

# NUGGETS of NEWS, May 2024

from the Shawangunk Nature Preserve

255 Shawangunk Road, Cold Brook, NY 13324 315 826 7405

<http://www.ShawangunkNaturePreserve.com>



This handsome fellow is recovering from a collision with a window. After an hour of rest, he flew off.

## UPCOMING WORKSHOP - BLUE WAVES BASKET

Saturday, May 11, 2024. 10am - 2pm

217 Shawangunk Rd.

Celebrate Mother's Day weekend in a workshop together making a charming and moderately challenging basket with a design reminiscent of graceful water waves.

Pack a lunch, maybe take a short walk through the woods to a beaver pond and enjoy the peace of the Shawangunk Nature Preserve for a memorable day together. Materials \$20 per basket. Make reservations at 315 826 7405 by May 5th.

Where there is  
truth, there is  
energy.

T H Behrendt



CREATIVITY  
AT SNP!



A workshop student shows her quilled flowers to Fluffy McDuffy.



Peg made a wool felted bunny after last month's workshop. He sits on a crocheted carrot made by her sister, Joyce.



Kim Behrendt wove a garden trellis out of willow.

*DELVING DEEPER*

by Timothy Hume Behrendt, SNP Coordinator

We have no truth, but that we speak it...  
We have no forgiveness, but that we embrace it...  
We have no love, but that we fulfill it...  
We have no kindness, but that we practice it...  
We have no beauty, but that we confirm it...  
We have no awareness, but that we realize it...  
We have no purpose, but that we establish it...  
We have no meaning, but that we fashion it...  
We have no past, but that we remember it...  
We have no future, but that we envision it...  
We have no present, but that we honor it...

"How beautiful it is to do nothing, and then rest afterward."  
Spanish Proverb.



A birch knife holder made by the Audics.



This sweet "Fly Honeysuckle" is blooming along SNP trails.

**WHAT'S  
HAPPENING AT  
SHAWANGUNK?**



An old bridge must be replaced.

Spring trail work is in full force by volunteers Gael & Rebekah Audic. High gale winds forced many groups of trees down over our trails which they cleared. Two bridges needed sizable extensions, and another bridge needs to be replaced yet. Your donations make it possible to buy materials and tools necessary for this work.



Gael wraps protective fencing around an old cherry tree.

Bridge extensions cover wet areas.

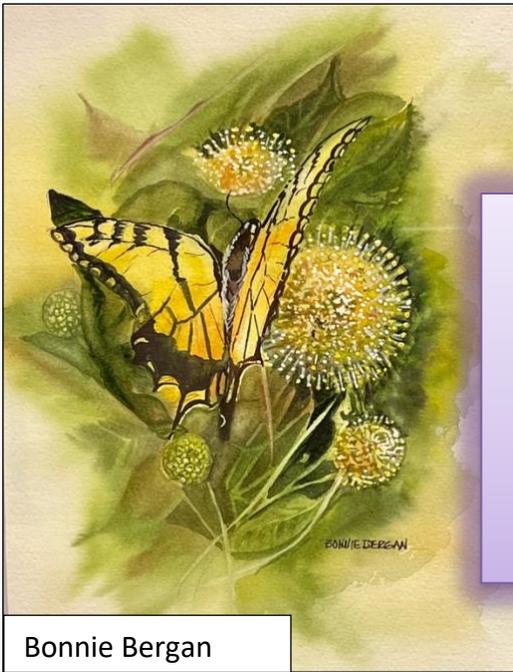


**HOW WE GET ALONG WITH OUR BEAVERS**

We wrap some (not all) cherry trees with fencing to save from being eaten by the beavers. Sometimes they fell a tree and it gets hung up so they can't access the edible bark. Gael helps them by felling it to earth level where they can eat it. He will even turn the tree so they can get to all sides. When the beavers are finished, he cuts it up for firewood.

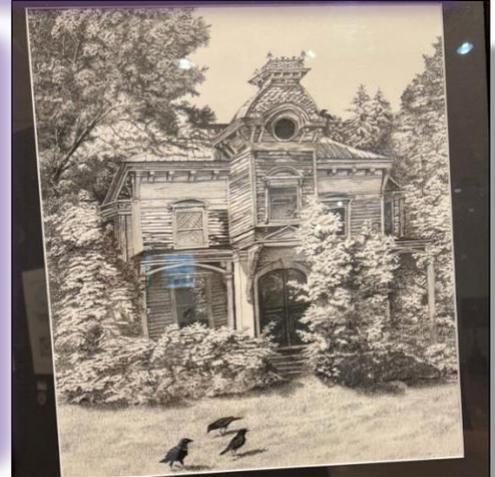


## A VISIT TO "THE VIEW" IN OLD FORGE!

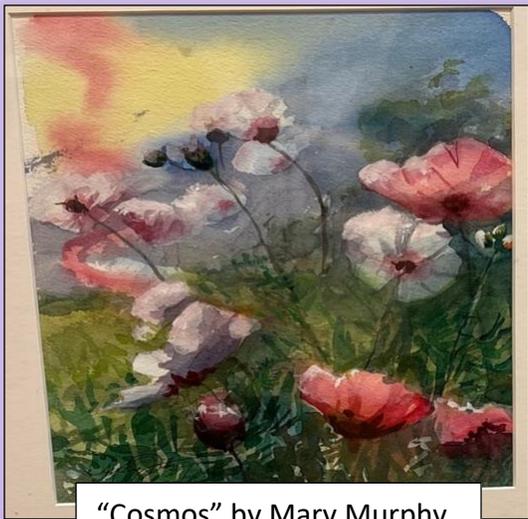


Bonnie Bergan

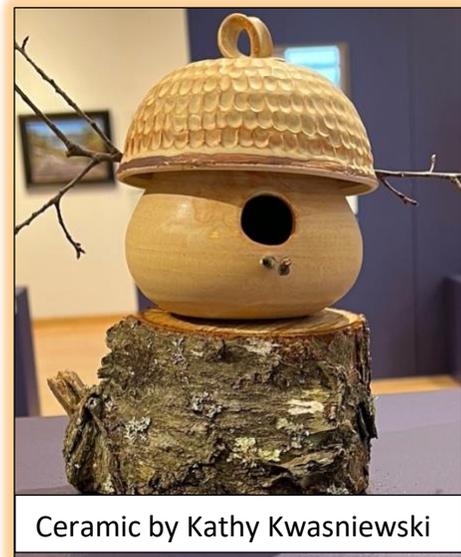
The Central Adirondack Art Show is a kaleidoscope of wonderful artwork by local artists. How inspiring to see so much skill, inspiration & talent from our neighbors.



The Wallace House in Poland by Mark Ritzel



"Cosmos" by Mary Murphy



Ceramic by Kathy Kwasniewski



Artist Tim Behrendt spontaneously draws a masterpiece.



Morning & afternoon views on the Three Pond Trail are equally lovely.



**“What did the ground say to the earthquake?”**

*“You Crack me up!!”*

How curious that an earthquake was felt here during April both last year and this!

ACCORDING TO ANTHROPOLOGIST MARGARET MEAD: (summarized)  
The first sign of civilization in an ancient culture was not pottery, tools or grinding stones. It was a thighbone that had been broken and healed. This is evidence that someone tended the person to safety and through recovery. Helping someone else through difficulty is where civilization starts.

I put my grandma on speed-dial. I call that “InstaGram”.

Health advice from a healthy, near Centenarian:  
“Sit, but not for too long.”