

MVSA PATHWAY TO SUCCESS

LEARN TO SKATE PROGRAM:

- **LEVELS:** Beginner through Basic 6/No-Test.
- **DESCRIPTION:** The first step into a lifelong enjoyment of ice sports. The program follows the Learn-to-Skate USA curriculum and runs year-round at approximately 7-week intervals. Skaters will be introduced to skills such as forward and backward skating, stops, edges, crossovers, and turns with agility, balance, coordination, and speed.
- **PACKAGE INFO:**
 - ◆ All lessons at the level your skater is registered in per session.
 - ◆ All public sessions during the program's session.
 - ◆ Learn to Skate USA Membership (valid through June 30, 2024).
 - ◆ Learn to Skate USA Magazine (monthly).
 - ◆ Secondary Support Accident Insurance.

RISING STARS PROGRAM:

- **LEVELS:** No-Test to Preliminary Moves in the Field.
- **DESCRIPTION:** The next step into competitive figure skating, after Learn to Compete, with increased focus on skill development in affordable classes and freestyle sessions.
- **PACKAGE INFO:**
 - ◆ All public sessions during the current session period.
 - ◆ All Rising Stars & Learn to Compete classes, at your skating level.
 - ◆ FreeStyle sessions designated for Rising Stars participants. See rink schedule for times.

ADULT ACADEMY:

- **LEVELS:** Varied Adult Levels.
- **DESCRIPTION:** The MVSA Adult Academy is designed for adult skaters of all abilities and experiences.
- **PACKAGE INFO:**
 - ◆ Designated Academy group on and off ice classes.
 - ◆ Designated FreeStyles. See rink schedule for times.
 - ◆ All public sessions.



LEARN TO COMPETE PROGRAM:

- **LEVELS:** Basic 5, Basic 6, PreFreesSkate and FreeSkate 1-FreeSkate 6.
- **DESCRIPTION:** The progression after Learn to Skate enabling skaters to explore all aspects of ice skating in affordable, group classes & freestyle sessions.
- **PACKAGE INFO:**
 - All lessons at the level your skater is registered in per session.
 - All public sessions during the program's session. Designated FreeStyles. See rink schedule.
 - Learn to Skate USA Membership (valid through June 30, 2024).
 - Learn to Skate USA Magazine (monthly).
 - Secondary Support Accident Insurance.

JR. ACADEMY PROGRAM:

- **LEVELS:** Pre-Juvenile Moves in the Field level and higher, or with the Skating Director's permission.
- **DESCRIPTION:** The MVSA's Junior Academy offers specialized group and individual training for figure skaters. Improve your recreational skills, skate competitively, and make friends!
- **PACKAGE INFO:**
 - All Academy on ice academy classes; designated off ice academy classes.
 - All Jr Academy FreeStyles & varied FreeStyle levels; no low-level FreeStyles. See rink schedule for times.
 - All public sessions.