



[Mountain View Skating Academy \(MVSA\) FAQs](#)

What is the purpose of Mountain View Skating Academy?

The mission of Mountain View Skating Academy is to provide a safe, healthy program to train ice-skaters in all facets and levels of ice-skating. Our goal is to develop athleticism and a solid foundation of skills for the aspiring hockey player, the competitive figure skater, or simply the life-long recreational skater.

We desire to assist our community of skaters as they begin to develop a path in their ice-skating journey. This journey may lead them to additional Learn to Skate or Aspire programs; it may lead them directly to our rink's hockey programs; or lead them to the competitive world of figure skating with our connections to area coaches. There are many options for all levels and ages of ice-skaters at Mountain View Skating Academy.

Is Mountain View Skating Academy a USFS skating club?

No. Mountain View Skating Academy is a local program focused primarily on our ice skater's development in every aspect of ice skating.

Why should a skater join Aspire at Mountain View Skating Academy?

- For skaters in Basic 5 and above, you will take the next steps beyond Learn to Skate in a cost effective, group environment
- Skaters will learn proper skill development and training techniques including edges, spins, and jumps.
- Skaters can sample different skating opportunities and fine-tune their fundamental skating skills.
- Skaters will learn to warm up like a champion, navigate freestyle sessions, and practice independently.

What program opportunities does Mountain View Skating Academy provide to the public?

Type of Skater	What is available?
Beginner Ice Skater	Learn to Skate group classes for the beginner to advanced skater. New classes begin throughout the year.
Learn to Skate Graduate	Aspire Skating group classes for students who have completed Learn to Skate Basic Level 5 and up. New classes begin throughout the year.
Figure Skater Looking to Compete	Our programs include Learn to Skate, Aspire, and connections with local coaches for private one-on-one lessons.
Hockey Player	Our programs include Learn to Skate, Aspire, and connections with our Learn to Play, local hockey programs, and private one-on-one coaching lessons.
Recreational/Adult Skater	Our programs include Learn to Skate, Aspire, and connections with local coaches for private one-on-one lessons.

How is the MVSA structured for each level of skater?

The MVSA offers skaters at the Learn-to-Skate Basic 5 level through Senior level (and adult) opportunities to further develop their skills in group and private lessons. Here's how:

1. **MVSA Aspire Program:** The Intermediate (hockey or figure) skater at the Learn-to-Skate Basic 5 Level and higher may join MVSA Aspire for cost-effective, small group lessons.

2. MVSA Jr Academy: Those who progress out of Aspire may join the MVSA Jr. Academy which consists of:

- The **MVSA Pre-Competitive Development Program** which offers opportunities for intermediate skaters (Non-Test through Pre-Juvenile level) who want to further develop and test as well as skate at local competitions and exhibitions.
- The **MVSA Competitive Development Program** which offers opportunities for more experienced skaters (Juvenile through Senior level) an avenue to further develop, test, and compete at regional, national as well as local competitions and exhibitions.

3. MVSA Senior/Adult Program: This program offers the adult skater opportunities to continue to grow their skating skills with other adults in the local area.

What is the Aspire Skating Program?

- Transition program for Learn to Skate Basic 5 Level and higher skaters of all ages.
- Weekly small group lessons (3 - 5 skaters) designed to transition Learn to Skate skaters to competitive figure skating, hockey, or long-term recreational skating.
- Weekly classes will include an on ice and off ice curriculum.
- U.S. Figure Skating endorsed a curriculum that will further build a skater's skills to make the most out of their ice-skating journey.

What types of Aspire group lessons do you hope to provide?

- Jump and Spin Fundamentals
- Introduction to Edges and Moves
- Ice Dance Basics
- Artistry on the Ice
- Speed Dynamics on the Ice
- Introduction to Testing and Competing with USFSA

After Aspire, what opportunities do you have for a skater?

After a skater graduates from the Aspire program, the MVSA recommends a skater take part in the MVSA Jr and Sr Academy which consist of:

MVSA Jr Academy:

- The **MVSA Pre-Competitive Development Program** which offers opportunities for intermediate skaters (Non-Test through Pre-Juvenile level) who want to further develop and test as well as skate at local competitions and exhibitions.
- The **MVSA Competitive Development Program** which offers opportunities for more experienced skaters (Juvenile through Senior level) an avenue to further develop, test, and compete at regional, national as well as local competitions and exhibitions.

MVSA Senior Academy & Adult Program: This program offers the adult skater opportunities to continue to grow their skating skills with other adults in the local area.

I need guidance to find a private coach or answer figure skating questions, who do I contact?

We recommend you contact our skating directors for additional support: mtnviewsa@gmail.com.