

February 2023

THE GOOD WORD

Taylorsville United Methodist Church
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Is it already February? It seems like January was a blur. February usually doesn't have a lot going on in the church calendar. And apart from Valentine's Day and Black History Month, February doesn't have a lot going on. Though Lent does start this month. That means we have a pancake supper, Ash Wednesday, and the first Sunday of Lent to do. So the second half of February will be a bit busier than usual. That is, provided we can avoid a lot of snow. February is also an excellent time to start making goals and plans. People surged into fitness clubs and other self-improvement resolutions during January, only to drop it by mid to late February. So now is a better time to pick up what someone else has fallen out of.

Now is the time to start dreaming and looking for new visions. One of my goals for the church was to see attendance rise to 50 people on Sundays. We aren't there yet, but recently we had 47 people at church. That goal seems so close that I'm starting to wonder if I dreamed big enough.

In the book of Acts, we read:

"In the last days, God says,
I will pour out my Spirit on all people.
Your sons and daughters will prophesy,
your young men will see visions,
your old men will dream dreams (Acts 2:17 NIV)."

What dreams and visions are God giving us as a church? As individuals? I think God is starting to get our imaginations warmed up. Now and then, someone drops me a suggestion for a sermon topic or an offer to say or do something in worship. Sure, it is only a few people now, but that's how it starts. A few people who hear God whisper suggestions for new dreams and visions can lead to something new for us all. This February, ask God for new dreams and visions. Maybe even for a prophetic message or two. Nothing is too big for God. Remember that God dreams big, and sometimes we have to walk with faith that God's vision is better than our own.

So, friends take time to dream and vision. Set goals and objectives. And if God is giving you a vision for the church, share it with us sometime. It might be what we need to hear to dream bigger in Taylorsville.

Pastor Josh



FEBRUARY BIRTHDAYS

2	Ritta Jones	19	Tad Leyh
10	Mary Burgess	25	Bob Gillen
12	Roger Parrish	26	O.F. (Bud) Kibbe
14	Richard Wright	27	Emily Novick

FEBRUARY ANNIVERSARIES

2	Lee and Sandy Wright
4	Joe and Lisa Martin

If your Birthday or Anniversary is not listed in the Newsletter, please let the office know.




March
Newsletter
Deadline is:
February 23rd



WORSHIP ASSISTANTS

USHERS/GREETERS
 February - Scott & Ritta Jones
 March - Earl & Sandy Wright

READER
 February - Anna Grimes
 March - Cindy Harris



Saturday, February 4th
 9:00 AM -
 Going to Buttersburg Inn in
 Union Bridge, MD

Contact John Eaton with questions



FEBRUARY
Mt. Airy Net is
Collecting:
 Coffee, tea, hot chocolate,
 boxed potatoes,
 hamburger helper

Inclement Weather Policy:
 In case of extremely bad winter weather, a decision of cancelling church will be made by the Trustees, the Lay Leader and the Pastor. The website and Facebook page will have that decision posted no later than 8:00 am and the announcement will be placed on the WTTR radio station (1470 AM). We also have a list of people to call without internet capability.

Office Closing Policy:
 The office will follow the county school closing. In the event the office is closed, e-mail and voice mail will be monitored.

Scripture Readings and Sermon Titles this February

February 5, 2023

5th Sunday after Epiphany

Communion Sunday

Isaiah 58:1-12, Matthew 5:13-20

Sermon Title: Who Are You to God?

February 12, 2023

6th Sunday after Epiphany, Scouting Sunday

1 Corinthians 3:1-9, Matthew 5:21-37

Sermon Title: Rule of Life

February 19, 2023

Transfiguration Sunday

2 Peter 1:16-21, Matthew 17:1-9

Sermon Title: Moved by the Holy Spirit

February 22, 2023

Ash Wednesday

Sanctuary open 10AM - 2PM, Service at 7:00PM

2 Corinthians 5:20-6:10

Sermon Title: The Acceptable Time

February 26, 2023

1st Sunday of Lent

Genesis 2:15-17, 3:1-7, Matthew 4:1-11

Sermon Title: Cross That Line?



*Lifting Our Hearts In...
Prayer*

- Roger is starting a new class, pray for him & teachers
- Luca Brodbeck in NICU, also pray for his family
- Ann Lawson-herniated disc, pray for healing from surgery
- John's brother-in-law, Charlie-several health issues
- Eileen's brother-in-law, Jim is getting results from treatments for his cancer
- Eileen's mother & father moved to senior living in Allentown, PA-pray they adjust to new surroundings
- Eileen's sister-in-law, Judy has scoliosis-surgery Feb 9th
- Sharon's niece, Jackie Eyler-complications from major surgery
- Sue's cousin, Tom Pyles-now has pancreatitis, other health issues
- Jeff & Debra's niece, Becky-many health issues, pray she can have surgery soon
- Sharon's friend's daughter, Whitney, cancer
- John's daughter-in-law, Patti cyst on brain
- Linda Cole-remission, needs prayers for healing
- Pray for homeless
- Karen Franklin-needs prayer for continued healing
- Prayers for those grieving the loss of loved ones
- Sue's cousin, Steve, given 1 year to live-pray for more time
- Eileen's brother-in-law, Raymond, slow recovery from leg bypass
- Lisa's friend/co-worker, Valinda-cancer
- Our member in assisted living is Bud Kibbe, Hagerstown
- Sam's sister, Roberta—memory issues in assisted living
- Health care workers
- Prayers for Ukraine
- Taylorsville UMC
- The United Methodist Church
- Our World
- Our Leaders



Praise

- 40 in church yesterday
- UWIF had nice lunch at Buttersburg Inn
- For Pastor Josh
- Family, friends

We want to keep our prayer list as up to date as possible. Please let the office know if there is a prayer request that we have missed or one we need to take off the list. Thank you for your help with this.

Prayers for Service Persons

Sean Grimes

(U S Navy-Tampa)

Thank you for your service Sean!!



Rev. O.F. (Bud) Kibbe
Pastor

Pastor Bud Kibbe is celebrating his 92nd birthday on February 26th!

His address is:

**Commonwealth Senior Memory Care
310 Cameo Drive
Hagerstown, MD 21740**

Let's shower him with some birthday cards and love!



Adult Sunday School Class in Basement - Fellowship Hall ~ 9:00 a.m. Contact: Dee Haines

The February lessons, the final ones in this quarter, take us to the New Testament epistles and their teachings on the inclusive nature of God's call. God's assessment does not always match human evaluation. As a result, he may call those people whom the world considers lowly and unremarkable.

God's call may lead to suffering in the lives of the called. This is not suffering for suffering's sake. Instead, God's people can experience his presence in their trials. Since God "has destroyed death" his promises bring hope.

The ultimate effect of God's promises is holiness in his people through the marvelous light of his salvation. Some people may consider God's call to be peculiar at best or a cause for stumbling at worst. Nevertheless, God remains faithful through his merciful call that leads to salvation and holiness.

We meet on Sunday mornings at nine in the church social hall. Please join us as we continue our studies.

Adult Sunday School Class 8:50 a.m. in the Ed. Bldg. Contacts: Steve Novick and Jeff Taylor



Sunday School News from Jeff Taylor:

This class is starting a study of the Lord's Prayer. Join in person or on Zoom. Contact Jeff or the church office for Zoom log-in information.

Come join us in person at **8:50 am every Sunday** in the Education Building (house next to church).

The lessons in our Sunday school Deuteronomy study are now available on the web.

The YouTube videos of each lesson can be found on the playlist link below.

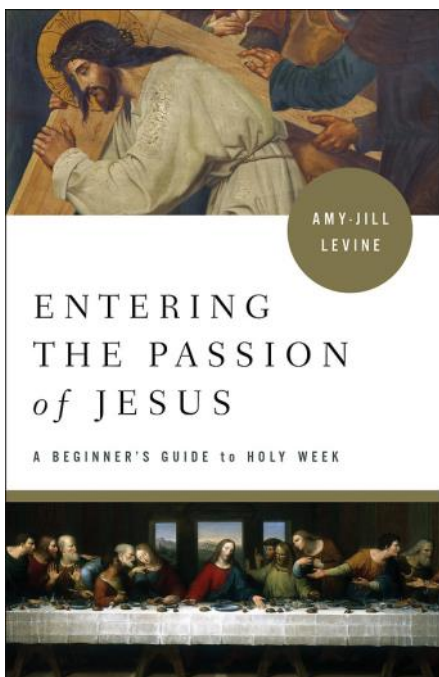
https://www.youtube.com/playlist?list=PLyHOBihQWOD6-EruZ_PDHL9_F87fQml2i

The PDF course materials for each lesson are on the Taylorsville web page at:

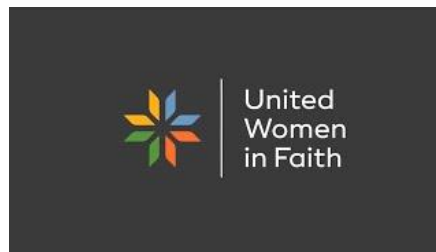
<https://taylorsvilleumc.org/ss-holding-page>

Both materials will be posted to the links above the week after each lesson.

LENTEN BIBLE STUDY



- ◆ Starts February 26th
- ◆ On Zoom at 7:00PM
- ◆ To help offset the cost of the materials, a \$12.00 donation is helpful, but not mandatory
- ◆ Let the office know if you would like to participate in this study



- ◆ Taking orders for **February 12th Souper Bowl Soup Sale– Chicken Noodle or Beef Vegetable, \$10 a quart**
- ◆ **Orders to Dee or Maria by February 5th**

Shrove Tuesday



Pancake Supper

February 21st from 5:00 to 7:00PM. Donations raised from supper will be used to support our Missions budget.

Contact Vivian if you can help with set-up, preparing the food or even clean-up.

February Challenge

- ♥ *Send a card or call a shut-in*
- ♥ *Introduce yourself to someone from church you do not know*
- ♥ *Read a chapter from the Bible every day*



Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs.

1 Corinthians 13:4-5

Heart Disease: It Can Happen at Any Age

Heart disease doesn't happen just to older adults. It is happening to younger adults more and more often. This is partly because the conditions that lead to heart disease are happening at younger ages. **February is American Heart Month**, the perfect time to learn about your risk for heart disease and the steps you need to take now to help your heart.



- Heart disease—and the conditions that lead to it—can happen at any age.
- High rates of obesity and high blood pressure among younger people (ages 35–64) are putting them at risk for heart disease earlier in life.
- Nearly half of all Americans have at least one of the top three risk factors for heart disease: high blood pressure, high cholesterol, and smoking.
- Learn about your risk for heart disease and the steps you need to take now to help your heart.

You Could Be at Risk

Many of the conditions and behaviors that put people at risk for heart disease are appearing at younger ages:

- **High blood pressure.** Millions of Americans of all ages have high blood pressure, including millions of people in their 40s and 50s. About half of people with high blood pressure don't have it under control. Having uncontrolled high blood pressure is one of the biggest risks for heart disease and other harmful conditions, such as stroke.
- **High cholesterol.** High cholesterol can increase the risk for heart disease. Having diabetes and/or obesity, smoking, eating unhealthy foods, and not getting enough physical activity can all contribute to unhealthy cholesterol levels.
- **Smoking.** More than 35 million U.S. adults are current smokers, and thousands of young people start smoking each day. Smoking damages the blood vessels and can cause heart disease.

On average, U.S. adults have hearts that are 7 years older than they should be. Other conditions and behaviors that affect your risk for heart disease include:

- **Obesity.** Carrying extra weight puts stress on the heart. More than 1 in 3 Americans—and nearly 1 in 6 children and adolescents ages 2 to 19—have obesity.⁵
- **Diabetes** causes sugar to build up in the blood. This can damage blood vessels and nerves that help control the heart muscle. More than 1 in 10 people in the United States have diabetes.⁶
- **Physical inactivity.** Staying physically active helps keep the heart and blood vessels healthy. Only 1 in 4 adults meet the physical activity guidelines of getting 150 minutes of moderate-intensity activity per week.⁷
- **Unhealthy eating patterns.** Most Americans, including children, eat too much [sodium](#) (salt), which increases blood pressure.⁸ Replacing foods high in sodium with fresh fruits and vegetables can help lower blood pressure. Only about 1 in 10 adults get enough fruits and vegetables each day. A diet high in trans fat, saturated fat, and added sugar increases the risk factor for heart disease.

4 Ways to Take Control of Your Heart Health

You're in the driver's seat when it comes to your heart. Learn how to be heart-healthy at any age.

Don't smoke. Smoking is the leading cause of preventable death in the United States. If you don't smoke, don't start. If you do smoke, [learn how to quit](#).

Manage conditions. Work with your health care team to manage conditions such as high blood pressure and high cholesterol. This includes taking any medicines you have been prescribed. Learn more about preventing and managing high [blood pressure](#) and [high cholesterol](#).

Make heart-healthy eating changes. Eat food low in trans fat, saturated fat, added sugar, and sodium. Try to fill at least half your plate with vegetables and fruits, and aim for low sodium options. Learn more about [how to reduce sodium](#).

Stay active. Get moving for at least 150 minutes per week.¹¹ You can even break up the exercise into 10-minute blocks for a total of 30 minutes in a day. Learn more about [how to get enough physical activity](#).

Test Your Knowledge on Lent

- What does the term 'Lent,' which comes from 'lencten,' mean?
 - Sacrifice
 - Time
 - Spring
 - March Madness
- How were ashes imposed in the early church?
 - The shape of a cross was drawn on the forehead.
 - Ashes were smeared across closed eyelids.
 - Ashes were poured or sprinkled over the head.
- Why do people give things up for Lent?
 - To follow the example of Jesus' 40-day fast in the wilderness.
 - To help us focus on prayer and devotion.
 - To give the acquired savings to the poor.
 - All of the above.
- What snack food has significance during Lent?
 - Chocolate
 - Pretzel's
 - Popcorn
 - All of the answers
- Many people fast during Lent. How often did John Wesley fast?
 - Twice a week
 - Twice a month
 - Twice a year
 - Rarely
 - He did not fast.
- Why does Lent last 40 days?
 - To represent the time Jesus spent in the wilderness, tempted by Satan.
 - To recall the 40 days and nights the earth was flooded in the Old Testament.
 - To remind us of the 40 years the Israelites wandered in the desert.
- What do some United Methodists not sing at Lent?
 - Doxologies
 - Alleluia
 - "In the Garden"
 - The communion liturgy
- Which hymn, based on St. Patrick's prayer, would be a good Lenten devotion?
 - "Jesus Walked This Lonely Valley"
 - "Christ Beside Me"
 - "O Happy Day, That Fixed My Choice"
 - "Come and Find the Quiet Center"
- True or false? Sundays are not counted in the 40 days of Lent.
 - True
 - False
- When early Methodists in America sat in a church on a mourner's bench, they would:
 - Repent their sins
 - Experience a new birth.
 - Rededicate themselves to Jesus.
 - All of the above






2023

Office Hours
M, W, TH
9:00AM-2:30PM

TAYLORSVILLE

UMC

Mt. Airy Net
Collecting: coffee,
tea, hot chocolate,
boxed potatoes,
hamburger helper

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 6:30PM Choir	2	3	4 9:00AM Men's Breakfast- Buttersburg Inn
5 COMMUNION Mission Giving Sunday 9:00AM Sunday School 10:00AM Worship- Facebook live/website	6	7	8 6:30PM Choir	9	10	11
12 Scout Sunday 9:00AM Sunday School 10:00AM Worship- Facebook live/website	13	14 	15 6:30PM Choir	16	17	18
19 9:00AM Sunday School 10:00AM Worship- Facebook live/website	20	21 5-7PM Shrove Tuesday Pancake Supper	22 10AM-2M Ashes 7:00PM Ash Wed. Service	23 Newsletter Deadline	24	25
26 First Sunday of Lent 9:00AM Sunday School 10:00AM Worship- Facebook live/website 7:00PM Zoom Lenten Study	27	28	28 6:30PM Choir			



Our Mission of Purpose

We of Taylorsville UMC are a community of faith who believe in Jesus Christ and who value Bible study, prayer, mission and growing in discipleship. We will connect with our unchurched neighbors through small groups that present opportunities to share our faith and worship God together.

We're on the Web!
www.taylorsvilleumc.org



*Join us for Worship
each Sunday at 10AM*

To unsubscribe or to receive this through e-mail please call the church office at 410-875-4101 or e-mail taylorsvilleumcmd@gmail.com

Lent Quiz Answers:

11. Spring
12. Ashes were poured or sprinkled over the head.
13. All the answers
14. Pretzel's
15. Twice a week
16. To represent the time Jesus spent in the wilderness, tempted by Satan.
17. Alleluia
18. "Christ Beside Me"
19. True
20. All the answers

ADDRESS SERVICE REQUESTED

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