

APPENDIX 3. Breastfeeding and Infant Nutrition Resources for Clinicians, Parents and Families

<p>Public Health Agency of Canada Breastfeeding, Infant Nutrition.</p>  <p>https://www.canada.ca/en/public-health/services/health-promotion/childhood-adolescence/stages-childhood/infancy-birth-two-years/breastfeeding-infant-nutrition.html</p>	<p>Academy of Breastfeeding Medicine (ABM) Protocols, evidence-based recommendations.</p>  <p>https://www.bfmed.org/protocols</p>
<p>Institute for the Advancement of Breastfeeding & Lactation Education (IABLE) Breastfeeding Education for Clinicians. See Videos and Handouts.</p>  <p>https://lacted.org/</p>	<p>La Leche League of Canada Canadian support group listings and information sheets, available in multiple languages.</p>  <p>https://www.lllc.ca/</p>
<p>Canadian Paediatric Society (CPS) Caring for Kids–Breastfeeding/Nutrition.</p>  <p>https://www.caringforkids.cps.ca/handouts/breastfeeding</p>	<p>Best Start. Health Nexus. Free resources for: Breastfeeding, Formula Feeding, and Infant Nutrition. Available in English/French (many available in more than 15 other languages).</p>  <p>https://resources.beststart.org/product-category/resources/breastfeeding/</p>
<p>Dietitians of Canada. UnlockFood. Infant Feeding.</p>  <p>https://www.unlockfood.ca/en/Articles/Infant-feeding.aspx</p>	<p>Global Health Media Project on Breastfeeding See “Our Videos” and “Breastfeeding” videos on topics including positioning, nipple pain, expressing and storing.</p>  <p>https://globalhealthmedia.org/videos/breastfeeding/</p>

