

SHAWANGUNK NATURE PRESERVE NUGGETS June 2024



Workshop student is happy with her Water Waves Basket



Sat. June 8th Workshop
at Shawangunk Nature
Preserve

PAPER RUSH BASKET

. 10 AM - Noon, at 217
Shawangunk Rd. Cold
Brook, NY

Make an earthy, sturdy
basket with fiber/paper
rush, a sustainable product
made from recycled Kraft
paper. It's a pleasant and
easy material to weave
with. Each basket will be
unique according to your
vision &

creativity. Materials
\$10. Please register by
calling 315 826 7405 by
June 6th.

from the **PEOPLE FOR ANIMAL RIGHTS**
Newsletter in Syracuse.

- NY Cruelty-Free Cosmetics Act: Prohibits the sale of cosmetics in NYS that have been tested on animals after Jan 1, 2023
- Ireland, Latvia, and Malta have banned fur farming.
- Governor Hochul signed a bill that mandates that 30% of NYS land and water be protected by 2030. The bill emphasizes restoration of biodiversity, climate resiliency as well as expanded access to nature for all.
- FDA Modernization Act: Ends the 84-year-old animal testing mandate for experimental drugs.





JACK IN THE PULPIT



PINK LADY SLIPPER

May is all about flowers. Here are some of the many lovelies that bloom at Shawangunk.



PURPLE TRILLIUM



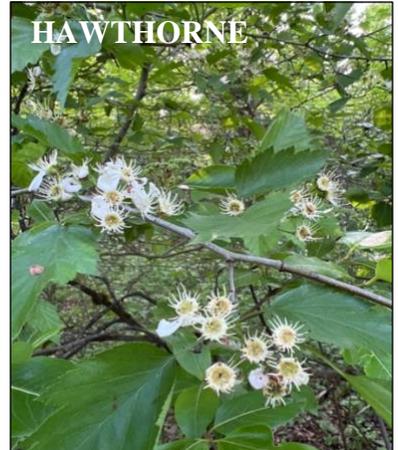
BLUETS



WHITE VIOLETS



STAR FLOWER



HAWTHORNE

DELVING DEEPER

by Timothy H Behrendt (a student of world religions for over 50 years)

There was once a highly respected teacher who was asked: *“How can there be more than one true religion?”*

And the teacher responded: *“Is there not more than one kind of flower in a spring meadow and does not the meadow grow in loveliness through the many different shapes and hues of the flowers?”*

“The Bahai faith, in its supreme essence values inclusiveness.

“Buddhism honors moderation and

“Christianity glows with forgiveness.

“Hinduism crescendos with karmic justice, while

“Islam flourishes with generosity.

“Jainism soothes with harmlessness, and

“Judaism steadfastly strengthens with perseverance.

“Native American religion heartens and boosts family relatedness of everything, while

“Shintoism showers us with sincerity.

“Taoism charges us with it’s realistic, flexible optimism.

“Unitarian Universalism heralds truth seeking in freedom, while

“Zen Buddhism proclaims awakesness in the now moment.

“These flowery essences, among others can guide us in the dawning, inter-related global age. They can sustain us individually, nationally and internationally all our days on this precious planet.”

The teacher said no more but smiled. And the person who asked the questions smiled back.

From Nelson Mandela

“Resentment is like drinking poison and then hoping it will kill your enemies.”

“It always seems impossible until it’s done.”

Worth checking out!

[STARTS WITH US](#)

STARTS WITH US offers tools to help us overcome the “us vs. them” culture and extreme political and cultural divisions. This group offers skills that can help us engage across our differences and foster peaceful dialogue to find common ground and problem solve together.



SNP offers a safe place for rehabilitated wildlife to be released. Recently an orphan porcupine came here to live as well as two deer mice (one was exceedingly pregnant). Soon, some young racoons will be old enough to come here to live on their own.



WORTH PONDERING (? maybe)

- *I named my dog Five Miles so I can tell people I walk five miles every day.*
- *You can teach a cat to do anything that it wants to.*
- *Paper cut: A tree's final moment of revenge.*
- *I dream about a better tomorrow where chickens can cross the road and not be questioned about their motives.*