

A golden sunburst with multiple rays emanating from a central bright point, set against a background of a sea of clouds. The sunburst is the central focus, with rays extending towards the corners of the frame. The clouds below are a deep golden-brown color, and the overall scene is bathed in warm, golden light.

QUANTUM BIOLOGY COLLECTIVE

PODCAST

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EP06

With Roudy Nassif

1. Recommended light bulbs, reading lights and night lights
 - [Viva Rays](#) - daytime / evening glasses in one
 - [Bon Charge](#) - best style selection
 - [Spectra 497](#) - best for a tight budget

LIGHTBULBS & LIGHT THERAPY

CIRCADIAN FRIENDLY LIGHT BULBS **EP47**

With Daniel Ebbett

Recommended light bulbs, reading lights and night lights:
www.blockbluelight.com

NUTRITIONAL LIGHT TECHNOLOGY **EP49**

With Ken Ceder

Recommended light therapy device (light box) for SAD:
www.solshine.org

INFRARED DEFICIENCY EPIDEMIC **EP61**

With Kelly Bento

Recommended red light therapy devices:
www.soleilwell.com

LIGHT THERAPY FOR PETS AND HORSES **EP52**

With Jackie Jolie

Recommended red light therapy for pets:
www.equisol.life

HEALING TECHNOLOGY: PHOTOTHERAPY PATCHES

BRILLIANT INVENTORS PART II: PORTABLE PHOTOTHERAPY TO HARNESS OUR BODY'S OWN LIGHT

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With David Schmidt

To purchase the phototherapy stem cell patches (X39):
lifewave.com/qbcpodcast

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