

## God's Prescription For Divine Health

*My son, give attention to my words; Incline your ear to my sayings. Do not let them depart from your eyes; Keep them in the midst of your heart; For they are life to those who find them, And health to all their flesh. (Proverbs 4:20-22)*

Notice the words “**Find Them**” signifying that one is seeking and searching.

*And healing and health to all their flesh. (Proverbs 4:22 AMP)*

*...health to one's whole body. (Proverbs 4:22 CSB)*

*Never stop thinking about them. (Proverbs 4:21 ERV)*

*They will give life and health to anyone who understands them. (Proverbs 4:22 GNT)*

*For they are life unto those that find them and medicine to all their flesh. (Proverbs 4:22 JUB)*

*My child, pay attention to my words; listen closely to what I say. Don't ever forget my words; keep them always in mind. They are the key to life for those who find them; they bring health to the whole body. (Proverbs 4:20-22 NCV)*

*Listen, son of mine, to what I say. Listen carefully. Keep these thoughts ever in mind; let them penetrate deep within your heart, for they will mean real life for you and radiant health. (Proverbs 4:20-22 TLB)*

**Are you taking God's Word like medicine...according to His directions?**

- Give Attention (are you giving more attention to God's Word OR things that contradict God's Word?...such as circumstances, symptoms, human reason?)
- Incline Your Ear (Listen Closely) (are you listening more to God's Word OR other voices such as Human Reason?)
- Constantly in Front of Your Eyes (OR are you spending more time watching the bad news?)
- Keep Them (My Words) (Meditate on them constantly) (Think about them)

Who is speaking in the verse above? Just any father?

The subject of the Proverbs chapter 4 is Wisdom. So the words we are to pay attention to are the Words of Wisdom, specifically God's Wisdom.

Wisdom existed in the Mind of God before man or the earth existed. (See Proverbs Chapter 8)

*The LORD possessed me in the beginning of his way, before his works of old. I was set up from everlasting, from the beginning, or ever the earth was. (Proverbs 8:22-23)*

### **God's Word is Alive and Full of Power (Healing Power)**

*For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discernor of the thoughts and intents of the heart. (Hebrews 4:12 KJV)*

*For the Word that God speaks is ALIVE AND FULL OF POWER [making it active, operative, energizing, and effective]; (Hebrews 4:12 AMPC)*

*His powerful Word is SHARP AS A SURGEON'S SCALPEL, (Hebrews 4:12 MSG)*

*For we have the living Word of God, which is FULL OF ENERGY, (Hebrews 4:12 TPT)*