

Legend	LTS Learn To Skate	ITP Intro To Performance	Learn To Compete	RS, Rising Stars	Jr Academy/RS On Ice classes	LTS/LTP Learn To Skate/Learn To Play	Hockey Academy- Power	Birthday Parties	MVSA Exhibitions/Virtual Testing	
				Academy/RS Off Ice Class Additional fee	Academy Off Ice Class Additional fee					
			Public included in all memberships	Public included in all memberships	Public included in all memberships					
			Select Freestyles included in LTC memberships	Freestyles included in RS memberships	Freestyles included in Jr Academy memberships					
TIME ON-ICE		Mon	Tues	Wed	Thurs	Time	Fri	Time On Ice	Saturday	
	6 - 6:45am	FS-open	FS-open	FS-open	FS-open			8:15 - 9:15am		
	6:45-7:30	FS-open	FS-open	MVSA-Skating Skills	FS-open			9:30- 10:00	MVSA/RS-Show/ Skating Skills	
	7:30-8:30	FS-open	FS-open	FS-LTC +4	FS-open			10:00-10:45	MVSA/RS FS-High/RS 45 mins	
	Ice Cut	Ice Cut	Ice Cut	Ice Cut	Ice Cut	Ice Cut		10:45-11:30	MVSA/RS FS-High/RS 45 mins	
	8:45-9:30	FS-open	FS-open	FS-open	FS-open	8:00-9:00am	FS-open	11:30-11:45	Ice Cut	
	9:30-10:00	FS-open	FS-open	FS-open	FS-open	9:00-10:00	FS-open	11:45-12:15	MVSA/RS- Show Rehearsal	
	10:00-10:15	Ice Cut	Ice Cut	Ice Cut	Ice Cut		Ice Cut	11:45-12:15pm	LTC Show Rehearsal	
	10:15 - 12:00pm	public	public	public	public	10:15 - 12:00pm	public	12:15-12:45	MVSA/RS/LTC Low FS 30 mins	
	12:00-1:30	Stick Time	Adult Pick Up	Stick Time	Adult Pick Up	12:00-1:30	Stick Time	12:15-12:45	LTC Low FS practice ice	
								1:00-3:15pm	public	
	1:30-1:45pm	Ice Cut	Ice Cut	Ice Cut	Ice Cut	1:45-2:00pm	Ice Cut	1:00-2:00	Birthday Party Lessons	
	1:45-4:45pm	public	public	public	public	1:45-4:45pm	public			
	4:15-4:45			LTP-Tiny Mites						
	4:15-4:45			LTS						
	4:15-4:45	LTS/Special Olympics		ITP on ice	LTC on ice					
	4:55-5:25			ITP off ice	LTC Off ice					
	4:45-5:15		MVSA (LTC) Low FS							
	5:00-7:15	LTS								
	5:00-7:15	LTS/LTP								
	5:00-6:00	ITP on ice								
	5:00-6:00	LTC on ice				5:00-6:00pm	LTP-U7-U18/Adults			
	6:15-6:45	LTC Off ice				6:15-7:15	Hockey Academy-Skills			
	6:45-7:15	Hockey Academy-Power				7:30-9:00	public			
TIME OFF-ICE		Mon	Tues	Wed	Thurs	Off Ice- Time	Fri	Off Ice- Time	Saturday	
						7:00-7:45am	Academy/ RS Off Ice - Shannon D	7:30-8:30am	Academy/RS Ballet-Ms Laura	Academy/RS Off Ice Class Additional fee
							Academy/RS Off Ice Class Additional fee	8:30-9:20	Academy/RS IJS/dynamic warmup/Alexis	Academy/RS Off Ice Class Additional fee
								11:45-12:15pm		
								12:15 -12:45		
								1:00-1:30	Ballet -RS/LTC+4	
								1:00-1:30	Ballet- LTC -3	
	4:15-4:45pm			ITP on ice	LTC on ice					
	4:55-5:25			ITP off ice	LTC Off ice					
	4:45-5:15									
	5:00-6:00	LTC on ice								
	6:05-6:35	LTC Off ice								
	6:05-6:35	-RS Off ice								