the flexibility needed now. Many teachers have had to be exposed to a way of teaching they had never experienced.

By the time this is all over, we will all have stories to tell. Please stay safe as we make it through this time.



**Scott Gibson**  
Principal  
Argyle Middle School  
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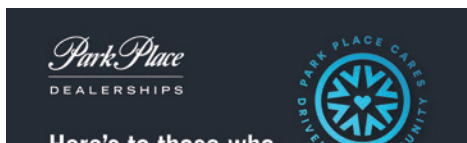
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**AISD TEACHER OF THE YEAR  
TO SPEND SUMMER IN STYLE  
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As a supporter of the Argyle Education Foundation, Park Place has helped provide Argyle ISD students and teachers with outstanding educational opportunities.

This year, they're going the extra mile by providing the AISD Teacher of the Year with a luxury vehicle for his or her summer adventures.

Nominated by fellow teachers, administrators, and community members, the Teacher of the Year is selected by a panel of independent judges from outside the District and awarded a monetary award from the Liza MZ Endowment (managed by the Argyle Education Foundation).



**ARGYLE EDUCATION HOLDS GALA FROM HOME**

#AEFGalaFromHome May 1-29

As one of the strangest school years in collective memory comes to a close, the Argyle Education Foundation (AEF) is taking the month of May to salute AISD teachers.

“Each Spring, the Foundation hosts a Gala to recognize the outstanding work done in AISD and to raise funds that will directly benefit our teachers and students,” said Joelle Zavzavadjian, President of the AEF Board of Directors. “When safety required that we cancel the Gala, the Foundation shifted gears. We decided if we couldn’t physically go to the Gala, we’d bring the Gala into our homes through social media.”

“Now more than ever, we recognize how fortunate we are to have the kind of talented and devoted teachers we have in Argyle,” Zavzavadjian said. “#AEFGalaFromHome is about Argyle families showing their support. We hope everyone will join us in celebrating them.”

Tell us why you love your favorite teachers and why you support the AEF by posting to the campaign using #AEFGalaFromHome, #AEFSupportsTeachers, #ArgyleEducationFoundation, #ArgyleIndependentSchoolDistrict, and #TogetherWeAreArgyle. If you are able, please donate now at [www.SupportArgyleISD.org](http://www.SupportArgyleISD.org).



**ARGYLE EDUCATION FOUNDATION NAMES  
2020 WINNER OF ADELE FOSTER AWARD**

Jimmie Stapleton is the recipient of the Adele Foster Award from the Argyle Education Foundation.

Given in honor of one of the founding members of the AEF, the annual Adele Foster Award recognizes leadership, volunteerism, and dedication to the Foundation.

A long-time supporter of the AEF and its mission to enhance learning opportunities in AISD, Mr. Stapleton represents the spirit of the Adele Foster Award in his consistent, selfless giving of time, talent, and skill for the betterment of all Argyle ISD students.

# A MESSAGE From Our COUNSELORS

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## HILLTOP ELEMENTARY SCHOOL

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Mr. Ball, the counselor at Hilltop Elementary, has put together a new webpage called the Counselor Connection. The webpage has activities for kids to do and for parents to use as a resource. I am also doing a weekly read-aloud just for fun. I have met with a couple of friendship groups, and I have also been meeting with a few students individually. Mostly, I have been dropping in on classes so that I can see a larger number of students. The teachers have been wonderful about allowing me to participate in class discussions and sharing time. I have also been collaborating with Mrs. Edge, Mr. Veit, and Dr. Haggan.

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## ARGYLE WEST ELEMENTARY SCHOOL

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Mrs. Edge at AWE has been thankful to keep in touch with her students and families throughout their time at home. Each day, she is joining class Webex sessions and doing individual sessions with parents and students that are looking to connect or receive emotional support. "I feel like it is so important for us to keep connected by SEEING each other, even if it is through technology." Mrs. Edge has read and taped multiple guidance books that have been shared by teachers, on the school website, or on Facebook Live. One of her favorite things to do now is to connect with groups of kids by continuing "Lunch Bunch" meetings over the computer. Together, they eat lunch, talk, and have fun group discussion topics. Each week, she is also sending out social and emotional lessons to the teachers to add to their Google Classroom sites. "So far, we have talked about kindness, coping skills, and conflict resolution." At Argyle West Elementary, they have added "Kind Hearted Kids" video clips to their announcements so that they can all celebrate all of the acts of compassion that their students and families are carrying out.

"All of the AMAZING Argyle West Elementary staff is working hard to continue a loving and supportive connection with our students and families. We need to remind each other to give others and ourselves grace as we go through this time. No matter where we are spending our days now, we are all a part of the AWE family!"

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## ARGYLE MIDDLE SCHOOL

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At the middle school, the counselors have created a newsletter to go out to all students. They have included a printable poster with ways to de-stress, links to request a visit with a counselor, motivational quotes, upcoming dates, and links to do course selections. They have been working on getting courses selected for all students and have been working with parents and students on how to remotely enter those into Skyward/Qmlativ. They have also been checking in with students and making sure they know that they can always visit with them.

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## ARGYLE INTERMEDIATE SCHOOL

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At Argyle Intermediate School, Mr. Veit has been keeping in touch with teachers regarding any student that may need an individual phone call or contact through Webex. He has spoken to parents and wants them to know that he is available for any needs they might have. The elementary counselors, Mr. Ball & Mrs. Edge, and Mr. Veit meet with Dr. Paul Haggan weekly to stay in communication with each other and share ideas and activities that they have been participating in. Mr. Ball, Mrs. Edge, and Mr. Veit have also had Webex meetings, which we all value. "I am trying to stay in contact with most of the students by popping in class Webex meetings on a daily basis. It's great to see everyone's faces and to hear what they are doing through this time."

Mr. Veit has also started Lunch Bunch Webex meetings for the students, just like the ones he would regularly hold at school.

Mr. Veit is also working on making videos that cover several topics to send out to the teachers and attach to their Google Classroom. He has found a series of great YouTube videos done by a counselor in Colorado that he is sharing with the teachers. It is titled "Home School Psychology by Adam Parker. He presents brief, entertaining videos that cover things like Empathy, Feelings, Using Kind Words, Calming down, Perspective, Anxiety, Deep Breathing, and Consequences.

Everyone take care and stay healthy. We will get through this together! I can't wait to see everyone again and I am definitely ready for some BASEBALL!

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## ARGYLE HIGH SCHOOL

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The high school counselors have continued meeting with students and parents to help them with academic, career, and college planning. We have been able to continue these meetings using WebEx, and we have all really enjoyed them. Not only does it allow us to help our students plan for their future, but it gives us an opportunity to check on them and make sure everything is going well at home.

We have also been working closely with teachers and checking on students when a concern comes up or if the student has not been responsive to emails. We are fortunate to have Dr. Haggan's support and expertise in this new world of virtual counseling. He has been a great resource on how to approach student concerns.

We are still working to get information out to parents and students regarding course selection for next year. Families should be watching for emails from Mrs. Bigbee about registering for Dual Credit classes. Information will also be posted on the counseling webpage on or after April 14th. We will continue to update the AHS Counseling website regularly with dual credit information, local counseling resources, and local scholarships as they become available.

We REALLY miss seeing our smiling students every day! We encourage everyone to take it all a day at a time, find the positive moments, and know that we will all be together again soon. If you need any extra support, please reach out to us. We would love to schedule a virtual meeting and help in any way we can!



Argyle ISD Would Like to Welcome **NORTHLAKE EYECARE** to The Eagle Partner Family

Northlake EyeCare provides full-scope optometry. Dr. Colvin and her team of doctors are therapeutic and glaucoma certified optometrists. They specialize in primary optometric care, including eyeglasses, contact lenses, binocular vision, urgent eye health concerns such as pink eye, corneal abrasions, as well as co-management of cataracts, glaucoma, diabetes, Lasik, and many other pathologies. They also have over 800 frames from different designers such as Tom Ford, Gucci, Tiffany, and Tory Burch. We have frames to fit anyone from 1 yr to 100 yr olds.

Dr. Colvin has been in practice for over 14 years and has great reviews because of her caring and compassionate approach to eye care. Her opticians are trained and certified by the American Board of Opticianry. Their center provides quality eye care at a fair price. Dr. Colvin and her staff give back to their community through different outreach programs that provide free eyeglasses and exams to people in need. Several of their patients moved to the Argyle and Northlake areas and decided to expand to accommodate them. Dr. Colvin has been in the optical industry for 32 years and first started as an assistant and lab technician.

Dr. Colvin's family was originally from the Argyle area, though she was born in Fort Worth. Several of her patients asked her to expand to that area, and it was a natural choice.

Dr. Colvin lives in the Fort Worth area with her husband and their four girls. She grew up in Keller and Arlington and went to The Ohio State College of Optometry -- graduating in 2000. Before that, she held many positions in the optical industry such as optometric assistant, lab technician, trainer, manager, and contact lens tech. Her passion and experience in the optical industry give her the knowledge and competency required to handle all of your optical needs.

We invite you to stop by Northlake EyeCare for your optometry needs.



# SAFETY & Transportation DEVICES IN KIDS

With the change in weather and our schools closed, it's time for more outdoor activity for kids. While outdoor play helps meet physical activity recommendations, and the fresh air is vital to our well-being, this doesn't come without risks. On average, 40 children report to the ER every hour for head injuries. These visits are most often associated with bike accidents, but, now more than ever, we need to consider helmets for other outdoor transportation devices as well. This includes hoverboards, balance bikes, rip sticks, scooters, four wheelers, and skateboards.

While head injuries are a major concern, a majority of injuries are actually fractures, contusions, and abrasions. Proper protective gear can help minimize the severity of these injuries. This includes, but is not limited to, helmets and wrist/shin/elbow guards. Only 1 in 3 parents report placing knee or elbow pads on their child before skateboarding and only 1 in 5 parents enforce wrist guard use.

One reason parents tend to be more relaxed on protective gear usage is that they feel their child is riding in a safe location. This is an unsafe assumption. The bottom line is, concrete is concrete.

Driveways, sidewalks, and trails are all possible locations where a fall can occur that results in an injury due to contact with the hard surface.

If your child is not wearing protective gear, consider the examples they see. Are you wearing a helmet or other gear? Our children model the behavior they see in others. If parents and peers are wearing protective gear, a child is more likely to adopt the habit. According to a study done by Safe Kids, nearly 40% of parents surveyed admitted

their child did not wear a helmet while riding. And don't worry if you are not currently enforcing helmet usage, it's never too late to start! Parents can begin by wearing a helmet of their own. Additionally, parents can help their children personalize their gear by letting the child pick out helmets and pads and decorate the gear as they like.

But injuries will still happen, and proper care is important. Clean abrasions

with soap and water and apply pressure to any areas of bleeding. It's also important to ensure tetanus vaccines are up to date. With any injuries to the head, monitor the child for signs of concussion and contact their pediatrician.

This discussion of injuries is not to deter kids from having fun. Children should be out enjoying the weather and getting physical activity, but keeping kids safe and out of the emergency rooms and urgent care centers is imperative. There are better places to spend time this summer.

## STAY SAFE AND HAVE FUN!

Christine E. Conerly,  
MSN ARNP FNP-BC, NP-C



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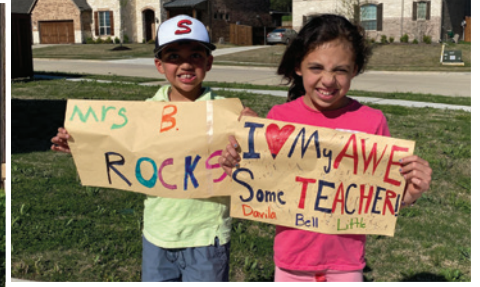
# Argyle Honking Parade



Photos submitted by parents and community members









# Keep ARGYLE Beautiful

by Brooke Ezzo

In 1967, Texas was preparing for the HemisFair held in San Antonio the following year, with more than 16 million tourists expected to come through the state. As a result of this, a few representatives from different state entities decided cities and highways needed a facelift to impress the coming visitors.

The group created a non-profit educational corporation, completely supported by membership dues, and was called the Beautify Texas Council. Because of the turnout of volunteers and continued support from the communities, the Council decided to keep their beautification efforts going long after the HemisFair.

The Council increased its focus to highway beautification, environment education, and public awareness. In 1985,

the Beautify Texas Council officially became Keep Texas Beautiful, Inc. and became a state affiliate of Keep America Beautiful.

Keep Texas Beautiful has an extensive affiliate program, providing support and funding to cities across the state with the goal of making Texas the cleanest, most beautiful state in the nation.

In 2007, started by a few Argyle residents, Keep Argyle Beautiful (KAB) was formed as a non-profit, volunteer-run organization solely focused on preserving and enhancing the natural environment through educational and motivational programs.

Kathy Salisbury, KAB Director, became involved nine years ago because of her love for natural beautification and environment issues.

“Any city or town in our state can start a Beautiful group,” Kathy said. “Our neighbors, Denton and Flower Mound, have groups, and we hope to inspire all towns in our area to start one.”

Keep Texas Beautiful works with KAB by offering online and local seminars on environmental topics and they send free roadside cleanup equipment. As well partnering with TXDot, sharing in the

“Don’t Mess with Texas” campaign.

In 2015, KAB won the annual Governors Community Achievement Award. They were judged on community leadership and coordination, public awareness, education, litter prevention, and clean up. This award gifted the organization \$110,000 to use towards a TXDot beautification project within the Town of Argyle.

KAB has their hands in plenty of events around the Town. Not only do they organize roadside cleanup events, but they sponsor the annual Christmas Tree Lighting Festival. Their range of involvement in the community includes volunteering in the local schools to creating local programs. From passing out trees and recycling days to the Adopt-A-Spot program and the Argyle Pride Award, KAB keeps a busy calendar.

Even with the affects of COVID-19, the members and volunteers are finding ways to stay active in the community. They are offering free gloves and clean up equipment for anyone would like to volunteer to clean up common areas and roadways.

Keep Argyle Beautiful is always looking for volunteers to help with their endeavors.

“We are simply a small group of working residents who make time to organize beautification, educational, and community events,” Kathy said. “We aim to inspire others to keep Argyle and Texas beautiful and to protect our natural resources.”

Volunteering could be a great way for you and your family to get outside and help clean up Argyle, and enjoy the springtime air while practicing social distancing.

Getting involved is easy. Contact KAB via email, [info@KeepArgyleBeautiful.com](mailto:info@KeepArgyleBeautiful.com), or call **940.294.6277**, or send them a message through Facebook, Instagram, or Twitter.



photo courtesy of Kathy Salisbury

# ARGYLE WEST WELCOME from the Principal

Well, what can I say about the end of the 2019-20 school year? This is not the way any of us intended the school year to wrap up. We are living in unprecedented times, and I believe it has brought us closer together as a community. I've seen numerous posts on social media about neighbors reaching out to neighbors, strangers helping strangers, and a greater appreciation being developed for our educators and first responders. We've had to learn to be flexible and learn new ways of doing things, which includes getting out of our comfort zones a bit. I believe we will all be able to say that this experience has grown us as individuals, as a community and a nation for the better. We miss the kids terribly but know this is the best solution to keep kids and staff safe and healthy. I highly recommend keeping a video, picture, or

**WE  
ARE ALL  
GOING  
TO BE  
FINE  
TOGETHER**

written journal of your experiences during this time. It would be an excellent artifact to look back on when your kids have kids to share with them about the time we had to do school from home.

Speaking of doing work from home...

parents should RELAX! Everyone is

in the same boat right now when

it comes to missing academic

days at school. All students will

experience some gaps in their

education. But don't worry!

Districts and schools will be

working to fill those gaps

whenever we return. Even if

it's not until next year, schools

will be prepared to get your

kids where they need to be. That

is our job as educators. We work

with kiddos every day that need a little

more assistance or help to fill in the gaps.

We know this is overwhelming, and a bit

scary. We get it! We wish we could come

in and take over, but this is your time. Our

promise to you is when this is all over,

we will be here and we will be ready to take them as they come and move them forward from there. You are going to be fine... your kids are going to be fine. We are all going to be fine together!

I would like to take this opportunity to thank our terrific PTA and executive board. DeLinn Payne, PTA president, has provided excellent leadership and support to the PTA committees, the school staff and administration, and most importantly, to the students at AWE. Thank you to all the parents on the PTA and the various committees for your endless contributions and dedicating a great deal of time to provide beneficial activities, programs, and events to our school. I would also be remiss if I didn't mention the delicious luncheons and treat days that have been provided for the staff this year. We feel very spoiled and blessed that you take such good care of us. We are very thankful for your generous support and we look forward to next year.

Warm Regards,

**Mrs. Funderburg**

**Argyle West Principal**



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# Traveling ART MUSEUM

Content Provided by Ashley Cooley

*"We can learn so much from these artists. Art can challenge you to think about life in a different way than you might normally do. During announcements, we'd learn a little French, hear a quote from Monet & Cassatt, and enrich our minds in art history."*

This is Mrs. Ashley Cooley's 21st year teaching elementary in Argyle, and she is very proud to be an Argyle Alum.

Mrs. Cooley's favorite week of being an elementary teacher is the week of open house because it's when she gets to have her second dream job as an art docent as the PTA Arts and Education chair. Hilltop Elementary's PTA was once again kind enough to purchase the Traveling ArtExhibit this spring for arts and education in order to acquaint children with Mary Cassatt & Claude Monet.

This year, Mrs. Cooley's favorite piece of art was Mary Cassatt's "The Boating Party" because she could really see the children resonate with her painting and imagine themselves sitting in their mom's lap like the child Cassatt painted. Art is most memorable when you can relate to it. Mrs. Cooley asked the children to...

"Walk around the art, and see if you can make a connection. Can you see yourself with your mom in her art? Can you imagine yourself in Monet's garden?" One of my first grader's said, "I prefer Monet's art because I like to plant those same flowers." It's all about the connections!

Mary Cassatt was a genius at capturing a moment between rest and play. She shows you her context and asks you to draw your own conclusions. Cassatt's paintings of children with their mothers are realistic, but the scenes are tender and loving. Monet was a master at capturing the sun. He often had many canvases set up at once and would move with the sun. This style of painting "en plein air" (French for outside) means he would race the sun!

"It was beautiful to see the children and the staff at Hilltop contemplate the paintings as they were walking to specials

or lunch. They were spellbound."

"Good art can pull you in...only if you simply make the effort to extend your hand. The next time you find yourself standing in front of a piece of art, relish in it! Don't rush by...stand in front of the art, let your brain record it for future reference, breathe it in...it will serve you well. Enjoy nature like Monet. Open your eyes to colors outside."

Mrs. Cooley's favorite quote from Monet:

**"No one is an artist unless he carries his picture in his head before painting it."**

Mrs. Cooley's favorite quote from Cassatt:

**"I think that if you shake the tree, you ought to be around when the fruit falls to pick it up."**





# ARGYLE POWERLIFTER DEADLIFTS THE COMPETITION

by Steve Gamel

Two years ago, Mia Rabalais was at the gym with her father when she decided it might be cool to get off the treadmill and see if she could lift some of the big weights her dad was throwing around. Not only did she muscle up more than anyone expected that day, but the showing kick-started what has been a meteoric rise in the high school powerlifting world.

Rabalais, a sophomore, is Argyle's lone female powerlifter and competed at regionals on March 5. Despite barely missing out on qualifying for state, she turned heads by lifting a combined 680 pounds between deadlift, bench press, and squat.

Two of those lifts, including a staggering 260 pounds in the squat (she only weighs 129 pounds), were personal records.

"Normally, I will walk in, and they'll ask, 'what class are you in?' I'll say 132, and then they'll ask what my opening weight is. When I tell them, they're like, 'Oh, really?' Sometimes, it's enjoyable to see their reaction," Mia said with a laugh. "I try my best. I did good on the squat and bench [at regionals], but on deadlift, the judges were a little picky this time."

Mia, who moved from Denton to

Argyle before this school year, may be the only female on Argyle's eight-member team, but seeing female powerlifters make waves on a state, national, and Olympic level is nothing new. Locally, high school programs have female powerlifters who regularly compete at high levels, and Mia said getting to meet them has been fun.

In fact, seeing her cousin compete was what truly sealed the deal in terms of Mia's pursuit of powerlifting.

"That day at the gym with my dad, he said, 'Hey, we should probably get you some coaching in powerlifting because I don't want you getting hurt,'" Mia said. "We also went to talk to my cousin, since she is a powerlifter, too. We went to one of her high school meets, and I said, 'this is pretty neat. I really want to do this.'"

David Muns is the head coach for the Argyle Powerlifting team, and Kim Castle is the team mom and powerlifting coordinator. She said watching someone like Mia succeed has been fun to watch.

"For a girl to make it to regionals in her first year, it's pretty amazing," Castle said. "And she was so close to making it to state. She's a little bitty thing, but she's quite strong."

As for the future, Mia simply plans to keep lifting — something her dad better watch out for.

"He'll text me every now and again saying that he just got a 425 deadlift, but I'll say, 'Okay, but what's the proportion to your body weight?'" Mia said with a laugh. "

My hope is that I can just keep going at this and maybe do it in college."

## AHS PRINCIPAL UPDATE

# MR. JOHN KING

What a difference just a few months makes in our school, community, and world! Change is the new norm, and flexibility is the name of the game. With so many changes going on in our society, I want you to hear from me that I believe that together, we will get through this challenge in our lives and ultimately be stronger on the other side. I want to thank each of you – students,

## I AM SO PROUD OF OUR STUDENTS AND TEACHERS

teachers, staff members, parents, and community members – for all that you are doing to support the educational system that we now have in place. We have transitioned to a time of “distance learning,” and I am so proud of our students and teachers for continuing to make education a priority. I heard from so many parents, teachers, and students during this time of separation with words of encouragement and affirmation. The main thing that I hear from everyone is

that we all miss the regular interactions that we had taken for granted and come so accustomed to in our lives. Students – I want you to know how much we miss you and look forward to having you back on campus soon! To our parents – thank you for all you are doing to help your child and support our teachers!

Typically, my communication this time of the year centers around the various spring activities that are in full swing on our campus. Given our current situation, I would like to take a minute to recap our winter accomplishments. Our Girls Basketball Team made their seventh-straight trip to the UIL State Tournament and finished second in the state. The Boys Basketball Team qualified for state as well, and they have big plans of bringing home a state championship when the UIL allows play to resume following our time of social distancing. Our UIL Cheer Squad finished in the Top 5 in the state at the annual UIL Spirit Competition. And, our Wrestling Team had multiple state qualifiers that represented our school well at that tournament. In the fine arts arenas, we had a tremendous year with record

numbers of kids receiving All-Area, All-Region, and All-State honors. Finally, in UIL Academics, we had many kids win district competitions and advance to the

## WE MISS YOU AND LOOK FORWARD TO HAVING YOU BACK

state level competitions prior to school closing. Our hope is that they will soon be able to finish the work they have started and worked so hard to fine-tune. So many amazing accomplishments and so much to be proud of here in Argyle!

I wish you good health during these trying times. I want you to know that we are all in this together and together we are ARGYLE STRONG! Until next time...



Mr. John King -Principal  
Argyle High School

An advertisement for Rickert Gilbert Real Estate Group. On the left, two blonde women are smiling and standing back-to-back. In the center, the company logo features a house icon with a 'R' and 'G' inside, above the text 'RICKERT | GILBERT REAL ESTATE GROUP'. On the right is the large '21' logo for Century 21. Below the logo, contact information is provided: '817.631.3360 SUSAN RICKERT • 817.913.3255 REBEKAH GILBERT', 'Susan@TheRGRealEstateGroup.com • Rebekah@TheRGRealEstateGroup.com', and 'Office: 817.354.7653', '4101 William D. Tate, Ste. 100', 'Grapevine, TX 76051'. At the bottom, it says 'CENTURY 21 Mike Bowman, Inc.'.

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# WELCOME TO THE FAMILY

## NEW ASSISTANT PRINCIPAL MRS. PUGH

Mrs. Brenda Pugh has 16 years of experience in public education. She has taught on both elementary and secondary campuses as well as serving in the role of instructional leader and reading specialist. Before that, she built and operated a chain of Early Learning Centers for 15 years. Mrs. Pugh has dedicated her career to serving in the field of education and meeting student and parent needs.

I COULD NOT  
BE ANY MORE  
PROUD TO BE  
AN EAGLE!

Mrs. Pugh began her college career at Angelina Jr. College in Lufkin, Texas, and completed it through Western Governors University. She has a Master's Degree in Education Administration from Lamar University. This is Mrs. Pugh's third year in Argyle ISD.

Her most recent position with Argyle ISD has been serving as the instructional coach/reading specialist at Argyle West Elementary. Mrs. Pugh is excited about the opportunity to serve alongside Argyle West Campus Administration in the role of Assistant Principal and under the leadership of Renee Funderburg.

What do you love most about working as an Assistant Principal? I look forward to continuing to serve both students and parents as well as creating an additional support system for staff as we collectively continue to grow while maintaining the Argyle Eagle culture in our district.

What projects or programs are you most proud of that you helped implement while at Argyle West? I am most thankful for the experience of learning the processes and being a part of opening a new campus alongside the Argyle West staff. We were so blessed to have had such an amazing staff/family to take this venture on. As with any building process, things arose that were unexpected. But I can genuinely

say this group of people never lost focus on what was most important – our students. I observed around-the-clock

GROW WHILE  
MAINTAINING THE  
ARGYLE EAGLE CULTURE

dedication from staff and an above-and-beyond supportive administration. With these things in place...we did it! We opened on schedule...with a loving environment ready to welcome our students! I could not be any more proud to be an Eagle!



Brenda Pugh  
Assistant Principal  
Argyle West Elementary

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1991 W. Jeter Rd., Argyle TX 76226

# Senior Class 2020

## TOP 10:

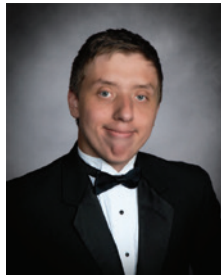
Sonali R. Gandhi, John Thomas Robertson, Samuel Harrison Collins, Tatum Grace Earp, Colin David Crawford, Gracie LeeAnn Williams, Jaylen Michele Reed, Savanna Alexis Lessley, Dylan Lee Hargroves, Grant Davis Deffenbaugh



Adamson, Kayla



Adoue, Isabelle



Akos, William



Allen, Alexander



Anderson, Cambrie



Anderson, Payton



Arnett, Clayton



Arnold, Emily



Baker, Benjamin



Befort, Tiffanie



Bitter, Lucas



Blachowicz, Nathaniel



**Senior Band  
Member  
Hannah Fisher  
French Horn**



Blackwell, Kira



Boone, Cortlynn



Boyzuick, Kathrine



Bragg, Taylor



Burch, Joshua



Burkhart, Olivia



Calabrese, Melina



Caldwell, Keaton



Carl, Brooklyn



Chapa, Rosalyn



Childress, Phoebe



Childress, Taylor



Collins, Samuel



Cooles, Kendall



Copeland, Alexandria



**Congratulations to Miss Sonali Gandhi for earning the valedictorian spot in the Class of 2020 at Argyle High School. Sonali will be attending The University of Texas at Dallas. She will be majoring in Biomedical Engineering with intent to go to Medical school to be a dermatologist.**

**Valedictorian Rotary Interact President, NHS Vice President, Student Council, UIL academics**

**“Be as honest with yourself as possible, and try to make friends with people who like you for you - not an iteration of who you are, or who you think you should be - but really like you for you.” - Hasan Minhaj**



Cosentino, Michael



Crawford, Colin



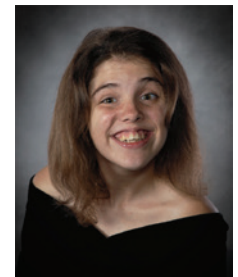
Cruson, Savannah



Curran, Ava



Dahl, Julia



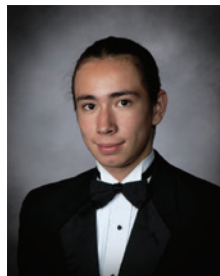
Darnell, Callie



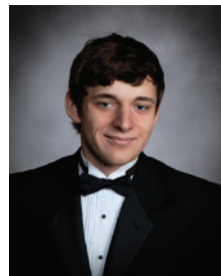
Davis, Rachel



Dawson, Noah



De Brabander, Liam



Dearing, Cayden



Deffenbaugh, Grant



DeMarsh, Lee



DiVecchia, Dillon



Dodd, Brandon



Dodd, Christian

**Senior Band  
Member  
Isabel Lechowit  
Trumpet**





Doggett, Kamryn



Dorton, Frank



Earp, Tatum



Farris, Luke



Feltes, Aubreigh



Fielek, Thomas



Fisher, Ethan



Fisher, Haley



Fisher, Hannah

Senior Band  
Member  
Carter McNulty  
Saxophone



Fornof, Ryan



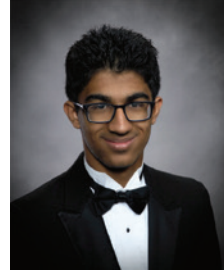
Freeman, Anna



Fritz, Andrew



Funck, Carson



Gahlawat, Kunal



Gandhi, Sonali



Germer, Trinity



Giangiulio, Eric



Giangiulio, Jacob



Gibson, William



Gonzales, Alexander



Gonzalez, Daniela



Senior Band  
Member  
Haley Fisher  
Oboe



Gonzalez, Mia



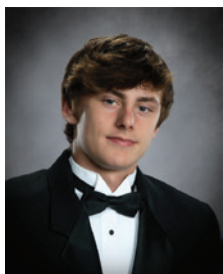
Goyette, Doreen



Greer, Alyssa



Guidry, Gabriella



Gustin, Garrett



Hains, Hailey



Hamblin, Luke



Hardin, Kella



Hardy, Caden



Hargroves, Dylan



Harris, Jaclyn



Hartman, Riley



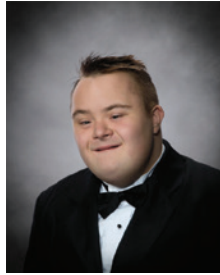
Senior Band  
Member  
Tatum Earp  
Percussion



Haight, Michelle



Haxhij, Henri



Haynes, Liam



Hendricks, Joshua



Henexson, Tyler



Hernandez, Rafael



Hesselgesser, Mariah



Hicks, Joshua



Hill, Avery



Hindman, Kenzie



Hiter, Micah



Hogeboom, Bo



Holland, Jayden



Hopper, Jon



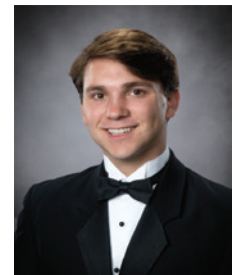
Johnson, Corbin



Johnson, Gracie



Jones, Alexandra



Jones, Colton

**Congratulations to Mr. J.T. Robertson on earning the salutatorian spot in the Class of 2020 for Argyle High School. J.T. will be attending The University of Texas at Austin - Cockrell School of Engineering. He plans to work as an Engineer for an automotive company.**

**Salutatorian, NHS Historian, UIL Science**

**“Failure is simply the opportunity to begin again, this time more intelligently.” - Henry Ford**





Jones, John Matthew



Joshi, Prabhav



Keith, Edward



Kennedy, Lindsey



Kilgore, Connor



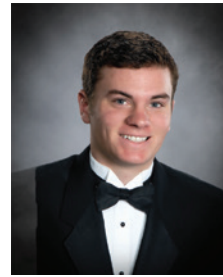
King, Macy



**Senior  
Cheerleader  
Mia Young**



Kirkpatrick, Jackson



Knight, Conner



Kuhn, McKenna



LaCrosse, Zackary



Lambert, Garrett



Lang, Mia



Lavelle, Kiley



Laws, Grace



LeBoeuf, Landon



Lechowit, Isabel



Lessley, Savanna



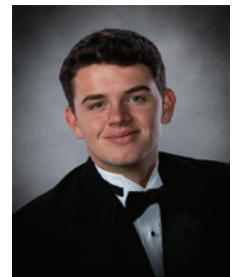
List, Annika



Locastro, Victoria



Lund, Kiernyn



Lyng, Riley



MacGregor, Alexis



Marlow, Ainslee



Marshall, Grayson

**Senior Band  
Member  
Jon Hopper  
Color Guard**



Martin, Madeline



Marusa, Elliana



Marzano, Megan



Mashrouteh, Grey



Massey, Christopher



Maupin, Jackson



McAlister, Presley



McClure, Landry



McCutcheon, Gage

**Senior Band  
Member  
Preston Rushford  
Bass Trombone**



McDaniel, Brent



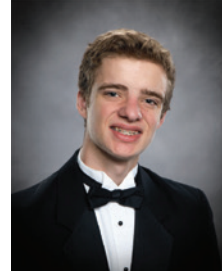
McKenna, Milan



McKinney, Rhyle



McLaughlin, Talia



McNulty, Carter



Merka, Cade



Metcalf, Lauren



Miller, Maggi



Mills, Kallyn

**Senior Band  
Member  
Emily Arnold  
French Horn**



Mitcham, Danielle



Montes, Yvete



Monticino, Aiden



Moreno, Jazmin



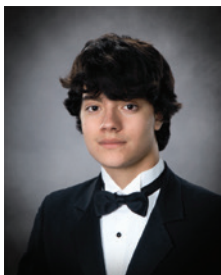
Morse, Colby



Moses, Preston



Mosley, Jaden



Munera, Daniel



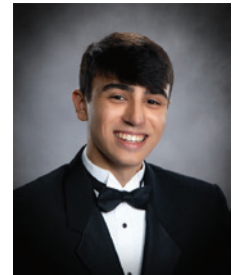
Nazar, Ashley



Norton, Julie



O'Connell, Collin



Odom, Austin



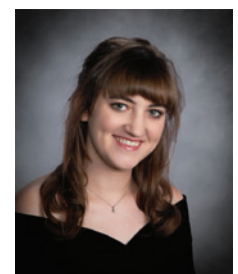
**Senior Band  
Member  
Taylor Childress  
Oboe**



Olsen, Levi



Padron, Diana



Pakebusch, Tara



# Senior Majestics

Left to right: Isabelle Adoue (Head Social Officer), Avery Hill, Rachel Davis (Captain), Amelia Williams (Senior LT), Alysa Sharp



Parris, Hunter



Patrick, Jason



Pilawski, Tatum



Pipkin, Aidan



Pope, Kenneth



Powell, Hudson



Senior Band  
Member  
Kenzie Hindman  
Bass Clarinet



Pruner, Ethan



Raasch, Colby



Ragsdale, Ethan



Ramsey, Rachel



Rash, Grace



Reed, Jaylen



Reeves, Cassidy



Rexroat, Braiden



Rice, Alden



Robertson, Gillian



Robertson, John



Rodgers, Lanie



Rogers, Dysheanna



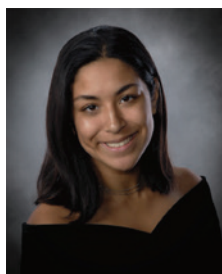
Romero, Brandon



Ross, Ryan



Roth, Heath

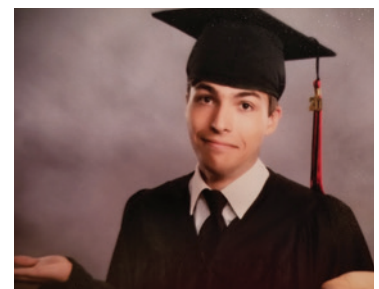


Rudesill, Samantha



Rushford, Preston

Senior Band  
Member  
Zackary LaCrosse  
Trumpet







**Senior Band  
Member  
Elizabeth West  
Percussion**



Russell, Megan



Rymers, Ben



Saldivar, Madison



Schindler, Le Nora



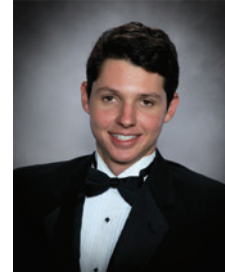
Shaneyfelt, Matthew



Shanks, Madelynn



Sharp, Alysa



Shirley, Cameron



Sisk, Jack



Splain, Sarah



Stokes, Ethan



Stowell, Thomas



Suarez, Aaron



Sullivan, Jacob



Sullivan, James

**Gracie Williams - Student Council President**

**Will be attending Texas A&M University - Business Honors Program. Majoring in Accounting. Student Council President, NHS Treasurer, UIL Accounting, Peer Assistance and Leadership, Top 10 "Act as if what you do makes a difference. It does." - William James**



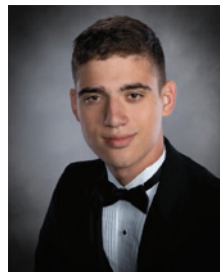
Sullivan, Jude



Sullivan, MaryBeth



Surles, Kyle



Susong, Benjamin



Sutherland, Jacob



Taliani, Caitlin



Tarrant, Jordyn



Taunton, John



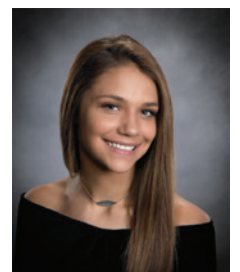
Thrash, James



Tjandramulia, Shay



Van Poppel, Tate



Vining, Trinity



Senior Band  
Member  
Lindsey Kennedy  
Color Guard



Watkins, Elia



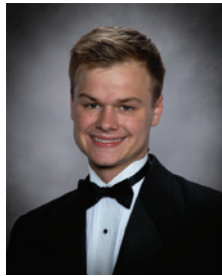
Webb, Jenna



Webster, Riley



Weitzer, Parker



Wellborn, William



West, Elizabeth



West, Miranda



White, Michael



Williams, Abby



Williams, Amelia



Williams, Gracie



Wilmot, Campbell

Senior Band  
Member  
Thomas Stowell  
Percussion



Winter, Avery



Woelfel, Jacob



Wood, Hannah



Wood, Jessica



Yates, Zachary



Yonce, Christopher



York, Madison



Young, Mia



Zablosky, Zoe

# Great Job Senior Class of 2020

& We All Wish You The Best of Luck in Your Next Steps in Life!

# ARGYLE INTERMEDIATE SCHOOL

# PRINCIPAL

When a global crisis hits that affects people's health, financial security, and sense of well-being, it is a tough concept for children to fully grasp. Their daily life is drastically changed. How do we help them understand a crisis and build empathy and why is it important?

We want our children's emotional capacity to go beyond sympathy to having compassion for others, to encompass empathy, and understand what it is like to walk in someone else's shoes.

Why is empathy important? Empathy helps people learn to self-regulate as they build their own understanding of feelings and emotions. Empathy helps build connections between people and helps us act appropriately in social situations. Additionally, empathy promotes helping behaviors. All of these things ultimately contribute to success as the ability to communicate, lead, and understand others grow in our ability to empathize.

We have nurtured empathy at AIS this year in several ways. We have used restorative circles to teach our students to communicate and understand how their actions make others feel. Students and staff are able to recognize positive actions in

others, including empathy, by turning in a shout out that is read on announcements and posted on the wall. There have also been school-wide counseling lessons on the topic throughout the year. These lessons will continue to go out to students in Google Classroom during this time of distance learning. We have also provided students with opportunities to help others in the community through our care baskets to nursing homes and veterans.

Our top priority is the safety of our staff and students. Assure your children that they are safe. Assure them that as much as we miss them in the classrooms, we value their safety more, so we will continue to make the necessary sacrifices to keep them that way. They can help others in our community even now. Help them understand every time you get take-out from a local restaurant you are helping others, every time you use social

distancing you are contributing to the well-being of our community, and every time they log on to the Webex with their teacher and class they are brightening someone's day!

We are looking forward to a strong finish to the 2019-2020 school year. We have learned a lot about technology, we have extended our creativity in lesson delivery, and we have become more grateful than ever for our amazing district and school families.



**Dr. Dawn Jordan**  
Principal  
Argyle Intermediate School



Dr. Kimberly Gronberg  
DDS, MS



Dr. Lauren Davis  
DDS, MS



Dr. Charlene Sugay  
DDS, MS



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# WELCOME

## *AMS New Assistant Principal*



Mrs. Holly Williams will be joining the administrative team at Argyle Middle School as an assistant principal. Mrs. Williams has 27 years of experience working in public education as a pre-kindergarten, kindergarten, second-grade, third-grade, fourth-grade, sixth-grade, and ESL teacher. She is currently completing her 16th year in Argyle ISD. For the last two years, Mrs. Williams has served as the Hilltop ESL teacher and coordinator as well as the Argyle ISD ESL District Coordinator. Mrs. Williams has a bachelor's degree from Wichita State University and a master's degree from Lamar University. Mrs. Williams is extremely excited to be moving to AMS and is looking forward to serving the students, families, and staff.

"I am looking forward to being an Assistant Principal at AMS so that I can help continue to build a strong learning environment for the 6th, 7th, and 8th graders in Argyle while creating and building relationships with the students, teachers, and parents." "I am looking forward to being a positive influence in the lives of these students."

Mrs. Williams lives in Argyle with her husband, Jeff. Their son Jack, is a 2017 graduate of Argyle High School and is

graduating from the University of Kansas in May 2020 with a Bachelor of Science Degree in Sport Management with a minor in Business. Their daughter, Abby is a 2020 Argyle High School graduate and plans on attending the University of Arkansas in the fall to major in Marketing or Sports Management.



**Holly Williams**  
Assistant Principal  
Argyle Middle School

**THANK  
YOU  
FOR  
ALL OF  
YOUR  
HARD  
WORK**

# Spring ALLERGIES

by Sherry Barnett MD, Board Certified Allergy/Asthma specialist

The spring pollen season is upon us, and if you've been spending more time outside to get your exercise or give your kids a break, you may be suffering. This year poses special challenges for allergy sufferers given the stay at home mandate, kids being out of school, and the majority of people working from their homes. In early spring, elm and oak tree pollens are abundant as evidenced by all the oak catkins littering the sidewalks and driveways as well as the yellow-green sidewalk chalk type pollen stains they leave behind.

By April, the rest of the trees are starting to pollinate as is grass pollen. Grass pollen continues to be high through late May, then tapers off through June and July. Grass pollen allergies is one of the most common allergens nationwide and triggers severe nasal and eye itching, sneezing, runny nose, post nasal drip, and congestion in millions. This year is particularly challenging given that those who suffer from seasonal allergies may have gravitated towards exercising indoors at a gym yet all the gyms have been closed. Since the kids are out of school and need "outside time" and exercise, you may be spending more time outside than usual. All of these things may make 2020 a particularly bad allergy season for many and every sneeze and cough garners questionable looks and a need for explanation to those nearby.

In addition to all the outdoor pollen, people who are allergic to their cats or dogs or even dust mites may be having a



photo courtesy of Sherry Barnett

harder time this season given they do not get to "escape" to their workplace during the day. While it is hard to conceive, we spend 90% of our time as Americans indoors and a third of our lives in bed, so dust mite & dander allergens are a significant contributor.

So, what can you do?

The good news is that with a steady regimen of mostly OTC medications, one can get their symptoms under control. The mainstay of treatment for allergies is a corticosteroid nasal spray.

Most people hate nasal sprays, I know.

**ALL OF THESE THINGS  
MAY MAKE 2020 A  
PARTICULARLY BAD  
ALLERGY SEASON  
FOR MANY...**

However, the nasal sprays like Flonase, Nasonex, and Flonase Sensimist, or their generics help reduce inflammation inside the nose which thereby decreases nasal congestion, post nasal drip, sneezing, and itchy eyes.

These nasal sprays used at normal doses are not absorbed systemically in any significant quantity, especially in comparison to a steroid shot or steroid pills. When used seasonally and at appropriate doses, these medications can significantly reduce symptoms. Oral antihistamines like Claritin, Zyrtec, Allegra, and Xyzal help with itchy eyes and nose and sneezing. Contrary to popular belief, you do not need to rotate or switch your antihistamine as tolerance typically only develops to older antihistamines like Benadryl.

Another non-medicated option is to use the Neti pot or a sinus rinse bottle to do buffered saline irrigations after being outdoors. While this takes some getting used to, it helps flush all the pollen and pollution from your nose so allergic inflammation is prevented. OTC eye drops that contain Ketotifen like Alaway or Zaditor can help with itchy, red, and watery eyes but are best used before you go outside.

And lastly, once the stay at home mandate is lifted, consider seeing a Board Certified Allergist for allergy testing and definitive treatment in the form of immunotherapy (allergy shots). It is more important than ever to avoid systemic steroids as they lower the resistance to COVID19 and the Urgent Care visit to get one is risky as well so be proactive with your allergies this spring!

**Flower Mound Allergy Asthma Center**  
**940.503.4447**  
**www.FlowerMoundAllergy**  
**AsthmaCenter.com**  
**3121 Cross Timbers Rd., Ste. 100**  
**Flower Mound, TX 75028**

# DISTRICT 8-4A ALL-DISTRICT BASKETBALL 2020

by Steve Gamel

With the University Interscholastic League suspending all spring sports due to the coronavirus, including cutting short the boys state tournament, we may never know if the Argyle boys would have been able to celebrate a Class 4A state title. But there's no denying that the Eagles and the Argyle girls put together a season for the ages in 2020 – and the accolades are starting to roll in.

Both teams dominated their respective all-district teams, which are listed below. The Argyle girls not only won their side of District 8-4A, but they also came within an eyelash of winning their sixth straight state title when they lost to Fairfield in the Class 4A title game. All-world senior and TCU signee Rhyle McKinney took over every game she played in this season and was named the District 8-4A MVP. She was one of seven Lady Eagles to make this year's list.

On the boys side, Nate Atwood was the Offensive MVP and led a group of eight Eagles on this year's All-District team.

**Below are the complete lists:**

## GIRLS

---

### MVP:

**Rhyle McKinney, Argyle**

### Co-Offensive Player of the Year:

**Bailey Timmons, Argyle**

Emily Vidal, Bridgeport

### Co-Defensive Player of the Year:

Jacey Oster, Krum

Gracie Isham, Decatur

### Newcomer of the Year:

Zoe Hall, Bridgeport

### 6th Man of the Year:

Ashlyn Baker, Krum

### First Team

**Brooklyn Carl, Argyle**

**Kiley Lavelle, Argyle**

**Abby Williams, Argyle**

Ashley Ingram, Bridgeport

Lexine Stone, Bridgeport

Raegen Hankins, Bridgeport

Grace Lowery, Decatur

Kylee Fitzgerald, Decatur

Katie Hale, Decatur

Tori Hamilton, Krum

Cali Marquis, Krum

### Second Team

**Shelby Henches, Argyle**

**Rachel Fields, Argyle**

Jade Hall, Bridgeport

Brison Hesteande, Decatur

Kennedy Stokes, Krum

Kaitlyn Goree, Springtown

Rebecca Johnson, Springtown

## BOYS

---

### MVP:

Calaway Dykes, Decatur

### Offensive MVP:

**Nate Atwood, Argyle**

### Defensive MVP:

Grayson Harris, Decatur

### Newcomer of the Year:

Josh Boone, Krum

### 6th Man of the Year:

Layton Harris, Decatur

### Coaching Staff of the Year:

Decatur

### First Team

Gage Rieger, Decatur

Izek Chavana, Decatur

Carson Tibbels, Decatur

**Eli Valentino, Argyle**

**Grey Goodson, Argyle**

**Skylar McCurry, Argyle**

**C.J. Rogers, Argyle**

Abe Dillon, Krum

Trey Smith, Krum

Brent Boone, Krum

Drew Carstens, Bridgeport

Nolan Hernandez, Bridgeport

### Second Team

Noah Young, Decatur

Sam Wren, Decatur

**Jacob Dye, Argyle**

**Eli Randall, Argyle**

**Slate McMellian, Argyle**

Conor Farrington, Krum

Camden Hand, Bridgeport

Blake Horton, Bridgeport

Marcus Delgado, Bridgeport

Canyon Parker, Springtown

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**Argyle Aubrey Denton FlowerMound LakeCities Lewisville LittleElm PilotPoint**

Dr. Matt Artho is  
a **Resident** in  
Argyle and His  
Kids Attend  
**AISD Schools**



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