

What Do You Want From Your Relationship?

Below are a list of wants and desires that a large number of people have identified as very important to them.

Please read the statements below and rate the importance of each relational desire from 1 (lowest) to 10 (highest)

in importance to you. Once you have gone through each item, rank your top THREE most important desires for yourself and the top THREE most important desires for your spouse.

I have a desire to...

1. Feel connected through talking.

1 2 3 4 5 6 7 8 9 10

2. Feel connected through sharing recreation/fun times together.

1 2 3 4 5 6 7 8 9 10

3. Be touched non-sexually.

1 2 3 4 5 6 7 8 9 10

4. Have sex.

1 2 3 4 5 6 7 8 9 10

5. Receive verbal tenderness.

1 2 3 4 5 6 7 8 9 10

6. Receive physical tenderness.

1 2 3 4 5 6 7 8 9 10

7. Be supported as I live by the laws of God.

1 2 3 4 5 6 7 8 9 10

8. Know we'll stay together and feel secure in love.

1 2 3 4 5 6 7 8 9 10

9. Know we'll stay together and feel secure in finances.

1 2 3 4 5 6 7 8 9 10

10. Feel accepted and valued for who I am.

1 2 3 4 5 6 7 8 9 10

11. Feel accepted and valued for what I do.

1 2 3 4 5 6 7 8 9 10

12. Feel safe when I share who I am.

1 2 3 4 5 6 7 8 9 10

13. Be included in most decisions that affect my life or marriage.

1 2 3 4 5 6 7 8 9 10

14. Gain agreement and harmony in decision-making.

1 2 3 4 5 6 7 8 9 10

15. Know that he or she needs me.

1 2 3 4 5 6 7 8 9 10

16. Be supported in my desire to give money away.

1 2 3 4 5 6 7 8 9 10

17. Be supported in my desire to give gifts to others.

1 2 3 4 5 6 7 8 9 10

18. Be supported in my desire to serve others.

1 2 3 4 5 6 7 8 9 10

19. Receive genuine praise and affirmation.

1 2 3 4 5 6 7 8 9 10

20. Be supported in my desire to have alone time.

1 2 3 4 5 6 7 8 9 10

21. Be physically attracted to my spouse.

1 2 3 4 5 6 7 8 9 10

22. Know that my spouse is honest and trustworthy

1 2 3 4 5 6 7 8 9 10

23. Be supported as I attempt to assist the younger generation in developing and leading useful lives.

1 2 3 4 5 6 7 8 9 10

24. Receive gifts.

1 2 3 4 5 6 7 8 9 10

25. Receive acts of service.

1 2 3 4 5 6 7 8 9 10

26. Receive genuine appreciation for my service.

1 2 3 4 5 6 7 8 9 10

I have a desire for my spouse to...

Develop with me a future plan for our marriage.

1 2 3 4 5 6 7 8 9 10

Be faithful

1 2 3 4 5 6 7 8 9 10

Become emotionally healthy.

1 2 3 4 5 6 7 8 9 10

Maintain a mutually vibrant spiritual relationship.

1 2 3 4 5 6 7 8 9 10

Apologize and seek forgiveness.

1 2 3 4 5 6 7 8 9 10

Resolve differences/conflicts/arguments with me.

1 2 3 4 5 6 7 8 9 10

Provide mutually satisfying communication.

1 2 3 4 5 6 7 8 9 10

Cope with crises and stress

1 2 3 4 5 6 7 8 9 10

Understand my personality and gender differences.

1 2 3 4 5 6 7 8 9 10

Demonstrate a willingness to change (flexibility).

1 2 3 4 5 6 7 8 9 10

Work towards unity with me on how to raise our children.

1 2 3 4 5 6 7 8 9 10

Be passionate and romantic.

1 2 3 4 5 6 7 8 9 10

Socially connect with others.

1 2 3 4 5 6 7 8 9 10