

Menu of Table Information & Activities for MLK Celebration 2019

Description: This list provides information about the various sponsors that have tables and are represented at our MLK Celebration. They have provided information about what will be at their table to share with the community so please take a look and enjoy.

Table 1 — **Alzheimer's Association** — will be providing information on Alzheimer's and related dementia. We will be handing out roll-up banners and handouts about the 10 warning signs of Alzheimer's and providing free giveaways.

Table 2 — **Community Home Health Care** — will give out chocolate rugalach and nice giveaways.

Table 3 — **Crystal Run Health Care** — will be providing blood pressure checks for a chance to win a Fit-bit. We will also have giveaways and informational material.

Table 4 + Table 5 — **Montefiore Nyack Hospital and Breast Center and Prenatal Center** - we will provide BP screenings, Diabetes Risk assessments and program information on weight loss program, Diabetes Prevention Programs, and women's health.

Table 6 — **Hudson River Health-Care** — is a non-profit, New York State licensed, federally qualified health center that aims to improve the health status of our community, especially those under-served and vulnerable.

Table 7 + Table 8 + Table 9 (3) — **LiveOnNY** — will be running an Organ donor program enrollment drive. Topics of discussion will include the demand and benefits of organ donation, as well as dispelling myths surrounding the subject. Come learn the myths and the facts and get all of your questions answered by an expert. Attendees will have the opportunity to register as an organ donor. This is a huge opportunity to increase the registry and shorten the wait for those in need of life-saving organs. We will have voter registration and organ donor registration. — *The fund-raising table will sell jewelry by Tara.*

Table 10 — **Marquis Home Care** (near Friendship) — is a licensed Home Care Agency provider that services clients with top-notch home care services and making sure that all needs are met. We will be doing face-painting.

Table 11 – **Friendship Adult Day Care** (near Marquis) – will have information for seniors who are interested in meeting new friends and current friends. They will learn about the different activities that are provided.

Table 12 – **Mental Health Association of Rockland** – In addition to community resources for mental health and wellness, the table will have an activity for children (and adults!) to create a personalized “I Have a Dream Rainbow and Cloud” where participants will share their wishes for our community, nation and world.

Table 13 – **National Alliance on Mental Illness (NAMI)** – Participants will get a list at our table that asks them to find other tables that have certain types of information and to complete the list by jotting down the name of each organization that fits the criteria (or bring a flier). After they fill in the categories and return the list to the NAMI table, they will be entered in a raffle. There will be three (3) winners.

Table 14 – **Planned Parenthood Hudson Peconic** – Planned Parenthood Hudson Peconic (PPHP) is a network of health centers in Rockland, Westchester, Putnam, and Suffolk counties that specializes in reproductive and sexual health. We will be providing informational pamphlets about sexual and reproductive health, including information about contraception (birth control) and sexually transmitted infections (STIs). Attendees will also have access to free and confidential rapid HIV testing on the SmartWheels mobile health center. Giveaways, condoms, and other items important to reproductive health will be available for event attendees.

Table 15 and Table 16 – **Rockland County Department of Health (RCDOH)** – offers free or low-cost clinics and health promotion programs to all Rockland residents. In addition, the DOH assists the public with housing safety issues and monitors the safety of restaurants, camp grounds and other public facilities. **Health Neighborhood Programs** – reduces health and safety risks in the home environment. Specifically, the DOH offers resources to protect the public from fire, carbon monoxide poisoning, asthma and radon exposure, etc. We will be sharing lots of great information and brochures about our Centers at the RCDOH, including what services and programs we offer to the public. We will have some giveaways at the table to offer including reflectors from our **See and be Seen**, a NY State safety campaign for safe walking. We have kitchen fire safety bags to give away too! We look at health and safety in the home environment and can provide smoke alarms, carbon monoxide alarms, products to prevent asthma triggers in the home, radon testing, child safety products, etc. If anyone is interested in having a Healthy Neighborhood Program visit, they can sign-up at the event and we will make a visit to their home!

Table 17 — **Senior Care Physical Therapy-** will have a Pulse Oximeter to take Heart Rates and Oxygen Saturation levels. We will also have a reference guide on Falls Prevention for Seniors, a list of Physical Therapist and Physical Therapist Assistant Schools throughout the United States, and an illustrated Book of the Human Body and all of its bones, muscles, organs, nerves, etc. There will be bottled water, potato chips, and fruit snacks.

Table 18— **The Association of Black Cardiologists (ABC)-** is a vital resource for educational information on heart disease and hypertension, and a vibrant voice in efforts to reduce the disparities in health-care delivery. Simple steps can lead to powerful results.

Table 19 — **WomenHeart – The National Coalition for Women with Heart Disease** — will be providing women with accurate information on the various aspects of heart disease so they can make informed, heart healthy decisions related to diet, exercise, medical treatment, and mental health by having our WomenHeart Champions distribute Red Bags of Courage.

Table 20 — **African American Historical Society** —Stop by the African American Historical Society of Rockland to learn about our work and join us in our efforts to uncover the history of the African Diaspora in and around the county and educate the public. Find out more about our community programming and virtual museum where we exhibit our historical findings. The AAHS is the oldest organization in the area dedicated to the preservation of local Black history. Is the history of the people of the African Diaspora important to you? If so, visit us and learn how you can become involved.

Table 21—**Author Jeffrey B. Perry** — Jeffrey B. Perry – independent historian whose work focuses on Hubert Harrison, the “Father of Harlem Radicalism” and founder of the militant “New Negro Movement,” and on Theodore W. Allen, pioneer of class struggle-based “white skin privilege” analysis and author of “The Invention of the White Race.” These working-class autodidacts were two of the twentieth century's most important thinkers on 'race' and class. Dr. Perry's work stresses the centrality of struggle against white supremacy to progressive social change efforts.

Table 22 and Table 23 -- **Barnes and Noble of Nanuet** will be showing off some of their favorite books about Dr. Martin Luther King Jr. and other inspiring heroes as well as topics such as African American Studies and Cultural Studies. They will donate books for prizes.

Table 24 - WellCare Health Plans – works with New York State of Health representing WellCare Health Plan Insurance. We will provide information to the community concerning free or lowcost health insurance. We will answer any questions that the consumers might have in mind in connection to see if they qualify. We will provide giveaways.

Table 25 - Green Meadow Waldorf School – will have literature and giveaways.

Table 26 - Haymarket Books & International Socialist Organization – Books on topics they don't teach in schools! Books for the thinking person! Books for people who question the status quo and want to do something about it! Haymarket publishes progressive books that will expand your thinking and help you to take ideas, history, and politics into the many struggles for social justice today. Enjoy 50% off select titles by authors such as Angela Davis and Howard Zinn.

Table 27 - Jack and Jill of America Rockland/Orange Chapter –will be presenting information regarding Legislative Reform. In addition, families will be receiving information on Legislative activities for the upcoming year, and information on the Children's Defense fund to help protect at risk children from social injustices.

Table 28 –Rockland Friends Meeting – learn about present-day Quakers and what kind of activities they engage in.

Table 29 – Camp Venture - will be providing information on the services we provide for individuals with intellectual and developmental disabilities. Job applications will be available as well.

Table 30 – The Dominican Sisters - will have a petition for a sustainable environment, handouts on 'Releasing Elderly Prisoners' and 'WE ARE ONE.' Candy will be available for all who stop by.

Table 31 – The East Ramapo Community Fund for Public Education – is a Community Fund which will support teachers and students in East Ramapo Public Schools. Learn about who we are, our goals for awarding grants, future events, and how you can participate.

Table 32 - The Historical Society of Rockland County – Information on upcoming events and programs. Old fashioned toys and games for kids.

Table 33 – **The East Ramapo PTA Council**

Table 34 – **US Census** – will pass out informational pamphlets on the 2020 census.

Table 35 - **Assemblywoman Jaffee** – will have information on Legislator Jaffees work in the assembly, and pamphlets on how a bill becomes a law, kinship program, programs for seniors, coloring books for kids.

Table 36 – **Retired Public Employees Association** – Visit our table to find out why Retired Public Employees need to be involved with us!

Table 37 – **Rockland Young Dems** – will be conducting a voter registration drive and will have fliers with information about the organization. We will give away tote bags.

Table 38 – **Center for Safety and Change** – will have information related to the services we provide, small giveaways like agency post-it pads and a couple trays of chicken.

Table 39 – **Finkelstein Memorial Library** – we will provide information on the outstanding programs of the library such as: Access to museums, English Classes for speakers of other languages, preparation for US Citizenship, concerts on Sunday afternoons and summer evenings, help for persons seeking employment, Tax Preparation and many others.

Table 40 – **JAMCCAR** – will have water, Pepsi, Frito-Lay chips and Save the Date Materials and Jamaican patties.

Table 41 – **Keep Rockland Beautiful** – empowers residents to protect and clean up our environment. Come try your hand at “the Garbage Dump” and test your recycling know-how.

Table 42 – **Meals on Wheels** – will answer questions, distribute general information about our services, as well as menus and schedules for our senior activity center, adult day care and adult learning center. We will also have pens and refrigerator magnets available as giveaways.

Table 43 — **People to People** is the largest food pantry in Rockland and will have table games, cook book handouts, and snacks.

Table 44 — **Gordon Center for Black Culture and Arts** – Advocating for Black Art and Culture in the Hudson Valley, and support of Samuel Harps Play “Antigone On Robben Island: Mandela Takes the Stage”, as well as support for the CEJES Institute.

Table 45 — **HeadStart of Rockland – Foster Grandparents Program**

-sharing programs related to early childhood education and will be sharing information about the Senior Volunteer Corp. The Foster Grandparent Program with Head Start of Rockland recruits income eligible adults 55 years of age and older to serve as mentors and tutors for special / exceptional needs children. The Foster Grandparents serve in public educational programs, Head Starts and Day Care Centers to make sure that children in their care get plenty of individual attention. We will have applications, giveaways, and candy 😊

Table 46 – **Rockland County Democratic Committee** – will be providing voter registration information.

Table 47 – Open

Table 48 — **Rockland Coalition to End the New Jim Crow** — What is being done to challenge some of the inequalities that exist in Rockland County? RCENJC will share our mission and vision for a more just society. Our social justice work has included creating awareness of how mass incarceration and the school-to-prison pipelines have impacted poor and communities of color, working to ban the box in employment and college admissions, and lobbying for reform regarding bail and solitary confinement. **Replica Solitary Confinement Cell.**

Table 49 — **Rockland County Pride Center Inc.** — is an LGBT (Lesbian, Gay, Bisexual, Transgender) organization with an anti-racist, social justice mission. The purpose of the Rockland County Pride Center is to support and celebrate the LGBT community, challenge stereotypes and practices that adversely impact the LGBT community, and provide a wide range of services to ensure equitable resources and opportunities for all – with no exceptions.

Table 50 — **Rockland Prison Justice Project** — will provide a virtual experience of solitary confinement and information related to the issues of mass incarceration and racial injustice.

Table 51 — **New York Civil Liberties Union-** we will provide information. i.e what to do if police or ICE stops you, school suspension - know your rights.

Table 52 — **Rockland Community Foundation** – is working to improve the quality of life in our region. Whether through grants, scholarships, disaster response or our position as a community leader addressing pressing needs, we're dedicated to making things better in the place we call home.

Table 53 — **Sierra Club/350.org** — Participants will engage in Spin-the-Wheel, a game designed to help educate about environmental justice issues.

Table 54 — **VCS** will be providing information about the Undoing Racism Workshops, including dates for Spring and Fall 2019 Workshops. **NOMAS** is available to answer questions about the organizations and provide membership material for those who are interested.

Table 55 + Table 56 (2) — **Alpha Kappa Alpha** —Non-perishable food drive for the MLK Food Pantry; new and gently used seasonal coats, etc. for St. Paul's Church in Spring Valley; used eyeglasses in partnership with Lion's Club International; voter registration materials.

Table 57 + Table 58 (2) — **Delta Sigma Theta Sorority, Inc. Rockland County Alumnae Chapter** — will have information regarding our scholarships to be awarded this year, fact sheet on our chapter, health information, and small giveaways in red and white.

Table 59 — **National Sorority of Phi Delta Kappa, Inc. Epsilon Chi Chapter** — will be giving away books to children that attend.

Table 60 — **Konbit Neg Lakay** — is an organization working with Haitian Americans and other community members. We train and assist in job hunts. We operate after school programs which teach in the Creole language and English. We help people to become citizens and provide prevention programs.

Table 61 — **Legal Aid Society of Rockland County** — provides free legal help in areas of child support, family law, housing, discrimination etc. for people who because of income may not be able to afford legal help.

Table 62 — **Legal Services of the Hudson Valley** — will have informational brochures about our services, pens and other small items with our contact information, also coloring books and crayons for children. We provide free legal assistance (advice and counsel, representation, etc.) in the areas of housing, public benefits, family law (when domestic abuse is an issue), elder law and other matters.

Table 63 – **Literacy Solutions - Office for new Americans** - we work with local residents to help them obtain citizenship. All our services are free.

Table 64 — **Spring Valley NAACP Youth Council** — Since 1909, the mission of the NAACP has been to ensure the political, educational social and economic rights of all people and to eliminate discrimination by race. For more information come to our table for giveaways, pamphlets on “Understanding Your Rights” and become a member of the oldest and boldest civil rights organization.

Table 65 — **Christ Centered Ministries** — will have snacks, water granola bars, literature, refreshments, CD's and books and small bibles.

Table 66– **First Baptist Church** — will be providing church literature, bibles, books, anniversary pens, T-shirts, snacks, book bags, give-ways and toys.

Table 67 — **New Hempstead Presbyterian Church** — peace cranes - oragami

Table 68 — **Nyack NAACP** — Founded in 1928 we continue the struggle to find equity in education, voting rights, housing discrimination and racial profiling. Stop by and join us in these endeavors.

Table 69— **St. Paul's Episcopal Church** — we will feature the ministries and community outreach programs that take place at the church. Our focus is to have the community join us in worship and/or volunteer to help in our service to the community. We will be handing out fliers and pamphlets describing our programs.

Table 70 – **The Community of Living Traditions at Stony Point Center** – will share information about our efforts to cultivate intentional community in a multi-faith society, and the ways that Rockland County neighbors and friends can connect with and utilize the Stony Point Center campus.

Table 71 - **Unitarian Universalist Congregation of Rockland** — Located in Pomona, NY, we are a liberally religious congregation who will be offering craft activities for children and adults. Pastries will be provided.

Table 72 — **United Methodist Church of New City** — will serve hot-dogs and provide information about our church and the various community services we provide.

Table 73 + 74 (2) – **Martin Luther King Multipurpose Center** — will be giving out free pizza in the cafeteria and will have our T-shirts, award certificates, handle donations, drinks and food.

Table 75 – **Beverly's Gospel Singers** – Soul Food Vendor

Table 76 – **Rho Gamma Sigma Chapter of Phi Beta Sigma** – Raffle a SAT Prep. Information about the organization nationally and locally.

Table 77 – **Rockland Center for the Arts** – is to inspire, educate and enrich the community through creating, teaching and presenting the arts, and to provide opportunities for all people to experience and participate in the cultural life of our region.

Table 78 – **The Rockland Negro Scholarship Fund** will have membership and scholarship applications.

Table 79 – **Rockland County Democratic Committee** – will provide voter registration material.

Table 80 – **Rockland County Office for the Aging** – We assist older Rockland residents to get services that will assist them. Advocacy by and for the elderly is our prime activity.

Table 81 -**Rockland County Haitian Relief** – Formed in 2008 when Haiti faced a serious food crisis and a number of devastating hurricanes we responded to the needs of the people of Haiti by mobilizing a county-wide effort to collect donations of food, medications, clothing, tools and other needed items. We invite you to help us continue in these efforts.

Table 82 – **Bridges - Rockland Independent Living Center** – Showcasing services provided to the community advocating for people with disabilities.

Table 83 – **Rockland4Rosa** – is a nonprofit organization which seeks to protect our shred water supply, the environment, and aspects of community character such as population density, view shed protection, traffic flow, road safety, property values and historic preservation. Join us in these endeavors.

Table 84 – **Senator David Carlucci**

Table 85 – **Shades Repertory Theater** - will provide promotional material for Theater Company, as well as info and tickets for upcoming play for African-American History Month on Nelson Mandela. We will also have T-Shirts available for promotional purposes. We will be doing street theater.

Table 86 – **Soqi Energy Center** – Pain Management

Table 87 – **Stern at Home Therapy** – provides superlative levels of patient therapy in the comfort of home. Get information on these services.

Table 88 – **The CEJJES Institute** – will be sharing CEJJES upcoming activities such as the Dinner Conversations, The Charles White Exhibition, and the 2019 HS graduation ceremony.

Table 89 – **The Rockland Ques**

Table 90 – **Kappa League** – We will offer information and sign-up sheets about our mentoring program for students grade 5 – 12 and the Annual HBCU College Tour for 2018, as well as a calendar of 2018 Kappa League events. Snacks will be provided: Chips, cookies and candy.

Table 91 – **Rockland County Commission on Human Rights** – learn more about fair housing in Rockland.

Table 92 – **US Census** - pass out informational pamphlets on the 2020 census.

Table 93 - **Creative Response to Conflict** – will have information and application forms for the Hudson Youth Leadership Academy (HYLA). Information on the NICE (Nurturing Inclusive Community Environment) a new program at Ramapo and Spring Valley high schools will be presented. There will also be information on other programs of Creative Response to Conflict, such as Lunchtime Listeners and Monday Women and Children Support Group.

Table 94– **Naomi's Program of Excellence** – will be disseminating information on

SAT and ACT Prep classes in February. Info on scholarships, summer fundraisers etc. as well as giveaways, and candy.

Table 95 — **Haitian American Nurses Association** – will distribute Health Prevention & Wellness materials and will provide free blood pressure screenings.

Table 96 – **Rockland County YMCA** – Visit YMCA Table for free BMI body composition analysis and to learn about Health fitness and sports programs. Receive discount coupons for programs and free guest passes to use Y facilities including swimming pool, gym, fitness center, exercise classes. The YMCA has something for everyone!

Table 97- **Papa John's of Spring Valley** -15 Pizza Pies (café)