How to be a SPICY CATHOLIC

One of the biggest and best parts of being a Spicy Catholic is that we get to bring God's mercy to others. The best way to show this mercy is to forgive!

Forgiving people who have hurt you is not always easy. Sometimes, people can really make us feel sad or angry. When this happens, a great first step is to talk to God about it and ask Him to help you forgive that person.

Forgiving is one of the hardest things we can do, but holding on to anger can hold us back from loving our neighbors, just as Jesus teaches us.

We have a mission to share the good news about Jesus! We can't do that mission if we are too busy being mad at someone instead of forgiving them.

So, let's forgive! It's how we show God's love to the world.