



HOW TO PLAY

THE SCORE



PADEL EMPLOYS THE SCORING SYSTEM OF TENNIS AND PERMITS THE UTILIZATION OF BACK AND SIDEWALLS, LEADING TO LONGER RALLIES COMPARED TO TRADITIONAL TENNIS MATCHES. VICTORY IN POINTS IS DETERMINED BY TACTICS RATHER THAN PHYSICAL STRENGTH. MATCHES ARE TYPICALLY CONTESTED IN THE BEST OF 3 OR 5 SETS, AND EACH SET REQUIRES WINNING 6 GAMES. THE POINTS ARE TALLIED IN THE FOLLOWING SEQUENCE DURING A MATCH: 0, 15, 30, 40, AND GAME. IN CASE OF A TIE AT 40-40, TWO ADDITIONAL POINTS ARE NEEDED TO DETERMINE THE WINNER OF THE GAME.



IN A SINGLE SET, IT IS ESSENTIAL TO ATTAIN 6 GAMES FIRST. HOWEVER, IF THE SCORE IS TIED AT 5-5, THE SET IS PROLONGED UNTIL THE FIRST PLAYER REACHES 7 WON GAMES. WHEN THE SCORE IS TIED AT 6-6, A TIE BREAK IS PLAYED TO DETERMINE THE WINNER. THE TIE BREAK IS DECIDED BY THE FIRST PLAYER TO WIN 7 POINTS, WITH A MANDATORY LEAD OF AT LEAST TWO POINTS.

GLASS WALLS



IN PADEL, WHEN YOU ARE PREPARING TO RECEIVE A BALL, YOU CAN LET IT BOUNCE AGAINST THE GLASS WALL AFTER IT HAS MADE CONTACT WITH THE GROUND, AND THE BALL REMAINS IN PLAY. IN ADDITION, YOU CAN USE YOUR GLASS WALL TO STRIKE THE BALL BACK IF YOU FIND YOURSELF IN A CHALLENGING SITUATION. WHEN RECEIVING A BALL, THE GRID MAY ONLY BE USED TO BOUNCE THE BALL UP, AND THE BALL IS STILL IN PLAY IF IT BOUNCES ON THE GROUND FIRST AND THEN ON THE GRID (EXCEPT DURING SERVES). HOWEVER, IF YOU HIT THE BALL INTO THE GRID ON YOUR SIDE, YOU LOSE POSSESSION OF THE BALL.



REGARDING THE GLASS WALL ON THE OPPONENT'S SIDE, IT MAY ONLY BE USED IF THE BALL DIRECTLY ENTERS THEIR GRID/GLASS WITHOUT BOUNCING ON THE GROUND FIRST; OTHERWISE, THE BALL IS CONSIDERED OUT.

SERVING



HEY THERE! LET'S TALK ABOUT THE PADEL SERVE. UNLIKE TENNIS, THE SERVE IN PADEL IS DONE UNDERARM AND THE BALL SHOULD BE HIT AT, OR BELOW, WAIST HEIGHT. INSTEAD OF TOSSING THE BALL, YOU'LL NEED TO BOUNCE IT ON THE GROUND. THE BOUNCE MUST OCCUR BEHIND THE SERVER WINDOW AND BETWEEN THE CENTRE LINE AND THE SIDEWALL. THE SERVE SHOULD BE AIMED DIAGONALLY AND BOUNCE IN THE OPPONENT'S OPPOSITE SERVER BOX.



REMEMBER, THE SERVE IS ALSO VALID IF IT BOUNCES OFF THE OPPONENT'S GLASS WALL, BUT IF IT BOUNCES OFF THEIR GRID, IT'S NOT CORRECT. YOU HAVE TWO ATTEMPTS TO SERVE, JUST LIKE IN TENNIS. IF YOU MISS YOUR FIRST SERVE, YOU HAVE ANOTHER CHANCE. BUT IF YOU MISS THE SECOND SERVE, IT RESULTS IN A DOUBLE ERROR, AND THE POINTS GO TO YOUR OPPONENT.



ONE THING TO NOTE: IF THE BALL TOUCHES THE NET DURING THE SERVE, IT MUST BE REDONE. SO, LET'S GET READY TO SERVE UP SOME FUN ON THE PADEL COURT!

THE RULES



TO SCORE A POINT, THE BALL MUST BOUNCE ON THE GROUND BEFORE HITTING THE OPPONENT'S GLASS WALL. IF IT GOES DIRECTLY INTO THE WALL, IT COUNTS AS OUT. YOU CAN ALSO PLAY VOLLEYBALL OR HALF-VOLLEYBALL, AND HITTING THE BALL ON YOUR GLASS WALL IS FAIR GAME TO GET IT OVER TO YOUR OPPONENT'S HALF OF THE FIELD. JUST REMEMBER NOT TO HIT THE BALL IN THE GRID ON YOUR SIDE.



PADEL FOLLOWS SIMILAR RULES TO TENNIS, BUT WITH SOME EXCITING EXCEPTIONS REGARDING THE WALLS. THE GAME IS PLAYED BETWEEN TWO PAIRS OF PLAYERS USING REGULATION PADEL RACQUETS. EACH MATCH BEGINS WITH AN UNDERARM SERVE, DIAGONALLY INTO THE OPPONENT'S COURT, JUST LIKE IN TENNIS.



THE GOAL IS TO SCORE MORE POINTS THAN YOUR OPPONENTS, BUT BEWARE! YOUR OPPOSITION CAN WIN A POINT IF THE BALL BOUNCES TWICE, STRIKES YOU OR YOUR TEAMMATE, OR HITS THE WIRE FENCING OR ANOTHER FIXTURE BEFORE GOING OVER THE NET OR INTO THE OPPONENT'S COURT (OUT OF BOUNDS).



GET READY FOR SOME INTENSE FUN AS MATCHES ARE MADE UP OF 3 SETS, WITH EACH SET CONSISTING OF 6 GAMES. TO BE DECLARED WINNERS OF THE PADEL MATCH, YOU NEED TO WIN 2 OUT OF THE 3 SETS. ARE YOU UP FOR THE CHALLENGE?