

# OPENING ACTIVITY: 5 Senses

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**\*\*This activity won't work if your kids are allergic to strawberries!**

**Objects Needed:** strawberries, blindfolds, other objects

Blindfold your kids. Tell them that they are going to have to try and figure out what object they're holding. They can use any of their five senses, other than the sense of sight.

Put one of the objects in their hands and see which child can figure out what the item is first. Repeat with a few other objects, saving the strawberry for last.

Then, put a strawberry in their hand and have them try and guess. Ask them to describe the strawberry using their five senses (smell, taste, hear, feel, taste).

Snack on strawberries while you talk about the lesson..