



Safe-Screen.org

SAFER DEVICES, STRONGER FAMILIES
DIGITAL SAFETY EDUCATION • 501(c)(3)

Privacy Cheat Sheet

OFFICIAL ADVISORY: *It is the expert opinion of SafeScreen Inc. that no individual under the age of 15 should be using social media or gaming chat platforms. For users aged 15-18, the following privacy protocols are mandatory for safety.*

Instagram

- **Account Privacy:** Settings > Privacy > Private Account [ON]
- **Hidden Words:** Privacy > Hidden Words > Hide Comments [ON]
- **Mentions:** Privacy > Mentions > People You Follow Only

TikTok

- **Private Account:** Settings > Privacy > Private Account [ON]
- **Direct Messages:** Privacy > Direct Messages > No One
- **Suggest Account:** Privacy > [Turn OFF all options]

Roblox

- **Account Restrictions:** Settings > Privacy > Enable Restrictions
- **Communication:** "Who can chat" to "No one" or "Friends"
- **2-Step Verification:** Settings > Security > Enable 2FA

Facebook

- **Privacy Checkup:** Settings > Privacy Checkup > "Friends"
- **Profile Locking:** Settings > Profile Locking > Lock Profile
- **Review Tags:** Review posts you're tagged in [ON]

Snapchat

- **Ghost Mode:** Settings > My Location > Ghost Mode [ON]
- **Contact Me:** Settings > Who Can Contact Me > My Friends
- **Quick Add:** Settings > See Me in Quick Add [OFF]

Discord

- **Safe Messaging:** Privacy & Safety > Keep Me Safe [ON]
- **Server DM:** Privacy > Allow DMs from members [OFF]
- **Friend Requests:** "Friends" or "Members" [OFF]