
Linda E. Donalds, BCH CI
Board Certified Hypnotist
Certified Hypnosis Instructor
New Horizons in Hypnosis
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Academic Education

1988 to 1992 ~ Rutgers University (Douglass College) ~ Graduated with a Bachelor of Art degree in the field of Anthropology, with minors in Archaeology and Native American Studies. GPA: 3.7. Honors: Phi Beta Kappa.

Professional Training

1998 ~ Basic & Advanced Hypnosis Certification ~ with Arthur Fecteau of Modern Hypnosis (W. Brookfield, MA), Certified Instructor for the National Guild of Hypnotists (Merrimack, NH).

1999 ~ Neuro-Subliminal Communications Certification ~ with certified instructor Arthur Leidecker of the Leidecker Institute (Elgin, IL).

2006 ~ Basic Practitioner Certification in Neuro-Linguistic Programming (NLP) ~ by certified instructor William Horton of the National Federation of Neuro-Linguistic Programming (NFNLP) (Venice, FL).

2007 ~ 5-PATH® Advanced Transformational Hypnosis Certification ~ with certified instructor Cal Banyan of Banyan Hypnosis Center (Tustin, CA).

2007 ~ 7th Path Self Hypnosis® Instructor Certification ~ with certified instructor Cal Banyan of Banyan Hypnosis Center (Tustin, CA).

2009 ~ HypnoBirthing® Practitioner Certification ~ with certified instructor and founder Marie Mongan of the HypnoBirthing Institute (Epsom, NH).

2010 ~ Pain Management Practitioner Certification ~ with certified instructor M. Ron Eslinger of Healthy Visions Hypnosis Wellness Center (Oak Ridge, TN).

2010 ~ NGH Complimentary Medical Hypnotism Certification ~ with certified instructor Rev. C. Scot Giles (Wheaton, IL).

2011 ~ Diabetes Motivational Coach Certification ~ with certified instructor C. Devin Hastings of Mind-Body Hypnosis (Minnetonka, MN) and the founder of the Diabetes Research Association of America.

2011 ~ Stress Management Consultant Certification ~ with certified instructor C. Devin Hastings of Mind-Body Hypnosis (Minnetonka, MN).

2011 ~ Bariatric Surgery Support Consulting Hypnotist Certification ~ with certified instructors Rosemarie Schulman & Elizabeth Marian Kilkenny of Bariatric Surgery for the Mind (New York).

2011 ~ NGH Board Certified Hypnotist ~ Board Certification Examining Committee of the National Guild of Hypnotists (Merrimack, NH).

2012 ~ NGH Certified Instructor Training ~ with Dr. Richard Harte Ph.D. of The Harte Center for Hypnosis (Florida), certified master instructor for the National Guild of Hypnotists (Merrimack, NH).

2012 ~ NGH HypnoCoaching® Certification ~ with certified instructor Lisa Halpin, DCH of HypnoCoaching® (San Ramon, California).

2013 ~ HypnoFertility® Therapist Certification ~ with certified instructor Lynsi Eastburn of HypnoFertility® (Denver, CO).

2014 ~ Advanced Past Life Regression Certification ~ with certified instructor David Quigley of Alchemy Institute of Hypnosis (Santa Rosa, CA).

2015 ~ TLS Weight Loss Solution Coach Training ~ with certified trainer Susan Pasqual (Massachusetts).

2015 ~ Sports Hypnosis Certification ~ with certified instructor Laura Boynton King of Summit Hypnosis & Wellness(West Palm Beach, FL).

2015 ~ DreamGuide® Coaching Certification ~ with certified instructor Lisa Halpin, DCH of HypnoCoaching® (San Ramon, California).

2016 ~ Emotional Intelligence Development Specialist Certification ~ with certified instructor Beryl Comar of Change Associates (Dubai, United Arab Emirates).

2017 ~ Educational Performance Practitioner Certification ~ with certified instructor Sheila Granger (Hull, England UK).

2017 ~ Calm Kids Coaching Certification ~ with certified instructor Sheila Granger & Clarissa Woodcock (Hull, England UK).

2017 ~ Ericksonian Hypnosis Training ~ with certified instructor Shaun Brookhouse of Manchester Psychotherapy (Manchester, England UK).

1999 through 2019 ~ Continuing Education (over 1000+ hours of additional training) ~ by attending numerous workshops at the National Guild of Hypnotists' annual convention every August, as well as other training courses throughout the year.

Experiences

- **Convention Faculty, National Guild of Hypnotists: Annual Convention & Educational Conference.**

- Presented 1-hour seminar on "Hypnosis for Adult ADHD" – August 2015.
- Presented 2-hour workshop on "Hypnosis for Adults & Teens with ADHD" – August 2016, 2017, 2018, 2019.
- Presented 1-hour seminar on "Ideomotor Response Testing" – August 2016, 2017, 2018, 2019.
- Presented 1-hour seminar on "C.P.R. Motivation Method" – August 2017, 2019.

- **Conference Presenter, International Conference on ADHD: ADHD Professional Institute.**

- Presented 1-hour seminar on "Hypnosis for Improving Sleep in Adults & Teens with ADHD" – November 2018.

Publications

- **2013** ~ "What Is Your Context?' Stay Focused & Take Powerful Motivated Action with a C.P.R." ~ Published in the Hypno-Gram, National Guild of Hypnotists. Jan/Feb 2013.

Awards

- **2019** ~ Order of Braid Council Member ~ This prestigious NGH designation and membership is by invitation only, in recognition of a lifetime of outstanding achievement, dedication, and service in the field of hypnotism.

Employment History

CURRENT:

- *January 1998 to Present:*
 - Owner, Self-Employed Private Practice
 - Board Certified Hypnotist
 - New Horizons in Hypnosis
 - Lunenburg & Townsend, MA
- *March 2012 – 2019:*
 - HypnoBirthing® Childbirth Educator
 - Emerson Hospital, Birthing Center
 - Concord, MA

FORMER:

- *May 2000 to July 2008:*
 - SQA Test Engineer
 - NetScout Systems, Inc.
 - Westford, MA
- *February 1994 to April 2000:*
 - Customer Support Engineer
 - NBase-Xyplex, Inc. (MRV Communications)
 - Littleton, MA