

Daily Schedule

8-8:30 AM	Wake up routine
8:30 -9 AM	Breakfast (all ages)
9-9:45 AM	Free Play
10:30 AM	Story time & Tot School Activity
11 AM	Diapering
11:30 AM	AM Snack/ Bottle Feedings
12:45-2 PM	Nap Time
2:15 PM	Diapering
2:30 PM	Lunch (all ages)
4:30pm	PM Snack (optional)

*Please note that free play begins between 9/9:45 am and is continued throughout the day except at above transitions.



Early arrivals

- All infants arriving before 8am will have a morning rest/quiet time.
- Upon arrival, baby will be laid down to rest in a 4Moms brand Play yard, Rockaroo or Mamaroo.
- Infants are transitioned to cots at 18 months or later

Wake up routine

- Wake children
- Sanitize sleeping areas
- Fold and store blankets
- Diapering
- Clothes change (if needed)

Feeding Schedules

Infants are fed routinely on demand (showing signs of hunger) or every 3 hours as scheduled.

Infant Enrichment

- Infants age 0-20 months are taught through hands on play with award winning developmental play products, socialization with peers and daily reading.
- Infants age 20 months+, are introduced to preschool via weekly Tot school age appropriate learning opportunities

Diapering/ Potty Time

- Diapering is routinely done on demand or every 2/2.5 hrs. Diapering is increased to hourly with the presence of a rash