

Ministers: The Congregation Pastor: Ian McMichael Church Secretary: Kristi Nelson Pianist: Kate Schneider Custodian: Rex Rutledge

309 N. Lake Street Colfax, WA 99111 Phone: (509) 397-2121 PeaceLutheranColfax@gmail.com http://PeaceLutheranColfax.org

General Announcements

Thank you to Brandy Wigen for leading the Choir and for their contributions to Worship this past year! Choir will resume this Fall.

Thank you to Mary Cocking for facilitating adult education this year! The Sunday morning and evening series have both wrapped up for the summer.

Thank you to Pete Wigen for fixing the sprinkler system and for Georgie Leinweber for spraying weeds in the back parking lot!

Beginning Sunday July 2, we will switch service times with Trinity Endicott for the remainder of the year, with Worship moving to 11:00 am.

Thank you to those who have been elected to serve on Church Council for the 2023-2024 year:

Past President/Member at Large: Georgie Leinweber

Presidents: Steve and Julie Teade

Vice President: Gail Webster

Treasurers: Pete and Brandy Wigen

Fellowship: Cathay Landers and Mary Ann Wigen

Property: Marvin Wigen Secretary: Kristi Nelson

Worship: Catherine Olson

Youth: Rex Rutledge Pastor: Ian McMichael





Dear friends,

From April 28-30, 2023 the Northwest Intermountain Synod gathered BEGA KWA BEGA (shoulder to shoulder) together in assembly in Pasco, WA to accomplish the business of our synod, to celebrate the ministry that comes out of our partnership, and to worship and pray with one another. During opening and closing worship, \$6,424 in offering was collected to be split evenly between the Wells Endowment for Campus Ministry, Lutheran Disaster Response and Ulanga Kilombero Diocese Girls' Scholarships at Tumaini School! There is still opportunity to give & support these wonderful causes. Simply click here. It was a joy to have people from the three congregations in the Tri-Cities, Pasco First, Lord of Life-Kennewick, and First-Kennewick join us for closing worship on Sunday morning, including a 50-60 person choir formed by Assembly attendees and local church members!

Another gift of being in a denomination is that we are not alone in this work, and we can celebrate the work done in our name in other parts of our synod, country, and world. Here are some highlights of the work that was accomplished and celebrated this weekend.

We had the privilege of undertaking an election for bishop. After six candidates, four ballots, and a lengthy Q & A, the gathered assembly elected Pastor Meggan Manlove as the next bishop of the NWIM Synod. We are grateful to all the candidates (with the support of their congregations and families) for letting their names go forward. And I am excited for Bishop-Elect Meggan and her leadership. The Bishop-Elect is currently serving at Trinity Lutheran Church in Nampa, Idaho, where she has been for the last 12 years. You can read more about her and all the candidates here. The Assembly gave a standing ovation to Bishop Kristen in gratitude for her 6 years of service in that office. Bishop-Elect Meggan will start her term July 1. Her installation is scheduled for

Offerings

Your financial gifts can be received in a number of ways!

October 7 at Cathedral of the Rockies, Boise, ID.

In addition to leaving your offering during in-person worship, we also have, Tithe.ly, our online giving platform, which can be found here: https://tithe.ly/give_new/www/#/tithely/give-one-time/1302894

You may also may also drop your offering in the mailbox at church or mail it to: 309 N Lake Street, Colfax, WA 99111

June Birthdays

JUNE:

18th - Gail Webster
20th - Shirley Cornelius
Ali Shirley
27th - Mason McNeilly
Joann Wood

June Anniversaries

JUNE: 4th - Tom & Robin Cocking (1978)

6th - Pastor Ian & Corrin McMichael (2015)

15th - Brian & Shirley Cornelius (1991)

16th - Jon & Peggy Kehne (1973)

19th - Steve & Julie Teade (1982)

Sunday Attendance

Week 1	Week 2	Week 3	Week 4
May 7	May 14	May 21	May 28
30	28	73	19

Pastor's Message

Genesis 2:1-3

Thus the heavens and the earth were finished and all their multitude. On the sixth day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.

Dear Members of Peace and Trinity,

I've always been struck by the seventh day of creation. God rested! Why? Was it because God was tired? Needed a break? Was God simply bored and forced into resting because everything was already created? As you may have guessed, I don't think any of those tell the story of rest on the seventh day. God doesn't get tired, but the rest that takes place is part of the creation story itself. God created the universe so that rest may have a part in it. Rest is part of the very structure of creation, one of the necessary things that we need to live our lives. We need it just like the birds of the air, the dirt of the field, and the humans around us.

We are also, on the whole, absolutely terrible about resting. The one time that rest seems to be acceptable is on vacation, something that not everyone is lucky enough to take and many who have the time don't go anyway. Couple that with the prevailing wisdom that says that we need to work twice as hard before and after vacation so that we can actually enjoy our time of rest. It takes nothing off of our plate, but instead redistributes it in a very *unrestful* way.

I recently was listening to a podcast with a "sleep expert" that posited something different about rest though, a way that I think is actually more faithful to the integrated structure of rest presented in Genesis 2. The expert was saying that instead of forcing ourselves to get eight hours of sleep at night or take naps in the afternoon (both not bad things!) instead what we can do is simply find fifteen minutes a couple

of times a day to close our eyes, read a book, listen to calming music, sit on a park bench, or simply do something we enjoy. While he claimed this would help with sleep issues, I also think it speaks volumes to the idea of rest. This type of rest is integrated into our every day, we can do it anywhere, and we can do almost anything with the time, so long as it is relaxing and life-giving. While I don't know the science behind it, I appreciate this idea of rest because it seems faithful and doable. I'd invite you to try it.

While I know summer is a busy time for many of you, my hope is that you can also find a time for rest in the coming days. Life is hectic and the busy-ness of life will always win if we let it. May rest be part of the system that you create for yourself. May you find time throughout the day to breathe. May it be energizing and life-giving, just as the Creator of the universe gives each of us life.

Peace,
Pastor Ian