

## **Medical Policy of Urine Drug Testing**

**Aaron Alaniz, MD-After Hours Psychiatry**

### **Policy Statement**

Urine drug screening/testing is a widely utilized method to assess and monitor drug misuse and/or abuse and thus will be used in this clinic. Patients of this clinic who are at risk for abusing or misusing prescribed opioids and/or non-prescribed drugs and should be assessed at the initiation of treatment as well as monitored while they are receiving treatment. This policy describes After Hours Psychiatry 's procedures for conducting random drug testing in its efforts to track patient compliance and exposing possible drug misuse and abuse.

### **Policy Coverage**

After Hours Psychiatry will conduct urine drug testing if:

- Drug testing is used in combination with a patient's self-reported information about medication and substance use.
- Drug testing is used as a supplement to self-report as patients may be unaware of the composition of the substances(s) they have used.
- Patient's clinical history and evaluation suggests use of non-prescribed medications or illegal substances.
- Patient has a history of substance abuse and is at high risk for medication abuse due to psychiatric reasons.
- Medical record supports testing is part of an active treatment plan and is needed to assess adherence to prescribed medications.

### **Substances Covered**

- Amphetamines, barbiturates, buprenorphine, benzodiazepines, cocaine, EDDP (methadone metabolite), methamphetamine, MDMA (ecstasy), methadone, morphine, opiates, oxycodone, PCP, THC.
- Patients must advise After Hours Psychiatry all prescription drugs taken in the past month before the test and must be prepared to show proof of such prescriptions upon request.

### **Exclusions**

- Routine standing orders for all patients in this clinic are not considered reasonable and necessary and are therefore will be ordered at discretion of Dr Alaniz when clinically appropriate.

### **Billing Guideline**

Patients are responsible for costs of the initial testing and retest upon request of the clinic if positive results are detected. After Hours Psychiatry charges \$20 per urine testing if test results are positive, though no charge if results are negative.

\*\*\*This fee policy applies to routine random drug screens only. Clients currently being prescribed Buprenorphine-containing products are responsible for the cost of all tests, regardless if negative.

### **Refusal to Test**

Patients who refuse to submit to a test or who adulterate, dilute or otherwise tamper with a test specimen may be subject to discontinuation of medication or discharge from the clinic (at the discretion of Dr Alaniz).

**Recordkeeping**

All records concerning test results will be kept in patient's medical files stored in locked cabinets. Patients have a right to obtain copies of all test results from After Hours Psychiatry.

**PATIENT ACKNOWLEDGEMENT**

I hereby acknowledge that I have received a copy of the Medical Policy of Urine Drug testing of Aaron Alaniz, MD and After Hours Psychiatry.

Patient's Signature: \_\_\_\_\_

Patient's Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_