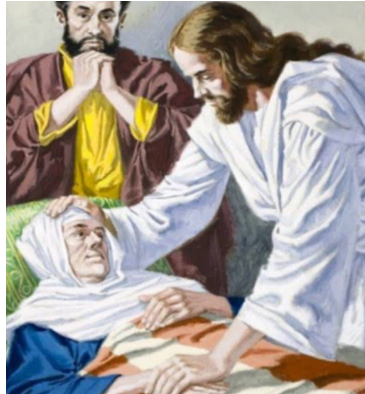


All Saints' Memorial Church

The Fifth Sunday after the Epiphany

8 am and 10 am Holy Eucharist

Sunday, February 4th, 2024



P.O. Box 326 (U.S. Mail)

202 Navesink Avenue (GPS)

Navesink, NJ 07752

732-291-0214 (Parish Office)

Office E-mail: office@allsaintsnavesink.org

The Rev. Debbie Cook, Rector

Rector E-mail: Mother.debbie@comcast.net

The Rev. William Riker, Priest Associate (Retired)

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<https://www.facebook.com/allsaintschurchnavesink/>

Welcome to All Saints' Memorial Church for worship!

Whether this is your first time here, or a first time in a long time, please know a few things:

All are welcome—always!

Restrooms are located in the Parish Hall (the building closest to the parking lot).

The entire order of service with readings, except for the hymns, is contained in the bulletin. Hymns are sung at the 10 am service only.

Our hymns and service music are located in the *blue 1982 Hymnal*. Service music is indicated by an 'S' in the front, and is located in the front part of the Hymnal. Hymns are indicated by their number in the Hymnal.

We normally stand to sing the hymns, for the reading of the gospel and prayers; and are seated for readings, Psalm, and the homily. It is traditional to kneel for the confession.

The Sign of the Peace is to be exchanged from your own pew by elbow or fist bumps, waving, bowing, or giving the peace sign to those in the pews surrounding you. Handshakes, hugs, etc. can be exchanged among household family members.

All are welcome to receive communion regardless of age or your faith background:

Ushers will guide you to the communion rail; you may receive communion either standing or kneeling.

We receive in both kinds: bread in the hand which you may consume immediately and then drink from the cup, or you may retain the bread to dip into the cup; please be careful so fingers do not touch the wine.

You may also come to the altar for blessing instead; please indicate by crossing your arms over your chest, or tell the priest.

If you are unable to make the trip to the communion rail, please let the ushers know and communion will be brought to you.

Thank you for worshipping with us. If you have any questions about All Saints' or The Episcopal Church, please feel free to speak to Mother Debbie after the service.

Note:

If you have been directly exposed to anyone who has Covid-19 and are not fully vaccinated, you are recommended to quarantine for 5 days. **If you have been directly exposed** to anyone symptomatic with Covid-19 **and** are fully vaccinated, masking is recommended for five days.

If you have any symptoms known to Covid 19 or the flu (fever, muscle aches, headache, loss of smell or taste, nausea or vomiting, cough, trouble breathing, among others), please refrain from attending in person.

If you are immuno-compromised and need a mask, we have them available at the entrance table.

The Fifth Sunday after the Epiphany
February 4th, 2024

Prelude

Wachet auf. Op 28 No 72
Marcel Dupré, 1931

Please stand as able

Processional Hymn #484

Praise the Lord through Every Nation
Wachet auf

Celebrant
People

Blessed be God: Father, Son, and Holy Spirit.
And blessed be his kingdom, now and for ever. Amen.

The Celebrant says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

Gloria in excelsis

S280

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

Celebrant: The Lord be with you
People: **And also with you**
Celebrant: Let us pray.

Collect of the Day

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

Please be seated

READINGS

First Reading

Isaiah 40:21-31

Have you not known? Have you not heard? Has it not been told you from the beginning?

Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught,

and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown,

scarcely has their stem taken root in the earth, when he blows upon them, and they wither,

and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob,

and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"? Have you not known? Have you not heard? The LORD is the everlasting God,

the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 147:1-12,21c

verse

8 am said, responsively by full

10 am, Plainsong Tone V.1

1 Hallelujah!

How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!

2 The LORD rebuilds Jerusalem; *
he gathers the exiles of Israel.

3 He heals the brokenhearted *
and binds up their wounds.

4 He counts the number of the stars *
and calls them all by their names.

5 Great is our LORD and mighty in power; *
there is no limit to his wisdom.

6 The LORD lifts up the lowly, *
but casts the wicked to the ground.

7 Sing to the LORD with thanksgiving; *
make music to our God upon the harp.

8 He covers the heavens with clouds *
and prepares rain for the earth;

9 He makes grass to grow upon the mountains *
and green plants to serve mankind.

10 He provides food for flocks and herds *
and for the young ravens when they cry.

11 He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;

12 But the LORD has pleasure in those who fear him, *
in those who await his gracious favor.

21 Hallelujah!

Second Reading

1 Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The Word of the Lord.
People **Thanks be to God.**

Please stand as able

Sequence Hymn #440

Blessed Jesus, at Thy Word
Liebster Jesu

The Holy Gospel

Mark 1:29-39

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Mark

People:: **Glory to you, Lord Christ**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Priest The Gospel of the Lord.
People **Praise to you, Lord Christ.**

Please be seated

Sermon

Mother Debbie

Please stand as able

Nicene Creed *(together)*

We believe in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God,
 begotten, not made,
 of one Being with the Father.
Through him all things were made.
For us and for our salvation
 he came down from heaven:
by the power of the Holy Spirit

he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People (*remain standing*)

Leader: Let us lift up prayers to the God of Compassion, the Great Healer and Physician who heals us in mind, body and soul so that we may dwell in the shadow of His mighty wings. As we assemble to give honor and glory to His name, we say: God of Love: **Grant our prayers.**

O God, your son Jesus came into the world to proclaim your message and heal the world of its sins. Please give your Church, the body of Christ, that same passion to be compassionate and loving towards each other. God of Love: **Grant our prayers.**

O God, you cast out demons and illness to the ground; lift up those who live on the margins of our world. Protect and defend those living under the oppression that comes by hunger, poverty, violence or pandemic. God of love: **Grant our prayers.**

O God, you prepare rain for the earth to feed the grass that covers the hills and the plains. Please provide food to all those that need it, enough to support all the creatures that inhabit your creation that we call earth. God of Love: **Grant our prayers.**

O God, there is no limit to your healing and wisdom; your understanding is beyond compare. Bless all those who teach: pastors, teachers, and each other. Sustain us with knowledge to share. God of Love: **Grant our prayers.**

O God, may your Holy Spirit give strength to all your people as they serve, work, and witness in your world. Unite us in your truth and love, especially those who serve others, particularly service members, first responders and health care providers: Max, Ryan, John, Neema, Sonia, Anthony, Pat, Bonnie, Jessie, Trent, Candy, Erin, Nick, Phil, Andrew and Jeremy. God of Love: **Grant our prayers.**

O God, give strength and healing to those in need, those who are sad, lonely, or sick; those that are homebound or in hospital; those that are suffering. Ease them with your comfort, peace and understanding. We pray this day for Frank, Ron, Harry, Joyce, Ana, PJ, Becky, Ryan, Colin and Cheryl, Christian, Paterno family, Phyllis, Dan, Janet, Ellie, Joe, Noelle, Virginia, Sue, Mike, Pete, Maureen, William, Elsie, Ray, Libby, Valerie, Miriam, Chris, John, Pam, Clara and John, JoAnn, Welles, Mary-Kay, Michael, Carmen. God of Love: **Grant our prayers.**

O God of hope, we thank you for the mercy that not even death can separate us from your love. Let us remember this day, James. We pray for all those who mourn, especially the Brunner family that they may feel your care in their hearts. God of Love: **Grant our prayers.**

We invite your own prayers of intercession and thanksgiving at this time, either silently or aloud....

Celebrant: Loving God, we give this week into your hands. As we pray for ourselves and each other, be with us in all that we do with and say to those who we will meet. Let the sentiments mentioned by your servants and have prayed for come into fruition by your Hand; give us the grace to work for and serve your purpose and will in this life. We ask this in the healing name of Jesus. **Amen.**

Confession and Absolution

Kneel as able or remain standing

Let us confess our sins against God and our neighbor.

Silence.

Minister and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

*Celebrant
People*

The peace of the Lord be always with you.
And also with you.

Announcements for Mission and Ministry

Thanksgivings and prayers for special intentions

Offertory Anthem

Come, O Come, Our Voices Raise
Jan Bender, 1969

Doxology, Hymn # 380, vs. 3 *(please stand)*

Old 100th

Eucharistic Prayer B

The people stand as able

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Lift up your hearts.
People **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is right to give him thanks and praise.**

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

S129

**Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

The people stand as able or kneel

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with St. Joseph and the Virgin Mary and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

The Celebrant then continues

And now, as our Savior Christ has taught us,
we are bold to say,

People and Celebrant

S119

**Our Father, who art in heaven,
Hallowed be thy name;
Thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,**

**as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.
The Breaking of the Bread**

The Celebrant breaks the consecrated Bread; A period of silence is kept.

The Fraction Anthem

S152

For 8 a.m. spoken:

*Alleluia. Christ our Passover is sacrificed for us
Therefore let us keep the feast. Alleluia*

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Communion Hymn #336

*Come with Us, O Blessed Jesus
Werde munter*

Please be seated until you can come forward to receive. All persons are welcome to receive Holy Communion. We receive bread in the hand. You may retain it to dip into the cup; please be careful so fingers do not touch the wine. You may also drink from the cup. For those worshipping with us online, you are invited to use the Prayer for Spiritual Communion.

After Communion, all stand as able for the final prayer and blessing.

The Celebrant says

Let us pray. *(together)*

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.**

**Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Blessing

Recessional Hymn #497

How Bright Appears the Morning Star
Wie schön leuchtet der Morgenstern

Dismissal

Celebrant Go in peace to love and serve the Lord.
People **Thanks be to God.**


Postlude

Wie schön leuchtet. Op 28, No 74
Dupré

For those worshipping with us online
A Prayer for Spiritual Communion

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you.

May I live in you, and you in me, in this life and in the life to come. Amen

FLYING PIG	
FEBRUARY 11  9am - NOON	
COME GET YER WINGS ON!	
SUPERBOWL SUNDAY	
AT All Saints 'Q FOR A CAUSE	
PIT-ROASTED WHOLE WINGS FOR TAKE-OUT	
<i>featuring</i> BAKER'S 2 DOZEN WINGS PIT-ROASTED OVER PECAN WOOD AND FINISHED TO ORDER ***** ORDERING DETAILS AT	AT THE SAINTS ALL SAINTS MEMORIAL CHURCH 202 NAVESINK AVE ATLANTIC HIGHLANDS NEW JERSEY
fpcookshop.com/bbq	
CUSTOM SAUCES AND RUBS DIPS AND COOL SLAW	
BE SURE TO ORDER AHEAD	

<https://allsaintsnavesink.org/news-%26-events>

www.fpcookshop.com/bbq

Superbowl Soup & Bread Sale

February 11, 2024

We need your donations!

Please see sign up sheet! We need your donations of breads, soups, stews, chilis, and other goodies to sell. All funds raised go to Outreach.

Don't forget to pre-order wings!

Order Wings at

<https://allsaintsnavesink.org/news-%26-events>

Next Auction Meeting

Today: Sunday, February 4th at 11:30 am in Parish Hall

This meeting will focused on solicitations—sending out letters and contacting local businesses for donations. We try not to duplicate efforts, so at this meeting, we will figure out who will contact which businesses.

Calendar of Events

Sunday, February 4th

8:00 am Holy Eucharist in Church
10:00 am Sunday School in Parish Hall
10:00 am Choral Holy Eucharist in Church (livestreamed)
Coffee Hour
11:30 am Auction Meeting: Solicitations

Monday, February 5th

6:00 pm Stone Church Players Rehearsal in Church

Tuesday, February 6th

6:00 pm Yoga with Laura Matlaga in the Hall
6:00 pm Stone Church Players rehearsal in Church
9:00 pm Compline on Facebook Live

Wednesday, February 7th

10:00 am Healing Service in Church (partially livestreamed)
11:00 am Wednesday Bible Study in Hall

Thursday, February 8th

9:00 pm Compline on Facebook Live

Saturday, February 10th

8:15 am Men's Breakfast, prayer and study in Rectory

Sunday, February 11th

SOUP AND BREAD SALE

8:00 am Holy Eucharist in Church
9:00 am Family and Children's Service in Church
10:00 am Choral Holy Eucharist in Church (livestreamed)
Coffee Hour/Soup & Bread Sale

Ash Wednesday, February 14th

Noon: Ash Wednesday Liturgy with Imposition of Ashes and Holy Eucharist
7:30 pm Ash Wednesday Liturgy with Imposition of Ashes