

ALLIANCE MEDICAL & HEALTH SCIENCES COLLEGE

Professional Massage Therapist AAS STUDENT CATALOG & HANDBOOK



2025-2026

Alliance Medical
& Health Sciences College

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*Certified to Operate by the State
Council of Higher Education of
Virginia (SCHEV)*

*Institutionally Accredited by the
Accrediting Bureau of Health
Education Schools (ABHES)*

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AMHS reserves the right to make necessary changes to the provisions & policies of this catalog/handbook at any time. Every effort will be made to minimize the inconvenience to students when such changes become necessary.

Welcome to...



This 2025-2026 catalog and handbook provides the details of our admission requirements, academic policies and educational programs.

Here at Alliance Medical & Health Sciences College, we are excited to offer our associate program in Applied Science (AAS) for the Professional Massage Therapist.

As this program is the foundational building block for a career in Massage Therapy, it is also our foundation for future educational programs.

Our educational program is built around an established clinical setting which provides holistic and forward thinking treatment, including an environment that fosters inquisitive discovery and open communication. Your educational experience at Alliance Medical and Health Sciences College (AMHS) will be taught using both academic and real world setting techniques.

As a prospective student, you are embarking on a fabulous new adventure. If you are interested in joining an exciting world in the healthcare environment and are interested in a personally fulfilling career as a Professional Massage Therapist, come join us!

Thank you for your interest. We look forward to hearing from you soon!



MISSION STATEMENT

Alliance Medical & Health Sciences College (AMHS) is committed to the educational growth of its students through innovative education and clinical excellence in the healthcare field. This dedication is demonstrated by providing a professional, real world academic environment with emphasis on quality care and well-being for all individuals, while promoting market-relevant training to address any workforce shortages in the massage therapy field.

PHILOSOPHY & INSTITUTIONAL OBJECTIVES

Alliance Medical & Health Sciences College (AMHS) distinguishes itself by cultivating collaboration and teamwork between faculty, staff, and students while providing cutting edge patient care to the community. AMHS inspires each student to learn to his or her fullest potential within this program by building healthy dialogue through experiential learning in a true clinical setting. It is the foundation of AMHS to foster inquisitive discovery and open communication while maintaining the respect and dignity of all participants. AMHS aims to meet the evolving needs of the healthcare industry by preparing career-ready professionals for diverse learners.

CORE VALUES & GOALS

- To promote quality, compassionate, and responsible healthcare
- Encouragement for individual success and achievement
- Respect for diverse cultures and experiences
- Commitment to the highest of ethical standards in a teaching, clinical facility
- Cultivation of personal and professional leadership

NOTICE OF NON-DISCRIMINATORY POLICY

Alliance Medical and Health Sciences College has an open admission policy and does not discriminate on the basis of race, color, religion, sex, age, physical or mental disability, national or ethnic origin, veteran status, marital status, familial status, or sexual orientation in the administration of its educational policies, scholarship and loan programs, or any other school administered programs.

Notification is required to the instructor, or the Chief Academic Officer, for any student requiring special physical or learning needs to be in compliance with the Americans with Disabilities Act of 1990. This notification needs to be in a reasonable time frame to allow Alliance Medical & Health Sciences College to make feasible modifications. All requests should be made in writing and may require a physician's official documentation.

HISTORY

Scott J. Roberts, PT, MPT, MS, COMT, CMTPT-DN, FSNp, MCMT, LMT, KT, CCI, founder and president of Alliance Medical & Health Sciences College, recognized a real need for a Professional Massage Therapist Program in the Richmond area. Consequently, he decided to look into opening his own school, and began the research of what would be needed to form a college degree-granting program. Alliance Medical and Health Sciences College, Inc. opened its doors in January 2014 to offer students the ability to participate in an Associate of Applied Science Professional Massage Therapist program.

GENERAL DESCRIPTION OF AVAILABLE SPACE, EQUIPMENT & FACILITIES

The campus is a 12,000+ square foot facility located in Henrico, Virginia. The facility houses an active, clinical setting with eight treatment rooms, two class/lab rooms, a gym, library, bookstore and administrative offices. Clinical instruction will be offered in the treatment rooms, and gym. This instruction will include advanced massage therapy techniques such as, manual therapy, trigger point therapy and other evidence based treatment approach methods for client care. The library includes internet, video/audio study materials, journals, presentation hardware, and reference materials. The classroom will be used for lectures, labs, presentations, and open forum.

SCHOOL POLICIES AND PROCEDURES**Admission Requirements:**

All applicants must be 18 years of age or older and possess a valid government issued picture identification, hold a high school degree or higher, with at least a 2.0 grade point average (GPA) or have a GED certificate. Applicants must provide a completed AMHS application with a nonrefundable \$100 application fee. At minimum, unofficial transcripts from current or previous schooling must be submitted at enrollment. The school has a rolling admissions policy and will consider applications for acceptance to the next academic session at any time prior to the start of the academic session.

AMHS focuses on the core Massage Therapy courses required for the Associate of Applied Science (AAS) degree. This means that the applicant must complete the General Education requirements for their degree program at an accredited college or university from which these General Education credits can be transferred. The General Education requirements must equal 25% of the total degree credits, or about 18 credits. These credits should be completed prior to beginning coursework at AMHS. Individual course descriptions may need to be submitted to verify the successful completion of the required General Education courses. The courses must be comparable to the courses required by AMHS and the applicant must attain a grade of 70% or higher per course. Students must submit an original transcript before graduation.

AMHS College does not require background checks, drug screenings, or health verifications for general admission. However, clinical sites may require them, and students are responsible for meeting these requirements and covering any associated costs. Noncompliance may prevent program completion.

Credit Transfers for Current or Previous Education and/or Training:

Students may receive credit for courses taken at an accredited college or university that are comparable to the courses required at AMHS in which a grade of 70% or higher was earned. Official transcripts are required from the current attending or previous college and/or university and any qualified advanced placement classes to be for transfer credit and considered on an individual basis. The registrar and/or Chief Academic Officer will review the transcripts to determine if an alternative class can be approved. A student may also be asked to submit course descriptions and/or syllabi for evaluation of transfer credits.

Credit Transfers for Current or Previous Education and/or Training continued...

A competency test may also be required if requesting to test out of any particular class. Full credit for transfer credits will be given provided they meet AMHS requirements. If a student has achieved experiential learning or advanced training that could qualify for a transferred credit then a complete written description and supporting evidence may be required for the Chief Academic Officer to review prior to approval. No more than 30% of credit can be awarded for life or work experience.

Any international education credits must be evaluated and approved by a credentialed agency to provide attestation of the qualitative and quantitative equivalency to the education standards of the United States of America. English based unofficial transcripts can be submitted, but finalized evaluation of transfer credits must be complete prior to being awarded the degree.

Grading System:

The definition for one (1) semester credit hour is fifteen (15) clock hours for lecture, thirty (30) clock hours for lab and forty-five (45) clock hours for clinical/externships. AMHS uses a combination of lecture and lab hours within a thirteen (13) week term. The GPA is computed by the following formula: Total quality points earned/Total units of credit attempted = GPA

| | | | |
|----|---------------|---------------------------|----------------|
| A | 100-90 points | Superior | 4 points |
| B | 89-80 points | Good | 3 points |
| C | 79-70 points | Average | 2 points |
| D | 69-60 points | Below Average | 0 point |
| F | 59 & below | Failing | 0 points |
| I | No points | Incomplete | 0 points |
| W | No points | Withdrawn | 0 points |
| S | Pass/Fail | Satisfactory | Class Specific |
| AU | No points | Audited No Credit | 0 points |
| AW | No points | Administrative Withdrawal | 0 points |

An Incomplete (I) may be granted in cases of prolonged illness, family emergency, or any other documented circumstance beyond the student's control, with the permission of the AMHS director and the instructor of the particular class. The instructor and student will enter into a written contract for the timely completion of missed coursework. The contract will stipulate what work must be completed, the date that it must be completed by and the grade that will be given in the event the work does not get completed by the given date.

If a Withdrawal (W) is granted then the class must be retaken to receive credit. In the event of an Administrative Withdrawal (AW), which includes academic dismissal or a student not attending class without any notification to the school, then a student must follow the appeal and reinstatement process.

If an (S) is granted for any course that is considered Pass/Fail then that course's specific semester credit GPA will be awarded if passed or no credit points will be awarded and that course will need to be retaken.

Standards for Satisfactory Progress:

All programs are not to exceed 150% of the normal program length, in which the educational objective must be successfully completed. All students at AMHS are expected to achieve consistent progress toward completion of the program. Exhibiting such progress is necessary to remain in good academic standing. All students are required to maintain a cumulative GPA of at least 2.0 and complete at least 70% of all credit hours attempted every semester.

Courses in the Massage Therapy program are sequential in nature and may have to be taken in a specific order, unless approved by both the instructor and president of AMHS, which will only be considered on a case-by-case basis. If a student qualifies and is approved for any deviation of the typical class schedule AMHS will provide in writing a revised expected course schedule with the associated timeframes that the courses must be completed to ensure timely graduation.

Academic Warning:

It is necessary to pass each course with 70% accuracy in order to progress to the next class. Instructors will notify the student of their academic progress throughout the coursework and will alert the student if the student GPA or credit hour requirement is in jeopardy of not meeting the 70% passing percentage. The instructor will encourage through advising and instructor assistance to improve their performance as an academic warning prior to the student requiring an academic contract through academic probation.

Once the student achieves the required 70% passing rate, the instructor will continue to monitor their academic status to determine if the academic warning can be officially lifted.

If the student still has not been successful to meet the required 70% accuracy level then the instructor will provide an academic contract within the terms of academic probation to outline in writing what accomplishments have to be made to successfully complete the class in order to move to the next course.

Academic Contract with Probation:

If a student fails to meet the GPA or credit hour requirement, he or she will be placed on academic probation. All students on academic probation will be required to participate in an academic contract with AMHS. The academic contract will include but not be limited to; the coursework that would need to be completed with the minimum grade that must be achieved to meet the GPA or credit hour requirements of 70% for each class that is under an academic contract.

If the student has achieved the necessary requirements of the academic contract then the student will be removed from probation but may then be on an academic warning until their academic status has been successfully determined by the instructor that the warning may be lifted for that class to ensure progression to the next semester.

Failure to honor any aspect of the contract could result in a student's status being changed from academic probation to academic dismissal at any point in the program.

Academic Dismissal:

Academic dismissal from AMHS will occur if, at the end of the probationary term, the student's cumulative GPA is still below 2.0 or the student fails to complete at least 70% of all credit hours attempted. Students may re-enroll based on reinstatement procedures. Any periods of non-enrollment will be evaluated based on their most recent period of enrollment.

Academic Appeal Process:

If a student has not met the requirements of the satisfactory progress policy, then the student may appeal in writing at any time during the satisfactory academic progress procedures. Only written appeals will be considered and must clearly define the student's purpose for the appeal. AMHS will respond in writing within ten (10) business days with the appropriate action to check for any errors and omissions within the grading process or including but not limited to any form of dismissal proceedings.

Student Conduct and Conditions for Dismissal:

AMHS expects its students to exhibit high levels of integrity and ethics in all activities. All instructors, faculty and fellow students are to interact with each other in a dignified professional manner at all times.

The college reserves the right to deny admission to or remove students from any program if they have a record of misconduct or have demonstrated behavior, such as academic dishonesty, that would jeopardize their professional performance or the reputation of AMHS within the community.

Academic dishonesty will not be tolerated. Academic dishonesty includes, but is not limited to: cheating on an assignment or examination; using materials during a quiz or examination other than those specifically permitted by the instructor; stealing, accepting or studying from stolen quizzes or examination materials; plagiarism; forgery of signatures; falsification of official documents; falsification of data; falsification of clinical records; misrepresentation of academic qualifications; misuse of materials which belong to the college; stealing or copying of computer programs and presenting them as one's own or misrepresenting completion of clinical hours or assignments. Students who violate the Academic Honor Code may receive a failing grade for the assignment or the course. They will not be granted a grade of "W" in the course and may, depending on the nature of the offense, be suspended or dismissed/expelled from the school.

Falsification of academic qualifications may result in denial or annulment of admission prior to admission or at any time thereafter. Every faculty member and student is responsible for assuring academic integrity. Instructors will begin each course with the concepts of academic integrity, ethics, responsibility, and the HIPAA law as it relates to AMHS.

It is the student's responsibility to know what constitutes academic dishonesty, cheating or plagiarism. If a student is unclear, he or she should seek the advice of the instructor. Students should see the Academic Honor Code in the Student Handbook for further information.

At no time are students permitted to possess firearms or other weapons on school grounds.

Reinstatement:

Any student in good standing who has not been in attendance at AMHS for three consecutive teaching terms will need to apply for readmission through the Office of Admissions, unless approved by the director on a case-by-case basis.

Good financial standing, an application fee, and a previous GPA of 2.0 or higher are required. Any student terminated for misconduct will not be considered for readmission.

Any student who was academically terminated may petition the Office of Admissions for readmission. If readmission is granted, the student will be placed on academic probation for one or more teaching terms.

Attendance:

AMHS holds classes and practical labs for all terms Monday through Friday between the hours of 8:30 am and 4:30 pm. Classes, practical labs and/or clinical(s) will also be held Saturday when necessary. Students are required to be available during the operating hours of the clinical facility. The total hours per week and length of each class varies by class type.

Students are expected to attend all scheduled classes and laboratory sessions. The following minimum attendance policies are in effect. The instructors, however, have the option of instituting additional class policies and the student should consult the individual class syllabus for any additional requirements:

1. Students are expected to arrive on time and to attend all regularly scheduled classes, laboratories, field trips, observation assignments, conferences and clinical practicum and clinical rotations. These activities are designed to meet specific objectives for supervised practice in the application of theory and skills. Frequent absences may jeopardize the student's grade or may result in the student being withdrawn from a course. Individual cases will be at the discretion of the director.
2. When an absence from any course becomes necessary, it is the responsibility of the student to inform the instructor prior to the absence. If a student cannot take a test or final examination at the scheduled time, the instructor should be contacted prior to the day of the test. If the student is unable to reach the instructor, a message should be left with the program instructor prior to the examination.
3. Students assume the full responsibility for advising professors of their absences and for initiating the procedure for making up any work missed.
4. In the event of absence due to illness, instructors may require written verification from a licensed health care provider.
5. If a student is more than 10 minutes late for a course, he or she will be considered TARDY. Two tardies can be determined an absence by the instructor. Individual instructors have the authority to waive any tardiness they determine to be reasonable.

Leave of Absence:

A student who is in good academic standing may request a leave of absence for health or personal reasons. Good academic standing means the student has a cumulative GPA of 2.0 and a 70% average or above in all courses. The student must request the leave of absence in writing. In this written request, the student may be asked to state an intended date of return. A grade of "I" will be given until work is completed via an instructor/student contract and tuition refunds will be at the discretion of the director.

A leave of absence shall not exceed 180 days within a 12-month period. After that, the student will be required to reapply to their respective program. If extenuating circumstances exist, the student may submit a written request for an extension or alternative accommodation to the director. The director will decide if an alternative accommodation can be granted on case-by-case basis.

During an approved leave of absence, no monetary charges will be incurred, and absences will not be accumulated. Upon returning, the student is permitted to continue any coursework that was started prior to the leave. The date that the leave of absence was approved should be considered the last date of attendance for refund purposes.

Dress Code:

Solid colored scrubs and tennis shoes will be worn at all times while attending AMHS. Students will be required to purchase these from an outside source. Estimated cost is approximately \$250.00 according to student preference.

Parking:

Student parking is available on the side or around the back of the school building. Any parking spaces without numbers or stated reserved are available to students and may be used free of charge.

Graduation Requirements:

To be eligible for graduation the student must meet all the following requirements:

- Complete coursework with a cumulative GPA of 2.0 or better
- 70% average grade or higher in all courses.
- The General Education coursework and related credits must transfer from an accredited college or university in accordance with AMHS Admission Requirements.
- Must meet residency requirements of AMHS

All specific program requirements must be satisfied and the appropriate instructional authority in the curriculum must recommend the student for graduation. All financial obligations to AMHS must be satisfied before the degree is conferred.

A student can meet graduation requirements at any time if all coursework has been completed. The actual degree will be mailed directly to each student.

Residency Requirements:

In order to meet AMHS residency requirements a student shall successfully complete a minimum of 30% of the total program credits from coursework at AMHS. Residency is a requirement of graduation.

Physical Location and Licensure Disclosure Policy:

At the time of enrollment, Alliance Medical & Health Sciences College determines a student's physical location based on the address listed in the student's enrollment application, signed enrollment agreement, and/or valid government-issued identification. All students must reside in Virginia at the time of enrollment. AMHS does not enroll students who are physically located outside of Virginia.

Students are required to notify Student Services of any change in their physical address. This notification must be submitted in writing. Within 14 calendar days of receiving notice of a change in location, AMHS will notify the student in writing of how the new location may impact their continued enrollment, ability to complete the program, and eligibility for employment in their chosen field. Students who move outside of Virginia may be required to withdraw from their program, depending on applicable regulatory requirements.

A change in a student's physical location may also affect their ability to meet the educational requirements for licensure, certification, or registration in another state.

AMHS reviews program requirements for other states but cannot guarantee that its curriculum will meet licensure or credentialing standards outside of Virginia. If a student relocates to another state, and AMHS determines that the program does not meet that state's educational requirements for licensure or certification, the student will receive written notice within 14 calendar days of that determination. Likewise, if AMHS determines that a program no longer meets Virginia's licensure standards, students will be notified within the same timeframe.

In cases where a student chooses to enroll while physically located in a state where the program does not meet licensure requirements, they must first sign a dated attestation. This attestation must:

1. Confirm that the student has received written disclosure that the program does not meet educational requirements for licensure in their current state
2. Specify the state the student intends to work in after graduation.
3. Confirm that the program does meet licensure or certification requirements in that intended state.

AMHS maintains a campus-level policy for verifying the accuracy of such attestations.

Ultimately, it is the student's responsibility to understand how their location may affect their educational goals and professional eligibility. For questions about state-specific licensure or certification, students are encouraged to contact the licensing board in the state where they intend to work.

Physical Location and Licensure Disclosure Policy Continued:

The table below serves as a quick reference regarding whether AMHS's program meets educational requirements for licensure, certification, or registration in other states. This information, current as of the date listed, is sourced from the Associated Bodywork & Massage Professionals (ABMP) website. Students are responsible for consulting the official ABMP site for the most up-to-date licensure information.

AMHS Program Compliance with State Licensure Educational Requirements

| AMHS Program Name, Credential Awarded, and Educational Hours | Program Meets the State Education Requirements for Licensure, Certification, or Registration | Program DOES NOT Meet the State Educational Requirements for Licensure, Certification or Registration |
|--|--|---|
| Professional Massage Therapist, Associate of Applied Science, 1170 Clock Hours | AL, AK, AZ, AR, CA, CO, CT, DE, DC, FL, GA, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, MT, NE, NV, NH, NJ, NM, NC, ND, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WV, WI, WY | HI, NY |

<https://www.abmp.com/practitioners/state-requirements#:~:text=Massage%20Therapy%20State%20Licensing%20Requirements, and%20the%20US%20Virgin%20Islands>, retrieved on May 30, 2025 Associated Bodywork & Massage Professional

Students are encouraged to visit the websites of the following professional organizations for the most up to date information regarding licensure, certification, or registration.

| | |
|--|---|
| American Massage Therapy Association (AMTA) | https://www.amtassage.org/state-regulations/ |
| Associated Bodywork & Massage Professionals (ABMP) | https://www.abmp.com/practitioners/state-requirements |
| Federation of State Massage Therapy Boards (FSMTB) | https://fsmtb.org/regulated-states/ |
| National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) | https://ncbtmb.org/ |

Student Services, Career Advising and Placement Assistance:

AMHS provides student services for tutoring, financial payment plans, library resources, and technical support as needed. The AMHS office is equipped to provide accessibility for disabled students. The school will assist the student with career advising and placement services for employment opportunities, including but not limited to, self-employment guidance. AMHS does not guarantee employment after graduation as the state or locale will require the necessary legal requirements prior to achieving licensure or certification. The school's library will maintain any employment opportunities that have been submitted by viable employers.

AMHS Accreditation Status:

Alliance Medical & Health Sciences College, Inc. (AMHS) is a private, independent, post-secondary educational facility certified to operate by the State Council of Higher Education of Virginia (SCHEV).

AMHS is listed with the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as an accredited institution and registered with the Federation of State Massage Therapy Boards (FSMTB) for the MBLEx licensing exam.

AMHS is institutionally accredited by the Accrediting Bureau of Health Education Schools (ABHES) located at 6116 Executive Boulevard, Suite 730, North Bethesda, MD 20852, Tel (301) 291-7550, info@abhes.org.

Student Licensure/Certification Requirements:

As such, all graduates will be eligible to sit for the MBLEx Massage & Bodywork Licensing Examination regulated by the Federation of State Massage Therapy Boards to qualify to apply for licensure in the Commonwealth of Virginia to become a Licensed Massage Therapist (LMT). According to The Virginia Board of Nursing regulations, only after passing the MBLEx exam, can a graduate from an approved school apply to be licensed to practice massage therapy. In addition, once certified by the state, a LMT must adhere to the residing county ordinances.

The Commonwealth of Virginia General Assembly has approved for licensure of massage therapists starting January 2017. This new licensure will require fingerprinting and background checks. All previous certified massage therapists should be "grandfathered" in to the new law. Please review the Department of Health Professions Board of Nursing for updates regarding new regulations. As it is unlawful to provide massage therapy services in the Commonwealth of Virginia unless holding a state license, the student or graduate will be required to determine the legalities for licensure or certification requirements for any other state or locale prior to any form of employment, including but not limited to, reciprocity requirements.

The National Certification Board administers the advanced Board Certified credentialing for Therapeutic Massage and Bodywork (NCBTMB). This advanced credentialing exam is only eligible after passing the MBLEx licensing exam, Commonwealth of Virginia Board of Nursing licensure and background check, and completing a minimum of 500 hours of professional massage experience. Hours are subject to change as new laws are passed by regulators. For the most current requirements and additional information, visit the official NCBTMB website at www.ncbtmb.org.

Student Records:

AMHS holds all student records and personal information in the strictest confidence. AMHS does not share student information of any kind with third parties unless legally required. The school maintains all student evaluations and grades for a period of five years. Student transcripts are kept on file permanently and are protected from fire, theft and other perils.

The student can only obtain official copies of transcripts. Requests for official transcripts must be submitted in writing and mailed directly to AMHS. A fee of \$10.00 per transcript must accompany the request. Please make checks payable to AMHS. No transcripts will be sent without written permission from the student.

Academic Program Evaluation:

AMHS provides the students and faculty the opportunity to evaluate its program and any aspect of the school environment each term. These evaluations are anonymous and held in confidence. The results are documented, and statistics will also be kept in the school administration offices. Every effort will be made to accommodate valuable suggestions.

In AMHS' pursuit of excellence, instructors will undergo an annual review and self-review in which strengths and weaknesses are identified and goals are set to deliver the highest level of educational teaching strategies.

Student success rate statistics will be maintained by AMHS. The director reviews all statistics at the end of each term. Graduates of our programs will be surveyed for employment history and program suggestions based on their employment experiences.

Enrollment Dates:

A student may enroll at any time prior to the start of a new academic session. The school has a rolling admissions policy and will consider completed applications for acceptance to the next academic session or at any time prior to the start of the academic session.

Emergency Class Cancellation:

The College will close for weather emergencies, disasters, or incidents based on the decision of the College Administration. Notification of emergency class cancellation is made via the email address on file for each student.

If possible, emergency class cancellation notices will also be available on voice mail for the main phone number of the school. In the event the school needs to close due to a disaster, relocation and scheduling will be available on the main phone recording for the school.

School Calendar:

The school operates on a non-traditional term calendar. We do not utilize the conventional academic calendar of quarters or semesters. AMHS' Professional Massage Therapist program is a sixty-eight (68) semester credit hour program that is progressively structured over five (5) thirteen (13) week academic terms for the fifty (50) semester credit core course curriculum. The mandatory general education courses composing of at least 25% of the total semester credit hours required for this degree may be taken prior to enrollment at the preferred time duration at the sole discretion of the student.

AMHS allows for both part time and full time student enrollment. The academic calendar may be flexible for students that qualify for transferred core curriculum credits and is approved by the Chief Academic Officer. A minimum of 30% of semester credits must be taken at AMHS to meet the residency requirements to award a degree.

AMHS holds classes and practical labs for all terms based on the class schedule for both day and evenings, Monday through Friday between the hours of 8:00 am and 10 pm. The total hours per week and length of each class varies by class type. Classes, practical labs, and/or clinical(s) will also be held Saturday when necessary. Clinical schedules and supervisory schedules are at the sole discretion of the clinical site assigned. Clinical Hours for MAS 223C, 233C, 350C and 351C may be carried over between terms or grouped in order to assure completion for graduation deadline.

Traditional Academic Calendar 2025-2026

| | |
|--|--|
| Term I 2025 Academic program begins.....January 2 Martin Luther King Holiday....January 20 Term I ends.....March 20 | Term IV 2025/2026 Term IV begins.....October 1 Thanksgiving Holiday.....November 27 - 28 Winter Break.....Dec. 24 – Jan. 1 Term IV ends.....December 31 |
| Term II 2025 Term II begins.....April 1 Memorial Day Holiday.....May 26 Term II ends.....June 30 | Term V 2026 Term V begins.....January 2 Term V ends..... March 31 Commencement.....May 24 |
| Term III 2025 Term III begins..... July 1 July 4 th Holiday.....July 4 Labor Day Holiday..... September 1 Term III ends.....September 30 | AMHS observes the holidays & breaks listed above. Exam dates per term will be announced at the beginning of each course. <i>The school reserves the right to amend the academic calendar.</i> |

Schedule of Fees:

- A non-refundable application fee of \$100.00 is payable to AMHS.
- Tuition is \$384.00 per credit hour for a total of \$19,200 for core curriculum courses. Any core curriculum transferred credits will be deducted from total tuition at said rate per credit hour.
- Books, Lab and Clinical supplies (based on personal preference), are approximately \$1,700.00
- Uniform & Shoes; approximately \$250.00, please see Dress Code page 8.
- Computer/Laptop is recommended but not necessary.

The above schedule of fees for all coursework is estimated at a total cost of \$ 21,250.00. Additional reference materials, supplies, and lab equipment may be purchased at the sole discretion of the student.

Payment Schedule & Cancellation Refund Policy:

The following payment schedule is based on 50 core class credit hours. The initial deposit of \$1920.00 or 10% minimum is due when the Enrollment Agreement is signed. The student will be given 3 business days to cancel with no penalty except for the non-refundable application fee.

After acceptance into the program, 17 equal monthly installments of \$1,016.47 will be due the first day of each month. If additional transferred credits are accepted, then payment calculations will reflect this tuition reduction. AMHS will consider additional financing terms or request payment arrangements on case-by-case basis with an agreed promissory note and truth in lending statement.

Cancellations must be in writing and made in person or by certified mail. Cancellations or withdrawals requested more than three (3) business days after executing the enrollment agreement and making an initial payment, but prior to the first day of the school program entitles the applicant to a refund of all monies paid, less the nonrefundable application fee and less a maximum registration/tuition fee of 10% of the stated cost of the courses or \$100.00, whichever is less. Eligible refunds will be made within forty-five (45) days of the institution's determination that the student has withdrawn.

Items of extra expense to a student such as instructional supplies or equipment, tools, student activities, laboratory fees, services charges, rentals, credentialing fees, deposits and all other charges may not be considered into the tuition refund computation.

Cancellation or Withdrawal after classes begin will result in the following refunds and/or "balance due" notices:

| Proportion of Total Program Hours Taught by Withdrawal or Cancellation Date | Tuition Refund |
|--|----------------------------|
| Less than 25% | 75% of program cost |
| 25% up to but less than 50% | 50% of program cost |
| 50% up to but less than 75% | 25% of program cost |
| 75% or more | No Refund |

Number of days completed/Number of days in semester = % completed

Collections Policy & Installment Loan Non-Payment

Failure to make scheduled payments under a signed promissory note may result in late fees, transcript or diploma holds, and referral to a collections agency. The student is responsible for any additional costs incurred. AMHS follows all applicable state and federal laws and maintains records of all collection actions. If at any time you experience difficulty making your tuition payments, please contact the Administrative Office immediately for possible modification of the installment agreement.

Scholarships:

No scholarships or financial assistance are being offered at this time.

Student Termination Date:

AMHS will terminate an individual's status as a student no later than fourteen (14) instructional days after the last day on which the student actually attended the school. In the event that a written cancelation notice is submitted, the effective date of termination will be the date the student last attended classes. A refund will be made within 45 days of termination date.

A student can be dismissed, at the discretion of the director, for insufficient progress, and nonpayment of costs, or failure to comply with the rules.

Those wishing to take an approved leave of absence for illness or personal reasons may resume their course of study in the next class series with no penalty and may repeat the already completed sessions if desired at no additional charge or pick up where they left off. Physician's documentation may be required.

Student Grievance Procedure:

Any student who has a grievance with the school, an instructor, a grade or another student should first discuss the matter with the instructor or the school director. Any discussion involving a student's grievance is held in confidence. AMHS will make every reasonable effort to resolve grievances. AMHS has a zero-tolerance policy for bullying on behalf of any faculty, staff, or student, and therefore ensures that any student initiating a grievance is not subject to unfair actions or treatment.

If a satisfactory resolution is not reached, the student should make a written complaint as stated in the academic appeal process to the school director. AMHS will respond in writing within ten (10) business days. If satisfactory resolution is still not reached, the student may contact:

State Council of Higher Education for Virginia (SCHEV)

| | |
|---|--|
| James Monroe Building, 9 th floor 101 North 14 th Street Richmond, VA 23219 | Phone: 804-225-2600 Fax: 804-225-2604 Student complaint phone: 804-371-2285 Website: www.schev.edu |
|---|--|

TRANSFERABILITY OF CREDITS DISCLOSURE

Typically, programs leading to an Associate of Applied Science degree are technical and/or terminal programs in which credits generally earned in these programs are not applicable to other degrees.

Credits earned at *Alliance Medical & Health Sciences College, Inc.* may not transfer to another educational institution. Credits earned at another educational institution may not be accepted by *Alliance Medical & Health Sciences College, Inc.* You should obtain confirmation that *Alliance Medical & Health Sciences College, Inc.* will accept any credits you have earned at another educational institution before you execute an enrollment contract or agreement.

You should also contact any educational institutions that you may want to transfer credits earned at Alliance Medical & Health Sciences College, Inc. to determine if such institutions will accept credits earned at Alliance Medical & Health Sciences College, Inc. prior to executing an enrollment contract or agreement.

The ability to transfer credits from *Alliance Medical & Health Sciences College, Inc.* to another educational institutions may be very limited as it is at the sole discretion of the receiving institution.

Your credits may not transfer and you may have to repeat courses previously taken at Alliance Medical & Health Sciences College, Inc. if you enroll in another educational institution. You should never assume that credits would transfer to or from any educational institution.

It is highly recommended and you are advised to make certain that you know the transfer of credit policy of *Alliance Medical & Health Sciences College, Inc.* and of any other educational institutions you may in the future want to transfer the credits earned at *Alliance Medical & Health Sciences College, Inc.* before you execute an enrollment contract or agreement.

THIRD-PARTY EDUCATIONAL PROVIDER & CLINICAL ROTATION AGREEMENTS

AMHS may engage with approved third-party providers to support instructional delivery, operational services, and clinical training; however, AMHS retains full academic and administrative control over all such arrangements, including authority over curriculum approval, instructor qualifications, student assessment, and the evaluation of program outcomes to ensure compliance with institutional, state, and accreditation standards.

PROGRAM TERMINATION

In the event of a program terminating, AMHS will follow the State Council for Higher Education of Virginia (SCHEV) rules and regulations to assure that all student currently enrolled are able to complete their degree according to the student's enrollment agreement.

PROGRAM DESCRIPTION:**Associate of Applied Science in Professional Massage Therapist**

The residential Professional Massage Therapist Program Associate in Applied Science degree program at AMHS consists of five (5) terms of thirteen (13) weeks each. The program consists of a total of sixty-five (65) weeks that equates to fifty (50) semester credits of core coursework. A minimum of eighteen (18) credits of general education courses approved by AMHS must be taken off site at an accredited college or university as transfer credits.

AMHS uses a combination of classroom, lab, and clinical components designed as a web-enhanced residential program. This education method is not only to prepare the student for a career as a Massage Therapist (MT), but to also provide the student tools to learn at their own pace in a structured lesson plan, while providing a real-life working experience in the student clinical setting.

This program will also prepare its graduates for successful completion of the MBLEx exam administered by FSMTB, and the Board Certification regulated by NCBTMB. AMHS will collect data as classes permit to monitor its success. The AMHS admissions department will track the entire programs graduation and certification exam success rate.

Graduates of the Professional Massage Therapist program will be able to embark on either a self-employed or an employer based entry-level massage therapy career. An AMHS graduate is expected to display ethical, professional, and effective behavior in client assessment, communication, and treatment.

At the completion of this program AMHS will be awarding an Associate of Applied Science of Professional Massage Therapy. If the student passes the MBLEx exam and submits their application to the Virginia Board of Nursing for licensure and approved accordingly, they will have the credentials of a Licensed Massage Therapist in the Commonwealth of Virginia.

PROGRAM OBJECTIVES:

A professional massage therapist is expected to display ethical, professional and effective behavior based on current medical science and research in client assessment, communication and treatment.

Our stated program goals of promoting quality, compassionate and responsible healthcare, encouraging students to succeed and achieve their educational goals, respecting diverse cultures and experiences, committing to the highest ethical standards and cultivating students' personal and professional leadership skills are in line with current industry standards and meet the interest of communities.

After graduating from our program, students will be equipped with the necessary and required skills to take the MBLEx and proceed with state licensure to obtain employment, either self-employment or as an employer-based entry-level position as a professional massage therapist.

AMHS will assist the student with career advising and placement services, offered by the school as part of the student services, however AMHS does not guarantee employment after graduation.

GENERAL EDUCATION COURSE REQUIREMENTS:

General Education courses must be completed at an accredited college or university prior to entry into the Professional Massage Therapist program at AMHS unless otherwise approved by the president and registrar.

Please see Admission Requirements, page 4 of this catalog for complete details. All courses are subject to review and approval by AMHS. It is recommended that general education courses be pre-approved for transfer by AMHS prior to enrollment.

Students are required to have General Education coursework and transferrable credit hours in the disciplines listed below. Course content and credit hours must be comparable to the class examples cited below and students should get approval before attempting coursework to verify transferability.

Any international education credits must be evaluated and approved by a credentialed agency to provide attestation of the qualitative and quantitative equivalency to the education standards of the United States of America.

| ENGLISH | CREDITS 3 |
|---|------------------|
| ENG 111 College Composition 1 (Must be equivalent to or higher than) | |
| MATHEMATICS | CREDITS 3 |
| MTH 126 Mathematics for Allied Health (Must be equivalent to or higher than) | |
| PSYCHOLOGY | CREDITS 3 |
| PSY 200 Principles of Psychology (Must be equivalent to or higher than) | |
| SOCIOLOGY | CREDITS 3 |
| SOC 101 General Sociology (Must be equivalent to or higher than) | |
| GENERAL ELECTIVE | CREDITS 3 |
| (To be approved by program head & registrar) | |
| GENERAL ELECTIVE | CREDITS 3 |
| (To be approved by program head & registrar) | |

COURSE EXPECTATIONS:**Core Courses:**

Core courses in the Massage Therapy program are typically sequential in nature and have to be taken in a specific order, unless approved by both the instructor and president of AMHS, which will only be considered on a case by case basis.

All courses may culminate with an exam, project or research paper. It is the student's responsibility to consult the class schedule, syllabus or grading rubric for relevant exam/project due dates. Exams will also be administered on-site in a proctored environment unless otherwise determined by the course instructor.

Each class will provide grading criteria and the method of evaluation on the syllabus based on that class' coursework requirements from the lesson plan.

Instructional faculty are available to students for academic and course advising outside of regularly scheduled class hours. Faculty will provide designated times for availability at each site where a course is offered and will remain accessible to students for the duration of the course. These times will be communicated to students at the start of each term or course.

Web-Enhanced Courses:

AMHS' instructional delivery method for the Professional Massage Therapist AAS degree is an on-site residential program. AMHS has created a web-enhanced program to allow an electronic and interactive component for some or all of the didactic and/or pre-lab portions of the program. Each class may have interactive components, using a combination of lecture, textbook, and virtual didactic materials.

All clinical(s) and labs will be typically on-site and taught by an instructor in small group settings. AMHS does not require a personally owned computer or any other electronic devices.

Students who require the use of virtual didactic materials in the web-enhanced program may be assigned an AMHS equipment to complement coursework, which is included in the lab fees.

Note: In the event that a student does not return the assigned equipment to AMHS any student refunds and conferred credits or graduation degrees will be held until all AMHS borrowed or issued materials, including but not limited to; library books, reference materials, videos/CDs, and/or equipment or any other electronic materials have been returned. A student may be charged a prorated cost for any non-returned school property, damaged or lost items.

Students who use virtual didactic materials will have access to coursework on Google Classroom or other Google components which can be accessed by both Windows and Apple operating systems.

In the event that any technical difficulties arise, AMHS will provide any additional training or repairs on any college assigned equipment if needed. Students must notify the Program Director if any issues do occur as soon as possible by phone, on-site or by email at scott@amhscollege.edu.

CORE CURRICULUM COURSE DESCRIPTIONS:**PROFESSIONAL MASSAGE THERAPIST MAJOR REQUIREMENTS****MAS 210/210L****INTRODUCTION TO MASSAGE THERAPY****CREDITS 4****Lecture: Thurs. 8:00 am - 11:00 am / Lab: Fri 8:00 am - 2:00 pm (Open Lab)**

This course is designed to give the student an introduction and overview of the massage therapist profession. Coursework includes detailing the roles, responsibilities and requirements of a massage therapist's scope of practice, including but not limited to, working with other healthcare professions. Foundational elements are emphasized and include historical and ethical considerations as well as the organization of medical records and proper documentation procedures. An overview of massage and bodywork modalities, techniques, culture, theory and methods will be introduced. Therapist self-care, ethics, boundaries, laws and regulations will be included and will be revisited throughout all courses.

MAS 212/212L**ANATOMY & PHYSIOLOGY FOR THE
MASSAGE THERAPIST****CREDITS 4****Lecture: Mon., Tues. 8:00 am - 9:20 am / Lab: Fri. 8:00 am - 2:00 pm (Open Lab)**

This course is a study of the structure of the human body and the function of each body system as related to the role of Professional Massage Therapist. We will review the levels of organization of the body, anatomical directions and orientation, histology, tissues, brain and each body system including integumentary, skeletal, muscular, nervous, endocrine, cardiovascular, lymphatic, digestive, respiratory, reproductive and urinary. This course sets the pace and topic for discussion in the Pathology & Surgical Conditions in Massage Therapy course that is taught simultaneously in Term I.

MAS 214/214L**PATHOLOGY & SURGICAL CONDITIONS
IN MASSAGE THERAPY****CREDITS 3****Lecture: Wed. 8:00 am -10:30 am / Lab: Fri. 8:00 am - 2:00 pm (Open Lab)**

This course addresses pathology & surgical conditions encountered in the field of massage therapy. The basic concepts of pharmacology and effects of immobility, stress and pain are discussed. Pathological indications and contraindications will be thoroughly explored. Common massage therapy interventions and safety measures are explained and developed. This course is taught in conjunction with the Anatomy & Physiology for the Massage Therapist course to ensure continuity in learning.

MAS 220/220L**FUNCTIONAL KINESIOLOGY &
APPLIED MUSCULOSKELETAL I****CREDITS 3****Lecture: Mon. 8:00 am - 10:30 am / Lab: Fri. 8:00 am - 2:00 pm (Open Lab)**

This course is the first of a two-part course. It provides the student with an overview of neurological and musculoskeletal anatomy as related to human movement in the upper body. A holistic body view is emphasized, focusing on human kinetics as an interconnected process. Both normal and pathological processes are discussed around the following concepts: joint structure and function, posture analysis, ergonomic indicators of the upper extremities. This course sets the pace and topic for discussion in the Rehabilitation Treatment Fundamental and Treatment Principles & Techniques in Massage Therapy course that is taught simultaneously in Term I.

MAS 221/221L**REHABILITATION TREATMENT FUNDAMENTALS I****CREDITS 3****Lecture: Tues. 8:00 am - 10:30 am / Lab Friday 8:00 am – 2:00 pm (Open Lab)**

This course is the first of a two-part course. It provides the student with the knowledge required to perform appropriate testing of Range of Motion (ROM) and other appropriate measurements of the upper extremities. This analytical process gives the students a variety of testing procedures required for the level of discrepancies in common massage therapy scenarios. Justification for massage therapy principles is developed and proper contra-indications reviewed. Client assessment, reassessment and treatment planning for the upper body will be included.

MAS 222/222L**REHABILITATION TREATMENT
PRINCIPLES & TECHNIQUES I****CREDITS 4****Lecture: Wed., Thur. 8:00 am - 9:20 am / Lab Fri. 8:00 am - 2:00 pm (Open Lab)**

This course is the first of a two-part course. It provides the student with subjective assessment strategies used in the upper extremities of the human body for common scenarios in the massage therapy field. Therapeutic modalities, stretching and body mechanics for reaching specific, pivotal goals are explored. It also provides the student with hands-on approaches and palpation assessments used in common massage therapy scenarios. Manual/Trigger Point Therapy, modalities, and various massage techniques of the upper extremities are covered. Application of the fundamentals and principles are explored for the benefits and physiological effects of techniques that manipulate soft tissue of the upper body.

MAS 223C**CLINICAL PRACTICUM I****CREDITS 2****Day and Time – TBD**

This course allows students the opportunity to apply skills in an actual clinical setting. The emphasis is on massage therapy in an outpatient orthopaedic clinic. Students may be exposed to an array of different disabilities to cover a wide range of medical conditions. This onsite clinical practicum is to allow the supervising licensed massage therapist to review the proficiency of various treatment protocols.

MAS 230/230L**FUNCTIONAL KINESIOLOGY &
APPLIED MUSCULOSKELETAL II****CREDITS 3****Lecture: Mon 8:00 am - 10:30 am / Lab: Fri. 8:00 am - 2:00 am (Open Lab)**

This is the second half of a two-part course. It provides the student with an overview of neurological and musculoskeletal anatomy as related to human movement in the lower body. A holistic body view is emphasized, focusing on human kinetics as an interconnected process. Both normal and pathological processes are discussed around the following concepts: joint structure and function, posture and gait analysis, ergonomic indicators of the lower extremities. This course sets the pace and topic for discussion in the Rehabilitation Treatment Fundamental and Treatment Principles & Techniques in Massage Therapy course that is taught simultaneously in Term II.

MAS 231/231L**REHABILITATION TREATMENT FUNDAMENTALS II****CREDITS 3****Lecture: Tues. 8:00 am - 10:30 am / Lab Friday 8:00 am – 2:00 pm (Open Lab)**

This is the second half of a two-part course. It provides the student with the knowledge required to perform appropriate testing of ROM and various measurements in the lower extremities. This analytical process gives the students a variety of testing procedures required for the level of discrepancies in common massage therapy scenarios. Justification for massage therapy principles is developed. Client assessment, reassessment and treatment planning for the lower body will be included.

MAS 232/232L**REHABILITATION TREATMENT
PRINCIPLES & TECHNIQUES II****CREDITS 4****Lecture: Wed., Thur. 8:00 am - 9:20 am / Lab Fri. 8:00 am - 2:00 pm (Open Lab)**

This course is the second of a two-part course. It provides the student with subjective assessment strategies used in the lower extremities of the human body for common scenarios in the massage therapy field. Therapeutic modalities, stretching and body mechanics for reaching specific, pivotal goals are explored. It provides the student with hands-on approaches and palpation assessments used in common massage therapy scenarios. Manual/Trigger Point Therapy, modalities, and various massage techniques of the lower extremities are covered. Application of the fundamentals and principles are explored for the benefits and physiological effects of techniques that manipulate soft tissue of the lower body.

MAS 233C**CLINICAL PRACTICUM II****CREDITS 2****Day and Time – TBD**

This course allows students the opportunity to apply skills in an actual clinical setting. The emphasis is on massage therapy in an outpatient orthopaedic clinic. Students may be assigned to an array of different disabilities to cover a wide range of medical conditions. This onsite clinical practicum is to allow the supervising licensed massage therapist to survey the proficiency of various treatment protocols.

MAS 240/240L**REHABILITATION IN COMPLEX DISABILITIES****CREDITS 3****Lecture: Mon 8:00 am - 10:30 am / Lab Fri. 8:00 am - 2:00 pm (Open Lab)**

This course is to be taken following Rehabilitation Treatment Fundamentals, Principles, and Techniques I & II. It covers more complex, long-term injuries, disabilities and surgical conditions. It explores the use of wheelchairs, walkers, canes, patient transfers, gait training, amputation, prosthetics; burns are covered in more detail. Pharmacological, pathological, and safety implications are explored in all client populations.

MAS 241/241L**MOTOR DEVELOPMENT & GERONTOLOGY****CREDITS 3****Lecture: Tues. 8:00 am - 10:30 am / Lab Friday 8:00 am – 2:00 pm (Open Lab)**

This course provides the massage therapy student with information of the biological changes and psychosocial influences within the human lifespan. Special emphasis is placed on developmental disabilities and the aging process. Students will learn different treatment and communicative strategies with different stages of development. Pathology, contraindications, and areas of caution for special age associated populations will be covered.

MAS 242/242L**NEUROLOGICAL REHABILITATION****CREDITS 3****Lecture: Wed. 8:00 am - 10:30 am / Lab Friday 8:00 am – 2:00 pm (Open Lab)**

This course explores the pathophysiology of and rehabilitation for a variety of neurological disorders. It is designed to educate the massage therapy student of common neurological pathology, movement dysfunction, and appropriate massage therapy interventions. Pathology, contraindications, and areas of caution for special neurological populations will be covered.

MAS 350C**CLINICAL PRACTICUM III****CREDITS 2****Day and Time - TBD**

This course allows students the opportunity to apply skills in an actual clinical setting. The emphasis is on massage therapy in an outpatient orthopaedic clinic. Students may be assigned to an array of different disabilities to cover a wide range of medical conditions. This onsite clinical practicum is to allow the supervising licensed massage therapist to survey the proficiency of various treatment protocols.

MAS 351C**CLINICAL PRACTICUM IV****CREDITS 2****Day and Time - TBD**

This course allows students the opportunity to apply skills in an actual clinical setting. The emphasis is on massage therapy in an outpatient orthopaedic clinic. Students may be assigned to an array of different disabilities to cover a wide range of medical conditions. This onsite clinical practicum is to allow the supervising licensed massage therapist to survey the proficiency of various treatment protocols.

MAS 352**BUSINESS, ETHICS & EXAM REVIEW****CREDITS 2****Day and Time - TBD**

This course provides a minimum of six (6) contact hours covering the current published ethics ethical guidelines based on the healthcare industry standards. This course also provides preparation for the licensing procedure for the Commonwealth of Virginia, reciprocity processes, as well as techniques for finding employment in the massage therapy field. A minimum of four (4) contact hours covering business practices and planning for self-employment, marketing strategies, basic billing, coding and an overview of insurance company contracts and regulations are also topics covered.

HOURS OF OPERATION

Monday through Friday

8:00am – 7:00pm

Saturday

Hours as Needed for Lab & Clinical Appointments

Sunday

Closed

All AMHS facilities are available during the above hours of operation.

The director/senior instructor can be found working during these hours but will make himself available to students as needed by appointment and for one hour after the final class for each day of class.

Any student will be able to schedule longer amounts of time for concerns or tutoring with faculty when requested. Please leave a detailed message on the (804) 767-7775 answering machine after office hours or email your instructor directly. If you have not received a response within 24 hours, email the director at scott@amhscollege.edu with your scheduling request.

ADMINISTRATORS & FACULTY**Owner, Chief Executive Officer &
Chief Academic Officer.....**

Scott J. Roberts, PT, MPT, MS, COMT, CMTPT-DN, FSNp, MCMT, LMT, KT, CCI
Master of Physical Therapy, Shenandoah University
Master of Exercise Science, Virginia Commonwealth University
Bachelor of Science, Exercise Science, Virginia Commonwealth University
Certificate in Aging Studies, Virginia Commonwealth University
Certified Orthopaedic Manual Therapist
Certified Myofascial Trigger Point Therapist &
Certified in Dry Needling (IMS)
Fu's Subcutaneous Needling Practitioner (FSNp)
Mastery Certification in Manual Therapy
Licensed Massage Therapist, American Institute of Massage
Kinesiotherapist, Virginia Commonwealth University
Certified Clinical Instructor, Virginia Commonwealth University

**Program Director &
Chief Academic Advisor.....**

Scott J. Roberts, PT, MPT, MS, COMT, CMTPT-DN, FSNp, MCMT, LMT, KT, CCI
(see above)

**Administrator Coordinator &
Clinical Instructor.....**

Paige H. D. Roberts, BS, LMT
Bachelor of Science in Information Systems, Strayer University
Educational Technology & Online Instruction Certificate, Liberty University
Licensed Massage Therapist, American Institute of Massage, 2006
Certified in Barefoot Massage
Certified in Thai Massage (3 levels)
Certified in Prenatal Massage

**Registrar &
Administrator.....**

Melissa D. Dodson
Virginia Notary

Administrative Assistant.....

Rebecca Le
Bachelor of Science in Biology, Virginia Commonwealth University

**Full Time Faculty
& Instructors****Senior Instructor...**

Scott J. Roberts, PT, MPT, MS, COMT, CMTPT-DN, FSNp, MCMT, LMT, KT, CCI
Master of Physical Therapy, Shenandoah University
Master of Exercise Science, Virginia Commonwealth University
Bachelor of Science, Exercise Science, Virginia Commonwealth University
Certificate in Aging Studies, Virginia Commonwealth University
Certified Orthopaedic Manual Therapist
Certified Myofascial Trigger Point Therapist &
Certified in Dry Needling (IMS)
Fu's Subcutaneous Needling Practitioner (FSNp)
Mastery Certification in Manual Therapy
Licensed Massage Therapist, American Institute of Massage
Kinesiotherapist, Virginia Commonwealth University
Certified Clinical Instructor, Virginia Commonwealth University

Instructor.....Robert T. Dodson, PT, DPT, CMTPT-DN, FSNp, LMT

Licensed Doctor of Physical Therapy, University of St. Augustine
Bachelor of Science, Exercise Physiology, East Carolina University
Certified Myofascial Trigger Point Therapist &
Certified in Dry Needling (IMS)
Fu's Subcutaneous Needling Practitioner (FSNp)
Licensed Massage Therapist, Alliance Medical & Health Sciences College

**Instructor &
Clinical Instructor****RPTM.....Paige H. D. Roberts, LMT, BS**

Bachelor of Science in Information Systems, Strayer University
Educational Technology & Online Instruction Certificate, Liberty University
Licensed Massage Therapist, American Institute of Massage, 2006
Certified in Barefoot Massage
Certified in Thai Massage (3 levels)
Certified in Prenatal Massage

ADVISORY BOARD MEMBERS**Education Specialty Advisory Board.....****Helen D. Ardman, CPA, CPT**

Bachelor of Science, Virginia Commonwealth University
Certified Public Accountant
Certified Personal Trainer, National Association of Sports Medicine
College Accounting Advisor & College Administrator Advisor

Maria S. Harris, BA

Bachelor of Arts in Secondary Education, Longwood University
College Education & College Administrator Advisor

Debra Pritchett, MRE, BSW

Master of Religious Education, Southwestern Baptist Theological Seminary
Bachelor of Social Work, University of West Florida
Associate of Arts, Bluefield College
Former Bluefield College Admissions Administrator & Counselor
College Academic Counselor & College Administrator Advisor

Robert Cantermen, M.Ed, BA

Master of Educational Leadership, University of Chicago
Statistical Analyst & Education Advisor

Littrell Myers, M.Ed, BS

Master of Education with Curriculum Development, Averett University
Bachelor of Science in Biology, Old Dominion University
AVID Trained Teacher and Coordinator
Compliance & Education Advisor

J. Kyle Davis, M.S., BS, ACSM EP-C

Master of Science in Health & Movement Sciences,
Virginia Commonwealth University
Bachelor of Science, Exercise Physiology, East Carolina University
American College of Sports Medicine Certified Exercise Physiologist
Alliance Medical & Health Sciences College Graduate
Instructor of Kinesiology at Virginia Commonwealth University
Department of Kinesiology & Health Sciences
Program & Education Advisor

Enetta R. Pong, CHC,CPT, LPN

Licensed Practical Nurse,
Master Certified Health Coach Certification, Dr. Sears Wellness Institute
Diabetes Educator, American Association of Diabetes Educators
Personal Trainer & Senior Fitness Specialist Certification,
American Council on Exercise
Health & Nutrition Education Advisor

Roxanne Spindle

Senior Professor of Accounting at Virginia Commonwealth University
with over 20 years of extensive experience as a professor in
distance and online education

Online Learning & Distance Education Advisor

Massage Specialty Advisory Board.....**Laura Covington, LMT, Certified Rolfer**

Massage Therapist, American Institute of Massage, 2001
Massage Therapy License, Board of Nursing
Brazilian Rolf Institute®, operating in Bali, Indonesia
Certified Rolfer® and Rolf Movement® Practitioner, 402 hours, 2012
The Rolf Institute of Structural Integration®, Boulder, Colorado
Accelerated Foundations of Rolfing Structural Integration, 87 hours
Embodiment of Rolfing Structural Integration and Rolf Movement® Integration,
244 hours. 2010 – 2011
Gil Hedley, Six-Day Intensive Hands-On Human Dissection Workshop,
2009 and 2011
Tao Mountain Association Traditional Thai Theory, Massage & Herbal Therapies
2003 – 2006

Annette Webb, LMT

Massage Therapist, University of Richmond, 2018-2019
Massage Therapy License, Board of Nursing
Bachelor of Science, Computer Information Sciences, University of Richmond
Herbalist, Sacred Plant Traditions
Yoga Alliance, 20 years
Active Isolated Stretching (AIS) Practitioner
Hawaiian Lomi Lomi Massage Specialist
Thai Massage, Chiang Mai Thai Healing Arts
Bikram Yoga Certified Instructor, 200 hours
Hot House Yoga Certified Instructor, 2012
Inferno Hot Pilates Certified Instructor, 500 hours
Owner of Retreats with Annette, Boutique Yoga & Massage Studio

Heather Dunning, LMT

Licensed Massage Therapist, American Institute of Massage, 2000
Reiki Master and Teacher
Hypnotherapist, NLP Practitioner

Connor Overstreet, BS, LMT, CSCS

Bachelor of Science, Kinesiology, Virginia Commonwealth University
License Massage Therapist, Alliance Medical and Health Sciences
Certified Strength & Conditioning Coach,
National Strength & Conditioning Association

Massage Specialty Advisory Board cont.....**Chad Twining, BS, LMT, CPT**

Bachelor of Science, Exercise Science, Radford University

License Massage Therapist, Alliance Medical and Health Sciences

Certified ACE Personal Trainer

Alexander Le, LMT

Bachelor of Science, Kinesiology, Virginia Commonwealth University

License Massage Therapist, Alliance Medical and Health Sciences

Rosie Rivera, LMT

Licensed Massage Therapist, Cortiva Institute, 2018

Massage Journey, LLC

Heather Dunning, LMT

Licensed Massage Therapist, American Institute of Massage, 2000

Reiki Master and Teacher

Hypnotherapist, NLP Practitioner

Robin Kitchen, ARRT-R, CNMT, PET

Certified PET Technologist

Certified Radiologic Technologist

Certified Nuclear Medicine Technologist

Previous Massage Practitioner & Healthcare Advisor

Jessica Taylor, BS, LMT

Bachelor of Science, Health, Physical Education and Exercise Science,

Virginia Commonwealth University

Licensed Massage Therapist, Alliance Medical and Health Sciences College

AMHS Advisory Board Member in 2024

AMHS Volunteer Temporary Assistant in 2025

**ASSOCIATE IN APPLIED SCIENCE
PROFESSIONAL MASSAGE THERAPIST PROGRAM OF STUDY**

| Credits to be transferred from an accredited college or university | PREFIX | COURSE TITLE | CREDITS |
|--|---|---|--------------------------------|
| | GENERAL EDUCATION | | |
| | ENG 111 | College Composition I | 3 |
| | MTH 126 | Mathematics for Allied Health | 3 |
| | PSY 200 | Principles of Psychology | 3 |
| | SOC 101 | General Sociology | 3 |
| | Elective | General Elective | 3 |
| | Elective | General Elective | 3 |
| | | | <i>Total Credits</i> 18 |
| TERM I | PROFESSIONAL MASSAGE THERAPIST MAJOR | | |
| | MAS 210/210L | Introduction to Massage Therapy | 4 |
| | MAS 212/212L | Anatomy & Physiology for the Professional Massage Therapist | 4 |
| | MAS 214/214L | Pathology & Surgical Conditions in Massage Therapy | 3 |
| | | | <i>Total Credits</i> 11 |
| TERM II | MAS 220/220L | Functional Kinesiology & Applied Musculoskeletal I | 3 |
| | MAS 221/221L | Rehabilitation Treatment Fundamentals I | 3 |
| | MAS 222/222L | Rehabilitation Treatment Principles & Techniques I | 4 |
| | MAS 223C | Clinical Practicum I | 2 |
| | | | <i>Total Credits</i> 12 |
| TERM III | MAS 230/230L | Functional Kinesiology & Applied Musculoskeletal II | 3 |
| | MAS 231/231L | Rehabilitation Treatment Fundamentals II | 3 |
| | MAS 232/232L | Rehabilitation Treatment Principles & Techniques II | 4 |
| | MAS 233C | Clinical Practicum II | 2 |
| | | | <i>Total Credits</i> 12 |
| TERM IV | MAS 240/240L | Rehabilitation in Complex Disabilities | 3 |
| | MAS 241/241L | Motor Development & Gerontology | 3 |
| | MAS 242/242L | Neurological Rehabilitation | 3 |
| | | | <i>Total Credits</i> 9 |
| | | | |
| TERM V | MAS 350C | Clinical Practicum III | 2 |
| | MAS 351C | Clinical Practicum IV | 2 |
| | MAS 352 | Business, Ethics & Exam Review | 2 |
| | | | <i>Total Credits</i> 6 |
| | | | |
| | NON-MAJOR | | |
| | MAJOR | | |
| | PROGRAM CREDITS | | |
| | | | 68 |

Total clock hour equivalent for core curriculum courses =1170 clock hours