

# CHAPTER - 1

## MYSELF

This is me.

my name is Shinchan Nohara  
my father's name is Mr. Hiroshi N.  
my mother's name is Mrs. Missy N.  
my birthday is on 01-01-2001  
my address is SHU-1, Tokyo, Japan.  
my mother's mobile no: 23422342  
my father's mobile no: 23423321

The name of my school is  
school valley . com

I study in class II.

my school Principal's name is  
Mr. OKINAWA

my favourite sports is Badminton

my school address is sukudo  
road, Kasukabay, Tokyo.

my class teacher's name is  
Mrs. Osiraka Tai pi

my favourite subject is E.V.S

The colour of my eyes is blue  
The colour of my hair is brown.

### Exercises

A List three things that you do well. Also, write down things you want to improve upon.

I am good at:

drawing, swimming, studying

I can improve my:

english, vocabulary, singing.

B Write the names of your favourite things here.

my favourite animal  
Kangaroo

my favourite bird  
Pigeon

My favourite cartoon character.  
Shinchan

My favourite colour  
Green

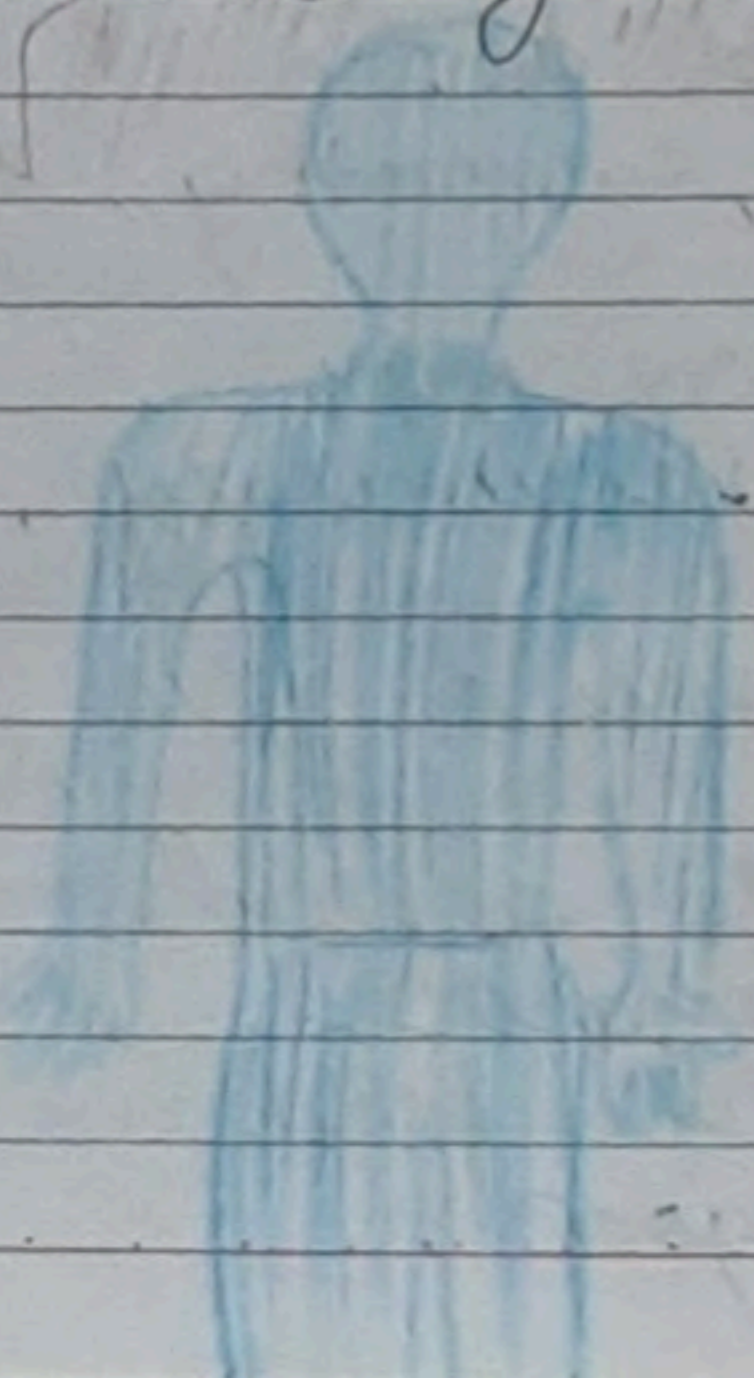
My favourite food.  
Biryani

My favourite fruit.  
Dragon fruit.

My favourite book.  
Looking around

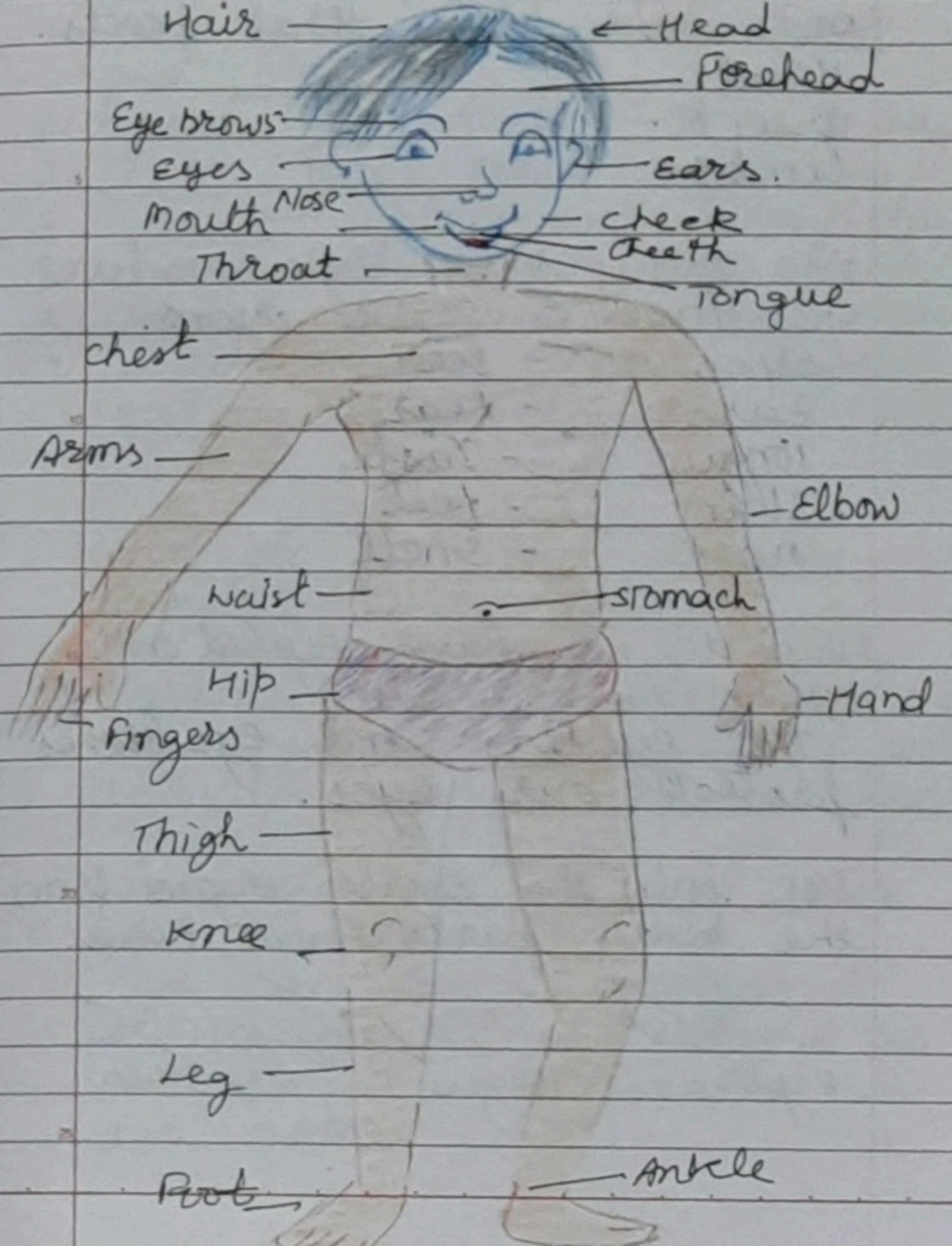
My favourite dress.  
Kimono

make yourself



CHAPTER-2

MY BODY



How many body parts we have?  
Our body has three parts.

- Head.
- trunk.
- limbs.

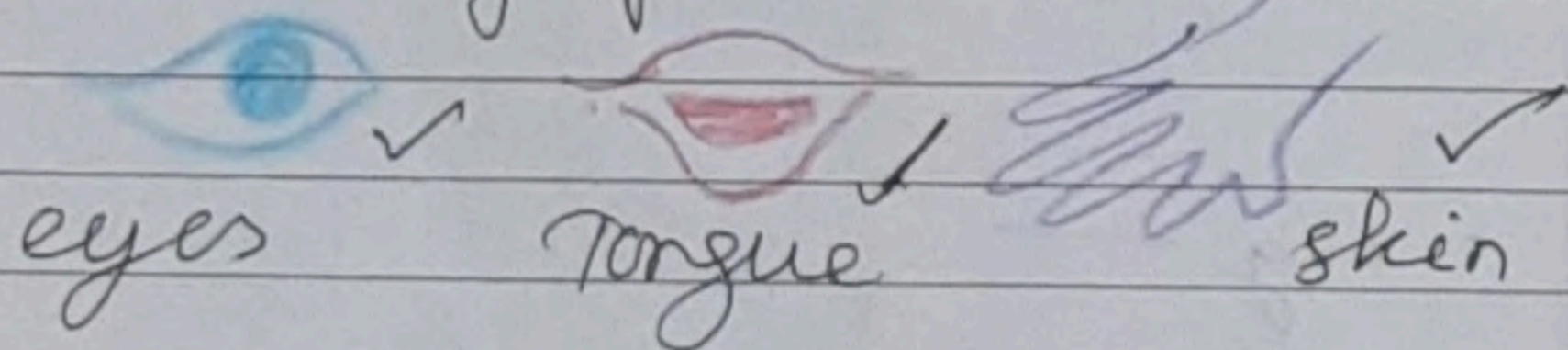
How many sense organs we have?  
we have 5 sense organs.

- Eyes - see
- Ears - hear
- Tongue - Taste
- skin - feel
- nose - smell

Why do we have eyelid and eye lashes?

The eyelids and eye lashes protect our eyes.

Tick only the sense organs from the body parts shown here.



Fill in the blanks.

1. Take bath daily with Soap and water.
2. Brush your teeth twice a day.
3. Trim your nails regularly.
4. never play with sharp objects.
5. Avoid reading in dim light.
6. Avoid listening to loud music.
7. Wash your hands before eating and toilet.

### Exercises

What do you do with your hands and legs?

We use our hands to do various activities eating, writing, dancing, playing, running are activities we do with our legs.

What do you do with your eyes and nose?

We can see shape and colour of things around us. We smell ~~and~~ breathe with our nose.

Name the five sense organs.

- eyes - see
- ears - hear
- nose - smell
- Skin - feel
- tongue - taste

How do the sense organs help us?

- 1) with eyes we see things around us.
- 2) with ears we listen to various sounds.
- 3) with nose, we smell can decide good or bad.
- 4) with skin, we feel hard soft, hot, cold smooth and rough surfaces.
- 5) with tongue we taste sour bitter and salty things.

List three things you do to keep your body healthy and clean.

- 1) Take bath daily with soap and water.

- 2) wash your hands before meals.
- 3) wash your hands after using toilet.
- 4) Brush your teeth twice a day.
- 5) Rinse your mouth after each meal.
- 6) Trim your nails regularly.

B Which sense organ is each child using in the following pictures.

Picture 1 → Ears.

Picture 2 → Nose.

Picture 3 → eyes.

C Look at each body part shown alongside the first letter of its name. Complete the blanks. One is done for you.

F  
 N O S E  
 C L G A  
 H G Y E R  
 I G R  
 H A N D S

D Choose the correct word.

1. We use our ~~legs/skin~~ to feel things.
2. Head includes ~~hands/feet~~
3. our nose/~~eyes~~ help us to smell things.
4. Tongue/~~Hands~~ are one on the sense organs.

### Extra questions

What will happen if we do not keep our body clean. We will smell bad and also fall sick.

What will happen if we listen loud music?

Our ears will be damaged.

What will happen if we play with sharp objects.

We will cut our hands and bleed.

## CHAPTER-3.

# GROWING UP

What are different stages of growing up.

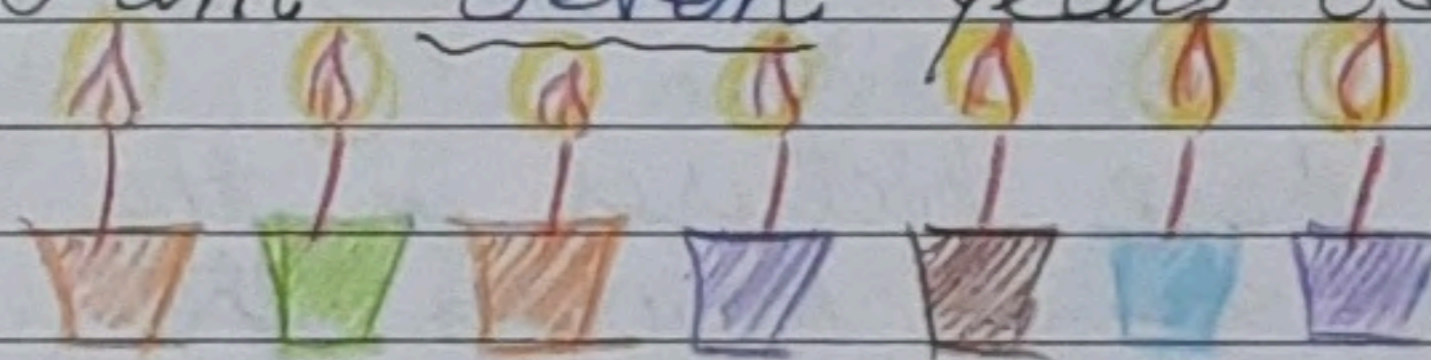
Baby → young child → young man → old man.

Do all of you look same.

NO., I look young, father looks mature and grandfather looks old.

Paste your picture when you were born. Paste your recent picture. Do you look the same. NO, I don't look the same. my hands and legs have become longer.

Draw as many candles on the cup cake as your age. I am seven years old.



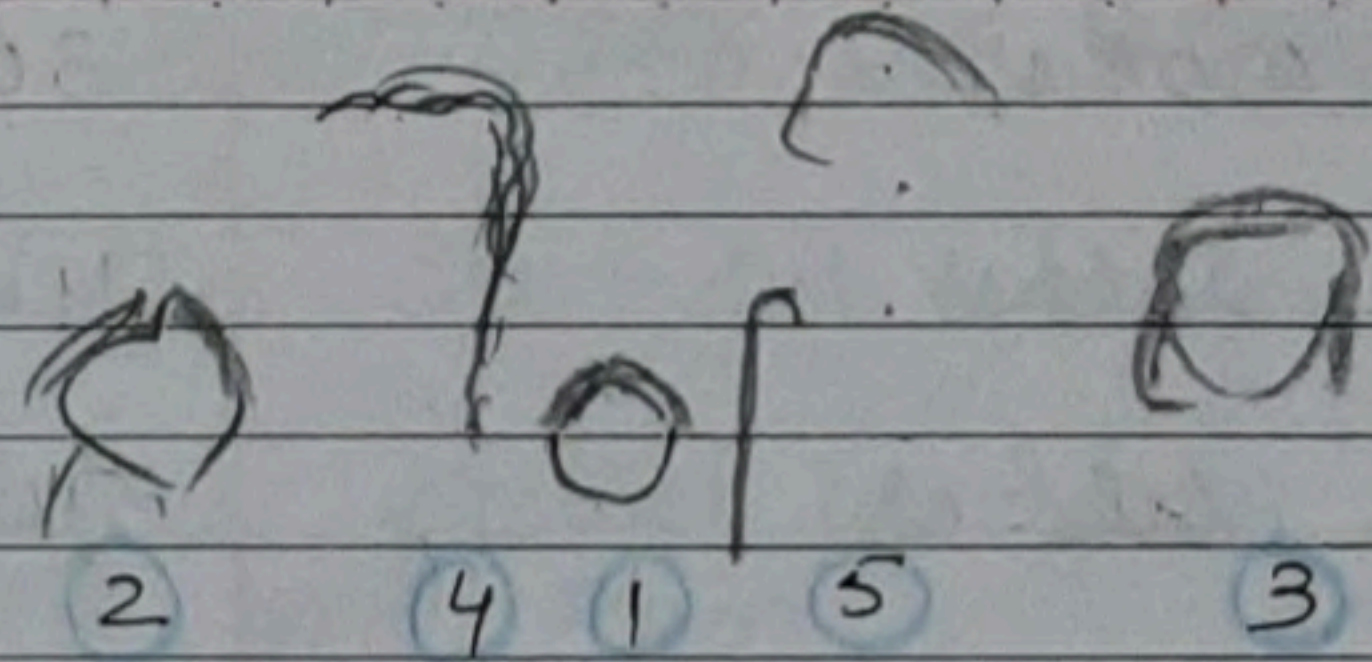
## Exercises

- 1) We are babies when we are born.
- 2) A young man grows into an old man.
- 3) Our bodies become stronger and heavier as we grow up.
- 4) We are taller when we are young.
- 5) We become weak when we grow old.

B Match the opposites:

- |          |       |
|----------|-------|
| 1 young  | heavy |
| 2 Tall   | Small |
| 3 Strong | Short |
| 4 Light  | Weak  |
| 5 Big    | Old   |

c) Put these pictures in the right order. Number the youngest 1 and the oldest 5.



D Measure the different parts of your body using a centimeter tape and write the measurements in the boxes.

	Me	Grown up child
hands	10 cm	15 cm
Arm	40 cm	50 cm
legs	70 cm	90 cm
foot	12 cm	15 cm
waists	17 cm	19 cm

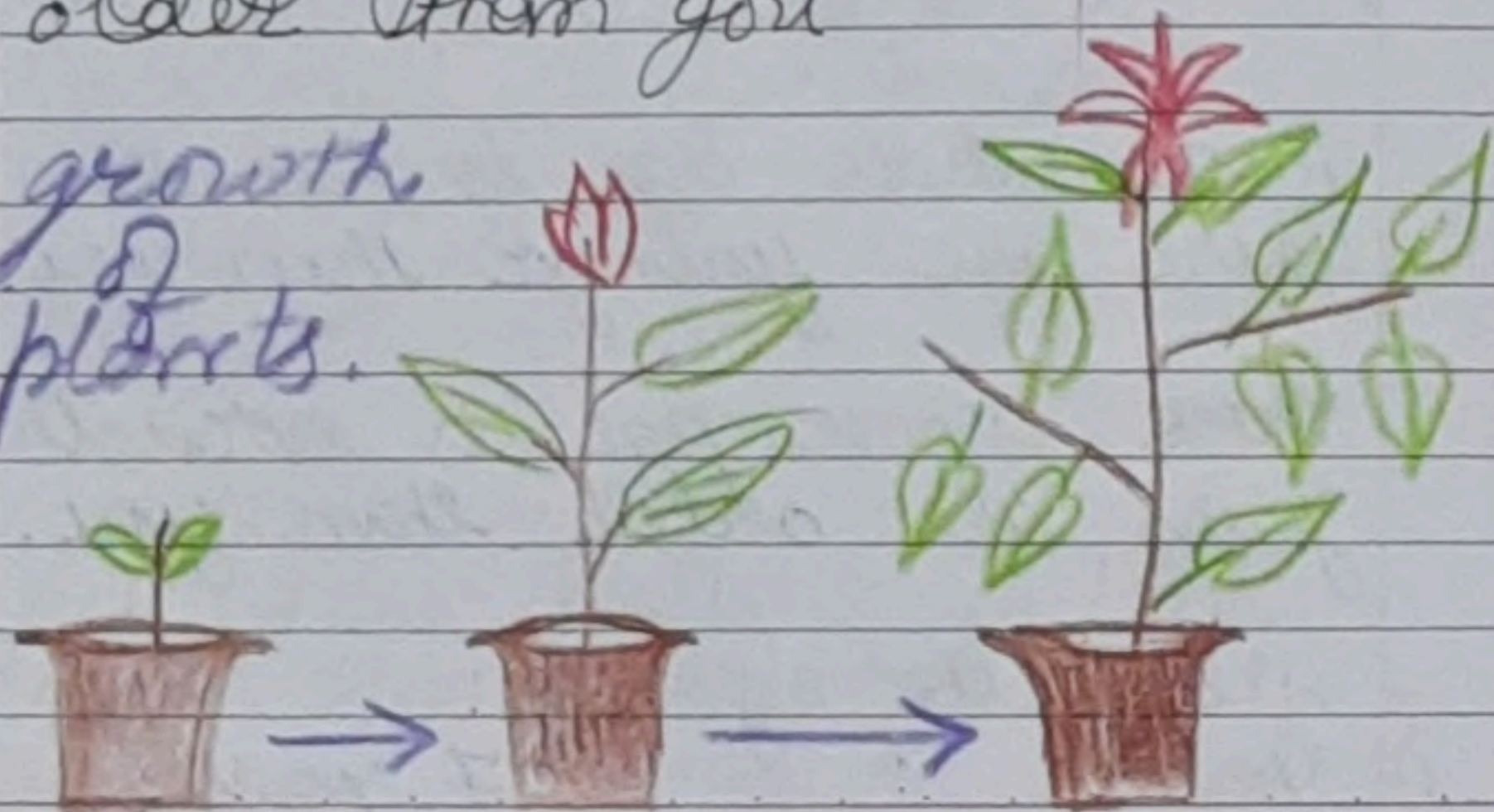
Those whose age is less than yours are younger than you.

Those whose age is more than yours are older than you.

Write the age of:  
1) Yours : 7 years

- |   |                                     |          |
|---|-------------------------------------|----------|
| 2 | your mother                         | 36 year  |
| 3 | your father                         | 40 year  |
| 4 | your sister                         | 10 year  |
| 5 | your brother                        | 12 year  |
| 6 | your grand father                   | 65 year  |
| 7 | your grand mother                   | 64 year  |
| 8 | Any of your cousin younger than you | 4 - year |
| 9 | Any of your cousin older than you   | 17 year. |

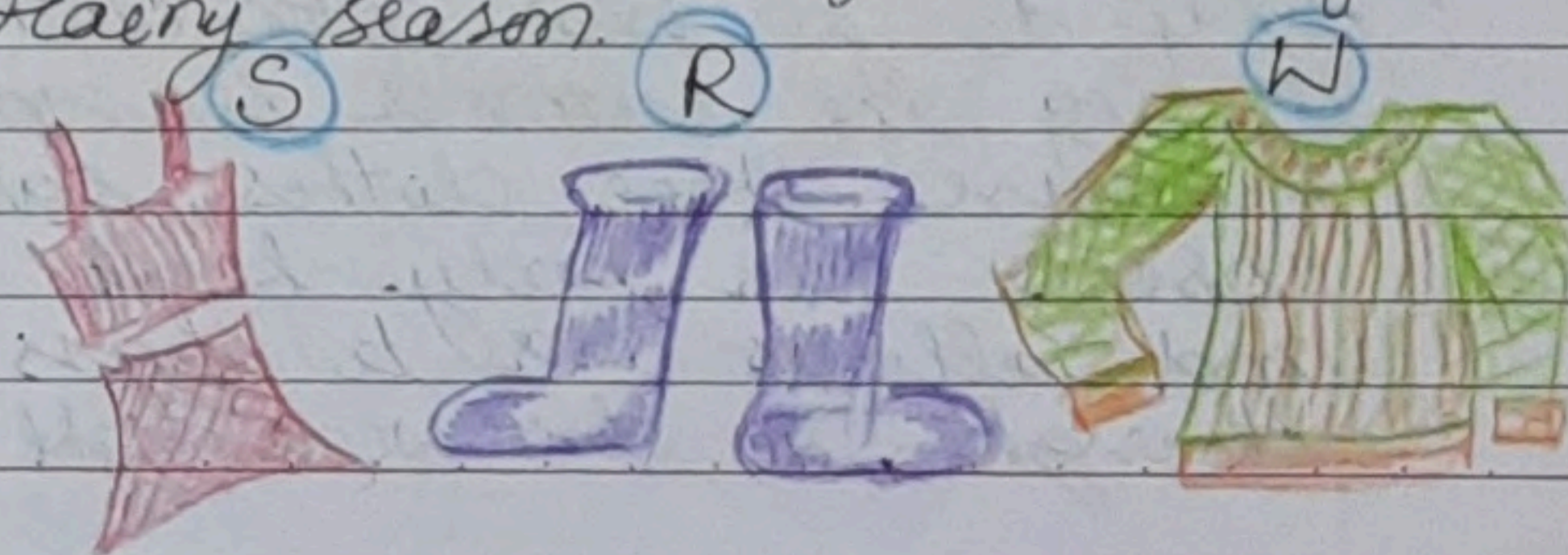
growth  
of  
plants.



## CLOTHES I WEAR

- 1) clothes are our basic need.
- 2) clothes protect us from heat cold and rain.
- 3) we wear different clothes in different seasons.
- 4) It is cold in winter, we wear woollen clothes.
- 5) we get wool from sheep.
- 6) During rainy season we carry an umbrella.

write 'S' for summer clothes, 'W' for winter clothes, 'R' for clothes of rainy season.



We wear special clothes on occasions like weddings, birthday, festivals.

Soldiers wear army uniform so that they can hide in jungle.

Nurses wear a uniform so that patients can know them.

An astronaut's uniform is known as space suit.

Rayon is made of wood pulp. Clothes specid to a particular country are called costumes.

**Exercises**

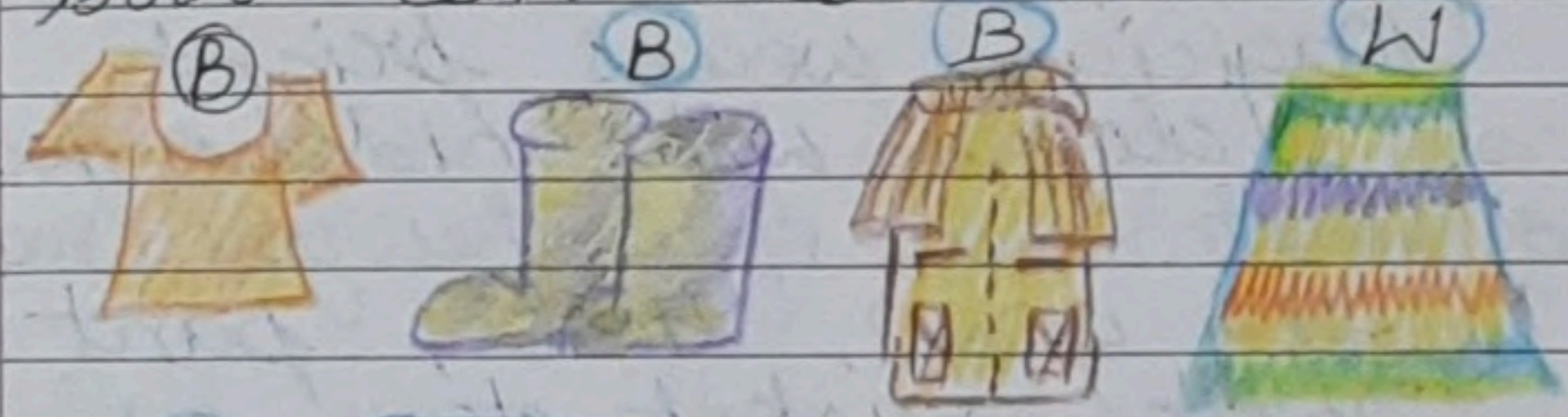
1 Why do we wear cotton clothes during the summer season? Because these clothes can absorb our body heat and allows air to pass through. we also wear light colour.

2 What kind of clothes do we wear in the winter season? we wear woolen clothes. we also wear dark colour clothes.

3 write the names of two people who wear uniform at work. Soldiers, Nurses, Astronaut, Police, school students.

4 What is a costume? Costumes are <sup>clothes</sup> special to a particular country.

B Given below are some types of clothes. write M for man, W for woman and B if both can wear it.





- c. Give two examples of clothes you would wear:
- In summer: T-shirt, knicker, half pant.
  - In winter: Jacket, sweater, Pant, inner.
  - on your birthday: suit (coat + pant) with Hat.
  - on your cousin's wedding: kurta pajama
  - At school: uniform shirt, pant

### Fancy dress show.

- 1) What would you like to be?  
Magician
- 2) Why you would like to be that?  
Magician wears bright clothes with hidden pockets.
- 3) What kind of clothes you wear,  
long gown, Hat, pant, shirt, vest etc.
- 4) Write a line you would say?  
'Next one hour will be a surprise for you!'

## CHAPTER-5.

### THE FOOD I EAT

- 1) Food gives us energy to work and play.
- 2) Plants gives us fruits, vegetables, grains and cereals also spices.
- 3) Rice and wheat are cereals.
- 4) We get milk, meat, eggs from animals.
- 5) People who eat plants are called vegetarians.
- 6) People who eat fish, eggs, meat are called non-vegetarians.
- 7) Food items that help us to grow are called body-building foods.
- 8) Food items that give us energy are called energy-giving food.
- 9) Food items that prevent us

from falling ill are called protective food.

Food items that taste good but are not healthy are called junk food.

We must drink 8 glasses of water every day.

• Good Eating habits quiz.

- 1) I always wash my hands before eating. (1)
- 2) I always eat fresh food. (1)
- 3) I only take as much food on my plate as I can eat. (1)
- 4) I eat my food silently. (1)
- 5) I chew my food well. (1)
- 6) I do not spill my food on the table or on my clothes. (1)

7) I eat lots of green vegetables and fruits. (1)

8) I drink at least eight glasses of water every day. (1)

9) I drink three glasses of milk every day. (1)

10) I do not eat food from street vendors. (1)

What is your score: (10)

A (1) Why do we need food?

We need food to live. Food gives us energy to work and play.

Food makes us healthy and strong.

Food helps us grow.

What is a balance diet?

A balanced diet is one which has the right amount of food (nutrients) from all

the food group and water.

3 What is protective food?  
Food that protects us from falling ill and protect us against diseases green vegetables, fruits and milk keep our body strong and healthy.

4 Why do we add spices in our food?  
Spices add flavours to our food and makes it tasty.



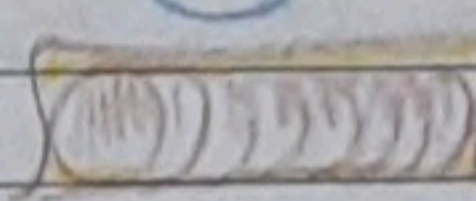
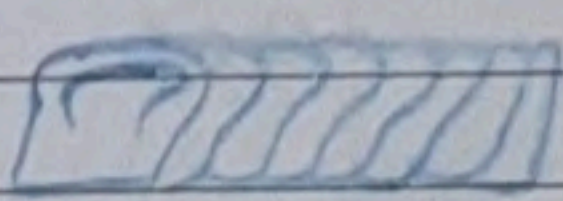
5 Write any two good eating habits other than those given in the chapter.

- (1) We should eat our meals on time.
- (2) We should not waste food.
- (3) We should not overeat because of taste.
- (4) We should pray before eating.

B Give the names of any two food items for each of the following:

1. Milk products: Cheese, curd, Ghee, Butter,
2. Body building food items: Grams, pulses, milk, eggs.
3. Energy - giving food items: Potato, ghee, sugar, butter.
4. Vegetarian food, methi, potato, spinach, carrot, ladyfinger, tomato.
5. Non-vegetarian food, fish, eggs, meat.

We make flour from wheat. Flour is then used to make many food items. Find and paste pictures of any three food items made from flour.

- (1) Chapati 
- (2) Halva 
- (3) Biscuit 
- (4) Bread 

AIR

- ① We need air to live.
- ② We cannot see air, smell air, taste air.
- ③ We can only feel air.
- ④ Moving air is called wind.
- ⑤ When wind moves slowly it is called breeze.
- ⑥ Fast moving wind is called storm.
- ⑦ Air is needed for burning and drying clothes.
- ⑧ We must breathe in the fresh air.
- ⑨ Trees make air fresh and clean.

1. Why do we need air?  
We need air to live.

2. Write any three properties of air?

Air has some special properties-

- ① We cannot see air.
- ② We cannot smell the air.
- ③ We cannot taste the air.
- ④ We can only feel the air.

3. Write any three uses of air?

1. Air is needed by all living beings.
2. Air is needed for burning.
3. Air helps to dry clothes.

4. Write any two things you should do to get fresh air.

- ① We must keep our doors and window open, to let fresh air come in.
- ② Do not cover face when you sleep.
- ③ Play in the park and spend time in open spaces.

4) Go for morning walk daily.

5) Why should we plant more trees?

We should plant more trees to make air fresh and clean.

B. Tick 'v' the correct word:

① Burning / swimming needs air.

② Plants make the air pure / impure.

③ Sleep with your face covered / uncovered.

④ Air has a taste / is tasteless.

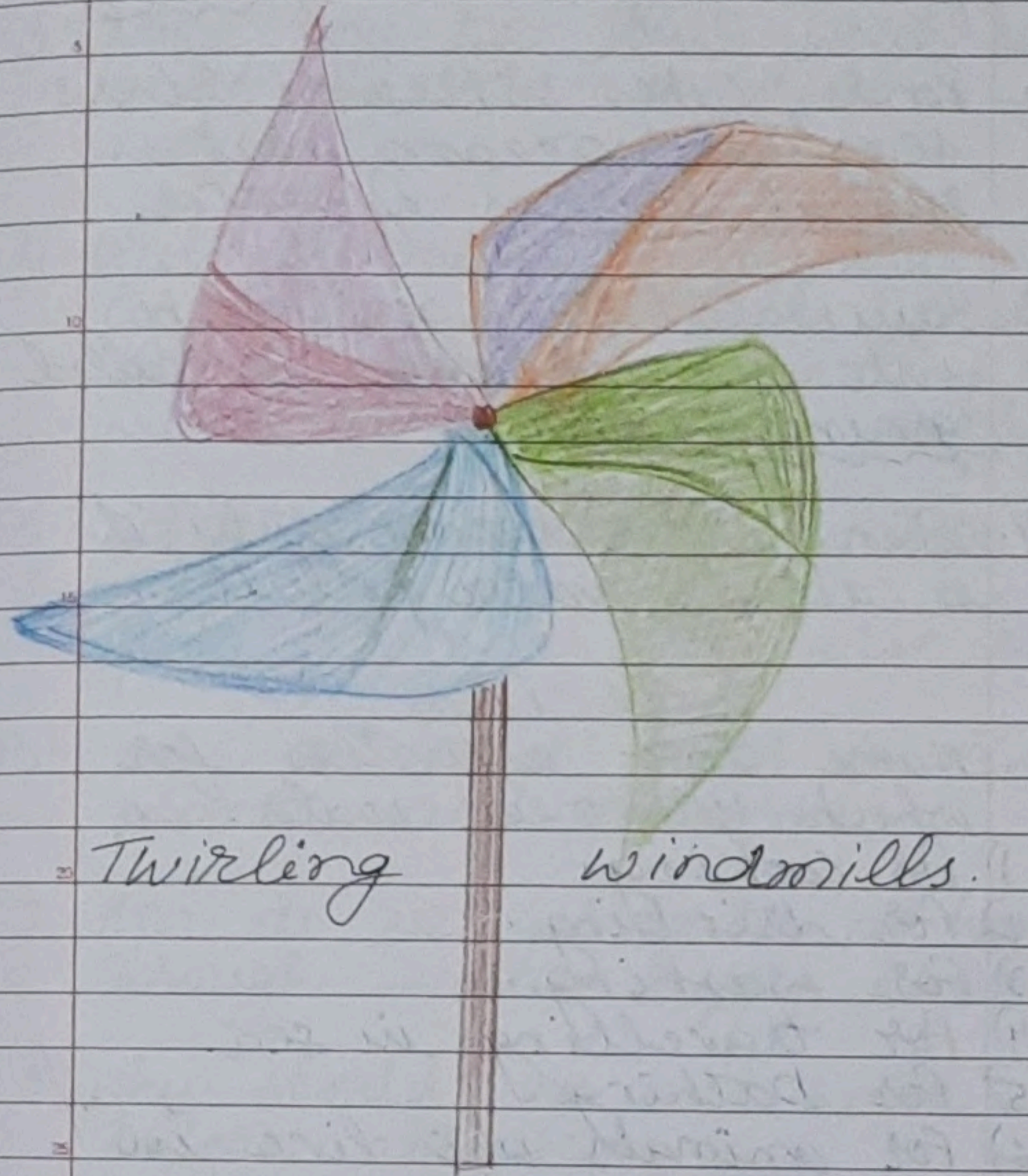
B. Air contains dust particles / soil particles.

C) Write whether the following statements are true or false.

① We can taste air. ~~X~~

(False)

② plants need air to live. True  
③ smoke makes air dirty. True



# CHAPTER - 7

## WATER

1. Plants need water to make food in presence of sunlight.
2. Ponds, lakes, streams, rivers, seas and oceans are natural sources of water.
3. Rainwater that goes deep into the ground is called ground water.
4. When water becomes dirty it is called water pollution.

### Exercises

1. Name two activities for which you need water.
  - 1) For cooking.
  - 2) For drinking.
  - 3) For washing.
  - 4) For travelling in sea.
  - 5) For bathing.
  - 6) For animals who live in water.

2. Name any two sources of water.  
Ponds, lakes, streams, rivers, (seas & oceans)
3. Name any two fruits which have a lot of water in them.  
Watermelon, cucumber
4. Write the names of any two containers in which you store water at home.  
Water tank, buckets, bottles
5. Write the names of any two water animals.  
fish, octopus, sea horse, seal.

- Q1. Who all need water to live?  
plants and animals.
2. How do we get water at home?  
Through water supply lines (tap).
  3. Why should we boil water before drinking?  
It kills germs present in it.

4) How should we store water?  
We should store water in clean containers.

5) Why should we save water?  
We should save water for future. We cannot live without water. Water is precious.

C. Tick the correct circle. There may be more than one correct answer.

1. Plants need water to  make food.

2. Human beings need water to  cook  drink.

3. Clean drinking water has  NO taste  NO colour.

4. Food items containing water are  milk  watermelon.

D. Unjumble the names of the sources of water on these water drops. Match with the correct pictures.

IVERR

RIVER

EAS

SEA

EANCO

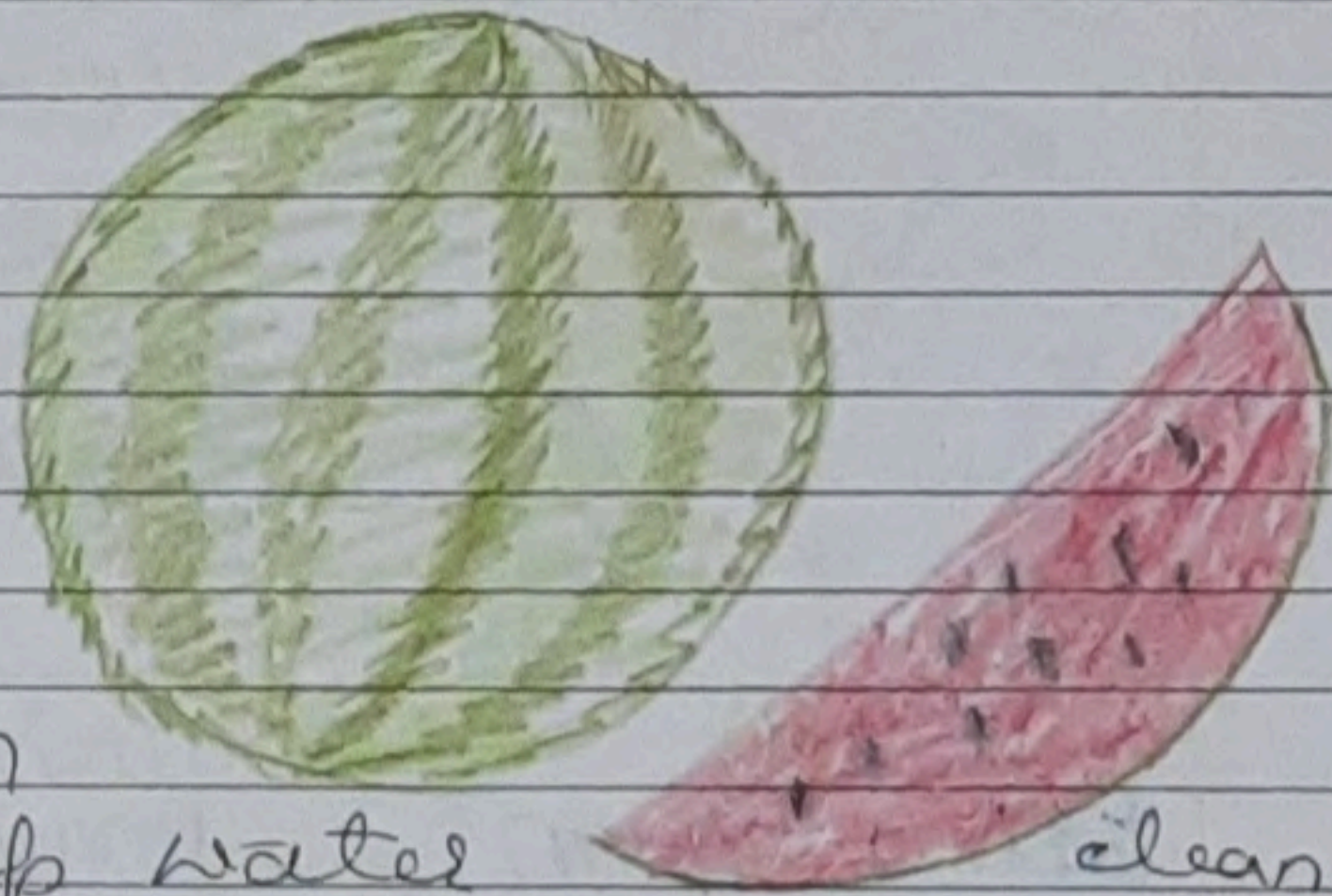
OCEAN

AIRN

RAIN

LLWE

WELL



Extra:

How can we keep water clean?

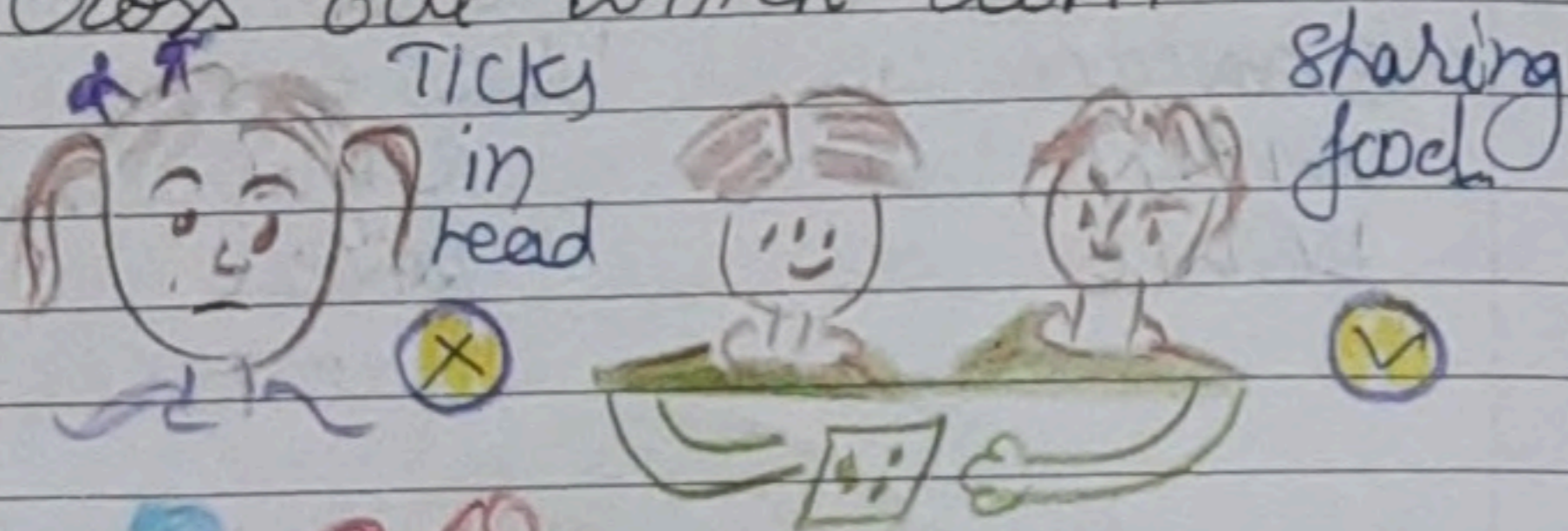
- ① Treat factory waste water before leaving in river.
- ② Do not bathe or wash clothes in water bodies.
- ③ Do not throw garbage in water.

Save water: Keep tap closed after use. Use bucket instead shower. Reuse water.

CHAPTER - 8

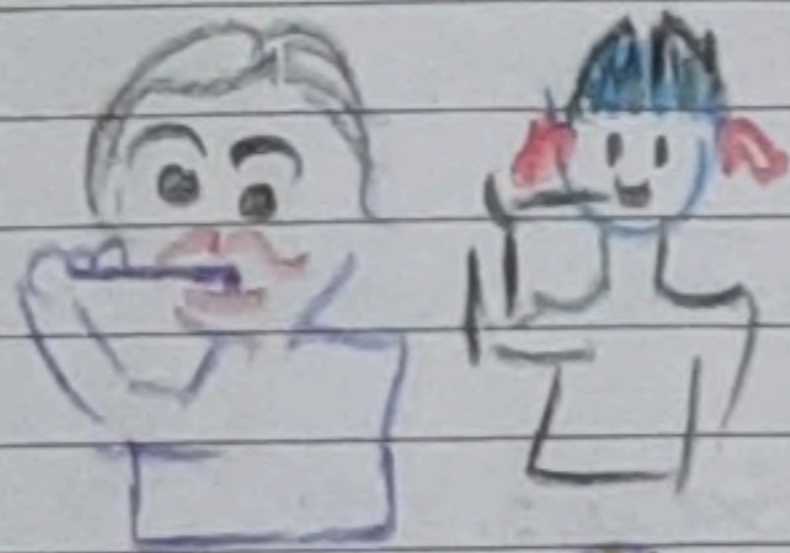
HEALTHY AND GOOD HABITS

Write ✓ in the pictures which show healthy habits. and cross out which don't.



Ticks in head

Sharing food

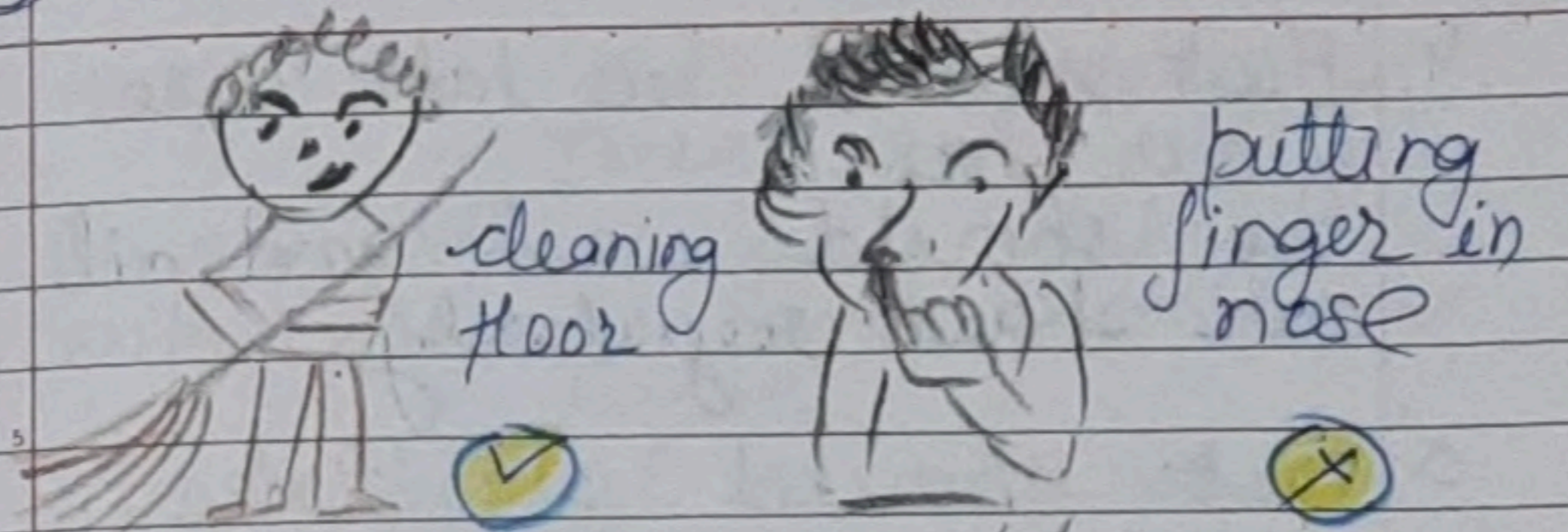


Eating from street vendors.

Brushing teeth

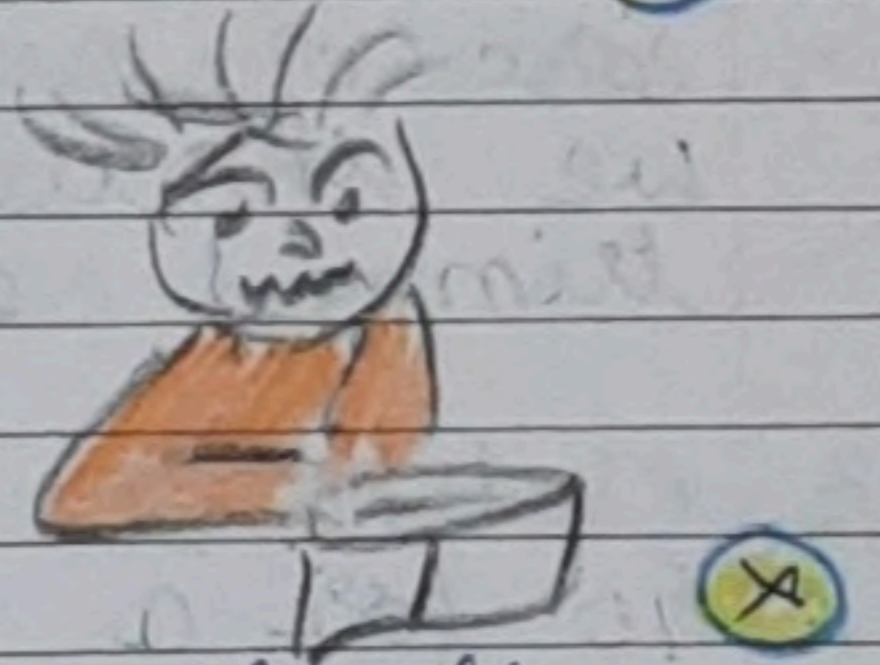
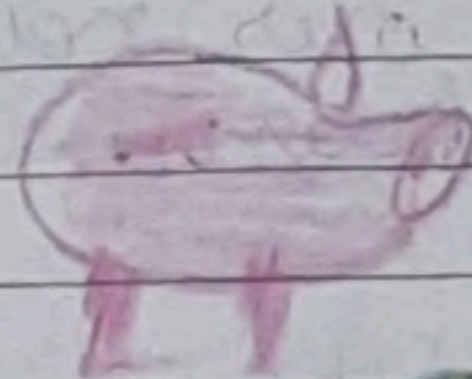
- Write any two good eating habits you have?
  - Sharing food with friends or brother or sister.
  - Washing hand before eating.
  - Not wasting food.
  - Not eating junk food.

Don't eat food from street vendors.



cleaning floor

putting finger in nose



Saving money for future

stealing money

What should you do before and after every meal we should wash our hands.

How many hours one should sleep daily? we should sleep 8 to 10 hours daily.



4. How should we take care of our hair.  
We should wash and oil our hair regularly.

5. How should we take care of our nails.  
We should keep our nails trimmed and clean.

- B. Match the following
- |                                     |                           |
|-------------------------------------|---------------------------|
| 1. Go for a morning walk            | Fruits and vegetables     |
| 2. Drink clean water                | your teeth twice in a day |
| 3. Daily eat washed and cooked food | water                     |
| 4. wear neat and clean clothes      | brush                     |
| 5. Brush your teeth                 | clothes                   |

C. Write 'true or false' for the following:

1. Help the old and needy ✓  
True
2. Do not share your things with friends and brother. ✗  
False
3. Use a pencil or any sharp object to clean your ears. ✗  
False
4. obey your elders ✓  
True
5. Get up late in the morning ✗  
False



## SAFETY HABITS

- 1 We should follow safety habits and obey some rules.
  - 2 Always walk on the footpath.
  - 3 Use zebra crossing to cross road.
  - 4 Never get out from or get into a moving bus.
  - 5 Never lean out from a moving bus.
  - 6 People who walk on the pavements are called pedestrians.
  - 7 We should not disturb driver when he is driving.
  - 8 We should wear helmet on a two-wheeler.
- Circle the vehicles you have travelled in.

bicycle, Bus, scooty & car.

First-aid box contains medicines, bandages and important things required to give immediate help.

## EXERCISES

1. Why do we need to be careful on the road?  
Because there is a lot of traffic on the roads in cities and towns.
2. Write two safety rules for the road.
  - (1) Always walk on the footpath.
  - (2) Use zebra crossing to cross the road.
  - (3) Never play on the road.
  - (4) Follow the traffic rules.
3. Why should you not touch any electrical appliances?  
Because we can get electric shock.

4) Why should you not lean from a terrace?  
Because it can be fatal, we may fall.

5) Why should you keep things in your room at proper places?  
Because we may trip over them and fall.

Tick 'v' the right answer

1. Amber / green light means wait

2. Always cross the road at the zebra crossing / middle of the road.

3. Do not go for swimming / skipping alone.

4. You might get hurt playing with a blade / doll.

5. We should be careful /

Careless on road.

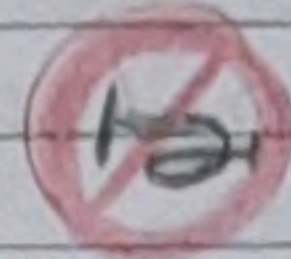
c Write the meaning of each symbol.



No parking



school ahead



No horn  
Do not blow horn



Men at work



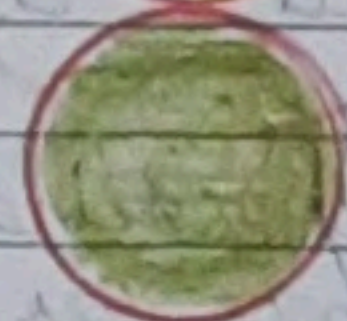
Zebra crossing



— STOP

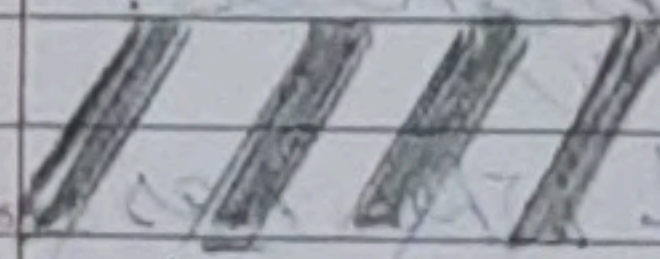


— READY



— GO.

Traffic lights



Zebra crossing

**MY FAMILY AND MY HOME**

Small family is also called nuclear family.

All the members of a family use a common surname.

The husband/wife's parents are called parents-in-law.

**Relations in family**

**Father** Someone's male parent is father.

**Mother** someone's female parent is mother.

**son** A male child is called son.

**daughter** A female child is called daughter.

**brother** A boy child who has the same parents as another person.

**sister** A girl child who has the same parents as another person.

**uncle** The brother of your father or mother. The husband of aunt.

**Aunt** The sister of your father or mother. The wife of your uncle.

**Nephew**: Someone's nephew is the son of their sister or brother.

**Niece**: Someone's niece is the daughter of their sister or brother.

**cousin** The children of your aunt or uncle.

**Grandfather** The father of one of your parents.

**Grandmother** The mother of one of your parents.

**Grandson**: The son of one's son or daughter.

Grand daughter: The daughter of one's son or daughter.

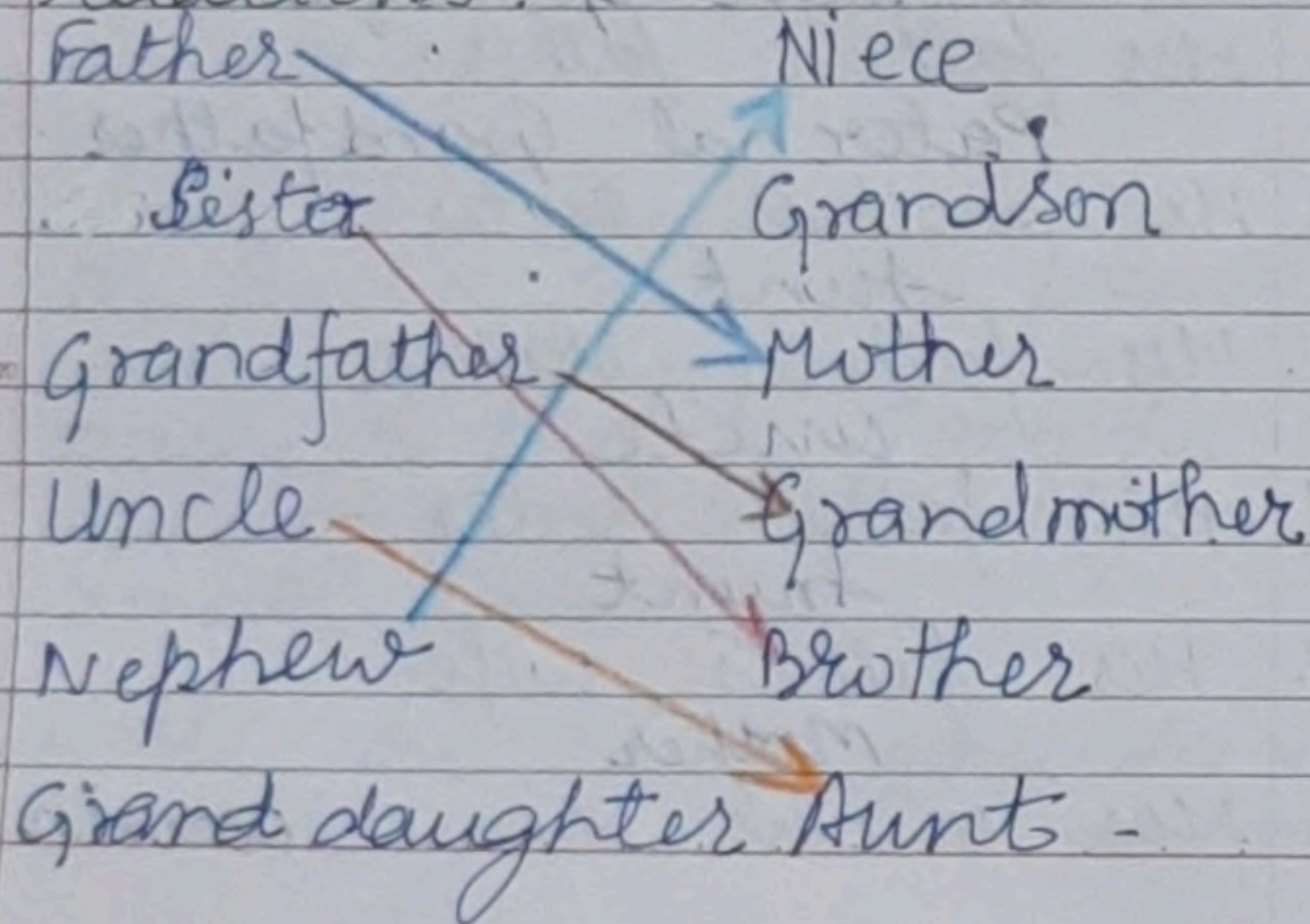
### Exercises

1. What is a joint family?  
In a joint family parents, grand parents, children, uncles, aunts, cousins and other relatives live together in a single house.
2. List one good point of a small family?  
In a small family, there are more resources for everybody.
2. What is a nuclear family?  
A family that has parents and children, only, is nuclear family. Another name of nuclear family is small family.
4. Write one thing you do to help your mother at home?

- 1) I keep my toys at right place
- 2) I help in dusting my room.
5. What kind of a family do you have?  
I have a joint family.
6. This is Amit. He is confused about his relations. Help him to name them.
  - 1 His uncle's daughter.  
Cousin.
  - 2 His mother's father.  
Maternal Grandfather.
  - 3 His father's father.  
Paternal Grandfather.
  - 4 His mother's sister.  
Aunt.
  - 5 His father's brother.  
uncle
  - 6 His father's sister.  
Aunt
  - 7 His father's wife.  
Mother
  - 8 His uncle's son.  
Cousin.

- 9 His mother's mother.  
maternal Grandmother.
10. His father's mother.  
Paternal Grandmother
11. His sister's husband  
Brother in law.
- 12 What is Amit's relation to his uncle?  
nephew
13. What is Amit's sister to his uncle?  
niece.

C. Match the pairs of opposite relations:



CHAPTER - 11

OUR RELIGIOUS FESTIVAL

Dussehra is also known as Vijaydashmi.

India is called land of festivals.

Two brothers of Ravana are Kumbhkarna and Meghnatha.

The story of the life of Lord Rama is staged in a play called Ram Lila.

Divali is festival of lights.

The festivals are 'community affairs'.

Holi is festival of colours

1. Which festival celebrates the victory of good over evil?  
Dussehra
2. How do we celebrate Holi?

People splash coloured water and throw gulal (coloured powder) at each other.

They exchange greetings and eat special sweets called gujiya.

Whom do we worship on Diwali?

Lord Ganesha and Goddess Lakshmi are worshipped on this day.

Why do we celebrate Guruparv?

Guruparv is celebrated to mark the birthdays of Ten Sikh Gurus.

How do we celebrate id-ul-fitr?  
People wear new clothes and visit the mosque. They greet 'id mubarak' to each other and exchange sweets + gifts.

A special dish 'sewain' is prepared on this day.

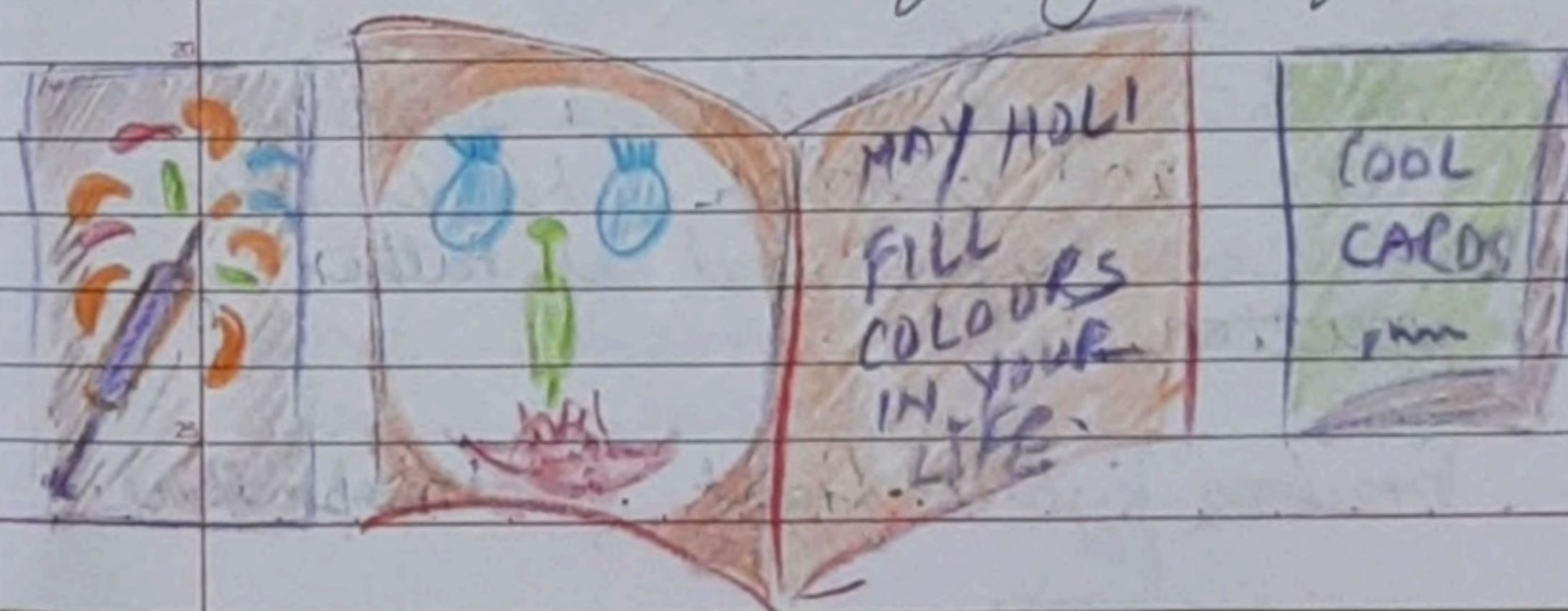
B. Name the festival:

1. Festival of lights: Diwali.
2. Festival of Colours: Holi.
3. Festival on 25<sup>th</sup> Dec: Christmas.
4. Most Imp Sikh festival: Guruparv.
5. Festival in Ramzan: Id-ul-Fitr.

C. Match the pairs of opposite relations:

- |            |   |            |
|------------|---|------------|
| 1. Diyas   | → | Id-ul-Fitr |
| 2. Ramliya | → | Guruparv   |
| 3. Gulal   | → | Diwali     |
| 4. Langar  | → | Dussehra   |
| 5. Sewain  | → | Holi.      |

Make a card for your friend



## OUR NATIONAL FESTIVAL

National festival are pride for all Indians.

15<sup>th</sup> of August is Independence day.

26<sup>th</sup> of January is Republic day.

A parade is held at vijaychauri.

Children are awarded for their courageousness.

Colours of tricolour are orange white and green.

Gandhi Jayanti is celebrated on 2<sup>nd</sup> October.

Birth day of Mahatma Gandhi is on 2<sup>nd</sup> October he is also called Bapu and is father of nation.

Freedom fighters fight for independence.

## Exercises

1. Why do we celebrate national festivals?

We celebrate national festival. It is an occasion of fun, joy and pride for all Indians.

2. How do we celebrate the ID?

It is celebrated on 15<sup>th</sup> of August. The Prime minister hoists the national flag at the Red fort and address the nation.

We also remember those brave people who fought for the freedom.

3. What do we do on the Republic Day?

A big parade is held at vijay chauri in New Delhi on this day. Forces and school children participate in it.

Bravery awards are given and brave children are also awarded.



4 Why do we celebrate Gandhi Jayanti?

To celebrate the birthday of Gandhi ji and pay homage to him

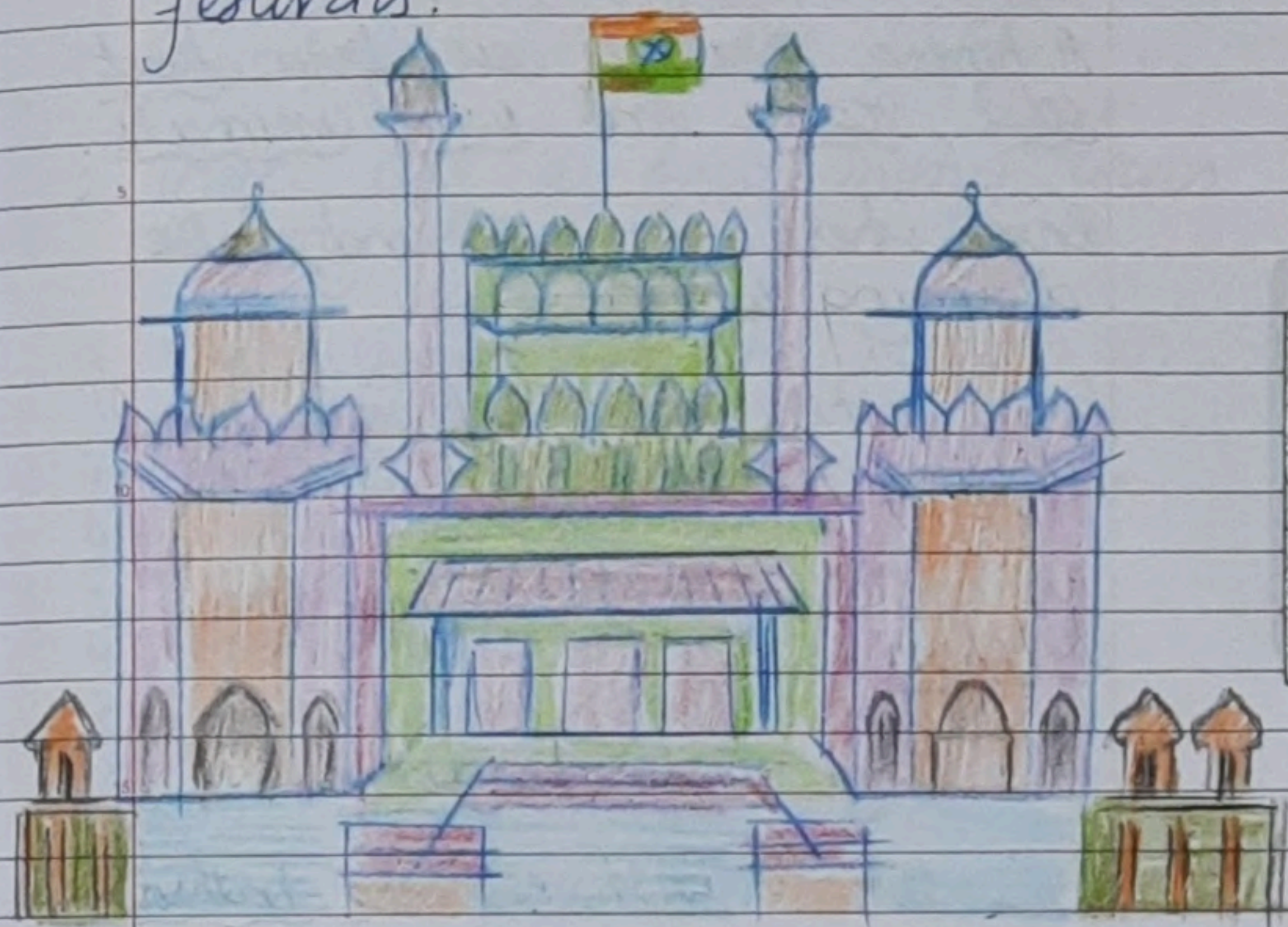
B. Match the following

- 1. Republic Day → 26<sup>th</sup> Jan.
- 2. Independence day → 2<sup>nd</sup> Oct.
- 3. Gandhi Jayanti → 15<sup>th</sup> Aug.

C. Fill in the blanks.

- 1. In the year 1947 India got Independence.
- 2. A big parade is held on Vijay Chowk.
- 3. Gandhi Jayanti is celebrated on 2<sup>nd</sup> October.
- 4. Gandhi ji is also known as father of nation.

5 we celebrate Three national festivals.



write your name here.  
Chela Bheem

MY HOME

A house protects us from heat  
cold, rain and wild animals.

Room where we sit and talk  
drawing room.

Room where we eat our food  
dining room.

We cook our food in the  
kitchen.

We sleep in bedroom.

We take bath in the bathroom.

We store things in the  
store room.

Attic is a room or space  
within the roof of the house

The growth of mosquitoes and flies  
should be checked in house

Exercises

A. Tick (✓) the correct answer  
about your house:

1. My house is small / big ✓
2. There are a few / many ✓ rooms  
in my house.

3. The names of the rooms in  
my houses are:

1. Drawing room.
2. Bedroom.
3. Dining room.
4. Bath room.
5. kitchen.
6. Store room.

4. Three things I love doing in  
my house are:

1. Doing my home work
2. sleep
3. Spend time with family
4. Decorate it during festivals

B. In which part of the house  
do you:

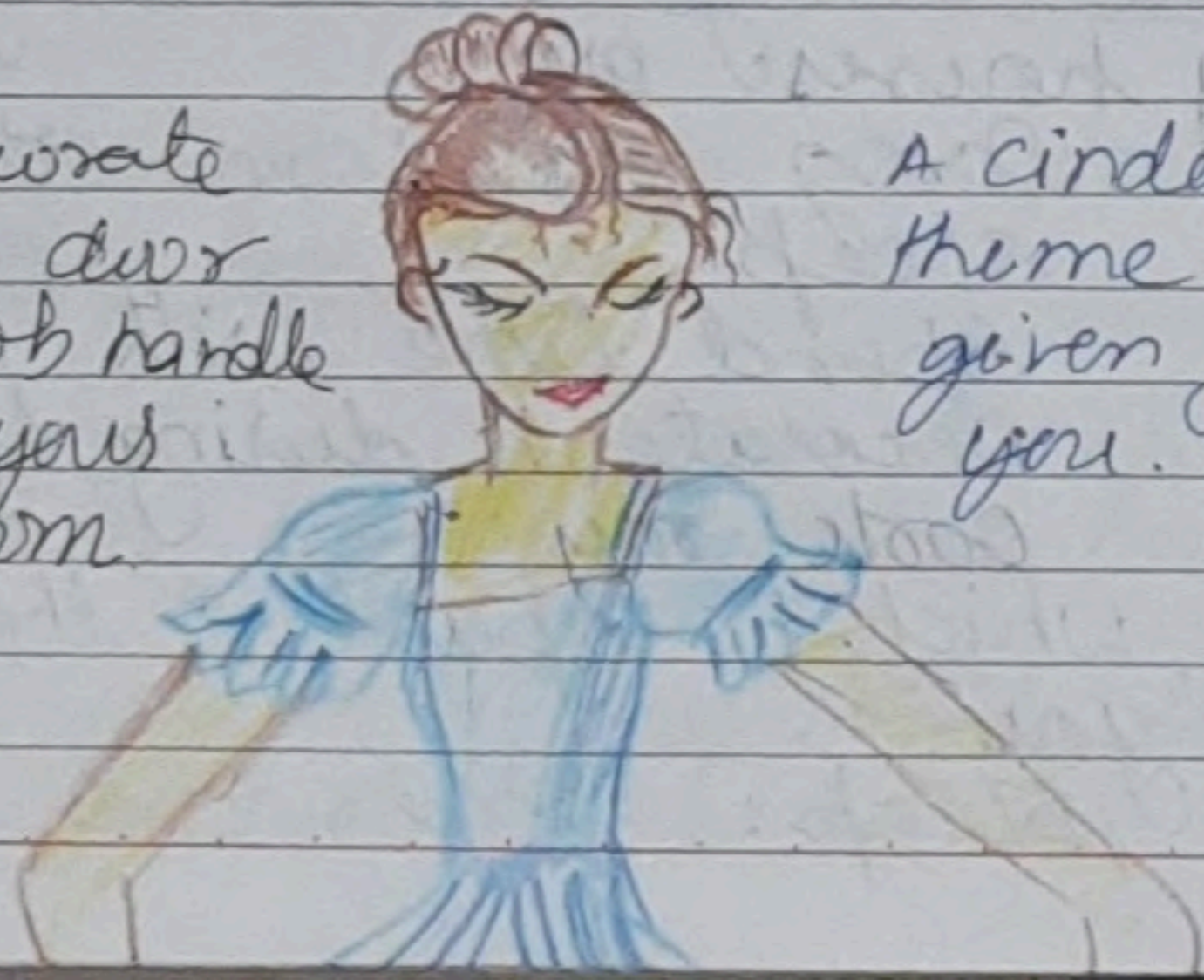
1. Sleep! Bedroom

- |                   |              |
|-------------------|--------------|
| 2. Make food      | Kitchen      |
| 3. Receive guests | Drawing room |
| 4. Eat            | Dining room  |
| 5. Take bath      | Bathroom.    |

Match the objects to the room it belongs to.

- |                 |              |
|-----------------|--------------|
| 1) Kitchen      | Dining table |
| 2) Bathroom     | Sofa         |
| 3) Dining room  | Bed          |
| 4) Drawing room | Bath tub     |
| 5) Bedroom      | cooker.      |

Decorate the door knob handle of your room.



A Cinderella theme is given for you.

CHAPTER - 14

TYPES OF HOUSES

Sampan is house boat in china

Houses build on trees are called tree houses.

1. Why do we need house?  
A house protects us from heat, cold, rain and wild animals.

2. What is the difference between a kutcha and a pucca house?

Kutcha house	Pucca house
1. They are made of mud and straw.	They are made of bricks, cement, steel, sand & wood.

2. Not strong.	strong.
----------------	---------

3. Mostly in villages	mostly in cities.
-----------------------	-------------------

4. Temporary	Permanent.
--------------	------------

3. Name any two temporary houses.

House boats  
Caravan  
Tents.

4. Name three people who help us to build a house.

- ① Architect
- ② Mason
- ③ Carpenter
- ④ Plumber
- ⑤ Electrician
- ⑥ Painter.

5. What is a caravan?

Moveable houses are called caravan. They are built on wheels.

Gypsies or Banjars live in a caravan.

Name the following houses

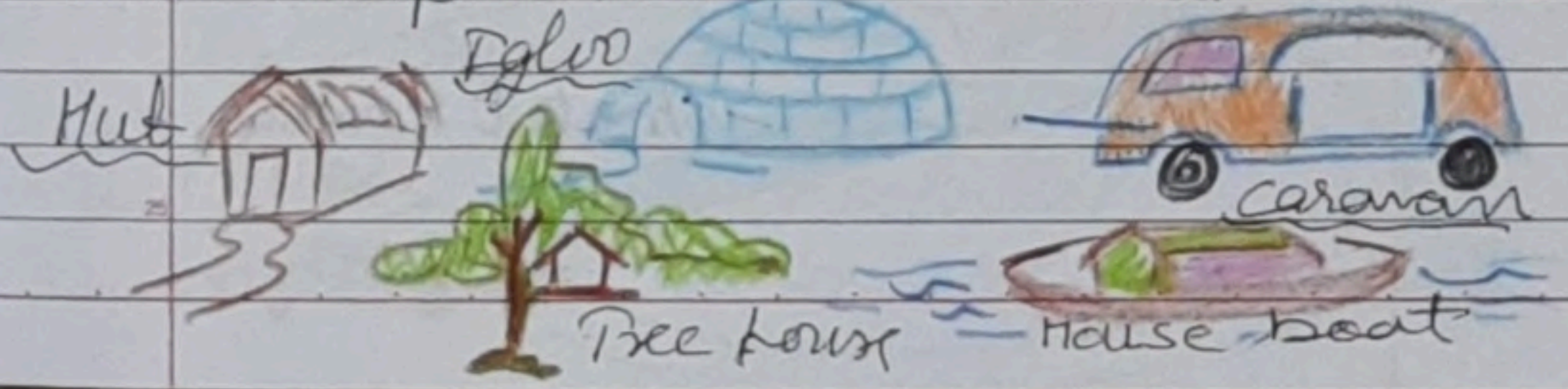
- 1. Multi-storeyed building
- 2. Kutcha house.
- 3. Caravan
- 4. Igloo.

C. Fill in the blanks:

- 1. Pucca or Permanent houses are made up of bricks and steel.
- 2. Kutcha houses are mainly found in villages.
- 3. Soldiers and scouts live in tents.
- 4. Multi-storeyed buildings are also called skyscrapers.
- 5. Gypsies live in caravans.

D. Match the following

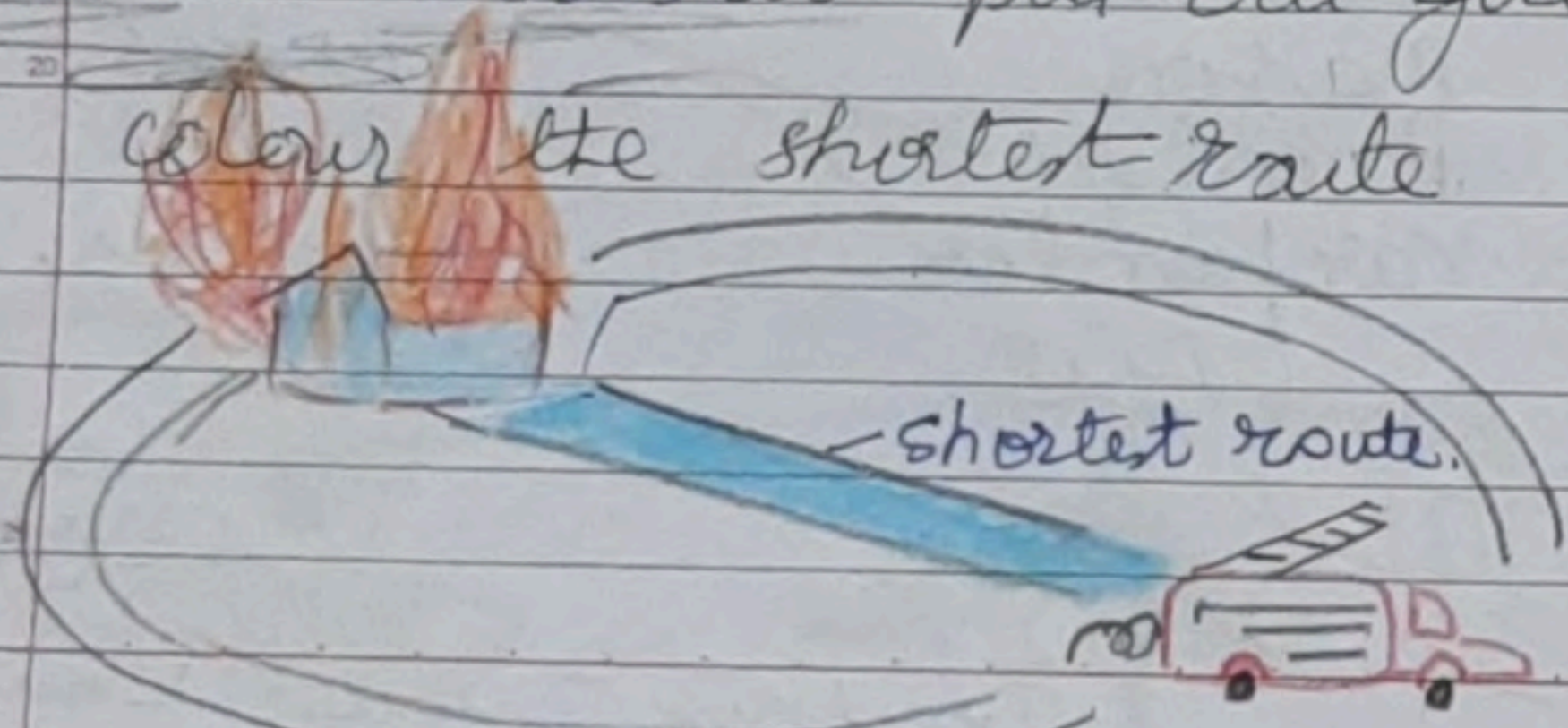
- |                |   |           |
|----------------|---|-----------|
| 1. Electrician | → | Furniture |
| 2. Plumber     | → | Paints    |
| 3. Mason       | → | Wires     |
| 4. Painters    | → | Gaps      |
| 5. Carpenter   | → | Bricks.   |



**SERVICES OF MY NEIGHBOURHOOD**

1. Emergency number of police 100
2. Emergency number of fire brigade 101
3. Emergency number of ambulance 102
4. We get stamps, postcards and envelopes from post office
5. The colour of uniform of Police is khaki.
6. Firemen use long ladders and water hoses to put out fire.

colour the shortest route.

**EXERCISES**

A. Tick '✓' the correct option:

1. We post letters in a post office / post box.
2. Thieves are kept in a jail / zoo.
3. Fireman set / put off the fire.
4. An Ambulance, a police van takes patients to hospital.
5. A bank keeps money / electronic goods of people.
6. We get milk from dairy / library.

B. Answer the following question:

1. What is the job of a fire fighter?  
The job of fire fighter is to set off the fire.
2. What is a hospital?  
Patients who are very sick.

are admitted to a hospital.

3. Why do we keep money in a bank?

We keep money in a bank to keep it safe also bank pays interest on this money.

4. Name three common shops you can see in market.

Chemist, tailor, Barber  
dairy.

5. What does a policeman do?

His duty is to maintain the law and order in their particular area assigned to them.

With the help of a dictionary find the meanings of the following. Tick ✓ the ones which are near your house.

Word	Meaning	Whether in your neighbourhood
Chemist	A person who sells medicines.	yes
confectioner	one who sells sweets.	yes
Grocery store	where food and household items sold	yes
Departmental store	large shop divided into sections	NO
stationary shop	where pen, paper, ink, books and other writing or typing items are sold.	yes



## Extra questions

a) What is a police station?  
Police men work in police station. They maintain law and order.

b) What is a fire station?  
Firemen work here, they rush to the site and put off fire.

c) What is hospital?  
Very sick patients are admitted here, doctors and nurses work here.

d) What is a Ambulance?  
An Ambulance is used to take patients to the hospital.

e) What is a bank?  
A bank is a place where people deposit their money and jewellery to keep them safe and earn interest.

What is a dairy?  
Place from where we get milk and milk products.

What is a library?  
Place where books & magazines are kept. People read books here and also borrow.

What is a market?  
Place where we can buy different things. There are many shops and stalls there.

What is a Park?  
Place where people, walk, play run and enjoy rides and swings.

What is Restaurant?  
Place where people go to eat food on special occasion or simply to relax and enjoy.

# CHAPTER - 16

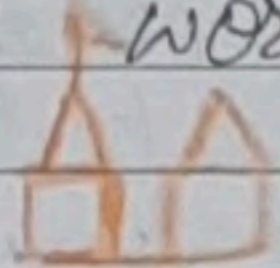
## PLACES OF WORSHIP

A Write the name of the holy books of:

- 1) Hindus : Gita, Ramcharit-manas
- 2) Christians: Bible
- 3) Sikhs : Guru Granth Sahib
- 4) Muslims : Quran

B Take these people to the correct places of worship.

1 Ram  
to temple



2 Rahim  
to mosque



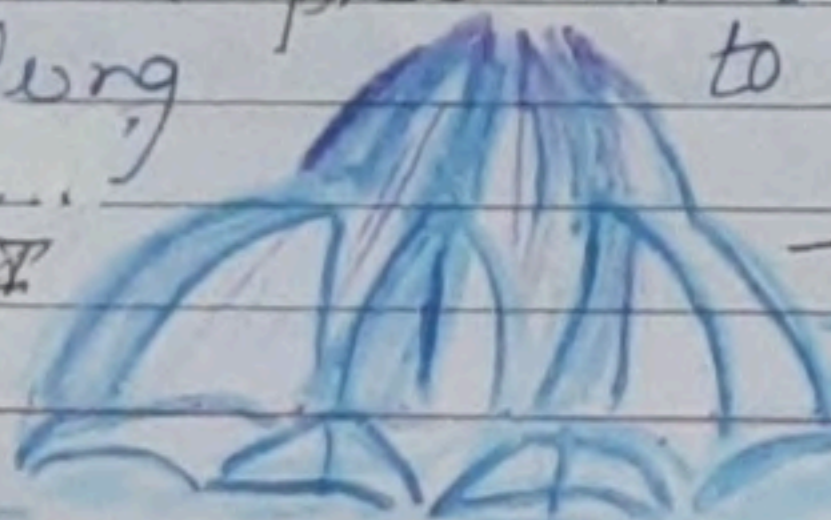
3 Gurpreet  
to Gurudwara



4 John  
to church



Which religion do you belong, draw a picture, I belong to Baha'i



- LOTUS TEMPLE

IN DELHI

# CHAPTER - 17

## PEOPLE WHO HELP US

Any job that a person does to earn money is an occupation

Many people earn their living by entertaining us clown

People who performs magical tricks for us magicians

What would you like to be when you grow up?  
I would like to be a Doctor because this a noble profession and science is my favourite subject.

### Exercises

Circle the odd one:  
Doctor Patient Student Clinic

Teacher Student Classroom Needle

Nurse Doctor Circus Hospital

Dentist Tooth mouth wash Paints



Pilot Aeroplanes Sky chalk

Farmer blackboard crops Plough

Postman letters Postbox computer

Name the following:

1. one who delivers the letters  
Postman

2. one who brings milk  
milkman

3. one who supplies fresh fruits and vegetables.  
Green Grocer

4. one who controls the traffic on road.  
Traffic Police

5. one who maintains law and order  
Policeman.

Identify these famous people. Write their names and occupations.

1. Sachin Tendulkar.

2. Amitabh Bachchan.

3. Lata Mangeshkar.

4. Akshay Kumar.

## MY SCHOOL

Give one example of a thing you learn in the school for each.

Language : English, Hindi

Subject : Maths, EVS.

Sport : cricket, football

Craft : clay modeling

- A In which part of the school, do you,
- 1) learn computers : Computer lab.
  - 2) study : class room.
  - 3) Borrow books : Library.
  - 4) Play : Play ground.
  - 5) Go when you are sick : sick room.

B Fill in the blanks:

1) The teachers in a school sit in a staff room.

2) The Principal sits in the Principal's room.

3) Sports items are kept in a sports room.

4 Administration of the school is looked after by the Principal.

5. we celebrate school functions in the auditorium!

c. draw lines to match correctly for the following.

1. school is a place. neat uniform

2. Always reach the school on time

3. We should always wear Learning Activity at home



1) classroom      garden

2) Lawn / playground      Library

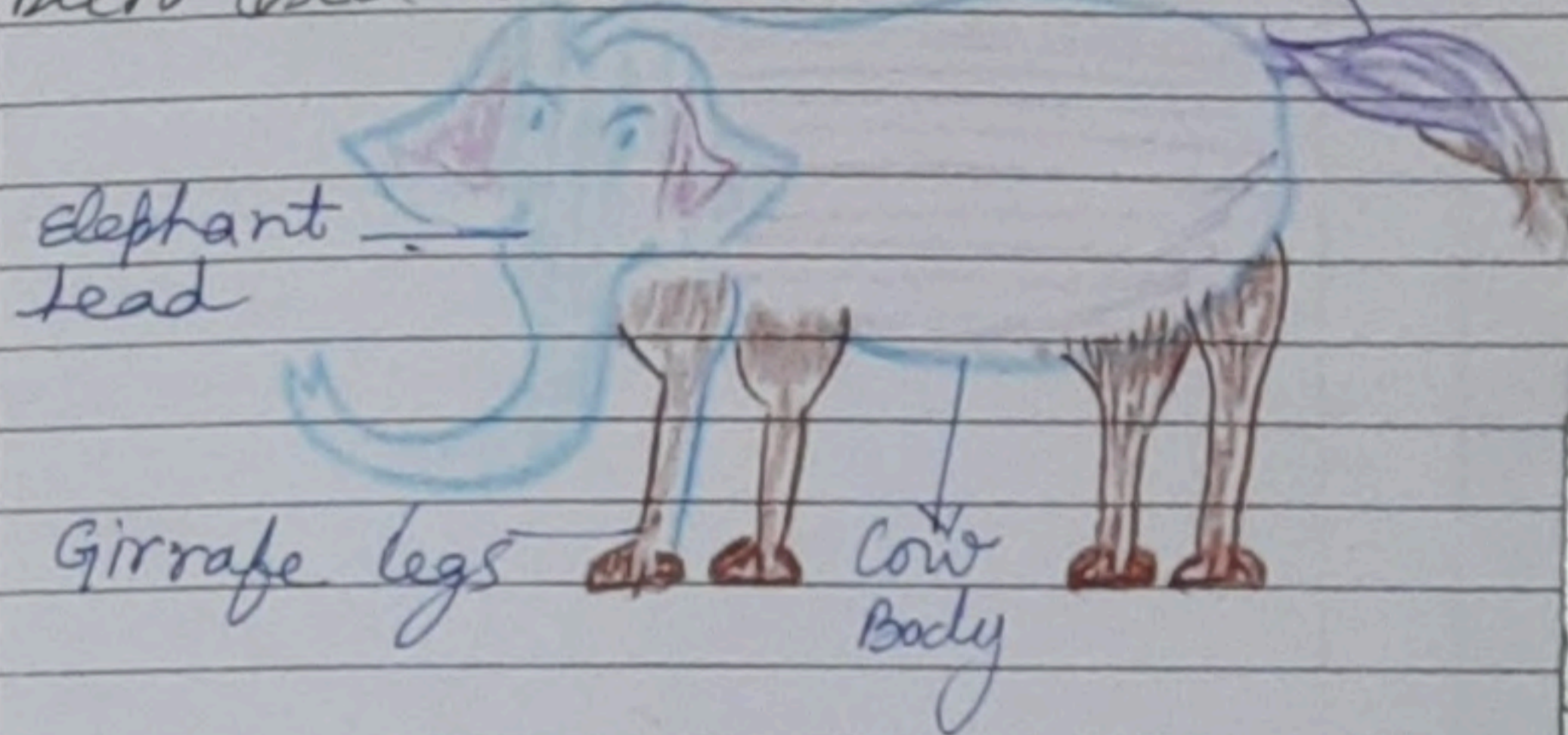
3) Principal office      staff room

4) Medical room      Music room

CHAPTER - 19.

**ANIMALS AROUND US**

Look at this strange animal. Name all the animals whose body parts have been used to make it horse tail



Tiger is our national animal

Peacock is our national bird.

Animals that can live on land and water both are called amphibians.

Animals that carry load are called 'beasts of burden'.

Exercises

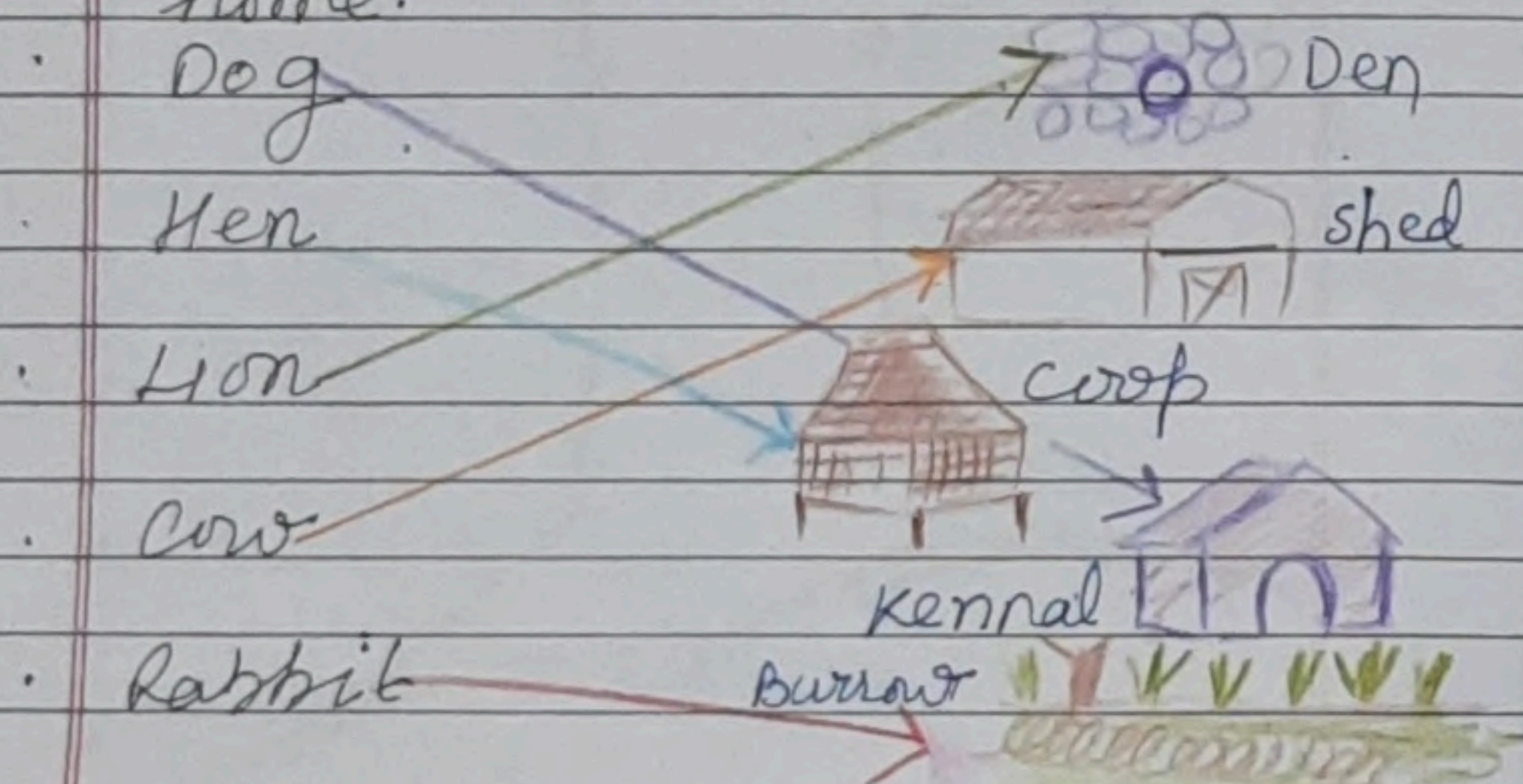
A. Name two animals which.

- 1) Give milk cow, goat
- 2) Pet animals dog, cat
- 3) Carry loads Donkey, camel
- 4) pull carts Horses, bullocks.
- 5) Give fibers sheep, yak

B. Write true or false.

- 1) Insects have four legs.
- 2) Honeybee gives honey & wax.
- 3) The snake gives silk.
- 4) Wild animals are kept in park.
- 5) Cow is a wild animal.

C. Match the animal to its home.



Guess, who am I?

1. I am tall and have a very long neck I am a Giraffe
2. I am a pet bird. I can copy what you say. Parrot
3. I am a flesh eater. I am the national animal of India. Tiger
4. I am domestic animal. I say moo. and give milk. Cow
5. I have black and white strips. you find me at road crossing. Zebra

G. Answer the following:

1. What are domestic animals? Animals we keep in our home or in farms. They are useful to us in many ways.
2. How do sheep and silk worm help us?

## Sheep:

- 1) Sheep gives us wool.
- 2) We eat meat of sheep.
- 1) Silkworm gives us silk.

## Review questions

1. What are wild animals?  
Animals which live free in forests and are dangerous.  
eg lion, tiger.
2. What are water animals?  
Animals that live in water, they are also called aquatic animals. eg fish, octopus.
3. What are birds?  
They are flying animals and have feathers. They have beak and lay eggs.
4. What are insects?  
Small in size, they have 6 legs. Some have wings may fly or crawl.

eg: Mosquito, Housefly, Cockroach.

Fill in the blanks.

- 1) Horse lives in stable.
- 2) Rabbit lives in burrow.
- 3) Bee lives in beehive.
- 4) Birds lives in nest.

1. Name some useful animals and what are they used for.

- |                                  |                       |
|----------------------------------|-----------------------|
| 1) Horse, bullocks, camels.      | used to pull carts.   |
| 2) Donkey, camel, mule, Elephant | Used to carry load.   |
| 3) Dog                           | guard house.          |
| 4) goat, sheep, hen, fish        | gives us meat.        |
| 5) Honey bee                     | gives us honey.       |
| 6) sheep, yak.                   | gives us wool / fibre |
| 7) silk worm                     | gives us silk.        |
| 8) goat, crocodile, snake        | gives us leather.     |

Do animals need food? What do they eat?  
Yes, animals need food to eat.

Some animals eat grass and plants called plant eating animals, cow, goat  
Some animals eat other animals called flesh-eating animals. eg. Tiger, lion.

Some animals eat dead animals eg. Jackal & vulture.

How are wild animals protected?

Wild animals are protected in sanctuaries.

People are not allowed to hunt animals there. They roam about freely.

## PLANTS AROUND US

What are evergreen plants?  
Evergreen plants never shed their leaves. Therefore, they remain green throughout the year.

Is banana a tree or plant?  
Though banana is a tall plant but not a tree. It is a herb it has soft green stem and lives for short time.

Name two underground stems?  
Ginger and potato.

### Exercises

- A. Name two of each type for the following:
- 1 Cereals : wheat, rice.
  - 2 Spices : chilli, turmeric
  - 3 Medicines : Mint, clove
  - 4 Fruits : Apple, pomegranate
  - 5 Flowers : Jasmine, Rose
  - 6 Vegetables : brinjal, carrot

7. Fibres : cotton, Jute.

B. Fill in the blanks:

1. Plants have thick wooden trunk are called. Trees.
2. Plants that grow parallel to the ground are called creepers.
3. A grapevine is a climber.
4. Plants give us wood to make furniture.
5. Plants help in making the air clean.

C. Match the following.

- |                 |   |          |
|-----------------|---|----------|
| 1. spice        | → | straw    |
| 2. oil          | → | quinine  |
| 3. medicine     | → | Jute     |
| 4. fibre        | → | mustard  |
| 5. Building mat | → | Turmeric |

D. Tick  the correct word:

1. Climbers cannot stand straight because they have weak / strong stems.
2. The flower of rose / sunflower is used to make perfumes.
3. Branches grow on the roots / stems.
4. Roots of the plant grow under the leaves / ground.

### Extra questions

What does plant need to grow?

Plants grow with the help of air, water and sunlight. They grow in fertile earth called soil.

Three medicinal plants for cold are?

Tulsi, neem, ginger.

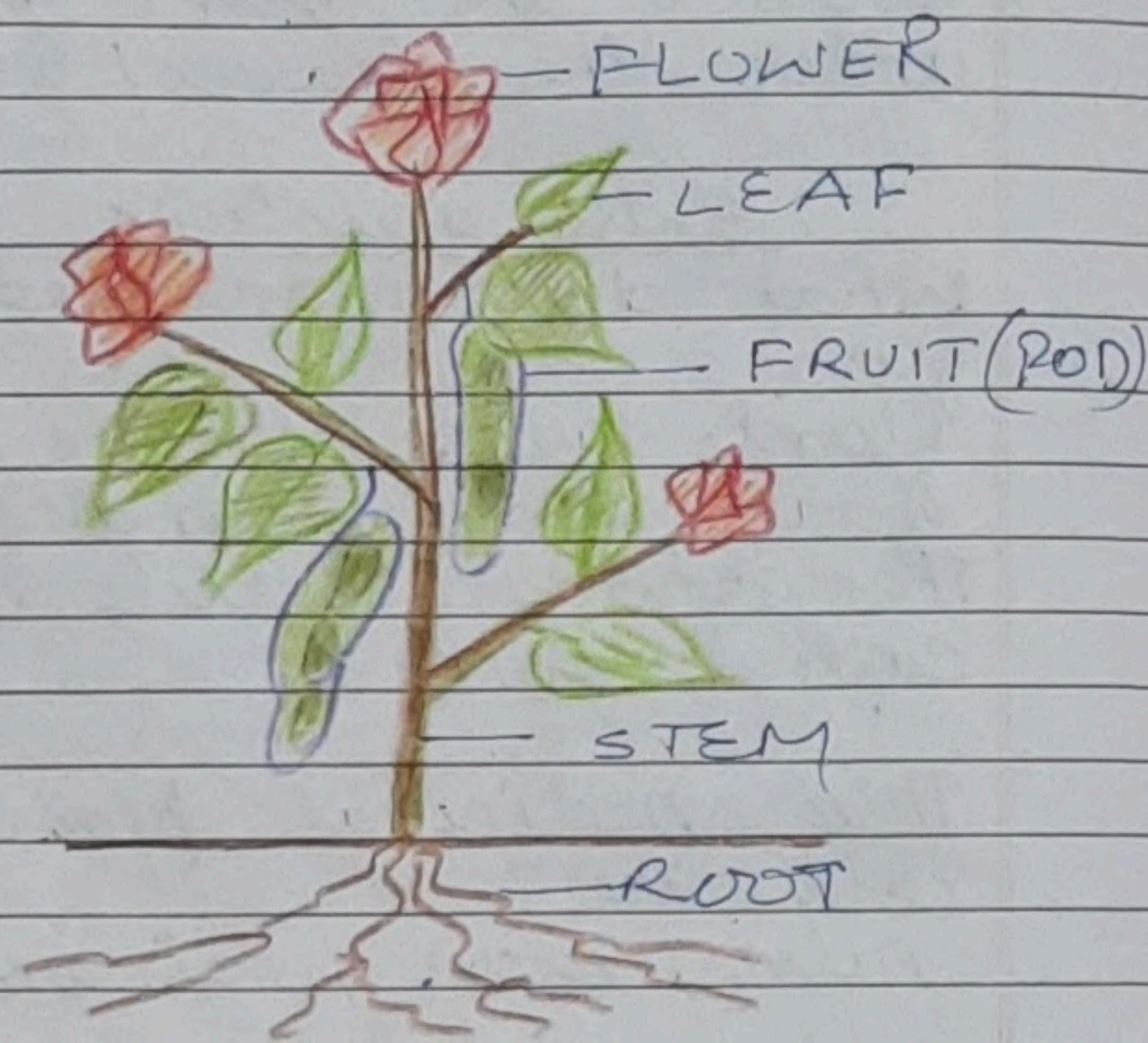
Name the tree from gum is extracted?

Gum is made from juices of ACACIA.

Name the plant that gives us paper?

Paper is made from bamboo plant (grass).

Draw & label plant.



## CHAPTER - 21

### MEANS OF TRANSPORT

1. What is meant by Transportation?  
The movement of people or goods from one place to another is called transportation.

2. What is meant by land transport?  
It includes vehicles which move on land.  
eg car, rickshaw, truck.

3. What is water transport?  
It includes vehicles which move on water.  
eg ship, boat.  
This is oldest means of transport.

4. What is air transport?  
It includes vehicles which move in air. Fastest mode.  
aeroplane, helicopter.

5 Who invented aeroplane?  
Two brothers Wilbur  
Wright and Orville Wright.

6 How can we go in space.  
In Rocket and spaceship.

7 What is air pollution  
By burning fuel, smoke  
spreads in air and  
causes air pollution.  
This makes the air unhealthy  
to breathe.

### Exercises

A Name two vehicles of  
each of the following types:

1. Pulled by animals  
Tonga - Driven by Horse  
Camel cart - Driven by camel.
2. Land vehicles with engine.  
Car  
Bus.
3. Fast-moving water transport  
Steamer.

motor boat.

4 Slow moving water transport  
Boat  
Canoe.

5 Air transport  
Aeroplane.  
Helicopter.

B. Fill in the blanks:

1. machines which help in  
transportation are called  
transport vehicles.
2. In ancient times, people  
moved in vehicles pulled by  
Animals.
3. Camel is known as ship  
of desert.
4. Rockets and space ships are  
used for travelling in  
space.



5 Water transport is one of the oldest form of transportation.

C. cross (x) out the odd ones from each group:

1. Donkey ~~Dog~~ Elephant  
mule

2. Bullock ~~Aircraft~~ Rickshaw  
Tonga Camel cart.

3. ~~cycle~~ Train Rickshaw  
Tonga camel cart.

4. ship steamer ~~Plane~~  
Boat

5. Aeroplane Helicopter  
~~Boat~~ Rocket.

6. Bus ~~cat~~ Train ~~canoe~~.

1. Answer the following questions.

1 Name the different modes of transport?

There are three main mode of transport.

1) Land transport.  
train, bus, car, tonga

2) Water transport.  
boat, ship, steamer.

3) Air transport.  
Aeroplane; space ship.

2 What do you mean by water transport?

Water transport means the vehicles that move on water.

This is the oldest means of transport.

They are of two types  
slow; boat, sail boat  
canoe.

fast: ship, motor boat,  
steamer, etc.

Activity of home.

Write L for land transport,  
W for water transport and  
A for air transport.

1) Bullock L

2) cycle L

3) sail boat W

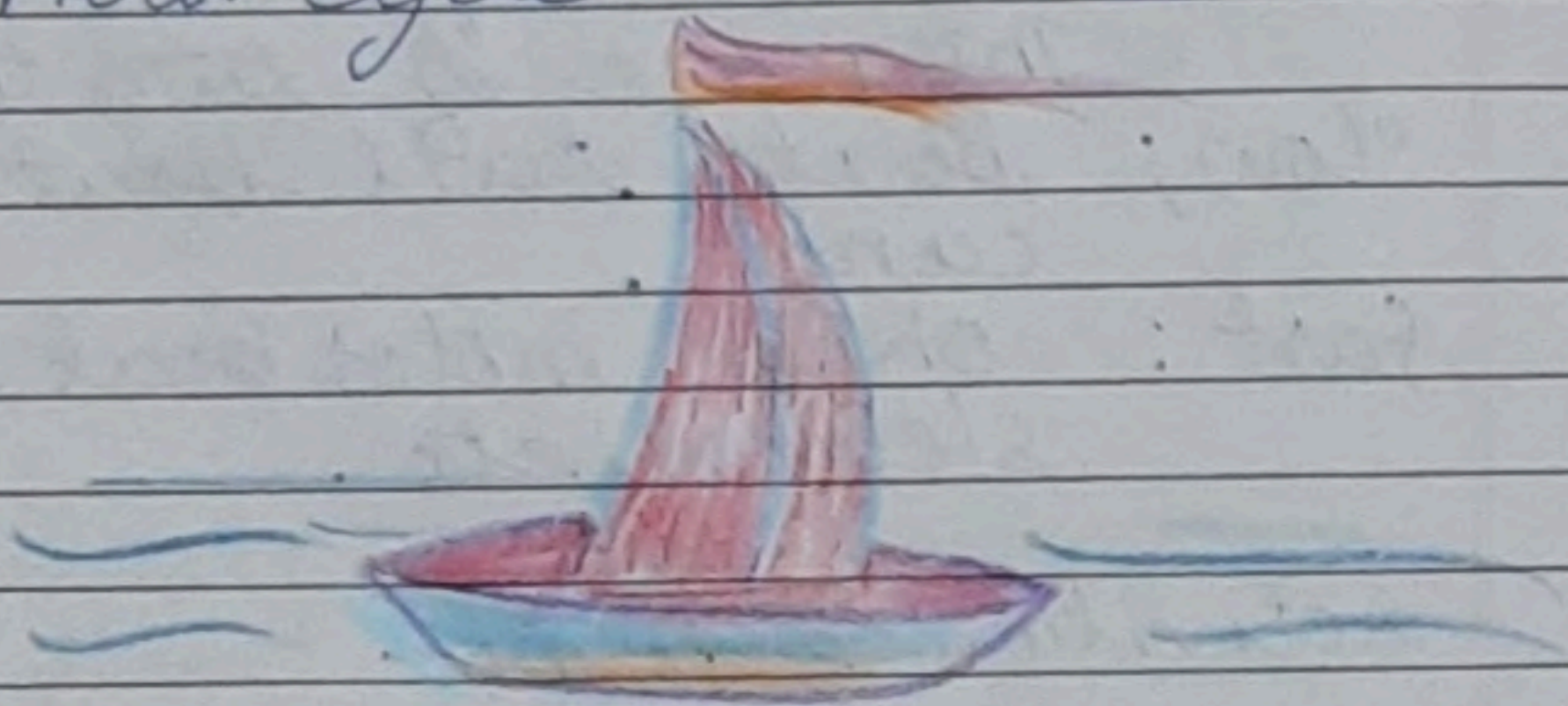
4) cycle rickshaw L

5) Tractor L

6) Tonga L

7) Scooter L

8) Motor cycle L



## CHAPTER - 22

### OUR EARTH

1 The shape of earth is round.

2 surface of earth has two parts  
Land and water

3 About twothird of earth is covered  
with water.

4 Other names of earth are Watery  
planet and Blue planet.

5 Natural features of earth are  
hill, mountain, plateau,  
valley, desert, plain and  
forest.

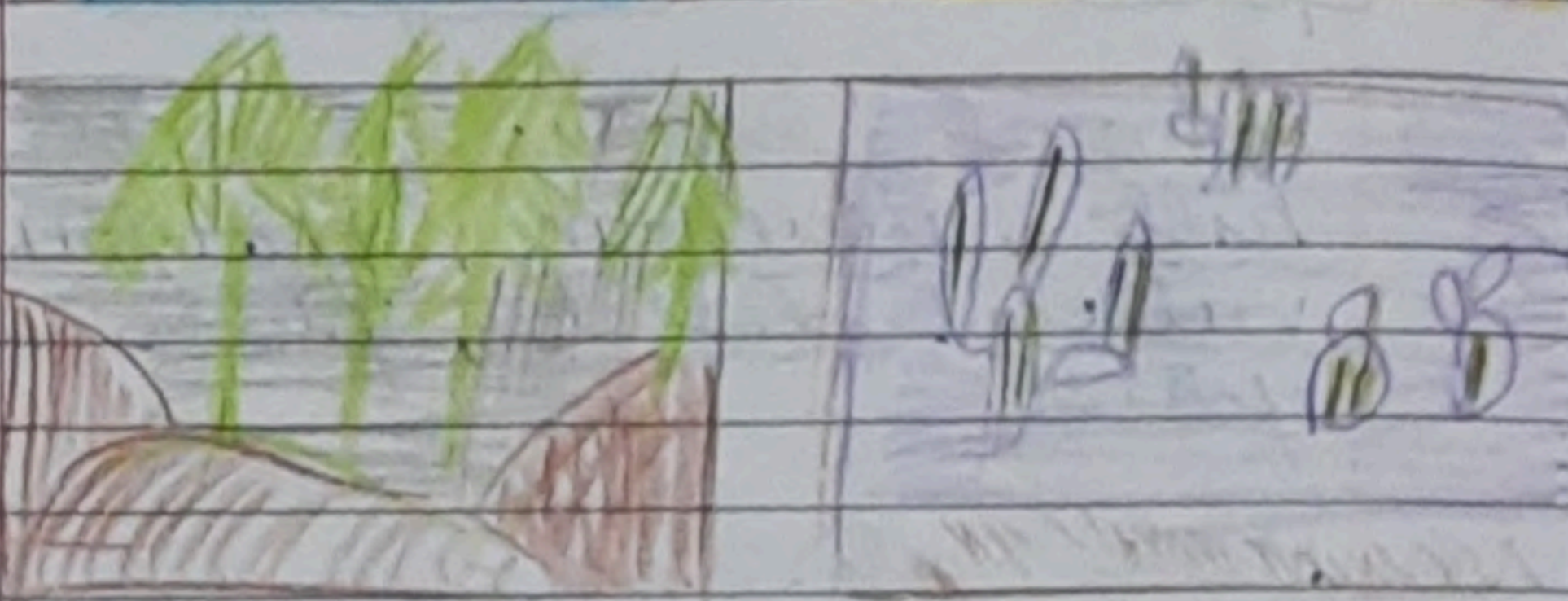
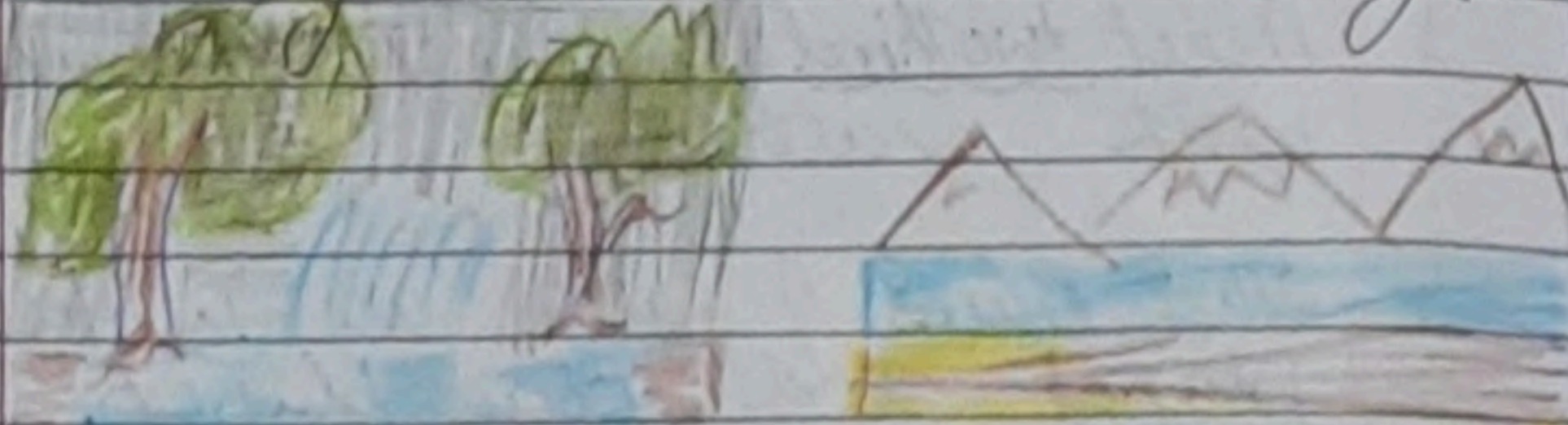
6 Fresh water sources are pond  
river, lake, waterfall and  
spring.

7 salt water sources are sea  
and ocean.

8 The blanket of earth is known as atmosphere.

9 Pacific ocean is the biggest ocean in the world.

Actively colour the water body?



### Exercises

A. Name the following:

1. A big channel of water  
River

2. A large water body surrounded by land  
Lake

3. A piece of land surrounded by water  
Island

4. A very large water body.  
sea or ocean

5. A piece of land covered with trees.  
Forest

6. Moving mass of ice and water.  
Glacier.

B. Rewrite these sentences using the correct words in place of the highlighted words.

1. Our earth has less land than water.

round

2 our earth is square in shape.

3. The water in river / lake ocean is sweet.

4. A hill is smaller higher than a mountain

5. A forest is covered with sand and dust trees plants.

air



planet

EARTH

- $\frac{2}{3}$  Water.
- Blue Planet
- seven seas
- seven continents
- round in shape

## THE SKY

1 The sun, moon and stars are known as heavenly bodies.



We see stars, moon, streaks of light (comet) and every other thing on sky. (clouds, birds etc)

3 group of stars forming a shape, scorpion, lion, hunter is called constellation.

4 earth revolves around sun. moon revolves around earth.

5 Name: planets of solar system  
 ① Mercury ② Venus ③ Earth  
 ④ Mars ⑤ Jupiter ⑥ Neptune  
 ⑦ Saturn ⑧ Uranus.

A.1 What do you see in the night sky?

In night we see moon, stars.

2. What do you see in the sky during the day?

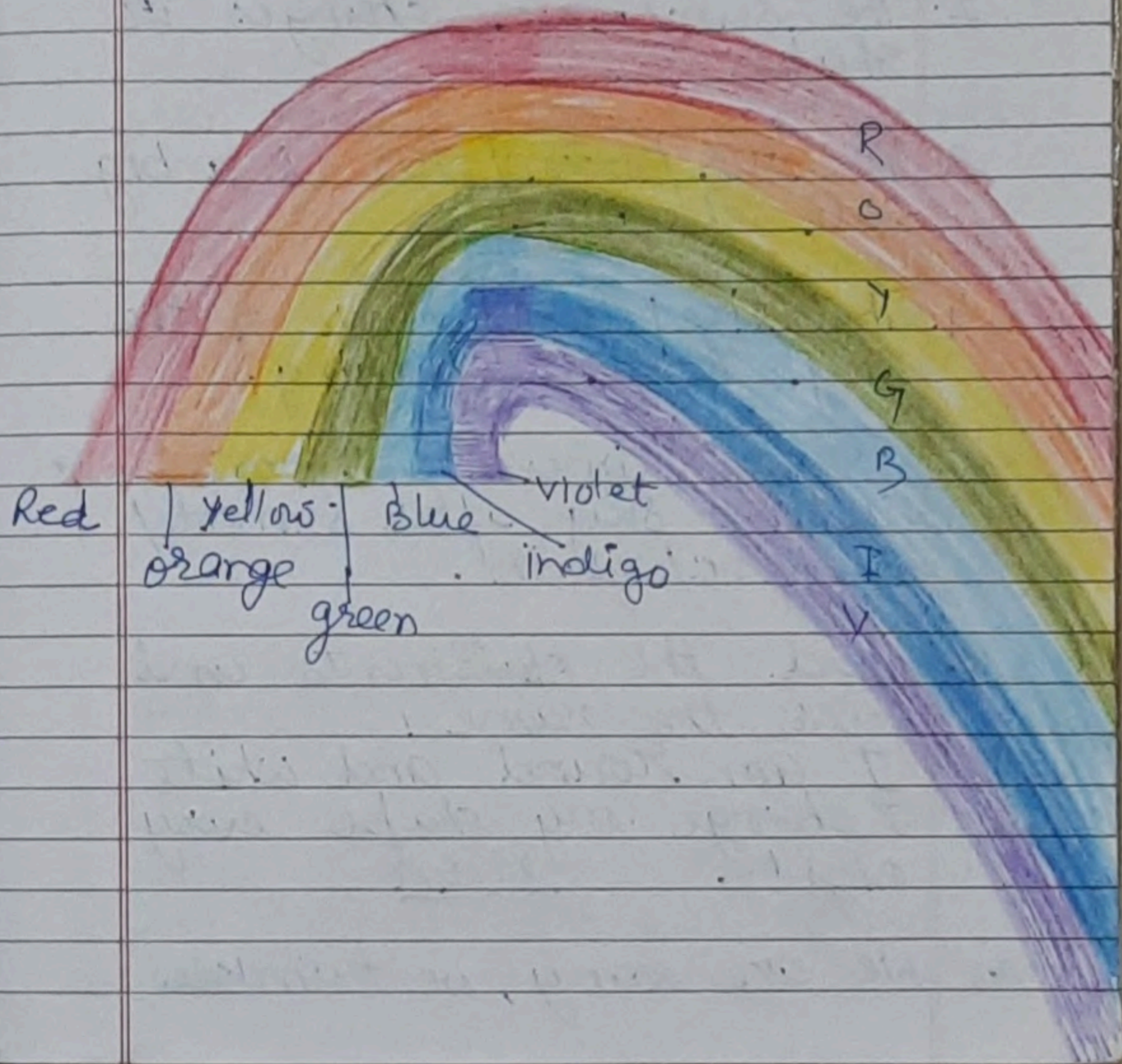
During day, we see sun. All beings are dependent on sun's heat and light. Thus, sun is called life-giver.

3. Why do stars look so small. They look small because they are very far from earth.

4. Why is the sun called the life-giver?

All living beings are dependent on sun's heat and light. That is why it is known as the life-giver.

5. When do we see a rainbow? Some times, after heavy rains we see a rainbow in the sky. The rainbow has seven colours.



B. Tick '✓' The right option.

1. The sun is bright and overhead during noon / night / evening ✓

2. The sun / moon changes its shape ✓

3. The sun / moon / star is a big ball of fire. ✓

4. The size / shape / colour of the sky keeps changing. ✓

5. We sometimes see a rainbow in the sky after sunset / sunrise / rain. ✓

c. Read the statements and guess the name.

1. I am round and white I change my shape every night. Moon

2. We are many, we twinkle

bright In the sky - stars.

3. I am big, round and hot, you see me during the day sun.

### Extra questions

1. What is solar-system?  
Sun along with eight planets make our solar system.

2. Where is sun in solar-system?  
Sun is in the centre and all planets revolve around it.

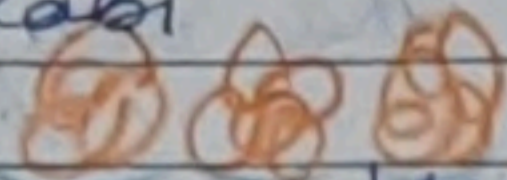
3. Nearest & farthest planet names?  
nearest planet to sun is Mercury  
planet farthest from sun is Neptune

4. sun rise direction. and sunset?  
sun rises from east sets in west.  
shape?

5. How does moon shines and changes?  
Moon gets its light from the sun.  
The portion where light falls shines  
This is how moon changes its shape.

# SEASONS

I like winter  
Because can eat  
Jelabi

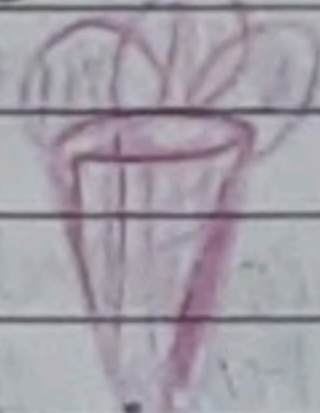


Hot  
milk  
to drink



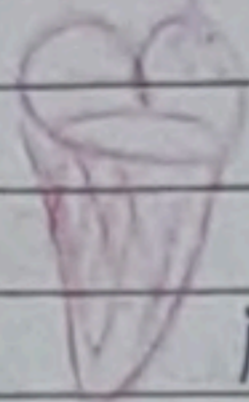
Because i can  
make snowman

I like summer  
because.

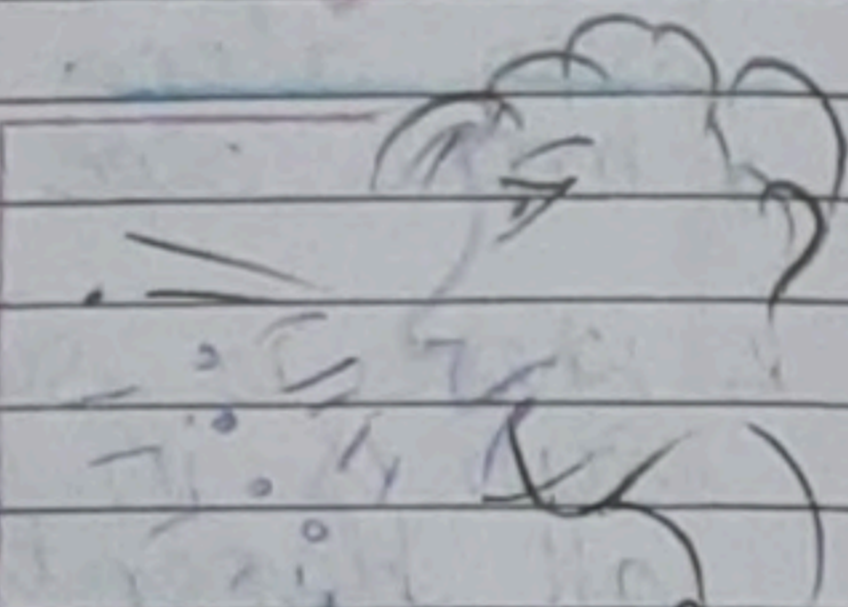


can eat icecream

I don't like  
winter because.



cannot  
eat  
ice-cream

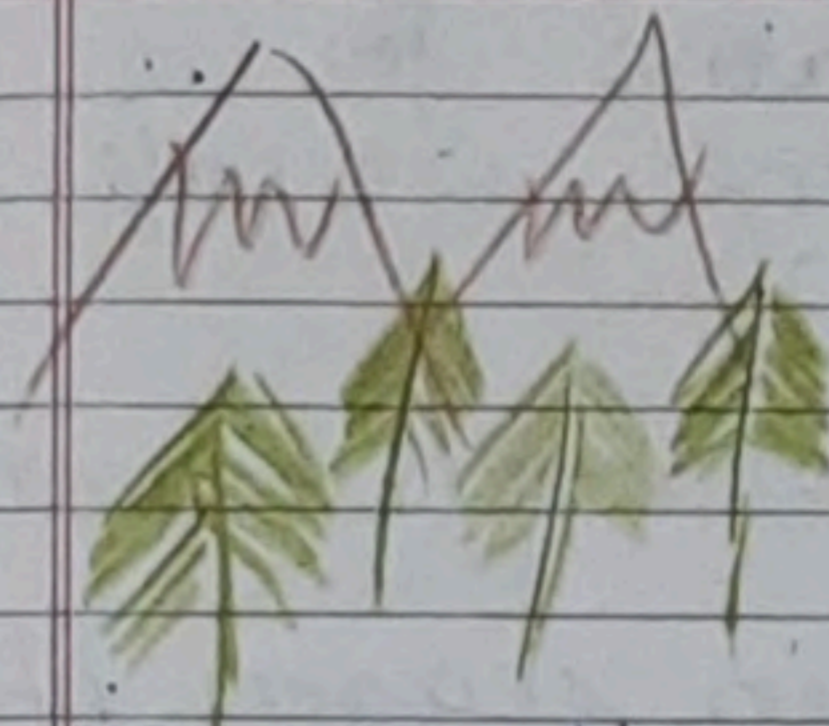


Because I  
often catch  
Cold & sneeze

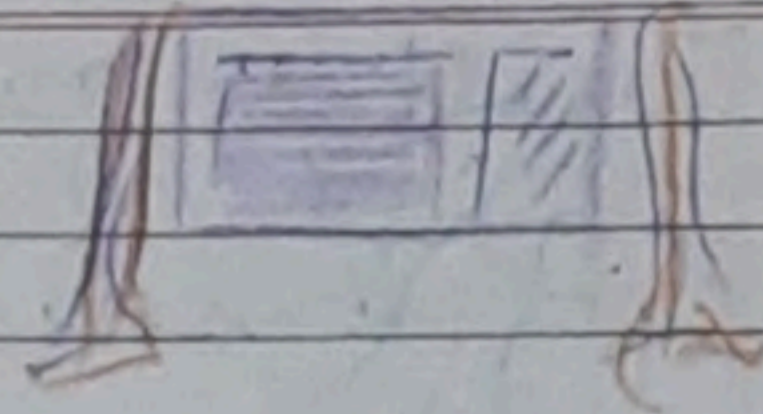
I don't like  
summer because



cannot eat  
hot chocolate



We go to  
hill station  
in holidays.



It becomes very  
difficult to  
bear heat when  
there is a power  
cut.

Longest day of the year?  
21<sup>st</sup> June is longest day.

Shortest day of the year?  
21<sup>st</sup> December is shortest day.

## EXERCISES

1. What is a weather?  
The temperature or condition  
of the air around us at  
a particular time is known  
as weather.
2. What is a season?  
When a particular kind of

weather remains for a period of time, we call it a season.

3 Name the four main seasons of India?

The four main seasons of India are:

Summer

Winter

Spring

Rainy season.

4 Which season do you like the most? Why?

I like summer, because we get mangoes to eat, we get ice cream to eat we go on vacations.

5 What kind of clothes do we wear in summer.

We wear light cotton clothes

B. Put the words in the right column to match the season!

Summer.

cotton clothes

ice creams

coolers.

winter.

heater

sweater

socks + caps

Tea coffee

spring

pleasant

flowers

Rainy season

Rain coat

umbrella

paper boat

C. Fill in the blanks:

1. Rainy season is also known as monsoon.

2. Some people go to hill stations during summer.

3. Dec & Jan are the months of winter season.

4. Feb & March is a month of spring.

5. Tea or Soup is an example



of a hot drink.

D Match the following:

- |                               |                |
|-------------------------------|----------------|
| 1. Flowers bloom in           | Summer season  |
| 2. November to January is the | Spring season  |
| 3. April to June is the       | Winter season. |

Keep a weather cast for a week.  
Follow the key.

(.) cloudy (.) Rainy (E) sunny (.) Pleasant.

Day	Date	Weather
Monday	1. 1. 23	.
Tuesday	2. 1. 23	=
Wednesday	3. 1. 23	.
Thursday	4. 1. 23	.
Friday	5. 1. 23	E
Saturday	6. 1. 23	J
Sunday	7. 1. 23	J

## SIDES AND DIRECTIONS

Activity

Write the names of:

- The student who is sitting at your right side: Bheem.
- The student who is sitting at your left side: Shinchan.
- The student who is sitting at your front: Shibani.
- The student who is sitting at your back: Raju.
- Where is your teacher standing? In the front.

Write the places located in these directions from your home:

- East - Temple, Park
- West - Mosque, Building
- North - Gurudwara, Pond
- South - Church, shop.

1. What are direction words?

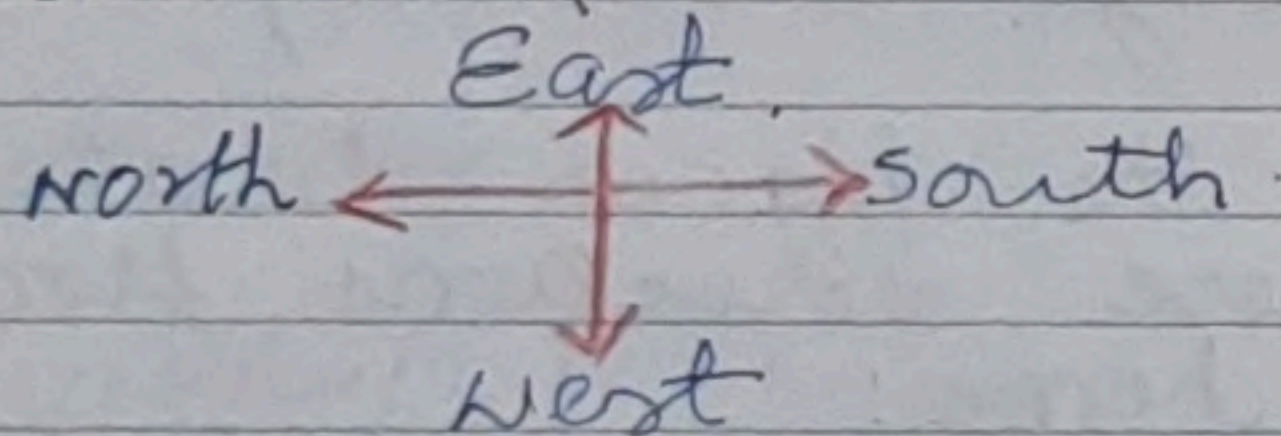
There are 4 direction words

- ① Left (side).
- ② Right (side).
- ③ Front (side).
- ④ Back (side).

2. Why is it important to know about directions?

It is important to know about directions to locate places. 4 main (cardinal) directions <sup>we use</sup> are East, West, North, South.

3. What are the four main directions?



4. How does the sun help us to learn about the directions?

If we face towards the sun, our face is towards

East.

our back is towards West.

our left hand is towards North.

our right hand is towards South.

5. Which four words tell us about sides?

The terms right, left, front and back are words which tell us about the sides.

They tell us about the location of the thing being talked about.

Fill in the blanks:

1. When you stand facing the sun, your right hand points to South direction.

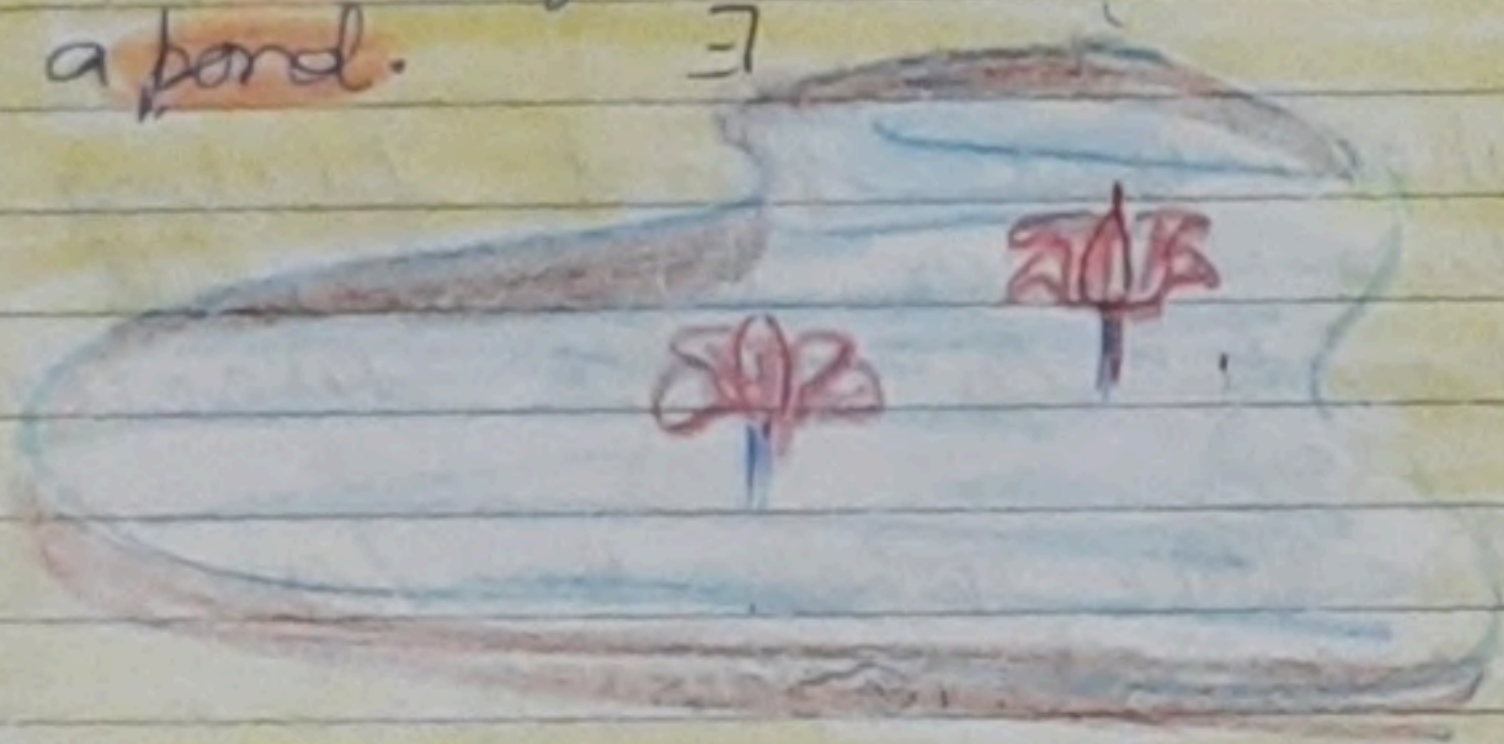
2. When you stand facing the sun, your left hand points to North direction.

3. The time when the sun rises is called morning.

- The time when the sun sets is called evening.
- The word NEWS stands for North East West South.



In East of my house there is a pond.



ACTIVITY:

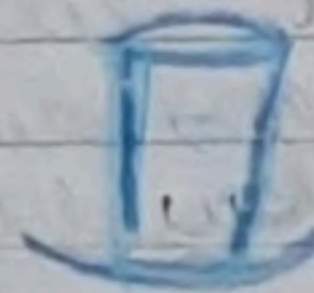
TIME

The Time is different in different parts of the world.

What do people usually do at dawn and dusk? Think and draw.



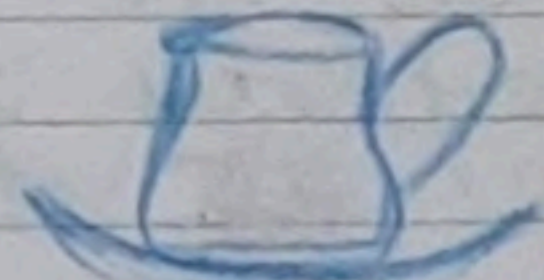
People do exercise in dawn.



People have milk in dawn.



People go for walk in dusk.



People have Tea or coffee in dusk.

How much time earth takes to take a full round around the sun.  
It takes  $365\frac{1}{4}$  days.

### Exercises.

A Fill in the blanks.

- The time when the sun rises is known as dawn.
- The time when the sun sets is known as dusk.
- 12 o'clock during the day is called noon.
- The shortest hand of the clock is the hour hand.
- When the clock completes two full rounds we call it a day.

B Match the following.

- |   |           |            |
|---|-----------|------------|
| 1 | 1 day     | 60 minutes |
| 2 | 1 year    | 24 hours   |
| 3 | 1 month   | 366 days   |
| 4 | 52 weeks  | 30 days    |
| 5 | 1 hour    | 365 days   |
| 6 | Leap year | 1 year.    |
- c Read the statements and complete the words:
- The shortest month of the year  
F E B R U A R Y
  - A leap year comes in every  
F O U R years.
  - The first month of the year  
J A N U A R Y.
  - The last month of the year  
D E C E M B E R
  - First day of the week  
S U N D A Y.

### Extra questions.

1. A day is divided into two parts.
2. The time when we have light is day.
3. The time after sunset, we do not have natural light is called night.
4. When the sun rises, it is early morning or dawn.
5. The time after dawn is morning.
6. The time when the sun sets is called dusk.
7. When the sun is about to set, it is the evening time.
8. The 12 o'clock in the night, is called midnight.

9. The time after 12 o'clock in the day is called afternoon.
10. The clock has three hands.
11. The shortest hand is the hour hand.
12. The long hand is the minute hand.
13. The other thin, long hand which moves fast is the seconds hand.
14. Morning hours are referred as a.m (after meridian)
15. After noon, the time is p.m
16. One year has 12 months.
17. February has 28 days every year and 29 days once in four years.

