



# Mental Health Issues In the Muslim Community



## MENTAL DISTRESS

U.S. Muslims are *2X* more likely to attempt *suicide* than other religious groups.

## SUBSTANCE USE DISORDER

*38%* of American Muslim college students have used an illicit *drug* during their lifetime.



## DOMESTIC VIOLENCE

*31%* of American Muslims reported *abuse* from an intimate partner.

## NEWCOMER INTEGRATION

After 9/11, immigrants have struggled more to *settle* into American society while maintaining their Muslim *identity*.



## INTERGENERATIONAL CHALLENGES

Many Muslim *youth* feel *divided* between their parents' cultures and mainstream US culture.

## INCARCERATION AND REENTRY

Many Muslim *inmates* who convert while incarcerated don't have a *support system* upon release.



## STIGMA

Amongst many Muslim *families*, disclosure of mental illness is considered "*shameful*".

Visit our page at [issausa.org](https://issausa.org)

\*References for above statistics available upon request.