Backpacking Checklist

Shared by Pastor T.J. Diamond

* Portable phone charger w cable from car
* Chapstick
* Advil/Alleve
* Powder in baggie
* TP in baggie
* Hand sanitizer
* “Leatherman” type knife/tool (have in car side console)
* Foot blister balm
* Moleskin/blister bandages
* Earphones?
* Trekking poles/extra tips/ends for mud, etc)
* Snacks and water, of course (trail mix)
* Rain gear, hat, light layers, extra shirt
* jetboil and fuel
* instant coffee
* adventure meals
* headlight
* tent and footprint
* bear cannister
* Water purifier (ultraviolet or filter)/Lifestraw
* Sleeping bag
* Gloves and hot hands