

He Wātaka 2023

# Programme 2023





Rātū 28 Whiringa-ā-rangi - TUESDAY 28TH November 2023

## RĀ TUATAHI – Day One

9:30-11:00	Registration and refreshments	Pe-conference concurrent workshops	Early Career Masterclass
		9:00-10:30 am	8:30 - 10:30 am
		Workshop 1 Room SNW 2.31	Room SNW 2.36
		Workshop 2 Room SNW 2.33	Sponsored by Foodcom
		Workshop 3 Room SNW 2.34	
		Workshop 4 Room SNW 2.32	
Plenary 1: Welcome and opening plenary - Nutrition in our land and water, Room SNW 300			
11:00-11:30	He Mihi Whakatau – Welcome		
11:30-12:10	Prof Nick Rāhiri Roskrugē (Ātiawa, Ngāti Tama-ariki) (Massey University) <i>Food sovereignty and food security in Aotearoa and the Pacific</i>		
12:15-12:40	Dr Sam Murray (Cawthron Institute) <i>Supporting resilient communities in the Pacific</i>		
12:45 - 1:00	Dr Priscila Machado (Deakin University) <i>A multidimensional diet quality score for a global sustainable healthy diet (SUSDIET)</i>		
 1:00-2:00	Poupoutanga o te rā – Lunch & campus walk		Australian Nutrition Society AGM
	Posters Session 1A SNW2.35; Session 1B: SNW 2.36		1:15 - 2:30 Room SNW 200
Plenary 2: Nutrition in our land and water, Room SNW 300			
2:30 - 3:10	Dr Ty Beal (GAIN) <i>Achieving adequate nutrition in a malnourished world: the role of sustainable diets and animal source foods</i>		
3:15 - 3:45	Eli Kliejunas (The University of Auckland) <i>Quantifying the greenhouse gas emissions of New Zealand households' food purchases</i>		
	James Goode (University of Tasmania) <i>Modeling the replacement of red &amp; processed meat with plant-based alternatives and the estimated effect on insulin sensitivity</i>		
3:45-4:00	Oceanic Nutrition Leadership Platform presentation		
4:00 - 5:00	Federation of Oceanic Nutrition Societies (FONS) Launch, Room SNW 300		
	Dr Sarah Burkhart, President of FONS, Australia		
	Sefano Katz, Pacific Blue Foundation, Fiji		
	Jioje Fesiatu, Fiji National University, Fiji		
	Dr Jeanne Pau'uvale Teisina, Tonga/New Zealand		
 5:00 - 7:00	Welcome function		

## Rāapa 29 Whiringa-ā-rangi - Wednesday 29th November 2023

### RĀ TUARUA - Day Two

Plenary 3:	Nutrition in education settings, Room SNW 300		
9:00-9:25	Dr Sarah Burkhart (University of the Sunshine Coast) <i>Feeding our Future: school food and local agriculture in the Pacific</i>		
9:30-9:55	Assoc Prof Pragya Singh (Fiji National University) <i>Nutrition and physical activity in schools in Fiji</i>		
10:00-10:30	Danika Pillay (Massey University) <i>Assessment of food availability in New Zealand primary schools</i>		
	Paramanawa – Morning refreshments and posters sponsored by Anchor		
10:30-11:30	Poster Session 2A SNW2.35; Session 2B: SNW 2.36		
Plenary 4:	Dairy Australia Sponsored Session, Room SNW 300		
11:30-12:25	Dr Nick Smith (Riddet Institute) <i>Nutrient trade in Oceania</i>		
12:30-1:30	Concurrent abstract sessions		
	A1 School food environment <i>Room SNW 200</i>	A2 Sustainable diets <i>Room SNW 300</i>	A3 Eating patterns & weight management <i>Room SNW 100</i>
	Poupoutanga o te rā – Lunch and posters Session 3A SNW 2.35; Session 3B: SNW 2.36		Meet the experts: Early career and postgraduate session <i>Rooms SNW 2.31, 2.32 &amp; 2.33</i>
2:30-4:00	Concurrent abstract and workshop sessions		Concurrent Workshops
	A4. Food, bioactives & mechanisms <i>Room SNW 300</i>	Workshop 5 <i>Room SNW 2.33</i> Workshop 6 <i>Room SNW 2.32</i> Workshop 7 <i>Room SNW 2.34</i> Workshop 8 <i>Room SNW 2.31</i>	
4:00-5:00	Concurrent abstract sessions		
	A5 Food environments <i>Room SNW 300</i>	A6 Gut health <i>Room SNW 200</i>	A7 Nutrition, psychology & mental health <i>Room SNW 100</i>
5:00-6:30	Australian Nutrition Society - Awards of Excellence. <i>Room SNW 300</i>		

## Rāpare 30 Whiringa-ā-rangi - THURSDAY 30th November 2023

### RĀ TUATORU – Day Three

<b>Plenary 5:</b>	<b>Gut Health, Room SNW 300</b>		
<b>9:00-9:25</b>	<b>Prof Michael Schultz (University of Otago)</b> <i>Inflammatory Bowel Diseases and Nutrition</i>		
<b>9:30-9:55</b>	<b>Prof Nicole Roy (University of Otago)</b> <i>Diet, Gut Physiology, and the Microbiota-Gut-Brain Axis</i>		
<b>10:00-10:30</b>	<b>Dr Mathew Snelson (Monash University)</b> <i>Reduction in systolic blood pressure following dietary fibre intervention is dependent on baseline gut microbiota composition</i>		
	<b>Dr Yanan Wang (CSIRO)</b> <i>Swapping white for high-fibre bread exceeds fibre target and improves microbiome diversity</i>		
	<b>Paramanawa – Morning refreshments &amp; posters sponsored by Vegetables.co.nz</b> Poster Session 4A SNW2.35; Session 4B: SNW 2.36		
<b>10:30-11:30</b>			
<b>Plenary 6:</b>	<b>Women's health, Room SNW 300</b>		
<b>11:30-11:55</b>	<b>Associate Prof Lisa Moran (Monash University)</b> <i>Evidence based lifestyle interventions in Polycystic Ovary Syndrome</i>		
<b>12:00-12:25</b>	<b>Dr Evangeline Mantzioris (University of South Australia)</b> <i>Can the Mediterranean diet be a key to unlocking women's reproductive health?</i>		
<b>12:30-1:30</b>	<b>Concurrent abstract sessions</b>		
	<b>A8 Women's health</b> Room SNW 300	<b>A9 Infant &amp; young child nutrition</b> Room SNW 200	<b>A10 Dietary patterns</b> Room SNW 100
	<b>Poupoutanga o te rā – Lunch &amp; posters</b> Poster Session 5A SNW2.35; Session 5B: SNW 2.36		
<b>1:30-2:30</b>			
<b>2:30-4:00</b>	<b>Concurrent abstract &amp; workshops sessions</b>		<b>Concurrent Workshops</b>
	<b>A11 Monitoring nutrition, health &amp; sustainability</b> Room SNW 300		<b>Workshop 9 Room SNW 2.33</b> <b>Workshop 10 Room SNW 2.31</b> <b>Workshop 11 Room SNW 2.32</b> <b>Workshop 12 Room SNW 2.36</b>
<b>4:00-5:00</b>	<b>Concurrent abstract sessions</b>		
	<b>A12 Nutrition careers</b> Room SNW 300	<b>A13 Nutrition &amp; Ageing</b> Room SNW 200	<b>A14 Nutrition during pregnancy</b> Room SNW 100
	<b>6:30</b> Conference dinner sponsored by Beef + Lamb New Zealand (optional)		

## Rāmere 1 Hakihea - FRIDAY 1st December 2023

### RĀ TUAWHA - Day Four

Concurrent abstract and workshop sessions			
9:00-10:30	<b>A15. Impact of diet on NCD risk factors</b> <i>Room SNW 300</i>	<b>A16 Public health</b> <i>Room SNW 200</i>	<b>Workshop 13</b> <i>Room SNW 2.34</i> <b>Workshop 14</b> <i>Room SNW 2.31</i> <b>Workshop 15</b> <i>Room SNW 2.33</i> <b>Workshop 16</b> <i>Room SNW 2.32</i>
 10:30-11:30	<b>Paramanawa – Morning refreshments sponsored by The Crafty Weka bar, Posters 6A &amp; 6B</b> Poster Session 6A SNW2.35; Session 6B: SNW 2.36		
<b>Plenary 7:</b>	<b>Nutrition and wellbeing, Room SNW 300</b>		
11:30-11:55	<b>Fuimaono Darryl Laifai Pupi (Ministry of Health Samoa)</b> <i>Policy perspectives for lifestyle interventions in the Pacific (title TBC)</i>		
12:00-12:25	<b>Dr Fa'asisila (Sila) Savila (University of Auckland)</b> <i>Navigating Pacific People's nutrition and health research</i>		
12:30-1:00	<b>Jenna Perry (University of the Sunshine Coast)</b> <i>Exploring school food provision programs and links to local foods in Pacific Island countries</i>  <b>Dr Nikki Renall (Massey University)</b> <i>Dietary fibre intake, adiposity, and metabolic disease risk in Pacific and New Zealand European women</i>		
 1:00-2:00	<b>Poupoutanga o te rā – Lunch &amp; Posters 7A &amp; 7B</b> Poster Session 7A SNW2.35; Session 7B: SNW 2.36		
<b>Plenary 8:</b>	<b>Monitoring Healthy Diets, Room SNW 300</b>		
2:00-2:25	<b>Ms Renee Sobolewski (FSANZ)</b> <i>Monitoring Australian foods and diets'</i>		
2:30-2:55	<b>Dr Berit Follong (University of Auckland)</b> <i>Adapting Intake24 for Aotearoa - New Zealand</i>		
3:00-3:25	<b>Mr Joseph Nyemah Nyemah (FAO Food and Agriculture Organization of the United Nations)</b> <i>FAO's approach in addressing Non-communicable diseases</i>		
3:30-4:30	<b>Hei korero whakakapi - Closing remarks and awards sponsored by Wahine Charitable Trust</b> <b>Karakia whakamutunga</b>		