



Sheldon Gooch is

A business consultant and entrepreneur.

A graduate of the Community Development Institute in Conway AR

A graduate of Coahoma and Meridian Community Colleges

A graduate of Mississippi College in Business Administration

with a minor in Music

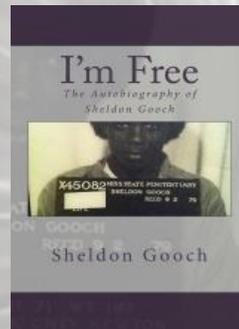
A graduate of the Word of Life Bible Training Center with a heart for Christian ministry

"You are always on the verge of a breakdown or a breakthrough.

The pressure for each is identical. You can stand through it or crumble underneath.

Your decision while under this pressure determines which of these outcomes you receive."

--Sheldon Gooch



<https://www.createSPACE.com/Customer/Estore.do?id=6497199>

Newly Released
The Book
I'm Free
The Autobiography
of Sheldon Gooch

Available at
amazon

Book Sheldon Gooch
For Your Next Event
(Professional fees apply)

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See Gooch on Oprah
<https://www.facebook.com/sheldon.gooch/videos/1334451205349/>

Sheldon GOOCH



**Minister, Inspirational
Speaker, Author, Mentor,
Singer, Songwriter,
Trainer, Life Coach,
Founder of I'M FREE, Inc.**

I'm Free!



Sheldon Gooch offers an autobiographical account in graphic detail of how, at fourteen, he entered the dark world of drug abuse. He shares the progressive steps he took to mount and ride one of the deadliest, most addictive drugs to hit his neighborhood.

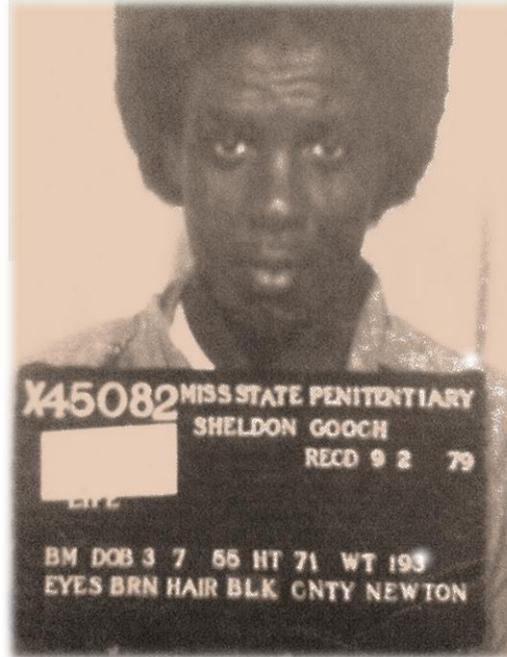
His personal values and morals became negotiable, transforming him into a riotous public enemy suitable only for death or long-term incarceration.

This was unacceptable to Sheldon. While incarcerated, serving LIFE plus sixty years, he embarked on a different journey. Through faith and personal development, he became an example of criminal rehabilitation.

His story was thrust into the national spotlight to include appearances on **DATELINE NBC** and **The Oprah Show**.

*A child of a single parent,
A welfare recipient,
A 4th degree black belt,
A school drop-out,
A runaway, A drug abuser,
burglar, robber, and
prisoner sentenced to
LIFE PLUS 60 YEARS...*

*Hear and read the rest of
this dramatic and
inspirational story!*



School Assemblies

Sheldon Gooch has spoken in every school district and on every college campus in the state of Mississippi as well as in school systems across the United States.

- Drug Free Schools
- Capacity Building
- Career Training

Workshops

Sheldon has conducted workshops and performed ministry in over 30 prisons around the country. He shares personal development concepts that not only empower the prisoner and ex offender, but also improves upon those who have never been in a 'structured' prison. His honest, down-to-earth style leaves a lasting impact as attendees leave with ownership of what they learned.

- Continuous and Never-Ending Improvement (CANEI)
- Understanding Your "Why?"
- "Defying the Odds and Stepping Up"
- Goal Setting
- Work Readiness

Training and Ministry

Sheldon Gooch has sung and spoken in over 700 churches in Mississippi and scores throughout the United States, including keynote addresses for several mayors' prayer breakfasts and civic clubs, and for conferences for professional organizations. He loves sharing the Word of God.