

APPENDIX 4. Autism Resources

GENERAL RESOURCES

Autism Junction: Resources for Individuals with Autism (by province and region)

<http://www.autismjunction.ca/>

Comprehensive Canadian resource centre for parents, caregivers and professionals.

Health Canada: Support for autism spectrum disorder (ASD)

<https://www.canada.ca/en/public-health/services/diseases/autism-spectrum-disorder-asd/support-autism-spectrum-disorder-asd.html>

Family Resource Centres

<https://www.familiescanada.ca/find-family-resource-centre/>

A searchable directory of over 500 family resource programs across Canada.

CLINICIANS

Challenging Behaviour Tool Kit

http://www.autismspeaks.org/sites/default/files/challenging_behaviors_tool_kit.pdf

Autism Canada: Autism Physician Handbook

<https://autismcanada.org/resources/physician-handbook/>

(Although this is a physician handbook, it is written in a way that could also make it an excellent resource for families)

Autism Junction: Community resources

<http://www.autismjunction.ca/>

PARENTS/CAREGIVERS

Stimulating Speech/Language Development

First Words: <http://firstwords.ca/firstwords/strategies/>

Autism Speaks Canada (good overall resource site)

- **Challenging Behaviours Tool Kit: Parents and Families**
<https://www.autismspeaks.org/family-services/tool-kits/challenging-behaviors-tool-kit>
- **Toilet Training**
<https://www.autismspeaks.ca/science-services-resources/resources/tool-kits/toilet-training-1/>
- **Feeding Behaviours**
<https://www.autismspeaks.ca/science-services-resources/resources/tool-kits/guide-to-exploring-feeding-behavior-in-autism-1/>

Note: The above resources are free, although a brief information form must be completed to access them.

Disability Tax Credits for Children with ASD

<https://www.canada.ca/en/revenue-agency/services/child-family-benefits/child-disability-benefit.html>

Vaccines:

CPS Caring for Kids: Vaccines: Myths and Facts

<https://www.caringforkids.cps.ca/handouts/vaccines-myths-and-facts>

Vaccines (Myths): Immunize Action Coalition: Addressing Vaccine-Hesitant Parents: a series of role-playing video clips created for healthcare providers. <http://whyimmunizekids.org/role-playing-video-clips/>

