



Family-Managed Home Care

Client and Family Fact Sheet

The Ontario Ministry of Health and Long-Term Care has introduced a self-directed home care option called **Family-Managed Home Care or FMHC**, also known as **Self Directed Care**

What is Family-Managed Home Care?

Family-Managed Home Care is an Ontario model that gives eligible clients and families more choice in how home care is delivered. The program is available through Home and Community Care Support Services across Ontario, including Filipino Homecare pediatric home and community care coordination

Through the **Ontario Health atHome** program, eligible clients or their **SDM** (substitute decision-makers) receive funding that can be used to:

- Purchase approved home care services from service providers.
- Employ care providers directly, where permitted.

Clients or substitute decision-makers are responsible for coordinating their care team and meeting reporting requirements set by Home and Community Care Support Services and Filipino Homecare.

Pediatric clients

Pediatric clients are assessed by Filipino Homecare pediatric care coordination, which is responsible for developing the client's plan of service.

Who is eligible for Family-Managed Home Care?

To be considered, clients must first complete an assessment of needs, meet eligibility requirements for traditional home care, and have a plan of service developed by Filipino Homecare.

In addition, clients must be part of one of the four client groups covered by the program:

- Children with complex medical needs
- Adults with acquired brain injuries
- Eligible home-schooled children
- Clients in extraordinary circumstances (as assessed by Filipino Homecare)

Clients must also meet any additional program-specific eligibility criteria.

If a substitute decision-maker is involved

When a client has an **SDM** (substitute decision-maker), **Ontario Health atHome** will assess whether that person can take on the program's responsibilities. This includes coordinating the client's care and managing and reporting on funding.

Responsibilities of the client or SDM (substitute decision-maker)

Family-Managed Home Care offers significant flexibility, but it also requires active management. Clients or substitute decision-makers must be able to:

- Understand what services are needed and when they are required.
- Recruit, schedule, and oversee care providers in the home, including contingency planning.
- Understand and carry out employer responsibilities, often for multiple service providers.
- Manage finances related to the program, including the **Self-Directed Care (SDC)** bank account, payments and taxes (as applicable), insurance, record-keeping, and Filipino Homecare reporting.

Other program information

Services and hours are generally limited to what is outlined in the plan of service. Exceptions may apply if there is an unexpected change in health care needs. Service maximums apply in the same way they do in traditional care.

Funding is intended to compensate clients or substitute decision-makers based on an agreed-upon maximum compensation rate for service providers.

Clients or substitute decision-makers may also be reimbursed for eligible expenses. These expenses are often capped and may require pre-approval from **Ontario Health atHome (OAH)**

OAH will set reporting requirements and payment schedules for program funding.

Participants are required to sign a legal agreement that outlines responsibilities for both the participant and Filipino Homecare.

Clients will continue to be reassessed by the **OAH** care coordinator, consistent with traditional care. Ongoing collaboration with **OAH** remains important, particularly if there are concerns about changes in health status.

Contact information

Your **Ontario Health atHome** Care Coordinator can provide additional details about **Family-Managed HomeCare**, including the program specifications and next steps.

Call: 310-2222 (no area code required)

Filipino Homecare

Phone: 905-929-7322

Email: .info@FilipinoHomecare.ca