

All Saints' Memorial Church

Third Sunday in Lent
8 am and 10 am Holy Eucharist
March 8th, 2026



(U.S. Mail) P.O. Box 326
Navesink, NJ 07752

(GPS) 202 Navesink Avenue
Atlantic Highlands, NJ 07716

732-291-0214 (Parish Office)

Office E-mail: office@allsaintsnavesink.org

The Rev. Debbie Cook, Rector
Rector E-mail: Mother.debbie@comcast.net

Website: <http://www.allsaintsnavesink.org>

Facebook: All Saints Church Navesink
<https://www.facebook.com/allsaintschurchnavesink/>

Welcome to All Saints' Memorial Church for worship!

Whether this is your first time here, or a first time in a long time, please know a few things:

All are welcome—always!

Restrooms are located in the Parish Hall (the building closest to the parking lot).

The entire order of service with readings, except for the hymns, is contained in the bulletin. Hymns are sung at the 10 am service only.

Our hymns and service music are located in the *blue 1982 Hymnal*. Service music is indicated by an 'S' in the front, and is located in the front part of the Hymnal. Hymns are indicated by their number in the Hymnal.

We normally stand to sing the hymns, for the reading of the gospel and prayers; and are seated for readings, Psalm, and the homily. We will stand for the confession while in the Hall.

The Sign of the Peace is to be exchanged from your own pew. Please respect your neighbor's choice of greeting whether it is by handshake, or by elbow or fist bumps, waving, bowing, or giving the peace sign to those in the pews surrounding you.

All persons are welcome to receive communion regardless of age or your faith background: Ushers will let you know when to come forward.

We receive bread in the hand. You may retain it to dip into the cup; please be careful so fingers do not touch the wine. You may also drink from the cup if you wish.

You may also come up for blessing instead; please indicate by crossing your arms over your chest, or tell the priest.

If you are unable to make the trip to the front, please let the ushers know and communion will be brought to you.

Gluten Free wafers are available. Please let the Celebrant know.

Please join us for food and fellowship after the service in our Parish Hall!

Thank you for worshipping with us this morning. If you have any questions about All Saints' or The Episcopal Church, please feel free to speak to Mother Debbie after the service.

*Restless kids? Bubble wands and sidewalk chalk in front room of the hall on bookshelf
Crayons and coloring pages in a basket on table*

Service text and prayers are from the 1979 Book of Common Prayer;

Prayers of the People written by The Rev. Debbie Cook in conjunction with various resources including Praying the Scriptures, by Jeremiah Williamson 2014 & Intercessions for the Christian People, Liturgical Press 1990

The Third Sunday in Lent
March 8, 2026

Prelude

Processional Hymn #343

Shepherd of Souls, refresh and bless
St Agnes

The people standing, the Celebrant says

Celebrant Bless the Lord who forgives all our sins.
People **His mercy endures for ever.**

The Celebrant may read

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12:29-31*

The Celebrant then says

Let us confess our sins against God and our neighbor.
Silence may be kept.

Minister and People (standing)

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**

Lord, have mercy

Christ, have mercy

Lord, have mercy.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Collect of the Day

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Please be seated.

READINGS

First Reading

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 95

said responsively by full verse

1 Come, let us sing to the LORD; *
let us shout for joy to the Rock of our salvation.

- 2 Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
- 3 For the LORD is a great God, *
and a great King above all gods.
- 4 In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- 5 The sea is his, for he made it, *
and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee, *
and kneel before the LORD our Maker.
- 7 For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- 8 Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.
- 9 They put me to the test, *
though they had seen my works.
- 10 Forty years long I detested that generation and said, *
"This people are wayward in their hearts;
they do not know my ways."
- 11 So I swore in my wrath, *
"They shall not enter into my rest."

Second Reading

Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his

Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The Word of the Lord.
People **Thanks be to God.**

Please stand as able

Sequence Hymn #673

The First one to ever know
Ballad

The Holy Gospel

John 4:5-42

Priest: The Holy Gospel of our Lord Jesus Christ according to John

People:: **Glory to you, Lord Christ**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is

spirit, and those who worship him must worship in spirit and truth.” The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.”

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him.

Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.”

Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

Priest The Gospel of the Lord.
People **Praise to you, Lord Christ.**

Please be seated

Sermon

Mother Debbie

Please stand as able

Nicene Creed (*say together*)

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,

God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
 he came down from heaven:
 by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.
 For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
 On the third day he rose again
 in accordance with the Scriptures;
 he ascended into heaven
 and is seated at the right hand of the Father.
 He will come again in glory to judge the living and the
 dead, and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
 and the life of the world to come. Amen.

Prayers of the People

Leader: Come, let us bow down before the Lord our Maker, and hearken to his voice.
With thanksgiving, let us pray to the Lord saying: God our King: **Hear our prayer.**

Lord, give us eyes to see that the fields are ripe for harvesting, and willing hearts and hands to do that good work. May the Church reap what has been sown by our forebears and sow the seeds that will bring forth the fruit for the future. God our King: **Hear our prayer.**

Lord, reveal the strength of your love to those around the world who ask ‘Is the Lord among us or not?’. We pray for peace and justice for all people, and for our leaders to seek you and serve as you serve. God our King: **Hear our prayer.**

Lord, you hold the caverns of the earth and the heights of the hills; your hands have formed the seas and the dry land. Bless and keep your creation. God our King: **Hear our prayer.**

Lord, where there is suffering in our communities, produce not only endurance but also compassion; produce character so that we serve one another in integrity; produce and give hope that we may long and work for a better tomorrow together. We pray for all those who serve, particularly service members, first responders, and health care workers: David, Max, Ryan, John, Neema, Anthony, Pat, Bonnie, Jessie, Trent, Candy, Erin, Nick, Andrew and Jeremy. God our King: **Hear our prayer.**

Lord, we pray for those who are sick or suffering. Give them that living water that only comes through your Son Jesus Christ, that their needs may be met and all their thirsts quenched. We lift up to you this day all those on our parish prayer list, particularly Valerie, Julia, Matt, Guthrie family, Eileen, Mike, Caryn, Olivia, Eve, Pat, Rosemary, JM & family, Sara, Michael, Jimmy, Rich & Maria, Olga, Michael, Jim, Mitchell, Beverly, Barbara, Larry, Linda, Bill, Joyce, Harry, Ibb, Valerie, Chris, Georgia & Patric, Libby, Maureen, Ray, Elsie. God our King: **Hear our prayer.**

Lord, we pray for the dying and those who have died, particularly Brianna and The Rev. Richard Shaw. We pray in the assurance that all have been reconciled to you through the death of your Son and saved by his new life. We ask your comfort and strength upon all those who mourn, particularly the Mohr and Shaw families. God our King: **Hear our prayer.**

We invite your own prayers of intercession and thanksgiving at this time, either silently or aloud....

Celebrant: Pour your love into our hearts, O God of salvation. Give us strength in our suffering, endurance in times of trial, character in times of weakness, and hope in adversity. Help us to know your joy and peace, and to harden not our hearts. All this we ask in and through Jesus, who gives us that living water. **Amen.**

The Peace *(please stand)*

Celebrant The peace of the Lord be always with you.
People **And also with you.**

Announcements for Mission and Ministry

Thanksgivings and prayers for special intentions.

Holy Communion

Offertory Hymn #686

Come, thou font of every blessing
Nettleton

Doxology #380 vs. 3

Old 100th

Eucharistic Prayer 1 (EOW)

(please stand as able)

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give him thanks and praise.**

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. Though Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore, joining with the Angels and Archangels and with the faithful in every generation, we lift our voices with all creation as we say:

Celebrant and People (said by all)

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The people stand as able. The Celebrant continues

Blessed are you, gracious God, creator of the universe and giver of life.

You formed us in your own image and called us to dwell in your infinite love.

You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image

in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation.

Then in the fullness of time, you sent your eternal Word, made

mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends and said, "Take, eat; this is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and people:

Christ has died

Christ is risen

Christ will come again.

The Celebrant continues

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your sons and daughters, that with all your saints, past, present and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, forever and ever. **Amen.**

And now as our Savior Christ has taught us, we are bold to say:

(Together)

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power, and the glory,

for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread; A period of silence is kept

At 8 am (said)

Lamb of God, you take away the sins of the world: **have mercy on us.**

Lamb of God, you take away the sins of the world: **have mercy on us.**

Lamb of God, you take away the sins of the world: **grant us peace.**

At 10 am (sung)

SI64

Jesus, Lamb of God, have mercy on us;

Jesus, bearer of our sins, have mercy on us.

Jesus, redeemer, redeemer of the world; give us your peace, give us your peace.

Celebrant: The Gifts of God for you, the people of God. Take them in remembrance that Christ died for you, and feed on him in your hearts, by faith, with thanksgiving.

Communion

Please be seated until you can come forward to receive; usher will guide you. All persons are welcome to receive Holy Communion. We receive bread in the hand. You may retain it to dip into the cup; please be careful so fingers do not touch the wine. You may also drink from the cup. For those worshipping with us online, you are invited to use the Prayer for Spiritual Communion.

All stand for the final prayer and blessing.

The Celebrant says

Let us pray.

**Almighty and everliving God,
we thank you for feeding us with the spiritual food of
the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do, to
love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.**

Blessing

Recessional Hymn #690

*Guide me, O though great Jehovah
Cwm Rhondda*

The Altar party process out in silence

Dismissal

Priest

Go in peace to love and serve the Lord.

People

Thanks be to God.

For those worshipping with us online
A Prayer for Spiritual Communion

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you.
May I live in you, and you in me, in this life and in the life to come. Amen

**Men's Group Habcore Drive
Sheets, Blankets and
Toiletries**



We are partnering with HABcore and collecting NEW Twin size sheet sets and blankets, plus any travel size toiletries. Please bring your donations and put them in or near the black and yellow containers in the hall.

Thank you!

**Auction Meeting
Today Sunday March 8th**

Auction needs your help!

Please join this meeting after the 10 am service

A Zoom link will be provided for those who cannot attend in person.

Solicitation letters and posters available: please contact Bonnie Roberts if soliciting so we don't duplicate efforts

Accessible Entrance Project Underway

After decades of desire and dreams for an accessible entrance to the church building, construction began January 5th. Here's how this affects our campus and all who visit:

- The pass-through road in front of the church is closed off for contractor use.
 - The patio and walkway leading to the church stairs are now closed, and the front stairs of the church are in the process of being removed. **Worship is now in Parish Hall!** While the sacristy entrance will be open, two entrances/exits are needed for public use, so we needed to vacate the building for worship.
 - We will gather for worship in the parish hall (likely the back end of the hall) until we can safely use the church building again. Coffee Hour and Sunday school will continue.
 - Anticipated date of completion is mid to late May.
 - Any changes or updates will go out via email, text, and/or social media and be posted on our website.
 - Signage, cones and other barriers will help guide us all during this time.
- Please contact Mother Debbie, the wardens or Andrew Zuzulock with any questions

Work suspended during wet weather.

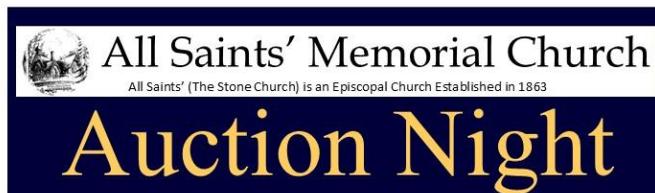
Help Wanted

We need help to commit to setup and breakdown of our 'worship' space each week. Each week we will need to set up the 'altar' and lectern, etc. after Saturday AA (and before 8am on Sunday) and breakdown the chairs and other items post-10 am worship.

Please see Mother Debbie and/or the Wardens (or sign up on the sign up sheet) if you are willing to help on what we hope will be a rotating basis.

A Time To Gather Stones Together

As we continue with construction of the access ramp, we are accepting donations of peanut stone that you might have in your yard or on your property for use on the project. Donations are kindly accepted in the wire baskets in the carriage sheds, or if you have a large quantity of stones, a separate pick up can be coordinated (e-mail Andrew Zuzulock at andrew.zuzulock@gmail.com). Stones do not need to be completely clean (our contractor will chip off any mortar, etc. that may be on your stones. However, they cannot have writing, such as individual initials. Please join us in being a lasting part of All Saints'.



Saturday, May 16, 2026

Basket Auction begins at 5:30 pm

Live Auction begins at 7:00 pm

Tickets: \$45

Your ticket includes admission to the auction, hors d'oeuvres and festive beverages 5:30 - 7:00



**Scan the QR code on the right to reserve your ticket.
Seating is limited!**

OR call Bonnie (908-461-9457) for more information and reservations

Auction Highlights

Live Auction: Fabulous items and a very entertaining auctioneer. Broadway show, Getaways, Landscape services, Giants and Yankees Tickets... and more.

Biddable Silent Auction Baskets: Wide variety of high-end gift baskets available: Household items, Beach passes, Bar fixing, Live Plants, Kids activities, Gift card for local establishments – Something for everyone!
Fun Ticket Baskets, Lucky Lotto Hat and What's in your wallet!

Visit the auction website at:

WWW.ALLSAINTSNAVESINK.ORG/ANNUAL-AUCTION

Auction proceeds benefit community outreach projects and help maintain our beautiful campus

Calendar of Events

Sunday, March 8, 2026

DAYLIGHT SAVINGS TIME BEGIN (SET CLOCKS AHEAD 1 HOUR)

8:00 am Holy Eucharist in hall

10:00 am Holy Eucharist in hall

Coffee Hour

Sunday School in Hall

11:30 am Auction Meeting

Tuesday, March 10th, 2026

1:30 pm Chair Yoga with Laura in Hall

6:00 pm Restorative Yoga with Laura in Hall

9:00 pm Compline online

Wednesday, March 11th

11:00 am Adult Education

6:00 pm Dual Recovery Meeting in Hall

Saturday, March 14th

8:15 am to 10 am: Mens' Breakfast, prayer and study in Rectory

8:00 am to 9:30 am AA in Hall

Sunday, March 15th, 2026

8:00 am Holy Eucharist in hall

10:00 am Holy Eucharist in hall

Coffee Hour

Sunday School in Hall