



EXPERIENCE OF COACHING

My coaching career started out with volunteering at the club and helping to assist various kids' camps and coaching sessions. I thoroughly enjoyed this and was keen to get more involved with coaching.

I started my coaching qualifications when I was 16 and have more recently completed my level 3 coaching qualification.

Through my time coaching I've worked with players of all ages and abilities, and I am able to adapt the skills I've learnt to suit the needs of the player I am working with. Through the sessions I run, I look to provide a fun, competitive environment for players to improve their game and develop their skills.

I have experience of working at various tennis clubs such as David Lloyd Hamilton, Cambuslang LTC, Strathaven LTC, Bothwell LTC to name a few. Through working at these clubs, I have gained sufficient knowledge which has helped me improve my ability as a coach and mentor.

CONTACT

PHONE NUMBER:
07470 083671

WEBSITE:
lwtenniscoaching.co.uk

EMAIL ADDRESS:
lukewilsontennis@gmail.com

LW TENNIS COACHING

BASED AT UDDINGSTON BTC

BACKGROUND

I started playing tennis at Uddingston at the age of 4. I came through the coaching programme and was lucky enough to get involved as a Junior Ambassador at the club and was invited to play in the Men's Second Team at the age of 11.

Since then, I've went on and competed in tournaments across the UK, trained with the West of Scotland County Programme and currently playing Premier Division in the West of Scotland Summer Leagues.

I am also currently studying an LLB Law degree at the University of Strathclyde and have been involved and represented the university in the Tennis BUCS leagues, playing with the Men's 1st Team.

I got involved with coaching at the club in 2019 and it has been something I have become very passionate about. I've always loved the idea of being able to teach others new skills and help them improve aspects of their game. Now in 2024, I am proud to say I am the current Head Coach here at Uddingston Bowling & Tennis Club.

COACHING TEAM

Luke Wilson (Head Coach) : Level 3 Accredited+ Coach

Our team of coaches are all qualified and insured with experience of working with players of all ages and abilities. On top of this, our team have experience of competing at a county and regional level. Through this, we have managed to learn valuable skills and understand what it takes to reach that level in our sport.

As a team, we look to ensure we are able to offer coaching services for anyone, no matter their level of experience!

WHY NOT JOIN UDDINGSTON TENNIS?

FIRST YEAR MEMBERSHIPS 50% OFF!

Adult Member	£195	£97.50
Student/Concession (18-22)	£111	£55.50
Junior (12-17)	£75	£37.50
Junior (5-11)	£55	£27.50
Under 5s	£15	£7.50
Non-playing or Social Member	£51	£25.50
Visitors (must be signed in by member)		£5