

THE "THINK" TEST

Before you press "Send," "Post," or "Comment," stop and ask yourself these five questions to practice digital empathy and good citizenship.

- T** **Is it TRUE?**
Is this a fact, or just a rumor? Never spread unverified information.
- H** **Is it HELPFUL?**
Does this improve the situation or solve a problem?
- I** **Is it INSPIRING?**
Does this build someone up or encourage others to be better?
- N** **Is it NECESSARY?**
Is there a real reason to say this, or is it better left unsaid?
- K** **Is it KIND?**
How would you feel if someone said this to you or about you?

Digital Citizen Activity

Scenario: You see a photo of a classmate. Someone has commented, "That outfit looks ridiculous." You want to reply with a laughing emoji.

Does your reply pass the THINK test? Why or why not? Which specific letter does it fail?

Write a BETTER response (or action) that passes the test:
