



NCPC NEWSLETTER

September 2024



Its great to see the club representing at Opens and receiving positive comments. A busy month for Opens with Berri and Port Pirie.

There are some really great scores being shot and our juniors are doing well.



INSIDE THIS ISSUE:

THE SCOREBOARD	2
SOPHIES CORNER	3
COACHING	4
AROUND THE CLUB	5
THE FUN SIDE	7
PROGRAM	8

Noarlunga City Pistol Club announces our new Club Coach: Tony Carter. Tony has been appointed by the committee as our official coach. Tonys first act of business is a coaching course to be run over a few weeks.

See page 4 for more details

Any information for the NCPC newsletter must be received by the secretary no later than the 20th of the month to be included in the following months edition. Please note that all picture files must be emailed as attachment (.JPG format) Not inserted into documents or emails. Thank you.

THE SCORE BOARD

The Scoreboard – “IT’S ALL ABOUT THE JOURNEY”

I was once told by a fellow shooter and a good friend that it’s not about the scores, “It’s all about the Journey”. It made sense to me a little later on, I had to tame the competitive beast inside me a little for this to happen, but I now realise that having fun, relaxing and not getting grumpy at shoots I was not happy with. With this change in thinking my shooting has improved at opens, my focus on what I am doing is so much better and I am now a lot more open to people suggestions on how I can improve. The experiences away from the line can assist with your training and improvement just as much as the practice you put in. Shooting can be such a mental game and that is probably the hardest part I have had to fix to move forward.

So when I hear people say that they are not ready to compete in opens, or they don’t want to embarrass themselves. I will tell you my first open was the 2022 State Titles that Noarlunga hosted, I had my licence for 3 months at the time and went into it without anyone I had trained with and not really knowing many people at the club or opens community well. Yes, I was hell nervous. I shot a couple of events, I was very average, but had some fun. I was amazed at how many people gave me advice and encouraged me, from RO’s to judges to other competitors, everyone was great.

Since that State Titles I don’t think I have missed an open in SA, I have even gone to VIC to shoot in one. I now drag my camper around the state for country opens, stay on range with others from NCPC as well as other clubs, and try to enjoy the journey. These are great times I get to spend with my family, my good friends and their families, and hey sometimes we win, sometimes we don’t, but thanks to those wise words now I always enjoy the journey. Thank you.



SOPHIE'S CORNER

Hello Everyone,

Another busy month in the pistol club world. This month in Adelaide we have had 2 competitions, one at Berri /Loxton pistol club and the other at Port Pirie pistol club. Unfortunately, I was only lucky enough to attend the Berri / Loxton open (as well as Alison Heinrich 🇳🇿). I would firstly like to thank the Berri / Loxton pistol clubs for this amazing competition and would also like to thank all the competitors who made the long journey down to Monash. It was a great weekend with lots of shooting and nice to see some old and some new faces. Despite the weather being in the minuses first thing in the morning, heaps of people joined us camping at the Pistol club. We certainly enjoyed sitting around fire every night (I would also like to apologise to anyone that was around that fire for the words I used while watching the AFL, I am certainly passionate about my team Collingwood). Anyway, it was a fantastic weekend away filled with some really good (and some really bad by me) shooting, despite the highs and lows, I am so proud of how everyone stuck together and supported each other all the way through. Now even though I personally was not able to attend the Pirie open I have heard some stories. I would like to congratulate Sharlene on her score of 542 in air, very well done we are all so proud J. I would also like to say a late Happy Birthday to Rob Peterson our scorer, I hope you had a fantastic day and a good weekend of shooting. I can't wait until the next competition to hopefully see even more NCPC members attending and shooting. People are always commenting on how many NCPC members are attending opens, keep up the great work.

Thank you all
Sophie Wright



Coaching, Training and Advice

on

Air Pistol Shooting Techniques, Plus

NCPC Air Pistol Range

Over 5 weeks Sundays September 1st, 8th, 15th, 22nd and 29th.

Time: from 11.00am to 1.00pm.

- Week 1:** Overview, Information, Drills, Practical Session and Homework.
- Week 2:** Basic techniques, Drills 2, Practical Session and Homework.
- Week 3:** Preparation, Warm up routines, Dry fire exercises, Practical Session, Entry forms, SARPA.
- Week 4:** Actual 60 shot match in Competition Rules inc. Preparation and Sighting Series. BBQ Lunch.
- Week 5:** Where to from here?, Questions and Answers, Sport Integrity Australia.

There is a sign up sheet in the clubrooms or Email secretary@noarlungacitypistolclub.org

AROUND THE CLUB

We all like to enjoy our time at the range but do we think of the members that will use the range after us? We should always aim to leave the range in a tidy condition making sure to dispose of targets that are over used or patch out. Please pack up properly. Don't forget to fill out the sign in book on Range 2 when visiting the Range when there are no matches scheduled.

CLUBROOMS

The clubroom upgrade has come along nicely . Treasurer Michelle has picked up a table to pretty much complete the project. Thanks to everybody that lent a hand.



REMINDER

A quick reminder: All licence holders must shoot in 6 Club Matches in a licence year. This is a minimum requirement and includes if you don't yet own a firearm. If you own 2 calibres it is 4 shoots per calibre. This is part of the Firearms Legislation. Scores must go on the scoresheet to be added to the computer so we can sign you off for the year.

**IMPORTANT
REMINDER**



SERVICE OF ALCOHOL

The club now has a liquor licence and a selection of beer and spirit mixers is available for sale and consumption on the premises

Please note

- You can only purchase and consume alcohol once you have finished shooting for the day
- Once you have consumed any alcohol, you may not shoot or officiate in any capacity on range
- Alcohol cannot be taken on to any range (as per signage at the entrance to each range)
- Alcohol can ONLY be accessed / served by an approved RSA (no RSA on site = no alcohol available)
- Initially we are focusing on Sundays and Wednesdays with a view to extending to Tuesdays and Saturdays as RSA trained members become available.

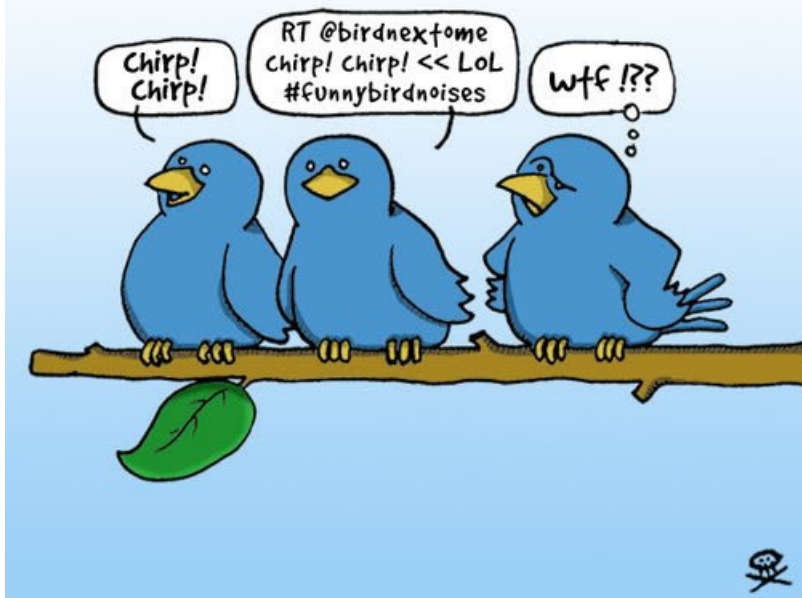
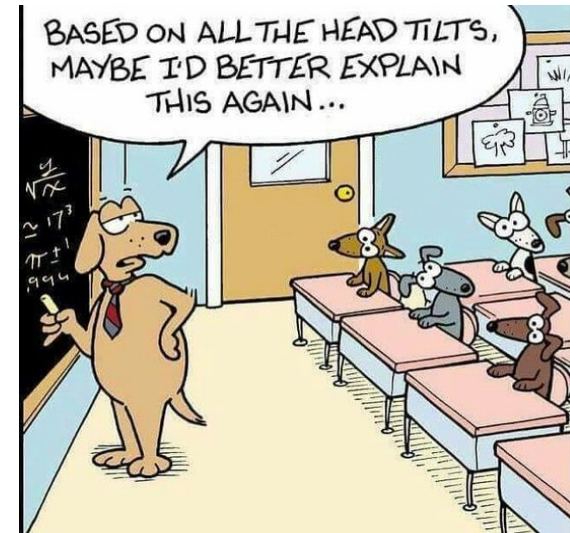
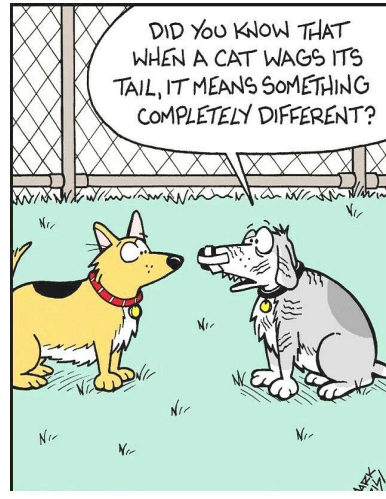
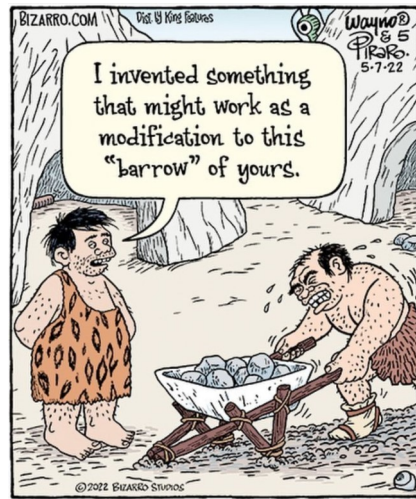
PLEASE FOLLOW THE BELOW ADVICE AT ALL TIMES ON THE RANGE AND PACK UP IF YOU ARE THE LAST SHOOTER ON THE RANGE (FLAGS, COMPRESSOR, POWER ECT.)



RANGE ETIQUETTE & HOUSE-KEEPING

- Please be on range at least **10 minutes** prior to the scheduled match start time as a courtesy to your fellow club members who have set up and are ready to start shooting at the scheduled time
 - The Range Officer has total control of the range and the match – follow all Range Officer commands without exception
 - On match completion, sweep up your spent brass and evaluate your used target:
 - If reusable – patch it **before** returning it to the target storage unit for re-use
 - If shot-out - dispose in one of the yellow lidded wheelie bins near the clubhouse
 - If in doubt, ask!
- (The above also applies for practice sessions – please patch targets before storing for re-use)
- Assist with taking range caddies and target carriers back to the clubhouse
 - Leave the range clean and tidy for the next user(s)

THE FUN SIDE



NOARLUNGA CITY PISTOL CLUB
MONTHLY PROGRAM OF MATCHES



Air Pistol - self squadding - can be shot on any day with programmed matches (SAT. SUN. TUE. WED. FRI.)

Day	Time	Range 1	Range 2
1st Saturday	11:00am	Shotgun	Shotgun
	1:00pm	BP International	
1st Sunday	9:00am	CF/25m	Std. Pistol
	11:00am	WA1500	Rapid Fire
	1:00pm	WA1500	BP25
	3:00pm	50m Pistol, Rifle BR60, .22/CF	
1st Tuesday	10:00am	Falling Plates	
1st Wednesday	3:00pm	Service 25yd	
1st Friday SOCIAL	5:00pm	Falling Plates	
2nd Saturday	Reserved for Ad Hoc special events		
2nd Sunday	9:00am	Std. Pistol	Rapid Fire
	11:00am	50m Pistol, Rifle BR50, .22/CF	CF/25
	1:00pm	Single Action	
2nd Tuesday	10:00am	CF/25m	
2nd Wednesday	5:00pm	Falling Plates	
2nd Friday SOCIAL	5:00pm	Falling Plates	
3rd Saturday	11:00am	Shotgun	Shotgun
	1:00pm	BP International	
3rd Sunday	9:00am	50m Pistol, Rifle BR50, .22/CF	Std. Pistol
	11:00am	Service 25yd	Rapid Fire
	1:00pm	Service	BP25
	3:00pm	50m Pistol, Rifle BR50, .22/CF	
3rd Tuesday	10:00am	Falling Plates	
3rd Wednesday	3:00pm	WA1500	
3rd Friday SOCIAL	5:00pm	Falling Plates	
4th Saturday	9:00am	WORKING BEE	
4th Sunday	9:00am	CF/25m	Std. Pistol
	11:00am	50m Pistol, Rifle BR50, .22/CF	Rapid Fire
	1:00pm	Single Action	
4th Tuesday	10:00am	CF/25m	
4th Wednesday	3:00pm	Service	
4th Friday	SOCIAL	Falling Plates	
5th Saturday	11:00am	Shotgun	Shotgun
	1:00pm	BP50	BP International
5th Sunday	9:00am	CF/25m	Std. Pistol
	11:00am	Shotgun	Rapid Fire
	1:00pm	Action Pistol	API
5th Tuesday	10:00am	Falling Plates	
5th Wednesday	5:00pm	Falling Plates	
5th Friday SOCIAL	5:00pm	Falling Plates	

Version 202402

NOARLUNGA CITY PISTOL CLUB ACCOUNT:

805 050
102212732

PLEASE USE SURNAME AND MEMBER NUMBER AS REFERENCE TO YOUR PAYMENT. MEMBERSHIP FEES SHOULD NOT BE SPLIT PAYMENTS

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