**3-4 Active Listening**

LaTonya Miller

Master of Business Administration

PSYC- 601-F2WW

Dr. Jeffrey Ferezan

March 5th, 2023

1. Describe your actual use of the active learning principles.

I went on a Financial Connection Competition Cruise with my Franklin University finance class a week ago. I applied my active listening skills during our meetings and networking sessions. I paid close attention to the professors during our conversations. Eye contact with the professor helped me listen to understand the future finance industry. Other conversations took place simultaneously, allowing me to practice blocking out the external noise and providing my full attention. Occasionally, I would nod to show the other person I was listening (Mind Tools, 2023). I smiled periodically during our conversations as I could acknowledge every word without thinking about my excursion. As the conversation got more interesting, I added a yes here and there to hear more about how to become a mentor for the team. I reiterated to make sure I was clear on what I heard. It was easy to avoid interrupting the professor, an expert in the subject matter.

1. Your perception of how the conversation proceeded.

The conversation with the professor seemed more professional. I learned about the life of a CPA and CFA in the finance industry. I asked questions appropriately without asking the professors to repeat themselves. We laughed several times, making the conversation pleasant. Active listening made it simpler and swifter for me to develop questions after the professor spoke.

1. You can use what you learned from the experience to become a more proficient communicator.

This experience has allowed me to become more proficient as a communicator, listening to get to know the other person. I can hear the person express their thoughts, pinpointing which brain hemisphere is more dominant. Active listening keeps the conversation on one subject at a time. The lack of attention is shown when someone asks you to repeat yourself. I can recognize if someone is actively listening when I speak.

References

Mind Tools Content Team. (2023), Active Listening Video. Retrieved on March 05, 2023. From <https://www.mindtools.com/aktjyjq/active-listening-video>