



For the future!



June, 2018



Dear Optimist Friends,

It's that time of year, time for vacations, family reunions, grilling in the back yard, swimming in the pool. Whatever you have planned for summer I wish you a fun time.

As I write this letter I'm packed (well almost finished) for a trip to visit friends. The first stop a visit with my husband's old army buddy; a friendship that has remained close for nearly 50 years. It started out the two of them, then add me to the mix, and finally to round out the group his friend took a wife. The first few years we got together the guys talked about army life, each year we heard the same stories. We

wives found common interests and developed a friendship of our own. As time goes by the war stories have been replaced with family tales. We have shared happy times with births, weddings, shared vacations, and phone calls to fill in the gaps. It's a friendship that is so familiar that no one is company anymore, everyone is comfortable in each other's homes, and even though it may be a year or two since the last visit, everyone picks up where he/she left off.

The second stop will be to visit another generation of friends. We will visit with a friend who we have known since birth. I was the neighbor her mom called when she got into the Tylenol, I'm the one who called 911, and I'm the one who administered the ipecac with a lime Kool-Aid chaser. To say we share a special bond is an understatement. I love her as if she were my own, and her sister too.

I'm sure each of you have stories of endearing friendships. I know many of the friendships you hold so dear are those you have made through our Optimist Club, times you shared laughing, crying, sharing good times and bad, working together to build the bonds of friendship.

As you plan your summer activities, you may want to invite some of your Optimists friends to join you. Take this time to look at the club roster and find an old friend who has been out of touch for a while and invite her to join you for a meeting. I hear from some absent members that they got out of the habit of coming and now it is difficult to come back. They may think who do I still know, will the club welcome me back, and where will I sit? I've been pleased to see members return to the club by attending evening meetings when they are unable to join us at noon. I'm excited to see former members rejoin our club. I'm thrilled to see new friends become members. Won't you reach out and renew friendships; ask friends to return to the club or join us for the first time.

Enjoy your summer and remember in all you do be "Optimist Strong – Be the Difference!"

With optimism and friendship,
Jean Naeger, TCA President



CHECK OUT THE NEW WEB SITE: www.twincityoptimist.org

Board Meetings:

June 4: Carroll Metzger

July: NO BOARD MEETING

COMMITTEE CHAIRS: If unable to attend, please email a report to Jean Naeger

Lunch meeting venue:

Poppy's Restaurant 2000

North Truman Blvd.

Crystal City, MO

Room available at 11:00 a.m. Meeting begins at Noon

Evening meetings: Last Thursday of Each Month, venue to be determined

Programs:

June 7:Update

June 14:Paige Cuddihee

June 21: Ol's Professional Development Program

June 28:Bunco at Marsha Greensteet \$10.00 6:00 p.m. RSVP

July 5: NO MEETING

July12:TBD

July 19:TBD

July 26:Evening Mtg.



Junior Optimist

Officers: 2017-2018

President: Loren Macon

Vice President: Sophie Hensley

Secretary: Ayden Eldridge

Treasurer: Jacob Bohler

Sponsor: Katie Huck

News Flash:

The JOI Club meets the first Thursday of every month at 7:00 p.m. at Mercy Jefferson Hospital. Katie would like assistance by members to attend a meeting and provide a snack. **(Katie: 314-520-6340)**

Remaining projects for this year are: Windsor Head Start Talent Show, Open Houses at Schools.



President Loren Macom received award for Optimist Art Contest from her school.



Hot off the presses from Katie Huck, aka, JOI sponsor

The Ronald House Tour on Thursday evening was quite successful. There were eight JOI club members, five Twin City Optimists and five parents and Terry, a friend of Carol's. Thanks to all that have donated supplies(see the attached picture). Our Ambassador, John, was quite amazed by the number of items from a small group. John gave us a very informative tour. Carol Schanz, Maria, and I learn something new each time we come. Elsie Williams, Laurie Laiben and Leisa Spiker were delighted to see such a wonderful place for families with ill or injured children. Otto, whose family used the facility when he was a baby, did a great job collecting items from his Festus School classes. While we were there, a volunteer group supplied supper for the families, (see attached). It smelled delicious.

After dodging the storms some of us went to a local restaurant for supper that Elsie so graciously paid for us. By waiting out the storms, we saw a beautiful large rainbow- our reward!

We even had a little meeting after eating. The kids always have some great ideas.

Thanks to all that donated and to the ones that came for the tour. Job well done!





Katie reports from the park...

I just wanted to share with you that even though we did not hold the Playday at the Park on June 9th due to the weather we did sell chances on the pottery that JC Williams donated and made \$345. Tracy Anderson won the drawing for the pottery. Congrats!

Debbie did sell \$60 of post it frames and glue slime that morning. I just sold a cookbook to my neighbor and I am buying \$25.00 worth of the post it frames for my staff at work. So, it is still an active project and we have 60 blue slime containers and 17 post it frames to sell. So, if anyone is interested, I will bring items to the meeting. Just let me know, as I am bringing one container for Mary McDowell to give to the young lady that sang at our meeting last week. We did donate 10 containers of glue slime for the children at Ronald McDonald House on Thursday. Good idea, Sophie!

Thanks to the ladies that set up for the Play day and stayed as long as they could in the rain. I do appreciate it!

Katie Huck

Adult Advisor for JOI Club



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Beth Vincent	2
3	4	5 Marie Needy	6	7 Update	8	9 Fun Day at Crystal Park
10 Megan Meyer	11 Parker Decker Memorial 12 th Annual Golf Tournament	12	13	14 Paige Cuddihee	15	16 Abbigail Schuh
17	18 Carol Hagen	19	20 Katie Huck	21 O.I. Professional Development Program	22	23 Mary Renner
24	25	26	27	28 Bunco at Marsha Greenstreet home	29	30 Judy Williams

Perfect Attendance Requirements: members interested in being recognized for perfect attendance should use the monthly calendars to record her attendance. On the dates of weekly meetings, please mark attendance or non-attendance as follows: **Check for meeting attended, X for Missed meeting, E , excused due to illness or out of town.**

Make up credit: Make up credit is given for attending board meetings or participating in any club activity. Members should track make up credit earned and record it on the monthly calendar when it is used.

Please turn in attendance records to Peggy Scott. Thank you



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Becky LaBoube	2	3	4	5 No meeting	6 Phyllis Neff Jo Ann Thompson	7
8	9	10	11 Geraldyn Cash	12 TBD Elizabeth Check	13	14 Elsie Williams
15	16	17	18 Suzy Rauls	19 TBD	20	21
22	23	24	25	26 Evening Meeting	27	28 Judy Lowe
29 Sherry Armstrong	30	31				

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Youth Appreciation Day

We honored Jessica Romano from St. Pius X High School, Mary Aguado from Hillsboro High School, Tennessee Ervin from Jefferson High School, Jenna Myers from Festus Senior High School, Lucas Merz from Grandview High School, Kylie Hardin from DeSoto High School, Kailey Krieg from Crystal City High School and James Moloney from Herculanenum High School.

These students were nominated by administrators as super students who are continually working hard at school and also outside of the school. Each gave a short speech and also received a small monetary award from the club.









We were honored to offer our sincere thanks this group of fine Law Enforcement officers who unselfishly put themselves in harm's way to "Serve and Protect" the citizens of our community. Each officer was nominated by his/her department as one who shows exceptional dedication and professionalism in the performance of his/her duties.





Carroll Metzger, Leisa Spiker, Jean Naeger, Janet Mace, Barb Schmidt working and representing the Optimist at the Mastodon Fair. Below, hardworking Optimist celebrate with Loren.





Parker Decker Golf Tournament

Parker Decker Golf Tournament was held this past Monday, June 11, 2018. There were 17 golfer. The club sponsored the event and four Optimist volunteers(Mary McDowell, Mary Hatfield, Ellen Bridgewater, Pat Doenges) help with check-in, food prep, and serving(hot dogs and chips). Ellen Bridgewater will be taking on extra duties for the district next year, so someone will be needed to coordinate the sponsorship of the event and to get Optimist volunteers. Not too hard to do.



Photos from a fine day of golf!



We Welcome New members



Stacey Ismail, Sherry Armstrong, Nicole Carter, Janice Boyd, Suzy Rauls, Kami Kimes, Nell Austin



Twin City Area Optimist Club

P.O. Box 475

Festus, MO 63028

www.twincityoptimist.org

2017/2018 Officers

President: Jean Naeger, 314-495-2822

Past President- Cindy Cherry: 636-937-9294

President Elect: Mary McDowell- 636-937-2175

Secretary: Mary KAY SCOTT- 314-846-6417

Secretary Elect: Peggy Scott, 314-420-0897(home) 636-931-7560(work)

Treasurer: Debby Schumaker, 314-471-7213

Treasurer Elect: Leisa Spiker, 636-9317285

2016/2018 Board Members

Carroll Metzger

Elsie Williams

Pat Doenges

2017-2019 Board Members

Marsha Greenstreet

Phyllis Neff

Carol Schanz

[Please submit articles/pictures for newsletter by the 7th of the month! Thanks!](#)

OPTIMIST CREED

Promise yourself – *To be so strong nothing can disturb your peace of mind. * To talk health, happiness, and prosperity to every person you meet. * To make all your friends feel that there is something in them. * To look at the sunny side of everything and make your optimism come true. * To think only of the best, to work only for the best, and expect only the best. * To be just as enthusiastic about the success of others as you are about your own. * To forget the mistakes of the past and press on to the greater achievements of the future. * To wear a cheerful countenance at all times and give every living creature you meet a smile. * To give so much time to the improvement of yourself that you have no time to criticize others. * To be too large for worry, too noble for anger, too strong for fear and too happy to permit the presence of trouble.

OPTIMIST INTERNATIONAL



Road sign was awarded to our club for inducting seven new members during the New Member Drive.

Asian Chicken Salad

by

Carroll Metzger



Ingredients:

¼ cup chopped green onions

2-3 cups chopped lettuce, slaw, or
white and purple cabbage

½ cup chopped almonds

2 cups shredded carrots

¼ cup cilantro (optional or can be
served on the side)

2 cups cooked edamame (available in
frozen section at Schnucks)

Toasted sesame seeds(optional)

2 chicken breasts

½ cup soy sauce

2 cloves minced garlic

1 tbsp minced ginger

2 tbsp sugar

2 cups chow mein noodles

To prepare:

Chicken

1. Wisk together soy sauce, garlic, ginger and sugar. Marinate chicken breasts for at least one hour. Bake chicken at 400 degrees for 20-30 minutes, turning occasionally. Cool. Shred or cube .

Salad

2. Toss all salad ingredients, Add cooled shredded or cubed chicken
3. Add dressing
4. Only add chow mein noodles just before serving.

Dressing

5. EASY: buy Panera's Asian Sesame bottled dressing or
 6. Homemade dressing: Combine in a food processor: 2 tbsp. sugar, 1 tsp salt, ¼ cup oil (canola or vegetable), 3 tbsp. white vinegar, ½ cup chunky peanut butter, 1 tbsp. hoison, 1 tbsp. soy sauce and about 1/3 cup water (add more to get to consistency you want)
- SERVES 8-10