Mental Health Issues In the Muslim Community

MENTAL DISTRESS
U.S. Muslims are 2X more likely to attempt suicide than other religious groups.

SUBSTANCE USE DISORDER
38% of American Muslim college students have used an illicit drug during their lifetime.

DOMESTIC VIOLENCE
31% of American Muslims reported abuse from an intimate partner.

NEWCOMER INTEGRATION
After 9/11, immigrants have struggled more to settle into American society while maintaining their Muslim identity.

INTERGENERATIONAL CHALLENGES
Many Muslim youth feel divided between their parents' cultures and mainstream US culture.

INCARCERATION AND REENTRY
Many Muslim inmates who convert while incarcerated don’t have a support system upon release.

STIGMA
Amongst many Muslim families, disclosure of mental illness is considered "shameful".

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*References for above statistics available upon request.