FACIAL TREATMENTS

Our facials are fully personalised to your skin concerns, ensuring optimal results.

ESSENTIALS R690

A foundational treatment to maintain skin health and hydratrion.

- Deep cleanse & exfoliation
- Custom selected active ingredients
- Selected machine protocol
- Hydration boost & barrier support

ELEVATE

R890

An advanced treatment targeting specific concerns such as fine lines, uneven texture, breakouts and dehydration. Everything in Essentials, plus:

- Mild chemical peel or enzyme resurfacing
- LED Therapy
- Custom serum infusion

TRANSFORM R1350

A high performance treatment designed to deeply restore, resurface and renew your skin.

Everything in Elevate, plus:

- Cosmetic Microneedling
- Cryotherapy and post-treatment recovery mask
- Extended LED







LASER

LUNCHTIME LASER LIFT from R1850

A quick and effective Nd:Yag laser session designed to improve skin tone and texture with minimal downtime.

CARBON LASER

R980

Perfect treatment for clients needing to address oily skin, enlarged pores, dull tone and acne.

HYPERPIGMENTATION TREATMENT POA

WHY WE LOVE CHEMICAL PEELS

- Instant Glow. Noticeable results after just one session.
- Little to no downtime: Perfect for busy schedules
- Multi-Tasking Magic: Can target a variety of concerns
- Fast & Effective: Quick treatments with longlasting benefits
- Customizable: A peel for every skin type and concerns

CHEMICAL PEELS

Target dullness, pigmentation, fine to deeper lines and congestion with customised peels.

ESSENTIALS

R650

- Cleanse
- Peel
- Hydration and sun protection

ELEVATE

R950

Essentials, plus:

- LED therapy
- Flash serum ampoule

TRANSFORM

R1250

Elevate, plus:

- Stronger peel (TCA, Illumin or Glycolic 40%)
- Post-peel recovery mask

BIO NEEDLING

Skin Regeneration and Resurfacing

EXPERT

R1200

Medium depth suitable for most skin types

CORRECTOR

R1300

Deeper peel for acne and problem skins

RENEWAL

1300

Deeper peel for aging concerns and pigmentation

MICRONEEDLING

Advanced skin renewal for intensive and lasting repair

ESSENTIALS

R1350

- Cleanse
- Pre-treatment peel
- Numbing
- Medical needling with serum
- Recovery mask
- LED therapy
- Face only treatment

ELEVATE

R1490

Similar to Essentials, plus

• includes neck in treatment

TRANSFORM

R1790

Similar to Elevate, plus

includes decollete

AVAILABLE ADD ON:

Follow up LED facial

Cleanse, 20 min LED, Hydration & Sun protection

DERMAPLANING

Smooth & Radiant Skin in Minutes

ESSENTIALS R690

- Cleanse
- Dermaplaning
- · Hydrate & sun protection

ELEVATE

R890

Essentials plus:

- LED therapy
- Flash serum ampoule

TRANSFORM

R1350

Elevate plus:

- Enzyme or light chemical peel
- Extended LED therapy
- Hydration mask

POWERGLO²

3-in-1 Oxygenating Treatment. Glow in one session.

Exfoliates, oxygenates & infuses active serum for an instantly revitalised skin.

Treatment options available:

DETOX

R980

Green Tea Facial - Repair and protect skin barrier

GLAM

R980

Gold Facial - Skin Firming

HYDRATE

R980

Blue Spirulina Facial - Enhances moisture retention

SKIN BRIGHTENING

R980

Vitamin C Facial - Unifies skin tone

REVIVE

R980

Red Algea Facial - Reduces fine lines and wrinkles

BODY & BEAUTY BASICS

WAXING

Underarm R140 Bikini R170 Lip R120 Leg Full R310 Leg 1/2 R230 Full Face from R420

Chin R140

FOOT TREATMENTS

Pedicure with Varnish R380
Pedicure with no Varnish R320
Heel Peel Treatment R450
Heel Peel as add on to pedicure R300

BODY CONTOURING

Radio Frequency Skin Tightening

from R600

Cavitation Fat Burn

from R600

EMS x 10 sessions

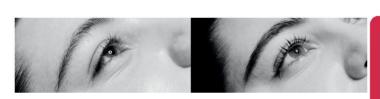
R2200

Lipolytic Injections

POA



for your daily dose of glow



BROWS & LASHES

LASH LIFT AND TINT R510

BROW LAMINATION AND TINT R480

BROW SHAPE AND TINT R200

BROW SHAPE R130

LASH/BROW/BOTH TINT R160/R130/R250

FULL HOUSE R850

Lash lift and brow lamination with tints

LET'S GET SOCIAL







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FOR BOOKINGS

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helesti@skinandbodywellness.co.za

LOCATION

Mountain View Shopping Centre [Inside ESSENTIAL HEALTH PHARMACY] cnr Avondrus Street & Sir Lowry's Rd GORDONS BAY 7151

Prices valid from 1 March 2025

