Fire House News: Summer Round-up

Wildland Fire Season

Our summer has been notably different than last year. Helped by a wet spring and a cool summer combined with our aggressive fire attacks, we have been able to keep most wildland fires relatively small. It is, however, interesting to note that the summer of the Vision Fire we had similar fire activity, a fact not lost on us here at the fire station.

A recent structure fire at the end Lower Edgewood brought some unwanted excitement to the many and highlights some of the challenges we confront daily – long travel distances, narrow roads, isolated homes, challenging weather, and sometimes delayed calls to 911. Fortunately, no one was hurt when this unoccupied home was lost to fire prior to our arrival 16 minutes after dispatch. Although the home was a total loss, many things did go well on this fire – a well-coordinated and rapid-fire attack from multiple agencies, the hydrant system provided us with plenty of water (thanks to the fire flow tax), no injuries and the fire was contained to the structure of origin.

We have completed our home hazardous fuel reduction inspections, and I would like to thank everyone who is continuing to manage the flammable fuels on their property. It is clear that most folks are taking this responsibility seriously and devoting the time and energy required. Those homes that have not completed the work required have been referred to the Marin County Fire Marshall for follow up.

As you can see, summertime has kept us busy with our normal activities: responding to medical emergencies, vehicle accidents, bicycle accidents, trail and cliff rescues, and non-emergency calls for assistance, and fires of all natures.

Community Meeting: Land Management Panel
Monday, October 4th at 7:00 PM

We are working with the MWPCA to present a panel of speakers to discuss land management issues on the southern slopes of Mt Tamalpais and how they impact the Throckmorton Ridge Community.

We will have representatives from the MMWD, Mt Tam State Park, National Park Service, and the Marin County Fire Department. Each will give a short presentation and then be available for Q&A. It will be a unique opportunity for you to hear directly from the experts and actual decision makers about what is happening on the lands and areas of responsibility that are bordering your home.

At this meeting we will also have a presentation by both the Marin County Fire Marshal and Forester regarding fire codes and the big fuel reduction project slated to begin along the Throckmorton Ridge very soon.

Please spread the word about this meeting in your neighborhood and try to attend. I am sure everyone will come away with new and helpful information that is very relevant and timely.

Safety

Managing the flammable vegetation in and around your home is an ongoing process that can easy extend year round. Fire codes now require fuel modifications up to 100’ from a structure. Please come to the community meeting on Oct 4th or stop by the fire station for some very well put together and helpful information you can use to guide your work so that your time and energy is spent most efficiently. Of course, there are lots of on-line resources available. A couple good places to start on the web are: firesafemarin.org and readysetcomarin.org.

Many emergency calls we receive are medical in nature. A large percentage of them involve accidents in and around the home. So, prevention through education and awareness pays big dividends. We have printed material at the fire station related to this or I suggest visiting the web site for “Get Ready Marin” program at getready marin.org/

(continued on page 2)
Green Waste Collection

This year’s green waste collection at the MWPCA was a huge success. We collected twice the material we anticipated and much more than in previous years. Thanks go to Fire Safe Marin; MWPCA; and the Marin County Fire Chief, Ken Massucco, for funding this project. Over two days we received 123 deliveries from 43 properties for a total quantity of flammable material in excess of 800 cubic yards.

Finally, it is time to start thinking about the wet weather and storms that will be headed our way in a few months. I encourage you to make sure you and your home are prepared for this and other natural disasters. Once again the Get Ready Marin program is full of helpful information related to this.

You are welcome to come by the fire station above the Mt Home Inn or contact me if we can be of help in anyway.

- David Carr, Captain
Marin County Fire Department
Throckmorton Ridge Fire Station
415/388-5414

Muir Musings from Mia Monroe, Muir Woods

Autumn days are glorious times to visit the Redwood Creek Watershed trails—

—warmth, fall color, clustering ladybugs AND no crowds! Staff often see otter in the creek, a kingfisher hunting, the barred owl roosting near Fern Creek, and this year there seems to be so many chipmunks! If you’re lucky you might catch a stand-off between rutting bucks!!!

Fee-Free Days coming up include Public Lands Day on September 25th and Veteran’s Day, November 11th...all welcome! Another date to put on your calendar is Winter Solstice on December 21st, a special celebration to mark the turning of the seasons and the longest night—chilly but magical. This year there will also be a full moon.

Check our website for some new publications due out this fall: a “tremendous” essay and photographic volume on Muir Woods plus a cultural self-guide.

Work continues at Muir Beach to restore the lower part of Redwood Creek and revitalize the lower part of the Coastal Trail...access may be limited so check the website or talk to one of the friendly PICs...it is fascinating to watch, so plan a visit AND then return later this fall to see the changes. We mark the end of the construction work and the beginning of the planting season with a ceremony to welcome back the salmon...join us for a full day of restoration work, tours and ceremony on November 14.

Catch the mood of the season with this paraphrase from John Muir, “Climb the mountain and get its good tidings. Nature’s peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you and the storms their energy, while cares will drop off like autumn leaves.”

- Mia Monroe
Site Supervisor, Muir Woods National Monument
www.nps.gov/muwo

Call for Neighborhood Naturalists

Do you enjoy hiking the mountain and discovering all flora and fauna around us? Would you consider sharing some of your favorite hikes with the rest of us? Photographs are always welcome, too. Just send me a note to explore possibilities:

Lila Daniels
lliasd@aol.com
415/383-8422
MWPCA President’s Message

July featured two main events. First, the Marin County Fire Department, Throckmorton Ridge Fire Station offered to support a “Green Waste Collection” event in our area over the weekend of July 10. Brad Silen organized a crew of MWPCA volunteers (Brad plus Dick Popson, Harold Ditter, John Lovell, Lila Daniels, Perry Sadoff, and Susan Johnson) to stand by and assist as needed as the firemen inspected and off-loaded 123 truckloads of potentially flammable (when dry) material, which was chipped and taken off-site for disposal. The material included 620 cubic yards from 43 households in our area, 180 cubic yards from the MWPCA property itself, and 52 cubic yards cut from residential streets by the fire department to improve emergency vehicle access. The fire department and all participants view the event as a great success – the most material by far ever collected in such an endeavor.

Lila Daniels organized a summer picnic on July 24th. The weather cooperated (a rare occasion this year) and about 30 people flocked in from as far away as France (no kidding, but not just for this event). Attendees brought their own food and drink, with a special bounty from Derrick Chan and Scott McBirnie. There is often a lull in events between March and September, so we look forward to an encore performance next year.

MWPCA membership has reached its highest level in memory, including 39 households new for this year. The finances are in good shape. We are on track to cover our costs this year, including the projects already completed and some new ones. We also have enough money in the bank to cover contingencies. For the sewer activities, we have received the funds promised by Marin County ($39,500), and area households have redeemed nearly all of their pledges, leaving a gap of less than $3,000 to reach our share of $39,500, with more than that already pledged but not yet redeemed.

The calendar is filling up for the fall:
- Sewer meetings to provide updates on progress to date.
- The Marin County Forester Kent Julin will present plans for fuel reductions along the ridge, thanks to grant funds of about $250,000.

- Peter Hindley

Mill Valley Fall Arts Festival Fund Raising Project, September 25-26

Keith Papulias is chairing the event again this year, contributing his equipment and even condiments (have you tried his Pappy’s seasoning?!). He’s looking for volunteers to help with the booth—set-up and teardown, taking orders, grilling tri-tips and sausages, and assembling sandwiches. Speaking from experience, this is a great community event AND great fun while being helpful. Everyone who signs up to take a shift is admitted free for the day.

To sign up, just call Keith at 383-0269 or Lynn Hind-

Jazz Fest & BBQed Oyster Feast
Sunday, October 24, 1:00 PM—Sunset

What better way to spend the afternoon than enjoying good food and music while hanging out with your neighbors at the MWPCA Clubhouse. Besides, it’s a benefit for the Children’s Fund of MWPCA.

John Lovell, shown here waiting for his oyster platter, is organizing this annual event. If you haven’t attended, be sure to come this year.

Menu:
Drakes bay oysters
Jambalaya
Lagunitas beer

Music provided by:

Art Lewis Band
The Hot House
(including our mountain neighbors, the Richardsions)
Informal BBQ, Saturday, July 24th Well-Attended......1st Annual?

About 30 neighbors gathered on the lawn at the MWPCA Clubhouse to share food and fellowship. Scott McBernie provided the best sangria many of us have ever tasted, and Derrick Chan provided enough ribs to feed all of us! Others brought sausages to BBQ, delicious salads, and fruit to share. Thank goodness Jane Miller brought some cupcakes, our only dessert!

MWPCA provided dishes and silverware...........and the grill and charcoal. It couldn’t have been easier! The new patio area was duly "christened!"

The nicest part of it was that new and familiar faces joined in the fun. Ages ranged from 2 years to (dare I say) 82? Our friends Catherine and Patrick visiting Bill and I from France were also on hand. "Newcomers" included: Christa & Robert Savala, Richard Bakarian, and Roni & Brian Crews.

Familiar faces: Lynn & Peter Hindley, Julia & Robert Rydjord, Peter Spear, Etta & Arthur Deikman, and, Carol Stern & Blake Richardson as well as their son, Arthur. And, our firefighters from Throckmorton Ridge Fire Station even dropped by for awhile.

I daresay this won’t be the last time we do this!
- Lila Daniels, Event Chair

Kids’ Halloween Party!!
Saturday, October 30th
3:00 PM—5:00 PM

Come one come all, bring a pumpkin to carve and have fun with the neighbors. We will be gathering to carve our pumpkins Saturday, October 30th from 3-5 PM. We will provide the carving supplies and cider so come make your mess with us! Any questions call me. Hope to see you there.

- Kit Harris
388-0829

Save these dates:

More information will come in the next Lookout, but just in case you’d like to make note now:

Friday, November 19th: General Meeting/Election of Officers/Potluck

Sunday, December 12th: Adult International Buffet and Holiday Party

Sunday, December 19th: Kids’ Christmas Party

Neighbors

Alison Bonds Shapiro, MBA, posted an article August 12th on the Psychology Today Website: Hidden Disabilities. Check it out: www.psychologytoday.com. Alison works with stroke survivors and their families, and is the author of Healing into Possibility: the Transformational Lessons of a Stroke.

Claire Calvino seeks a cozy cottage/living space here on the mountain. She’s lived here in two different locations and loves it. If you have any ideas, give her a call at: 415/572-3608.

Jerry Harrison, songwriter, musician and producer (keyboardist and guitarist for Talking Heads and original member of The Modern Lovers) presents a film of special significance for him—as part of the Rafael Theater’s ongoing series: Stranger than Paradise. It will be screened Thursday, September 23rd, 7:00 PM.

(Please send news about your neighbors to Lila Daniels at lilasd@aol.com.)

IF YOU’RE LUCKY ENOUGH TO LIVE ON MT. TAM, YOU’RE LUCKY ENOUGH!
Palm Way

Hopeful first-time homebuyers Michael and Kelly Couacaud thought a house in Mill Valley was out of their price range, so they weren’t really looking when they saw a “For Sale” sign on Palm Way, the quiet street with the bird’s eye vistas between Panoramic and Sequoia Valley off Kent Way. But they decided to take a look. “We fell in love with it,” says Kelly, a psychologist and mother of Georgia, 3, and Alex, 9. The couple couldn’t come close to what was being asked for the house, so they included with their offer a heartfelt letter about themselves and their feeling for the house and environment. The letter convinced Joan Baez, among others. Since the early 70s, the house had belonged to Baez’ sister, Mimi Farina, the singer/songwriter and founder of the nonprofit entertainment organization Bread and Roses. She died of cancer in 2001 and the house was put up for sale.

“It’s got a lot of history,” says Kelly, who has lived there for seven years. “There’s also a really peaceful energy to it that I attribute to Mimi.” The sale and the move-in “felt so right,” Kelly notes. She and Michael even felt happier when they learned that half the proceeds of the sale went to Bread and Roses.

Marin Independent Journal writer Paul Liberatore, Mimi’s partner for the last two years of her life, lived with her on Palm Way. “She told me many times that one of the wisest things she did in her youth was to buy that little bungalow on the mountain,” Paul wrote in an e-mail. "She loved its windswept, foggy beauty. She could often be found hiking on the trails within walking distance of her home.” For that reason, he added, he had a bench installed in her honor uphill from the Tourist Club.

A few long-time neighbors talk of the musical legacy of the street, and Paul corroborated those memories. One of the very first Bread & Roses events occurred on New Year’s Day, 1975 at Mimi’s house. It included performances by Boz Scaggs, Jon Hendricks, the Congress of Wonders, Paul Krassner and Joan Baez that were recorded and replayed for the inmates at San Quentin. Carlos Santana’s manager also built a house on the street, and nurse Michelle Lewis lives there now. She says her boyfriend and his best friend are musicians, helping to keep up the tradition.

The hippie-era Palm Way also saw its share of drugs. Bob Sommer, Mimi’s next-door neighbor who also bought in the 70s, starts out his story of finding his Mt. Tam home this way: “I met a girl. We got stoned.” Besides free concerts, he says, there were free drugs. But it was also “the stormy night, trees bending over,” the free rein his dogs could have in that natural space that drew him. “I said I want it,” he recalls.

Lonnie Barbach, well-known author and clinical psychologist known as “the Dear Abby of sexuality and relationships for the Baby Boom generation,” had her own run-in with the drug culture in the 70s. She was taking a visitor to a neighbor’s house when they found themselves at the end of a shotgun held by a guy in a ski mask. They were tied up while he stole a greenhouse of marijuana. It wasn’t something that the homeowners could complain about to the police, Lonnie points out.

But what keeps people on the street has to do with nature and views and an indescribable something. “The weather’s terrific. It’s very much alive,” says Lonnie. “The wind is howling, I watch the fog roll in, the fog roll out. It’s very dynamic. Very spiritual.”

The relationship to nature and the earth shows itself in many ways: the coyotes, mountain lion and deer Michelle Lewis watches in her yard; the once bramble-covered plot of land on Panoramic and Kent Way that Barbach’s writing and life partner, psychologist David Geisinger, has been tending for 20 years; the appreciation expressed daily by Palm Way residents about the view they enjoy from Vallejo to the East Bay all the way to San Francisco; they love hiking and bike riding right out the door.

“I love the wildlife. I really do,” says Michelle. There may be one drawback, though. Referring to those coyotes she sees in her yard, she adds, “There are, unfortunately, no more outdoor cats in the neighborhood.”

-Diane Curtis

Clubhouse Available for Rent

Rates, rules, forms, calendar and all information about what is included are on the website: http://www.mounttam.org.

Special member discounts available...one more reason to become a member of MWPCA, your community association.

Bus Service in the Neighborhood

Marin Transit reminds riders of the availability of The Stage coming through our neighborhood. Call them at 415/526-3239 or go to the following website for schedule updates: http://www.marintransit.org/stage.html
Sewer for Muir Woods Park – Questions and Answers

1. Why do some people want a sewer system?
   - Ineffectiveness of septic systems in much of our terrain – poor soils for leach fields
   - Ecological and health risks of leaking septic systems
   - Residences in some cases may find it difficult or impossible to upgrade or expand without extensive and expensive septic system improvements
   - Cost of maintenance and replacement of septic systems
   - More difficulty of home sales and diminished value of property with septic systems
   - Possible new state regulations requiring septic system inspections
   - Out of the 287 existing homes within the proposed sewer district, only 33 have documented septic tanks, meaning they have been brought up to code in the last 25 years.

2. What are the three phases of the sewer project and their schedules?
   - Phase I:
     □ Definition and authorization of the area to be annexed to HVSD and the parcels included in the Assessment District.
     □ At the conclusion of the first phase an engineer’s report will be given to the County Supervisors. They will then plan for an election. Notice of the election, including the ballot, will be sent to all property owners 45 days prior to a public hearing to be held in the County Supervisors Chambers. Home-owners bring their ballots or mail them prior to the hearing. Ballots will be counted at the hearing. Protestors may come to the meeting and state their opposition.
     □ Phase I is now underway, will end about January, 2011 with first election.
   - Phase II: Will proceed if authorized by the election at the end of Phase I. Begins with the engineering design, including cost to obtain financing and ecological-protection assurance; ends late 2012 and requires a second election to approve construction.
   - Phase III: If authorized by election at the end of Phase II, the sewer is constructed; includes cost of obtaining financing and 20% contingency; ends about 2014.

3. How would a Sewer District be formed?
   - Two elections will be held leading up to the construction of the sewer system in our area, if the measures on the ballots are approved.
   - The first election, at the end of Phase I of the project, will determine if the majority of parcel owners want to annex our area to the Homestead Valley Sanitary District (HVSD) and form an Assessment District. (Our area would not become a separate Sewer District, but would become part of HVSD.)
   - The first election will also establish an Assessment District, which may not have the exact boundaries as the area annexed to HVSD. Residents and owners of parcels within the Assessment District will provide the funds to cover the engineering costs of designing the sewer system during Phase II of the project.
   - At the end of Phase II, a second election will be held to provide funds to cover construction costs of the sewer system; i.e., Phase III of the project.

4. What area would be covered?
   - Nearly all parcels, including most buildable vacant lots within the area approximately bounded by:
     □ Sections of Edgewood north of Sequoia Valley Road
     □ Sequoia Valley Road
     □ The parkland west of Panoramic EXCEPT areas already within city limits of Mill Valley or already served by HVSD.
     □ Parcel maps will be available for review at monthly sewer meetings.
   - There are 288 parcels with structures, 21 buildable parcels, 9 places where unbuildable parcels adjoin and might be combined to create a buildable parcel—a total of 318 possible parcels for participation in the Assessment District.
   - It is possible for a few parcels within the Mill Valley City Limits to be included in the annexation to HVSD. But none of these parcels are currently included in the proposed annexation to HVSD.
5. What organizations have agreed to receive and process our area's sewage?
- HVSD will receive our sewage and deliver it and its own sewage to the Sewerage Agency of Southern Marin (SASM) to be processed along with sewage from other agencies.

6. What right-of-ways or easements exist for the proposed sewer?
- Generally, sewer mains will be placed in actual or paper streets (from old subdivision maps); all or nearly all provide easements for services such as sewers. There may be some private easement required to avoid physical hazards or environmental concerns.

7. What is the estimated cost for each phase?
- Phase I: $79,000 (half pledged by residents, nearly all already received; half by County, already received)
- Phase II: Estimated at $1.81 million
- Phase III: Estimated at $7.26 million including 20% contingency
- Total for all three Phases: Estimated at $9.16 million
- These are one-time capital costs. Annual operating and maintenance costs and fees from HVSD are additional. (See items 12 & 13 for more details.)

8. What is the basis for the cost estimates?
- The estimates are based upon preliminary sewer system layouts and off-site sewer lines flowing into HVSD system. These will become more defined at the conclusion of the Phase I engineering study.

9. What costs will apply to the parcel owners?
- Capital and annual costs of operation, maintenance, and fees to HVSD will apply.
- Those who connect to the sewer will incur a separate one-time cost to cover connection to HVSD (estimated at $5,000), to construct a connecting pipe from their homes to the sewer mains (varies by parcel), and to dismantle (e.g., fill with sand) the existing septic tank. Example estimate of $7,000 total for all three items in scenario described above.

10. How is the capital cost determined for each parcel?
- Costs are divided equally among the parcels in the area, for example $9,160,000 divided by 300 parcels = $30,533 per parcel.

11. What are each owner’s options for paying for the capital cost?
- Financing through the Assessment District; e.g. bonds
- Make one time up-front payment from savings, e.g. $30,533 estimate
- Individual financing, e.g. mortgage based loans

12. What will the annual costs be for each parcel?
- Annual capital costs, if $9,160,000, financed for 30 years at 5% interest: $1,986 per parcel per year
- Annual costs starting at $500 per year for operation, maintenance, and fees

13. What will the total costs be for each parcel?
- Annual costs of about $2,468 (from above)
- One-time cost of about $7,000 for lateral connection and septic dismantling

14. What costs will apply to any parcel that is excluded from the Assessment District initially and then later wants to access the sewer (e.g., if their septic system fails)?
- The capital costs will be higher because interest will be added for the period of non-participation
- Payments from the “newcomers” will be refunded to the original participants pro rata

15. How do we authorize each phase?
- Phase I: under way, based on funds provided by residents and County
- Phase II: Subject to approval by area parcel owners in election at end of Phase I, estimated to be about January, 2011. One vote per parcel; simple majority needed to pass.
- Phase III: Subject to approval by area parcel owners in election at end of Phase II, estimated as late 2012. One vote per parcel; simple majority is needed to pass.
16. How do we vote in the first election?
   - By ballot mailed or delivered at Board of Supervisors hearing at end of Phase I

17. How do we vote in the second election?
   - By mailed ballot

18. When and where will progress review meetings be held?
   (schedule—details will follow. To receive alerts at the earliest moment, make sure Lynn Hindley has your email address. Just forward it to her at:
      lynnhindley@sbcglobal.net)
   - July, 2010 – MWPCA Clubhouse, current status of project (completed)
   - September 30, 2010 – Confirmed for MWPCA Clubhouse, after definition of district boundaries and developable lots
   - October 2010 – MWPCA Clubhouse, after completion of Phase 1 Study
   - December 2010 – at MWPCA Clubhouse, final meeting before election
   - January, 2011 – Board of Supervisors hearing to authorize Sewer District balloting

19. How do we get additional information?
   - Website: www.mounttam.org
   - Sewer Committee Contact: Lynn Hindley at lynnhindley@sbcglobal.net

Note: This Q&A article on pages 6-8 regarding Sewer for Muir Woods Park will be available soon on our website at: www.mounttam.org

Trees, Fish and Floods

Deforestation has occurred in “Mill” Valley from intense land development and the lumber stripped to build San Francisco. It kills fisheries that rely on streams and trees. Mill Valley has lost two species of fish once plentiful: Coho salmon (1991) and Steelhead trout (hanging on by a thread), as a result of these practices. Flooding has increased exponentially since the forties and is linked to loss of tree canopy, lost porosity and channelized streams.

The west realm of our community occupies the upper headwaters of Redwood Creek where millions of Federal Tax dollars are currently being spent on the Big Lagoon, Muir Beach stream, lagoon and watershed restoration. These initiatives will hopefully bring back habitats conducive to Coho Salmon, birds and the almost extinct Red-legged Frog, once plentiful in our area. The east watershed that most of us live in is the Arroyo Corte Madera Del Presidio that flows into the tidal salt marsh of Richardson Bay.

We residents have a daunting task, balancing the CAL Fire code with the Endangered Species Act, the riparian (streamside) protections requested by the Environmental Protection Agency, the Federal Migratory Bird Act and the California Department of Fish and Game Code.

Do you have a riparian zone on your property? If there is any watercourse, whether perennial, ephemeral or intermittent it is considered a watercourse by County, State and Federal code. New laws are on the books that will soon affect us all. Water is a vital resource and can benefit us or harm us depending on how we treat it. Watershed restoration work is happening all around the county, Bay Area and country. You can participate and help restore this beautiful place for your kids and grandkids. What we do upstream affects those downstream.

For more information, please contact me:

- Laura Chariton
Mill Valley StreamKeepers
www.millvalleystreamkeepers.org
415/388-7060
laurachariton@comcast.net
A Bench Rests Here

There’s a place where man mapped out
The perfect space
For nature to converge at one point.

A bench rests there (Almost marking the spot)
Holding the spirits of two lovers of this place.
Howard and Stella — after 80 plus years

Still watching over it all.

Today I choose to sit on their bench,
Also watching over, this first, best choice of my adult life.
And from this perch, I look West, North, East...

The Brigadoon-like hills stand out,
As fog creeps in on cat-like paws
Finding its’ way through
In, down, around each little mound until only the peaks are left.

Straight ahead,
A beach named Muir awaits
To drink...
Tongue wetted by remnants of Redwood Creek;
The last trickle of summer before the swells of winter rains burgeon forth.

Looking down...
Oldest, tallest vestiges of coastal redwood trees,
Reaching upwards to sky, moon, sun....and me.
To walk under them by misty early morning light,
Is to move hand in hand with a higher power
In natures fragrant cathedral.
Looking up through lacey fingers of canopy,
Wetness brushing my face,
Duff of fallen branches, mushroom faces starting to peek out,
Trillium and Miners lettuce having their last words
“it doesn’t get any better than this.”

Above
“She” lies...
This “Sleeping Maiden” ...
Now they say, her name is
“Tamal”- coastal bay and“Pais”- hill...
Either way, the shape feels feminine.
I see a “Sleeping Maiden”

But I see so much more than a name...
I see nature reaching out with tree covered slopes
To welcome walkers, sitters, watchers, bikers...
She opens her slopes to ashes,
Those of one who loved her as much as I.

This Tamalpais,
This place of rest to those who live under her spell...
Haven called home...
Friendships for life...

Safe place to walk freely among natures’ families,
Blending our family of children with hers’...

And, it feels to me,
Like I am taken into that family,
“No questions asked”
Only one request...
Respect Me! Please!

- Jean Hawkins Sublett

Mountain Home Inn

Come Join Us!
Notice our New Bar Menu Hours

Breakfast, Wednesday – Sunday 8:00 am – 11:00 am
Lunch, Wednesday – Sunday 11:30 am – 3:00 pm
Dinner, Wednesday – Sunday 5:30 pm– 8:45 pm
Bar Menu, Wednesday to Sunday 3:30—7:00 pm
Phone 415-381-9000 www.mtnhomeinn.com

Cute, Private Cottage for Rent

5 minutes from the Mountain Home Inn.

- Separate unit with good-sized parking area, private driveway
- 786 square feet; 1 BR/1 BA
- Full kitchen with window and deck overlooking the Mtn and Muir Woods
- Living room has window and deck overlooking the Mtn and Muir Woods
- Living room has wood-burning stove
- Central heating for entire cottage
- Front yard fenced with clover lawn area and another small yard in back
- Views of the Mtn, Muir Woods and over the horizon on a sunny day, the ocean
- Sunny afternoons
- Cute; recently remodeled
- $1,500/month, unfurnished

Call Erika Teahan at 415/302-5384
Yoga on the Mountain

We are excited to have Sutat teaching our evening yoga classes beginning at 6:30 PM every Wednesday.

Sutat's teaching style introduces beginners in a safe and uncomplicated manner, while encouraging seasoned practitioners to move deeper into postures.

The focus on breathing brings benefits at all levels. Sutat brings over 25 years experience in the mind/body arts, including over a decade spent in Asia studying with the masters.

Many people remember him from his years spent at Rancho La Puerta Spa, where he taught yoga as well as meditation and Tai Chi. Living on the mountain, he is thrilled to bring his teaching to the neighborhood.

Come welcome Sutat to the neighborhood by joining him and others at 6:30 PM each Wednesday evening. A sign will be posted at Four Corners as a reminder.

Please call Kathleen Delehanty if you would like information on any of the following listings (755-8300):

Real Estate Update

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<td>850 Edgewood</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LOTS ACTIVE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Redwood</td>
</tr>
<tr>
<td>650 Edgewood</td>
</tr>
<tr>
<td>44 Washington Park</td>
</tr>
<tr>
<td>80 Washington Park</td>
</tr>
<tr>
<td>Redwood</td>
</tr>
<tr>
<td>63 Monte Cimas</td>
</tr>
</tbody>
</table>

Thank you, Keith, for serving on the MWPCA Board, and——for your leadership of the largest annual MWPCA fund raiser: our booth at the Mill Valley Fall Arts Festival.

See article on page 3. Besides getting in free, you get to sample the tri-tip sandwiches and have a bit of community fun. Call Keith to participate at: 415/383-0269 or Lynn Hindley at 415/388-7252.
MWPCA MEMBERSHIP & DONATIONS
Still Due for 2010!!

Contact Peter Hindley for details at: phindley@nexant.com

How do you prefer receiving the Lookout? Send your response to phindley@nexant.com
Include your name/s, physical address, and email address/es

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