

2022-2023



All Star Dance Team Info Packet

We are so excited that you are interested
in our All Star dance program!



eagleelitecheerleading@gmail.com

Team Placements



We are still adding to our teams!
E-mail us to set up a placement!

Tail Feathers: Mini Dance Team
Practice Wednesdays 6:00-7:00

Fly Steppers: Youth Dance Team
Practice Mondays 5:00-6:00

Fly Girls: Open Dance Team
Practice Mondays 8:00-9:00



eagleelitecheerleading@gmail.com



Tryout Checklist

New Athletes to Eagle Elite

- Gym Registration & Liability Waiver
- Tryout Scoring Packet
- Practice wear sizing
- Eagle Handbook & Contract
- Payment & Financial Agreement

Current Eagle Athletes

- Tryout Scoring Packet
- Practice wear sizing
- Eagle Handbook & Contract
- Payment & Financial Agreement

The Eagle Handbook and Contract must be signed to be placed on a team.
You may tryout without signing, but you will not be officially placed on a team.





Team Information

All Star Dance

All Star Dance is a competition focused style of dance. It's a great way to compete a different type of dance and to be a great well rounded dancer!

All Star styles include Hip Hop, jazz, pom, kick, contemporary, and variety.

This team will compete at All Star competitions.

(With 3 different dance teams we have an option for all ages!)





Financial Information

Due at Tryouts

- Tryout Fee \$15 (*Free for current team members*)
- Annual gym registration fee \$40
- Practice wear set \$95

Due the 1st of every month

Tuition \$75/ month

Current cheer crossovers will have a crossover rate of \$25 for dance tuition

Dane Team members will also receive a FREE weekly class!

Due Aug. 1st

-Choreography/ music \$200

Due TBA

- Competition Fees- \$450
- Uniform- ~\$200

**Information in the packet is subject to change. Prices/dates will be finalized closer to tryouts*



eagleelitecheerleading@gmail.com



Financial Information

Discounts

-Sibling Discount: 2nd child 50% off Tuition

-Crossover Discount:

Cheer team members crossing: \$25 tuition

Payment Information

Every athlete will be required to keep a card saved on file. Late payments will receive a \$25 late fee. Payments not received after 15 days past the due date will automatically be charged to the card on file with a late fee.

Card purchases over \$300
will have a 3% processing fee.

**Information in the packet is subject to change. Prices/dates will
be finalized closer to tryouts*



eagleelitecheerleading@gmail.com



Important Dates

Holidays & Gym Closings

- 4th of July/ Summer break: June 30th- July 5th
- Labor Day: Sept 2nd- 5th
- Halloween: Oct 31st
- Thanksgiving Break: Nov 23rd- 27th
- Christmas Break: Dec 21st- Jan 1st
- Spring Break: March 25th- April 2nd



Extra Practices

Extra Practices *may* be scheduled the week/ weekend before a competition.

(Extra practices will be announced closer to competitions)

**Information in the packet is subject to change. Prices/dates will be finalized closer to tryouts*



eagleelitecheerleading@gmail.com



Important Dates

Choreography

September
Exact days and times TBA



Tentative Competition Schedule

December 3rd: American Spirit Championships
Kansas City, MO

January 28th: Redline- Midwest Classic
Kansas City, MO

February 19th: American Spirit Championships
Kansas City, MO

**Information in the packet is subject to change. Prices/dates will be finalized closer to tryouts/*



eagleelitecheerleading@gmail.com



Frequently Asked Questions

Q- What is All Star Dance?

A- All Star dance is a type of competitive dance. It is different than school dance teams, and regular studio dance. All Star Dance is a great way to work on and compete a different style and a great way to be a more well rounded dancer. Styles we will compete include Hip Hop and Pom. All Star Dance teams will be eligible to receive a bid to compete at end of season competitions in Florida if they receive a bid.

Q- Are there any required skills?

A- It is recommended that dancers are able to do some of the following skills, however it is not necessarily required. Our Eagle Elite coaches can and will teach skills needed for the team's choreography. Possible skills include: Head springs, kip ups, aerials, rubber bands, and headstands along with jumps like toe touches.

Q- Do we allow our dancers to participate in other teams or sports?

A- Yes, we allow our dancers to participate in their school and/or studio dance teams along with other sports. We ask our members to split their time evenly if they are participating in other teams and be present at mandatory practices.





Frequently Asked Questions

Q-What is USASF and why do I need to register with them?

A- USASF is the governing body of All Star. Varsity competitions and most independent competitions require gyms and athletes to be registered with and have current USASF memberships. (More informations on USASF can be found here www.usasf.net)

Q- What does it mean that the Eagle Coaches are USASF Credentialed?

A- To be certified and credentialed with the USASF means that our coaches have passed background checks, taken and passed safety tests on concussions, heart health, and heat safety. Also the "Safe Sport" course and test, and the "Darkness to Light" course and test. USASF also has level tests that include a separate written test and practical test for tumbling and stunting for every level, where coaches must prove their knowledge and understanding of the legalities, and also how to safely teach all skills. To be credentialed means that we have passed all of these tests and continue our education by taking these courses every year, going to coaching conferences and continuing to take and pass these tests. To see more about our coaches qualifications and certifications check out our Coaches bios on our website.



Frequently Asked Questions



Q-Who should I contact with questions/absences/concerns?

A- All communication should go through the correct and official channels. Please do not directly contact our coaches via text, facebook messenger, instagram ect.

-Any attendance updates, absence explanation or Dr. notes should go directly to the gym email eagleelitecheerleading@gmail.com

-Any questions regarding payments, classes, clinic sign ups, usaf registrations, account balances, apparel orders and other general gym questions should be directed to our Gym Director Coach Jesecca at eagleelitecheerleading@gmail.com

Q- How does the gym communicate with parents?

A-The gym will primarily communicate with you through email, but we will also post on facebook and instagram. You can always find our schedule on the website.



Frequently Asked Questions



Q- What is the attendance policy?

A- During the summer we run "make up hours" if you miss a practice your child is able to make up those missed hours in an appropriate class or other team practice. Make up hours end in August. After summer, athletes are given 3 unexcused absences. Extra practices and practices the week before a competition are MANDATORY. If your child misses a mandatory practice or exceeds their unexcused absences the coaches may make the decision to pull your child from the upcoming competition, this decision will be on a case by case basis to make the best decision for the team as a whole.

Q- What will the uniforms be?

A- Our uniforms will be designed after we receive our choreography and know our theme. We will get these out as soon as we get them designed.

Q- What is practice wear?

A- We require our athletes to wear matching practice wear to practice. Matching helps our coaches to see and clean the dance. Our practice wear will be "Rebel" and include a top and shorts along with the Eagle Elite Season 9 Tank top. You can find a picture of the practice wear on the first page of this packet.



Frequently Asked Questions



Q- Am I required to take extra classes?

A- No, you are not required to take any classes. We do give all competitive team kids a weekly free class.

Q- What are private lessons, how do they work? Are they required?

A- Private lessons are a great way for your athlete to get one on one attention, and hands on help with their skills. Private tumbling lessons are 30 minutes and are \$25 or \$30 per 30 minutes price based on the coach. Private lessons can be set up directly with a coach, or if you do not have a specific coach in mind they can also be set up through the front desk and gym email. Private lessons are not required.

Q- What happens if the team gets a bid to an end of year competition in Florida?

A- If the team gets a bid to compete at an end of the year competition in Florida we will discuss it at that time. Decisions regarding Florida competitions will be made on a case by case basis.



Frequently Asked Questions



Q- When will I know information about upcoming competitions, i.e: schedule/ spectator info eat?

A- We do our very best to get you as much information as possible as soon as we can. Once we get FINALIZED information from the event producers we will send it out immediately. Oftentimes competitions change their information, so to avoid confusion we will try to only get you the finalized information.

Q- Where do I go/ take my child on competition days/ where do we meet?

A- On competition days you will be given a meet time, your child should be completely competition ready at this time (hair/makeup done/ uniform on/ bags and jackets left with a parent) We will have an Eagle Elite banner to meet at, or we will have a coach stationed at the front of the venue to collect your child and take them to the warm up area. It is very important to have your child meet us on time and completely ready.

Q-Can I watch practice?

A- Yes, practices are open and parents are allowed in the parent lobby and to watch practice. Some practices will be closed as we get closer to competitions and choreography will be closed as well.



Welcome!

We are so excited to start continue our All Star Dance program with our 3 competitive dance teams!

Our Coaches have years of dance experience along with years of experience training dancers. The Eagle Elite Gym has a history of success, National titles and champion teams and we are very excited to continue this into our dance program!

It is our goal to work with your current school/ studio dance team's commitments. We will practice once a week, and will work to schedule around studio competition schedules. We want our members to be able to participate in as much dance as they wish!

