

How to be a SPICY CATHOLIC

Sometimes being a Spicy Catholic means staying strong in your faith, even when things don't seem fair.

Think about some of our brothers and sisters around the world. They show amazing trust in God, even when bad things happen to them or their church just because they follow Jesus. They don't lose their "spice"!

In our own lives, being a Spicy Catholic might mean turning the other cheek, just like Jesus taught us. When someone is mean to you at school, you can choose to forgive them. Maybe that person is going through a tough time at home. We can pray for them, just like we've learned, and then let it go.

This doesn't mean you have to be friends with someone who is mean, but it does mean you can show them love and kindness through your actions and prayers. This is how we keep our faith strong and spicy!