



## **Skip the Line - Medical Clinic**

3295 Crawfordville Hwy, Suite 11

Crawfordville, FL 32327

Phone: (448)220-6053

Email: [skipthelineclinic@gmail.com](mailto:skipthelineclinic@gmail.com)

### **Intake History**

\* indicates a required field

**Please answer these questions truthfully and to the best of your knowledge. This will allow us to design a treatment plan specifically designed for you. Your honest answers are greatly appreciated. If it does not apply, write N/A.**

### **Personal Health History**

\* How did you hear about us?

\* What are your goals for treatment? Do you have any specific concerns you would like addressed?

\* Please list any medical conditions you have been diagnosed with such as high blood pressure.

Surgeries:

Hospitalizations:

Have you ever been on testosterone replacement? Please describe your history of prescribed or illicit steroid use:

List any medications or supplements you are taking:

\* Please list any drug allergies you have:



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### Health Habits

\* Exercise:

- ☐ Sedentary
- ☐ Mild exercise
- ☐ Moderate exercise
- ☐ Regular vigorous exercise

\* Are you dieting?

\* Please describe your alcohol intake:

\* Do you use tobacco? How much?

\* Do you use any recreational or street drugs? If so, what?

\* Are you sexually active?

- ☐ Yes
- ☐ No

\*Any discomfort with intercourse?

- ☐ Yes
- ☐ No

\*Have you been diagnosed with HIV?

- ☐ Yes
- ☐ No



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### Family Health History

\* Please describe your family health history. Please include conditions such as prostate cancer, heart attacks, stroke, diabetes, high blood pressure etc. Please also include their age or if they are deceased.

- ☐ Father
  - ☐ Mother
  - ☐ Paternal Grandmother
  - ☐ Paternal Grandfather
  - ☐ Maternal Grandmother
  - ☐ Maternal Grandfather
  - ☐ Siblings
  - ☐ Children
  - ☐ Unknown
- 

### Mental Health

\* Do you have anxiety problems?

- ☐ Yes
- ☐ No

\* Do you feel depressed?

- ☐ Yes
- ☐ No

\* Do you have problems with eating or your appetite?

- ☐ Yes
- ☐ No

\* Do you feel unmotivated in life?

- ☐ Yes
- ☐ No

\* Do you have trouble sleeping?

- ☐ Yes
  - ☐ No
-



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### Genitourinary Health

\* Do you have to get up to urinate at night?

☐ Yes

☐ No

\* Do you have discomfort with urination?

☐ Yes

☐ No

\* Has the force of your urination decreased?

☐ Yes

☐ No

\* Have you had any kidney, bladder, or prostate infections within the last 12 months?

☐ Yes

☐ No

\* Do you have any problems emptying your bladder completely?

☐ Yes

☐ No

\* Do you have problems achieving or maintaining an erection?

☐ Yes

☐ No

\* Are your erections softer than they used to be?

☐ Yes

☐ No

\* Do you have ejaculation issues?

☐ Yes

☐ No

\* Any testicle pain or swelling?

☐ Yes

☐ No

\* Date of last prostate and rectal exam \_\_\_\_\_

Please explain any yes answers from the previous questions or tell us anything else you would like us to know:



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### Other recent problems:

\* Please check if you have any additional issues and briefly explain:

- ☐ Skin
- ☐ Head/Neck
- ☐ Ears/Throat/Nose
- ☐ Lungs
- ☐ Chest/Heart
- ☐ Joint/Muscle/Back
- ☐ Gastrointestinal
- ☐ Bladder
- ☐ Mental health
- ☐ Athletic performance
- ☐ Recent changes in weight
- ☐ Recent changes in energy levels
- ☐ Recent changes in ability to sleep
- ☐ Not applicable

\* Please rate each problem from a scale to 1-10, with 1 being never and 10 being often:

- |   |   |
|---|---|
| <input type="checkbox"/> _____ Low mood/Depression                                  | <input type="checkbox"/> _____ Decrease in muscle mass                        |
| <input type="checkbox"/> _____ Irritability   | <input type="checkbox"/> _____ Decrease in athletic performance               |
| <input type="checkbox"/> _____ Anxiety  | <input type="checkbox"/> _____ Muscle soreness/fatigue                        |
| <input type="checkbox"/> _____ Anger  | <input type="checkbox"/> _____ Decrease in strength                           |
| <input type="checkbox"/> _____ Discouragement                                       | <input type="checkbox"/> _____ Joint problems                                 |
| <input type="checkbox"/> _____ Decreased interest in activities<br>or relationships | <input type="checkbox"/> _____ Elevated blood pressure                        |
| <input type="checkbox"/> _____ Decreased productivity at work                       | <input type="checkbox"/> _____ Blood sugar problems                           |
| <input type="checkbox"/> _____ Decreased motivation/<br>drive/initiative            | <input type="checkbox"/> _____ Sweet/carb cravings                            |
| <input type="checkbox"/> _____ Concentration problems                               | <input type="checkbox"/> _____ Caffeine Cravings                              |
| <input type="checkbox"/> _____ Memory problems                                      | <input type="checkbox"/> _____ Increased fat on hips/abdomen/<br>thighs/chest |
| <input type="checkbox"/> _____ Foggy thinking                                       | <input type="checkbox"/> _____ Weight loss                                    |
| <input type="checkbox"/> _____ Lower libido/sex drive                               | <input type="checkbox"/> _____ Weight gain                                    |
| <input type="checkbox"/> _____ Erection problems                                    | <input type="checkbox"/> _____ Hair loss                                      |
| <input type="checkbox"/> _____ Increased fatigue                                    | <input type="checkbox"/> _____ Anything else you would to<br>mention          |