



## INGREDIENTS FOR SALAD

- Cabbage
- Cucumber
- Chives
- Green onions
- Kale (optional)

## INGREDIENTS FOR DRESSING

- Olive oil 1 cup
- Fresh lemon 2
- Rice vinegar 1/4 cup
- Shallots 1
- Garlic minced 1 tablespoon
- Chives and spring onions one bunch each
- Walnuts and cashews handful each
- nutritional yeast 2 tablespoons
- Basil and spinach handful each
- Salt and pepper to taste

1.



Chop salad ingredients. Cut cabbage into skinny strips.

2.



Cut kale and cucumbers in the bite-size pieces. Combined all salad ingredients in the large bowl.

3.

Blend all ingredients for salad dressing until smooth

4.



Combine salad dressing with vegetables. Enjoy 😊

We love this salad. Feel free to combine other fresh veggies you like. You can use just one cabbage or combine cabbage for color and texture. I love kale added in.