



Safe-Screen.org

SAFER DEVICES, STRONGER FAMILIES
DIGITAL SAFETY EDUCATION • 501(c)(3)

FAMILY DIGITAL TRUST & RESPONSIBILITY AGREEMENT

This agreement is built on the principle of **Trust but Verify**. Its purpose is to ensure safety, promote healthy habits, and maintain open communication regarding the use of smartphones, the internet, and artificial intelligence.

1. The Foundation of Trust

- **Honesty First:** I will not hide apps, use secret "vault" folders, or delete my browsing history.
- **Open Communication:** If I see something online that makes me feel uncomfortable, scared, or confused, I will tell my parents immediately. I will not be in trouble for reporting an issue.
- **The Front Porch Rule:** I will not post anything (text, photo, or video) that I wouldn't be comfortable with a parent or teacher seeing.

2. AI & Emerging Technology Boundaries

- **No AI Interactions:** I agree NOT to engage, chat with, or use AI chatbots (such as ChatGPT, Gemini, or Character.ai) or any generative AI tools without explicit parental permission.
- **Human-Led Learning:** I will prioritize my own critical thinking and creativity over AI-generated content for schoolwork and personal use. I will not use AI period.
- **Verification of Reality:** I understand that AI can create fake images, videos, and information. I will talk to my parents if I am unsure if something I see online is real.

3. Transparency and Verification

- **Access:** My parents will have the passcodes to my phone and all accounts. I will not change them without telling them.
- **Review:** I understand that devices are tools provided by my parents. They have the right to review messages, photos, and social media activity at any time.
- **Spot Checks:** I agree to occasional "tech check-ins" where I hand over my device for a quick review.

4. Content Standards & Safety

- **Explicit Material:** I strictly agree to never search for, view, or share pornography or sexually explicit material.
- **Accidental Exposure:** If I accidentally see explicit content, I will close the app/tab and inform my parents. Honesty regarding accidents will be met with support.
- **Privacy:** I will never share my home address, current location, or phone number with anyone I meet online.

5. Usage & Boundaries

- **Sleep & Focus:** Devices will be placed in the designated charging station by [_____] each night. Homework and chores come before leisure screen time.
- **Social Media:** If permitted, I will keep profiles private, only add people I know in real life, and allow my parents to follow my accounts.

6. Consequences

- Digital access is a privilege. Violating these rules may result in the loss of device privileges for a set period.
- Honesty about a mistake before it is discovered will lead to a lesser consequence than trying to hide it.

CHILD SIGNATURE

DATE

PARENT SIGNATURE

DATE