How to be a SPICY CATHOLIC

Being a *Spicy Catholic* is more than just a super cool name—it's about bringing the love Jesus asks us to share with others!

If you're reading this—guess what? You're already on your way to being a Spicy Catholic! That means you're excited about your faith and ready to live it out in bold, joyful ways!

But here's something important: going to Mass and faith formation is just the beginning. Yes, they're super important—we learn about God, receive the Eucharist, and grow as the Body of Christ together. But if we think that's all we're supposed to do... we're missing something big!

Jesus doesn't just call us to sit and learn—He calls us to go and serve.

Every time we go to Mass, we're filled up with God's love so we can go out and share that love. That means helping others, being kind, inviting friends to learn more about Jesus, and reminding them that serving others is for everyone, not just adults or super holy people!

Go do something good for someone else—a small act of love can change someone's whole day!

You were made to be a light in the world. So go out and shine like the Spicy Catholic you are!