

# MVSA PATHWAY TO SUCCESS

## LEARN TO SKATE PROGRAM:

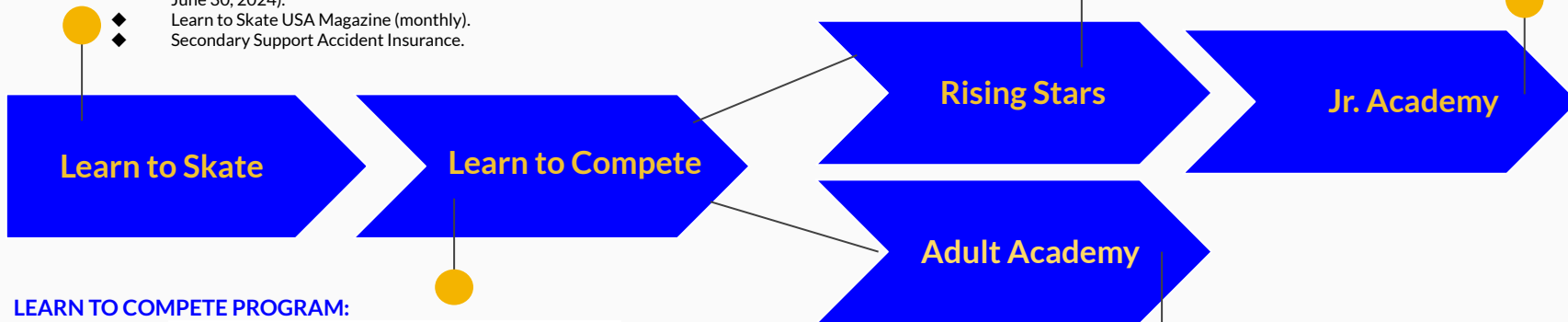
- **LEVELS:** Beginner through Basic 6/No-Test.
- **DESCRIPTION:** The first step into a lifelong enjoyment of ice sports. The program follows the Learn-to-Skate USA curriculum and runs year-round at approximately 7-week intervals. Skaters will be introduced to skills such as forward and backward skating, stops, edges, crossovers, and turns with agility, balance, coordination, and speed.
- **PACKAGE INFO:**
  - ◆ All lessons at the level your skater is registered in per session.
  - ◆ All public sessions during the program's session.
  - ◆ Learn to Skate USA Membership (valid through June 30, 2024).
  - ◆ Learn to Skate USA Magazine (monthly).
  - ◆ Secondary Support Accident Insurance.

## RISING STARS PROGRAM:

- **LEVELS:** No-Test to Preliminary Moves in the Field.
- **DESCRIPTION:** The next step into competitive figure skating, after Learn to Compete, with increased focus on skill development in affordable classes and freestyle sessions.
- **PACKAGE INFO:**
  - ◆ All public sessions during the current session period.
  - ◆ All Rising Stars & Learn to Compete classes, at your skating level.
  - ◆ FreeStyle sessions designated for Rising Stars participants. See rink schedule for times.

## JR. ACADEMY PROGRAM:

- **LEVELS:** Pre-Juvenile Moves in the Field level and higher, or with the Skating Director's permission.
- **DESCRIPTION:** The MVSA's Junior Academy offers specialized group and individual training for figure skaters. Improve your recreational skills, skate competitively, and make friends!
- **PACKAGE INFO:**
  - ◆ All Academy on ice academy classes; designated off ice academy classes.
  - ◆ All Jr Academy FreeStyles & varied FreeStyle levels; no low-level FreeStyles. See rink schedule for times.
  - ◆ All public sessions.



## LEARN TO COMPETE PROGRAM:

- **LEVELS:** Basic 5, Basic 6, PreFreeSkate and FreeSkate 1-FreeSkate 6.
- **DESCRIPTION:** The progression after Learn to Skate enabling skaters to explore additional aspects of ice skating in affordable, group classes & freestyle sessions.
- **PACKAGE INFO:**
  - ◆ All lessons at the level your skater is registered in per session.
  - ◆ All public sessions during the program's session. Designated FreeStyles. See rink schedule.
  - ◆ Learn to Skate USA Membership (valid through June 30, 2024).
  - ◆ Learn to Skate USA Magazine (monthly).
  - ◆ Secondary Support Accident Insurance.

## ADULT ACADEMY:

- **LEVELS:** All adult skaters (ages 18+) at varied levels.
- **DESCRIPTION:** Open to adult recreational skaters, or competing/testing at the adults USFS Test Levels only. *If competing in the NQS series or qualify for National/World Competitions, skaters are required to purchase a Jr Academy package/membership regardless of age.*
- **PACKAGE INFO:**
  - ◆ Designated Academy group on and off ice classes.
  - ◆ Designated FreeStyles. See rink schedule for times.
  - ◆ All public sessions.